

***Community Resources
For Macon County
Lafayette & Red Boiling Springs
Head Start Center
2025-2026***



To locate additional information on Community
Resources access:

<https://empoweruppercumberland.org/discoverresources/>.

Or <https://ucassist.org/search/>

Developed and Distributed by L.B.J. & C. Head Start

Table of Contents

Resources for:

Adult Education.....	Page # 3
Adult Job Training.....	Page # 3
Bereavement.....	Page # 4
Child Care.....	Page # 4
Child Abuse.....	Page # 5
Dental Providers/TennCare.....	Page # 6
Dental Providers/.....	Page # 7
Disabilities.....	Page # 7
Domestic Violence.....	Page # 9
Drug/Alcohol Abuse.....	Page # 9
Emergencies.....	Page # 10
Food/Clothing& Utilities.....	Page # 11
Housing/Homeless.....	Page # 12
Insurance.....	Page # 13
Legal/Gov. Assistance.....	Page # 13
Marriage/Strengthening.....	Page # 15
Marriage (Pre-Counseling).....	Page # 15
Medical Providers/TennCare.....	Page # 15
Medical Providers/.....	Page # 16
Mental Health Providers/TennCare.....	Page # 17
Mental Health Providers/.....	Page # 17
Quit Tobacco Resources.....	Page # 18
Raising Children.....	Page # 18
Transportation.....	Page # 20
Youth Involvement.....	Page # 20
Language Assistance	Page # 21

Adult Education:

Nashville State Community College

1000 Neal Street

Cookeville, TN. 38501

(931) 526-2211

(931) 520-0551

*(Assists Adults to further their education
and they also sponsor job fairs)*

Macon County Adult Basic Education

Lafayette, TN

615-666-2125

615-666-4778

**They offer: GED, Adult High School,
Basic Computer Training**

*(Assists Adults to further their
education)*

Tennessee College of Applied Technology

716 McMurry BLVD

Hartsville, TN 37074

(615) 374-2147

*(Assists Adults to further their education
and job skills training)*

Tennessee Technological University

Cookeville, Tennessee 38505

(800) 255-8881 or (931) 372-3888

*(Assists Adults to further their
education)*

Volunteer State Community College

Livingston & Gallatin

931-823-7065/ Livingston

615-230-3688

1-888-335-8722

*(Assists adults with furthering their
formal education. Assistance with
financial aid& scholarship sign-up is
available)*

Adult Job Training Services:

AMERICAN MANUFACTURING & PACKAGING (AMP)

435 Gould Drive

Cookeville, TN. 38506

(931) 432-5981

*(Assists persons with disabilities to get
jobs by providing job
coaching/industrial training/school-to-
work programs)*

Macon County Career Center

Tennessee Vocational Training Center

607 Highway 52 By-Pass

Lafayette, TN 37083

Telephone: (615) 666-2330

(Assist adults in locating jobs)

Department of Human Services - Macon County

315 HWY 52 Bypass E.

Lafayette, TN 37083

615-666-4041

*(Services: Food Stamp; Families First;
Medicaid; and TennCare)*

Goodwill Industries

575 South Jefferson

Cookeville, TN. 38501

(931) 520-8969

*(Assists Adults with disabilities to
further their education)*

Middle Tennessee School of Cosmetology

880-A East 10th Street

Cookeville, TN. 38501

(931) 526-8735

Fortis Institute

Highway 111
Cookeville, TN.
(931) 526-3660

(Assists Adults to further their education)

UC Reconnect

www.UCReconnect.com
931-526-2211

Youth CAN

580 South Jefferson Ave, Suite A
Cookeville, TN 38501
931-520-9538

Nashville State Community College

1000 Neal Street
Cookeville, TN. 38501
(931) 520-0551

(Assists Adults to further their education and they also sponsor job fairs)

Prospect, Inc.

315 HWY 52 Bypass E.
Lafayette, TN 37083
615-666-2452

betty.pruitt@state.tn.us

(Assists Adults to further their education and they do Families First Training)

Social Security Administration - SSI Program

665 S. Jefferson Avenue
Cookeville, TN 38501
931-528-9765 & **Hotline:** 800-347-4501
(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental

impairment, which has lasted or is expected to last at least 12 months or end in death.)

