

REGISTER YOUR TEAM TODAY!



5K Run/Walk • Fitness Yoga • Cardio Class • Obstacle Course • Soccer • Volleyball • Basketball • Kid's Fitness • Fun Zone

IT'S MORE FUN WITH FRIENDS!

There's something for everyone at every age!

CREATE YOUR TEAM TODAY! It's as easy as 1-2-3

Step 1

Determine who will be the team captain (maybe it's you).

Step 2

Captain registers the team name at www.bigcardio.org. Go to: **START A TEAM** and follow prompts.

Step 3

Captain, rally your co-workers, family and friends to join your team so they can start training and fundraising. To join the team, visit www.bigcardio.org, go to **JOIN TEAM**, and select your team name from the dropdown menu.

**REGISTER YOUR
TEAM NOW!**



COST

\$40 Adult Participants (age 13 and up)

\$25 Child Participants (ages 6-12)

FREE Child Participants (age 5 and under)

FREE Spectators

YOUR PARTICIPATION HELPS AT-RISK YOUTH IN SOUTH FLORIDA!

Event proceeds benefit BiG Children's Foundation, a 501(c)3 non-profit organization committed to reshaping the futures of Florida's at-risk youth, including foster teens & youth aging out of the system, as well as victims of abuse and human trafficking. For more information, please visit www.bigcf.org

Rain, shine or cancellation, registration fees and pledges are non-refundable and benefit kids!

BiGCardio.org