

Breakfast: 7:00-7:30 am
A.M. Snack: 9:15-9:30 am
Lunch: 11:30am-12:00 pm
P.M. Snack: 2:30-2:45 pm



*All Meals Served with Milk

JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Mandarin Oranges French Toast Stix Carrots/Celery, Milk Beef Stroganoff Peas, Apricots String Cheese, Carrots	2 Pears, Oatmeal Cottage Cheese, Mixed Fruit Bean & Cheese Burrito Corn, Pears Crispy Treats, Milk	3 Bananas, English Muffin Yogurt, Fruit Tuna Melt, English Muffin French Fries, Mixed Fruit Cheerios, Bananas
6 Peaches, Pancakes Toast, Pineapple Bologna & Cheese Sandwich, Carrots/Celery, Apple Slices Guppies, Juice	7 Pears, English Muffins Cottage Cheese, Peaches Teriyaki Chicken, Rice, Peas, Mandarin Oranges Egg, Milk	8 Bananas, Cheerio's Crackers, Carrots/Celery Beef Burrito, Green Beans, Pineapple Bananas, Milk	9 Oranges, Cinn Toast Graham Crackers Applesauce Beef Stew, WW Roll, Carrots/Peas, Pears Yogurt, Oranges	10 Pineapple, Waffles Bagels, Juice Taco Pizza, Tomato/ Lettuce, Fruit Cocktail Oatmeal Cookies, Milk
13 Pears, Toast Animal Crackers, Milk Pizza Pita, Pears Yogurt, Granola	14 Oranges, Pancakes Toast, Mixed Fruit Beef & Rice Casserole, Veggies, Peaches Muffins, Juice	15 Bananas, Rice Krispies Cottage Cheese, Ritz Crackers Corn Dogs, Green Beans, Pineapple Cheerios, Bananas	16 Applesauce, Toast Egg, Milk Turkey Chef Salad, WW Crackers, Lettuce/Tomato, Grapes Cottage Cheese, Peaches	17 Mixed Fruit, French Toast Graham Crackers, Applesauce Fried Egg, WW Toast, Tomato Soup, Oranges Pretzels, Mixed Fruit in Jell-O
20 Applesauce, French Toast Stix Graham Crackers, Apple Slices Hot Ham & Cheese, English Muffin, Green Beans, Peaches Guppies, Juice	21 Orange Juice, Corn Flakes Crackers, Carrots/Celery Chicken Wrap, Tomato/ Lettuce, Pears Pretzels, Mixed Fruit	22 Oranges, Cinnamon Toast String Cheese, Ritz Crackers Meatballs, WW Roll, Peas, Mandarin Oranges Egg, Milk	23 Pineapple, Waffles Chex Mix, Fruit Cocktail Chicken Patty, Mixed Veggies, Pineapple Carrots/Celery, Milk	24 Bananas, Buttermilk Biscuit Yogurt, Fruit Tuna Noodles, Peas, Apricots Bananas, Milk
27 Pears, Oatmeal Cottage Cheese, Peaches Hot Dogs, Mac & Cheese, Broccoli, Mixed Fruit Yogurt, Apple Slices	28 Bananas, Cheerios Toast, Mixed Fruit Ground Beef Pizza, Applesauce Cottage Cheese, Pretzels	29 Peaches, Pancakes Cheese, Ritz Crackers Oven Chicken, WW Roll, Oven Potatoes, Peaches Bean Dip, Tortilla Chips	30 Oranges, French Toast Yogurt, Fruit Cocktail Ground Beef Goulash, Corn, Apricots Oatmeal Cookies, Milk	31 Apricots, Cinnamon Toast Graham Crackers, Pineapple Scrambled Eggs, Pancakes, Hash Browns, Applesauce Pretzels, Mixed Fruit in Jell-O