Tennessee College of Applied Technology

716 McMurry BLVD
Hartsville, TN 37074
(615) 374-2147

(Assists Adults to further their education and job skills training)

Tennessee Technological University

Cookeville, Tennessee 38505
(800) 255-8881 or (931) 372-3888
(Assists Adults to further their education)

Volunteer State Community College

Livingston, & Gallatin
931-823-7065/ Livingston
615-230-3688
1-888-335-8722

(Assists adults with furthering their formal education. Assistance with financial aid& scholarship sign-up is available)

Resources for Bereavement:**Hospice Grief Recovery Group**

Sponsored by: Lazarus House Hospice
851 South Willow Ave Ste 102
Cookeville, TN.
931-520-1705
931-528-5133

Heart of the Cumberland

P.O. Box 717,
Cookeville, TN 38503
Phone: 931-525-2600
heartofthecumberland@gmail.com
Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances

2430 Red Boiling Springs Rd.
LAFAYETTE, TN 37083
(615) 688-5437

Childcare:

COLOR ME CUTE
1002 HIGHWAY 52 BYP E
LAFAYETTE, TN 37083
(615) 688-2883
(Call for fees)

Jungle Explorers
518 Church St
Lafayette, TN 37083
615-666-2827

LAUGH-N-LEARN
211 EDGEWOOD ST
LAFAYETTE, TN 37083
(615) 688-7878
(Call for fees)

**MACON COUNTY PRESCHOOL
(FAIRLANE) (-E-)**
305 FAIRLANE DRIVE
LAFAYETTE, TN 37083
(615) 666-2970
(Free Service)

Miss Pam's Daycare
Union Camp Rd.
Lafayette, TN 37083
615-666-4405

Red Boiling Springs Head Start
RED BOILING SPRGS, TN 37150
(615) 257-6560
(Free Service)

Lafayette Head Start
2703 Hwy 52 East
Lafayette, TN 37083
(615) 235-3901
(Free Service)

The Learning Center

Resources to help in Child Abuse Situations:

Child Abuse Hotline
900 2nd Avenue North
Nashville, TN 37201
877-237-0004

District Attorney General
1519-East Spring Street
Cookeville, TN. 38501
(931) 528-5015

Omni Community Health
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Lafayette City Police Department
615-666-4725
911 for Emergencies
(Assist with emergency needs)

Macon County Sheriff's Department
LAFAYETTE, TN 37083
615-666-3325 *(Assist with emergency needs)*

Red Boiling Springs City Police Department
615-699-2011
911 for Emergencies

**The Exchange Club/Stephens Center
for the Prevention of Child Abuse
(Parenting Support)**
616-B North Church Street
Livingston, TN 38570
Contact: Macon Co Suzanne Salyer
931-823-6432 & 800-635-5199

**Tennessee Commission on
Children/Youth**
1100 England Dr.
Cookeville, TN 38501
(931) 646-0955

Valley Ridge Mental Health Center
907 Sycamore Street
Lafayette, TN 37083
615-666-8070

**Dental Providers who take
TennCare:**

Sumner Pediatric Dentistry
200 S. Westland Ave. Suite 2
Gallatin, TN 37066
(615) 461-7491

Cookeville Regional Dental Clinic
327 North Cedar Street
Cookeville, TN 38501
(931) 528-5105

Dr. Charles Burdeshaw
Hermitage Dental Clinic
107 Bonnahbrook Drive Suite 1
Hermitage, TN. 37076
(615) 889-1654
800-373-3330

Dr. Richard Gentzler
106 Babb Drive
Lebanon, TN. 37087
(615) 443-3680

Dr. Eric Wood D.D.S.
300 Francis Street
Goodlettsville, TN. 37072
(615) 859-9994

Porter Dentistry
1633 W Main St
Lebanon, TN 37087
615-449-3222

Putnam County Health Department
701 County Services Dr.
Cookeville, TN. 38501
(931) 528-2531
www.putnamcountyttnhealthdept.com
(Adult and Child Health Services,
Tobacco Cessation, Neonatal Abstinence
Syndrome, Emergency Preparedness,
Insurance Assistance, & Home
Visitation programs).

