



QC ALL FIT JUNE SCHEDULE

MONTHLY SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	ROTATING CLASS
5:45 AM	CROSS TRAINING	CROSS TRAINING	CROSS TRAINING	CROSS TRAINING	CROSS TRAINING		
8:00 AM						BOOT CAMP	
8:30 AM	ZUMBA		TRX		XCO		
5:00 PM							
5:30 PM	ZUMBA	ZUMBA	ZUMBA	ZUMBA			
6:00 PM							
6:30 PM							

**DOWNLOAD MINDBODY APP TO STAY UP TO DATE WITH CLASS CHANGES OR CANCELLATIONS!
WE NEED TO HAVE (3) PEOPLE IN CLASS OTHERWISE WE CANCEL!**