Snodgrass & King
4671 Andrew Jackson Parkway
Hermitage, TN. 37076
(615) 885-3525

West Wilson Dental Group
66 E. Hill Drive Suite B
Mt. Juliet, TN. 37122
(615) 773-1150/ Bilingual services
available

Kurt Swauger
100 Spring House Court, Suite 110
Hendersonville, TN
615-824-5047

Pediatric Dentistry of Lebanon
Dr. L Suzanne Wallace
103 Physician's Way Suite 150
Lebanon, TN 37090
615-545-1812
www.pediatricdentistryoflebanon.com

Trailhead Pediatric Dentistry
124 Goodview Way Suite B
Gallatin, Tn 37066
615-575-3344

**Dental Providers, who may not
take TennCare, but offer
services to low-income families:**

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0569

(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Cookeville Rescue Mission

1331 S Jefferson Ave
Cookeville, TN 38506
931-528-5819

Beats Family Dentistry

1203 Scottsville RD.
Lafayette, TN. 37083
(615) 666-5034

Dr. Larry Key

726 Hwy 52 By-Pass
Lafayette, TN. 37083
(615) 666-5567

Dr. Sue Van Blaricum

412 College Street
Lafayette, TN. 37083
(615) 666-6155

Resources for Persons with Disabilities:

AMERICAN MANUFACTURING & PACKAGING (AMP)

435 Gould Drive
Cookeville, TN. 38506
(931) 432-5981

(Assists persons with disabilities to get jobs by providing job

coaching/industrial training/school-to-work programs)

Disability Law & Advocacy Center

2416 21st Ave. South Suite 100
Nashville, TN. 37212
(615) 298-1080 & 1-800-342-1660
(Assists persons with disabilities to in various ways)

Project Affirm

501 Spruce Street
Dale Hollow Mental Health Center
Livingston, TN 38570
931-432-5590 & Hotline: 931-823—5678
(Provides support services for families with children ages 2 - 17 diagnosed with serious emotional disturbance or dual diagnosis of developmental and behavioral disorder. They also provide respite alternatives ranging from indirect to direct care services. Services are not provided to children who are in the custody of the Department of Children's Services)

Children's Special Services

Lafayette, TN
615-666-2142
(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Friends of T.I.P.S.

P.O. Box 5095
Tennessee Tech University
Cookeville, TN 38505
931-372-6247

(Assist with Children's Issues, Disability Services. This group serves the Upper Cumberland Region by providing educational, medical, social, respite, and/or support to families of special needs children from birth to 3 years of age. The service will coordinate with the family's schedule and individual needs to provide home-based services. A parent advisor will initially visit with the family to develop a goal-directed program. Monthly visits are then conducted to help the family meet those goals. These services will also coordinate with other local resources such as daycares, medical providers, etc. This program is limited to special needs/developmentally delayed children ages birth to 3 years, and their family members. Referrals must go through Philomena Palmer with the Tennessee Early Intervention Program at 931-372-3561.)

Hope Center Ministries

Portland, Tn
866-716-7139
admissions@hopeco.com

**Independent Opportunities Inc.
(I.O.I.)**

25 West Broad Street Suite # 8
Cookeville, TN. 38501
(931) 528-7701
(Non-profit organization providing high quality residential services to persons with developmental disabilities)

KIDS Putnam

Cookeville, TN 38501
931-526-5437
(Assists with Children's Issues, Disability Services)

Macon County School System (Special Education)

501 College Street
Lafayette, TN
615-666-2685
(Serves special need children ages 3 to 21 years old)

Pacesetters (Adult Clients)

664 Industrial Drive
Lafayette, TN
615-666-8018 or 666-8019

Romans 8:28 Ministry

479 Green Grove Rd
Westmoreland, Tn
615-688-0082

Social Security Administration - SSI Program

1145 Perimeter Park Dr.
Cookeville, TN 38501
888-717-1528
(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.

TN Early Intervention System (TEIS)

Education/training
1519 E Spring St. #G
Cookeville, TN 38506
TEIS-TN.gov
(931) 528-1623
Assist children/families birth - 3 yrs)

Upper Cumberland Human Resource Agency - Macon County

Lafayette, TN 37083

615-666-3377

(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)

Vocational Rehabilitation

Cookeville, TN. 38501

(931) 526-9783

(Provides assistance with re-education of disabled individuals and job skills training)

Vocational Training Center

1605 Brown Ave.

Cookeville, TN. 38501

(931) 526-4721

(615) 666-2179

(Provides assistance with vocational education, work adjustments and job placement for people with disabilities)

Resources to help in Domestic Violence Situations:

Alliance against Domestic Violence

Cookeville TN 38501

(931) 526-4730

(931) 526-5197

Domestic Violence Support Group

Sponsored by Genesis House:

District Attorney General

1519-East Spring Street

Cookeville, TN. 38501

(931) 528-5015

Genesis House

Street location is confidential

Cookeville, TN N/A

(931) 525-1637

24 Hour Help line: 800-707-5197

Omni Community Health

663 S. Jefferson Ave.

Cookeville, TN. 38501

(931) 528-0051

877-258-8795

Lafayette City Police Department

615-666-4725

911 for Emergencies

Macon County Sheriff's Department

LAFAYETTE, TN 37083

615-666-3325

(Assist with emergency needs)

Red Boiling Springs City Police Department

615-699-2011

911 for Emergencies

(Assist with emergency needs)

Resources available to help fight the Alcohol and Drug Abuse (Including METH) Problems in your area:

All Local Churches in Area

The Emmanuel House-Macon County

931-704-7032

director@theemmanuelhouse.org

Waymakers Center

61 Alton Hill Rd. Lafayette, TN 37083

615-670-1785

waymakersonline.com

info@waymakersonline.com

Macon Recovery Possible

615-486-1061

Clanerops3n@gmail.com

Macon County Prevention Coalition

200 Hwy 52 Bypass East, Suite C.

Lafayette, TN 37083

615-633-7862

**Bradford Health Center @ Cookeville
Outreach Office**

320 East Broad Street

Suite 1-A

Cookeville, TN 38501

931-646-4674

Next Step For Life

2300 W. Jackson St.

Cookeville, TN 38506

diane@nextstep.life

**Bradford Health Center @ Cookeville
Regional Office**

1330 Neal Street, Suite D

Cookeville, TN 38501

931-528-6803

Dale Hollow Mental Health Center

501 Spruce Street

Livingston, TN. 38570

(931) 823-5678

Drug Abuse Hotline

1-800-888-9383

Omni Community Health

663 S. Jefferson Ave.

Cookeville, TN. 38501

(931) 528-0051

877-258-8795

Lafayette City Police Department

615-666-4725

911 for Emergencies

Macon County Sheriff's Department

LAFAYETTE, TN 37083

615-666-3325

Meth Hotline

Spring Street

Cookeville, TN. 38501

(931) 525-6384

Meth Hotline/Statewide

1-877-866-6384

**Mothers against Drunk Driving
/Support Group Meetings**

18 N. Madison Ave

Cookeville, TN. 38501

931-520-6233

Plateau Mental Health Center

Substance Abuse Services

1200 South Willow Avenue

Cookeville TN 38502

Phone: (931) 432-4123

Hotline: (877) 567-6051

**Red Boiling Springs City Police
Department**

615-699-2011

911 for Emergencies

Teen & Adult Challenge

200 Freedom Ln

Livingston, TN 38570

1-888-688-0470

teenchallengeuc.org

teenchallengeusa.org

Thirteenth Judicial Task Force

1270 W. Broad St.
Cookeville, TN. 38501
(931) 528-5400

**Upper Cumberland-Community
Services Agency**

1000 England Dr. Suite F
Cookeville, TN 38501
(931) 520-0200

**Upper Cumberland Human Resource
Agency - Macon County**

Lafayette, TN 37083
615-666-3377

**Assistance in the event of an
Emergency Situation:**

American Red Cross

511 Pointe Lane Lafayette, TN 37083
(615) 666-2403

Air Evac Life Team

106 Emergency Services Dive Albany,
KY 42602
(606) 387-9099 Emergency = 911

Hope Clinic

1124 New Highway 52
Westmoreland, TN. 37186
615-644-2000

Family and Children's Clinic

420 HWY 52 W Lafayette, TN 37083
615-688-5071

Lafayette City Police Department

615-666-4725 911 for Emergencies

Livingston Regional Hospital

315 Oak Street Livingston, TN.
931-823-5611

Macon Community Hospital

Lafayette, TN. 37083
615-666-2147 or 615-666-2144

Macon County Sheriff's Department

LAFAYETTE, TN 37083
615-666-3325

Poison Control

1-800-288-9999

**Red Boiling Springs City Police
Department**

615-699-2011 911 for Emergencies

Shriners of Tennessee

1354 Brick Church Pike Nashville, TN.
37207
(615) 226-7676

Thirteenth Judicial Task Force

1270 W. Broad St.
Cookeville, TN. 38501
(931) 528-5400

**Assistance with
Food/Clothing/Utilities Needs:**

Bethel Church

101 Church Street
Lafayette, TN
615-666-5738

Called Out Ministries

East Main Street
Red Boiling Springs, TN
615-699-4479

**Community Education Office for the
Food Stamp Program**

*Legal Aid Society of Middle Tennessee
and the Cumberland's*

9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436 & **Toll Free:**
800.262.6817

**Department of Human Services -
Macon County**
Lafayette, TN 37083
615-666-4041

Disaster Assistance
DisasterAssistance.gov

**Putnam County Emergency
Management agency**
700 County Services Dr.
Cookeville, TN 38501
931-528-7575
www.cpcema.org

**Middle TN Disaster Relief
Non Profit**
Steve or Josh
931-310-2253

Lafayette Church of God
654 Hwy 52 West
Lafayette, TN 37083
615-666-3030 & 615-688-5404
(Assistance with various needs)

Lafayette Church of Christ
212 Church Street
Lafayette, TN 37083
615-666-2003

Macedonia Baptist Church
1725 Happy Ridge Road
Moss, TN 38575
931-258-3371

Macon Helps
Lafayette, TN 37083
615-666-6607

Midway Church of Christ
4301 Moss-Arcot Rd.
Moss, TN 38575
931-258-3393
(Assist with various needs)

Moss Church of Christ
3204 Clay County Highway

Moss, TN 38575
931-258-3563

**Oak Grove Church of Christ on
Baptist Ridge**
Contact: P.O. Box 407
Celina, TN 38551

Pine Branch Church of Christ
3130 Neeley Creek Road
Celina, TN 38551
931-243-2992

TEMA
www.tn.gov/tema

Red Boiling Springs Church of Christ
320 Church Street
Red Boiling Springs, TN 37150
615-699-2840

Union Hill Wesleyan Church
6495 McCormick Ridge Rd.
Whitleyville, TN 38588
258-3380
(Assist with various needs)

**Willette Church of Christ Benevolence
Program**
Red Boiling Springs, TN
615-699-2251
(Assist with various needs)

TennCare Transportation - Cookeville
417 East Broad Street
Cookeville, TN 38501
Hotline: 800-483-6743 Macon County=
1-866-416-9209

**Upper Cumberland Human Resource
Agency - Macon County**
Lafayette, TN 37083
615-666-3377

**Resources to assist with
Housing/Homeless Needs:**

American Trust Properties LLC
201 Main Street
Lafayette, TN 37083
615-688-9600

Bread of Life Homeless Shelter and Clinic
281 4th Street
Crossville, TN 38555
931-707-0569

Citizens Mortgage
Lafayette, TN 37083
615-666-3520 & 615-666-2195

Cookeville Rescue Mission
1331 S Jefferson Ave
Cookeville, TN 38506
931-528-5819

HART
Homeless Advocacy for Rural Tennessee
Grant based program, which allocates homeless assistance
P.O. Box 3311
Crossville, TN 38557
931-484-3207

Lafayette Housing Authority
613 Dycus Circle
Lafayette, TN 37083
(615) 666-2140

Portland Housing Authority
451 Valley View Drive
Red Boiling Springs, TN
(615) 699-2107

Upper Cumberland Homeless Shelter
15 Division Street
Crossville, TN. 38555
(931) 456-8172

Upper Cumberland Human Resource Agency - Macon County
Lafayette, TN 37083
615-666-3377

United States Department of Agriculture
Rural Development
390 South Lowe Avenue Suite K
Cookeville, TN 38501
(931) 528-6539

Assistance with Insurance Needs:

B. Snyder Insurance
40 Brattontown Circle
Lafayette, Tn 37083
615-666-4040

Blue Cross Blue Shield
(865) 588-4612 Group Insurance & 1-800-845-2738

Johnson-Stone
142 Hwy 52 By pass W
Lafayette, TN 37083
615-666-4888

Choice One Ins
505 Hwy 52 By-Pass West
Lafayette, TN 37083
615-666-4790

Department of Human Service – Macon County
Lafayette, TN 37083
(615) 666-4041
(Medicaid & TennCare Information)

Farm Bureau
Lafayette, TN 37083
(615) 666-4025
(Affordable Insurance for Families & Individuals)

Health Department /Coverkids

601 52 By-Pass
Lafayette, TN 37083
(615) 666-2142
(Affordable Insurance for Families & Individuals)

Hope Family Health

Jennifer Newberry, Billy Snyder
Westmoreland, TN 37186
615-666-4040

State Farm

Lafayette, TN 37083
(615) 688-5200

Smith Insurance

Lafayette, TN 37083
(615) 688-4790

Tennessee Justice Center

Nashville, TN
615-255-0331
Assists with strategies for obtaining TennCare and appeals process, etc.

Tooley Carver Insurance Agent

Lafayette, TN 37083
(615) 666-3300
(Affordable Insurance for Families & Individuals)

Upper Cumberland Human Resource Agency - Macon County

Lafayette, TN 37083
615-666-3377

Legal/Governmental Assistance:**Child Support Services of Tennessee - Hartsville**

100 Greentop Street
Hartsville, TN 37074
615-374-3714
(Helps locate parents who are not paying child support. They will provide

legal representation in child support hearings. They also provide paternity testing)

Lafayette Housing Authority

Wells Ave
Lafayette, TN 37083
(615) 666-2140
(This program offers low-income or no-income housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for attending school, and children ages 5 - 10 get paid \$1 per day. There is a waiting list for eligible persons depending on the type of housing being applied for.)

Legal Aid Society of Middle Tennessee and the Cumberland

9 South Jefferson Avenue, #102
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817
(Serves all counties in the LBJ&C Head Start Service area. Provides free legal assistance to low-income persons on such issues as TennCare, Medicare, Domestic Violence, Housing Problems, Special Education Issues, and Consumer Issues.)

Portland Housing Authority

451 Valley Drive
Red Boiling, TN 37150
(615) 699-2170
(This program offers low-income or no-income housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for

attending school, and children ages 5 - 10 get paid \$1 per day. There is a waiting list for eligible persons depending on the type of housing being applied for.)

Rape and Sexual Assault Response Center

1519 East Spring, Suite F
Cookeville, TN 38506
Hours of operation = 24 hrs/day, 7 days a week
Phone: = 931-526-5197
Hotline: 800-707-5197
Translation services offered: Yes
(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).

Tennessee 211

1-800-318-9335
(Helps direct non-profit agencies within each local service area of the state. Services are networked to find suicide prevention hotlines, help caring for an elderly relative, help learning to read, emergency help with a utility bill, support groups, & transportation, etc.)

Upper Cumberland-Community Services Agency

1000 England Dr. Suite F
Cookeville, TN 38501
(931) 520-0200
(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home

studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

Upper Cumberland Human Resource Agency - Macon County

Lafayette, TN 37083
615-666-3377
(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start.)

Resources to Strengthen Marriages:

Assessment/Counseling/training Services (ACTS)

377 Short St.
Cookeville, TN. 38501

(931) 528-9399

First Baptist Church

455 Carthage Road
Red Boiling Springs, TN 37150
(615) 699-2210
(615) 699-2818
(803) 840-5802
Contact: Rev. Thomas Compton

**The Exchange Club/Stephens Center
for the Prevention of Child Abuse**

Livingston, TN 38570
Contact: Carolyn Isbell, Executive
Director
931-823-6432 & 800-635-5199

**Upper Cumberland Development
District**

1104 England Dr.
Cookeville, TN 38501
(931) 432-4111

Pre- Marriage Counselors:

**Assessment/Counseling/training
Services (ACTS)**

377 Short St.
Cookeville, TN. 38501
(931) 528-9399
*(Provide Assistance with Marriage &
Mental Health Counseling)*

Dale Hollow Mental Health Center

Telephone = 1-877-567-6051
*(Counseling for persons with emotional
and behavioral problems, also assist in
securing needed resources)*

**Medical Providers who take
TennCare:**

Callie Medical Group

200 Hwy. E. Lafayette, TN
615-821-0898

Primary Healthcare Group

207 Hwy 52 W.
Lafayette, TN 37083
615-688-2273

Armadillo Medical Services

420 College St. Suite A
Lafayette, TN
615-688-5383

Alpha Medical Associates

209 College Street
Lafayette, TN. 37083
(615) 666-2056

Children's Special Services

Lafayette, TN
615-666-2142
*(Assists with the medical needs of
children and young adults from birth to
age 21 with chronic health issues. They
offer assistance with medical bills,
hearing aids, speech/language pathology
for children under age 3, transportation,
and TennCare appeals. Referrals are
made through the local county Health
Department. Eligibility is determined at
time of referral and is based on income
and access to other medical resources.)*

Cookeville Pediatrics Associates

345 West Broad Street
Cookeville, TN. 38501
(931) 528-1485
(Takes TennCare)

Dr. Chunn

200 Hwy 52 By-Pass
Lafayette, TN. 37083
(615) 666-5600
(Takes TennCare)

Family and Children's Clinic

420 HWY 52 W
Lafayette, TN 37083
615-688-5071

Family Care Center

306 W. Locust Street
Lafayette, TN. 37083

(615) 666-6425

(Takes TennCare and has affordable rates for those who do not have TennCare)

Hope Clinic

Westmoreland, TN.

(615) 644-2000

Lafayette Children's Clinic

Lafayette, TN. 37083

(615) 688-7012

(Takes TennCare and has affordable rates for those who do not have TennCare)

Macon County Health Department

Lafayette, TN. 37083

(615) 666-2142

(Takes TennCare and has affordable rates for those who do not have TennCare)

Macon Community Hospital

Lafayette, TN. 37083

(615) 666-2147 or 666-2144

(Takes TennCare)

Tennessee Pediatrics

435 North Cedar Street

Cookeville, TN. 38501

(931) 526-6100

(Takes TennCare)

Woodard Family Health Care

Red Boiling Springs, TN. 37150

(615) 699-3169

(Takes TennCare and has affordable rates for those who do not have TennCare)

Medical Providers, who may not take TennCare, but offer services to low-income families:**Bread of Life Homeless Shelter and Clinic**

281 4th Street

Crossville, TN 38555

931-707-0569

(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Children's Special Services

Lafayette, TN

615-666-2142

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Partnership for Prescription Assistance

Phone: 1-888-477-2669

www.pparx.org

If you do not have prescription coverage and/or can not afford your medicines, this organization may be able to help

Mental Health Providers who take TennCare:

Hope Behavioral Health

1124 New Hwy 52 E, Westmoreland,
TN 37186
615-644-0479

Cumberland Plateau Recovery

550 North Church Street
Livingston, TN. 38570
(931) 403-3577
(931) 265-5382

Dale Hollow Mental Health Center

501 Spruce Street
Livingston, TN. 38570
(931) 823-5678

Personal Growth and Learning Center

509 North Cedar Avenue
Cookeville, TN 38501
931-520-8435

Rape and Sexual Assault Response Center

1519 East Spring, Suite F
Cookeville, TN 38506
Hours of operation = 24 hrs/day, 7 days
a week
Phone: = 931-526-5197
Hotline: 800-707-5197

Team Evaluation Center

600 North Holtzclaw Avenue
Chattanooga, TN 37404-1220
(423)-622-0500

Valley Ridge Mental Health Center

P.O. Box 297
Lafayette, TN 37083
615-666-8070

Volunteer Behavioral Health Care System - Plateau Mental Health Center

1200 South Willow
PO Box 3165
Cookeville, TN 38502
931-432-4123 **Hotline:** 1-800-281-4943

Youth Villages

615-250-7325
www.youthvillages.org

Mental Health Providers, who do not take TennCare, but offer services to low-income families:**Assessment/Counseling/training Services (ACTS)**

370 Short St.
Cookeville, TN. 38501
(931) 528-9399

Omni Community Health

663 S Jefferson Ave.
Cookeville, TN. 38501
(931) 528-0051

Plateau Mental Health Center

Substance Abuse Services
1200 South Willow Avenue
Cookeville TN 38502
Phone: (931) 432-4123 Hotline: (877) 567-6051

Pacesetters Inc.

2511 HWY 111 North
Algood, TN. 38506
(931) 537-9100

Upper Cumberland-Community Services Agency

1000 England Dr. Suite F
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Macon County

Lafayette, TN 37083

615-666-3377

Quit Tobacco Resources

Tennessee Tobacco Quitline: 1-800-784-8669

Cumberland County Health

Department

Smoking Cessation

Ruth Lucas

131 South Webb

Crossville, TN

931-484-6196

Tennessee Department of Health, WIC Program

S.M.A.R.T. – Smart Mothers are

Resisting Tobacco

1-800-342-5942

Nicotine Anonymous

800-642-0666

American Lung Association

Freedom From Smoking

800-586-4872

info@lung.org

American Lung Association of Tennessee

212 S. Peters Rd. Suite 106

Knoxville, TN 37923

865-691-7228

www.lungusa.org

Former Smokers

The No Smoke Café

<http://clever.net/chrisco/nosmoke/stop.html>

Macon Co Health Dept.

601 Hwy 52 E

Lafayette, TN 37083

615-666-2142

(Baby & Me Program provides free Diaper vouchers if do not smoke while pregnant)

Resources to assist persons raising children possibly other than their own:

Agricultural Extension Service - Overton County

317 East University Street

Suite 131

Livingston, TN 38570

The Agricultural Extension Service of Putnam County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.

Department Of Children's Services

1300 Salem Road

Cookeville, TN 38506

(931) 646-3002 or 931-646-3000

(Counties Include: Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, and White)

CHANT

Upper Cumberland

Regional Office

1100 England Dr.

Cookeville, TN 38501

931-520-4219

Developed by the Tennessee Department of Health, Help Us Grow Successfully also known as HUGS is a home visiting program that also coordinates additional services for pregnant and postpartum women up to two years and

children ages birth through five years. HUGS coordinators can assist clients in getting health care as well as social, educational, and many other necessary services to ensure Tennessee's babies are born healthy and grow up healthy.

Relative Caregiver Program

1104 England Dr.
Cookeville, TN. 38501
(931) 432-4111
931-426-4127
(Assists in various ways, such as support groups, etc.)

The Exchange Club/Stephens Center for the Prevention of Child Abuse

Livingston, TN 38570
931-823-6432 & 800-635-5199
(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

Upper Cumberland-Community Services Agency

1000 England Dr. Suite F
Cookeville, TN 38501
(931) 520-0200
(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

Upper Cumberland Human Resource Agency - Macon County

Lafayette, TN 37083
615-666-3377
(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access;

Youth Villages

1420 Neal Street
Cookeville, TN. 38501
(931) 525-6900
(Assists Foster Parents in the Upper Cumberland)

Resources to assist with Transportation Needs:

TennCare Cookeville	Transportation	—
417 East Broad Street Cookeville, TN 38501 931-372-8719 & Hotline: 800-483-6743 Macon = 1-866-416-9209		

*(Assists with Health, **Transportation** and Utilities needs. Must have TennCare insurance. Provides transportation to appointments covered by TennCare.*

Upper Cumberland-Community Services Agency

1000 England Dr. Suite F
Cookeville, TN 38501
(931) 520-0200

(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

Upper Cumberland Human Resource Agency – Macon County

Lafayette, TN 37083
615-666-3377
(Assists with Children's Issues, UCARTS; Job Access.)

Upper Cumberland Development District

1104 England Dr.
Cookeville, TN 38501
(931) 432-4111
*(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/ **Utilities**)*

Promoting Youth Involvement:

Lafayette Housing Authority

613 Dycus Circle
Lafayette, TN 37083
(615) 666-2140

Lafayette Little League

615-670-3435

Macon County Soccer League

Lafayette, TN. 37083
(615) 888-6004

Macon County Youth Softball

Lafayette, TN. 37083
(615) 666-6511

Portland Housing Authority

451 Valley Drive
Red Boiling, TN 37150
(615) 699-2170

The Edge Youth Center

C/o Methodist Church
Livingston TN 38570
Contact: Kathy Oakley
(931) 403-3343

Upper Cumberland-Community Services Agency

1000 England Dr. Suite F
Cookeville, TN 38501
931-520-0200

WCTE American Graduate & Ready to Learn

LWray@wcte.org
CPutman@wcte.org
931-528-2222

Language Assistance
(All Counties)

Brent Simpson

931-212-8097

County Health Depts. - Primary Health Care Services

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)

Department of Human Services, Counties

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance

coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

Hispanic Family Resource Center
(615) 227-7500
(800) 280-8682

Hispanic Association
732 Lafayette Rd
Red Boiling Springs, TN 37150
(615) 699-6279

Omni Community Health
663 South Jefferson Avenue
Cookeville, TN 38501
(931) 528-0051
Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Service)