



PHONE: 603-497-4440

FAX: 603-497-4880

WEB SITE: www.medvilcooperative.com

Established 2006

E-MAIL ADDRESS: medvil@comcast.net

Edition 169

December 2023

THE MEDVIL MESSENGER

COMING ATTRACTIONS

Some reservations still available!

9 December Xmas Party



*2 December
D Street Band!*



SEE CALENDAR FOR MORE INFO!

FROM THE BOARD

2023 ANNUAL MEETING RECAP

Thank you to all who took time from their Saturday morning to attend the meeting.

Medvil by-law 5.1 mandates that “one third of the current Membership shall constitute a quorum at a Membership meeting.” Once you account for empty houses, that brings the number of residents needed to meet the quorum at 98; this year we had 100 eligible voters (each home is allotted one vote). If two people had decided not to attend, we would

now be operating on last year’s budget, with last year’s board of directors still in place while putting together another annual meeting in the hopes of getting a quorum. Please think about this next year when you’re deciding whether it’s important for you to attend this meeting.

For those of you who may not have already heard who won election to the board, here’s another recap.

President – Dorrie Kossuth
Vice President – Debbie Cyr
(1 year, fulfilling Dorrie Kossuth’s VP term)
Secretary – Len Stuart

Operations Director – Kim Capen

Directors-at-large:

- Anita O’Brien
- Sue Soule
- Norm Proulx (1 year, fulfilling Brenda White’s term)

And now I’d like to thank the folks who helped make the meeting run smoothly.

Sound System & Microphones:
Kim Capen, Jack Cyr, Jim White

Resident Check-in:
Missi Bagley, Pam Gallagher, Diane Lamarre,
Barbara McDermott, Joyce Wilson

Ballot Box & Voting Oversight:
Robert Auger, Judy Patrick

Ballot Tally:
Diane Fisher, Dolly Piccolo, Rich Piccolo, Judy Sullivan

Thanks again to everyone who participated!

Debbie Cyr
Vice President

INFORMATION ON TAXES

Taxes are higher due to the adjustments for increased value of home sales for manufactured homes. The east side calculated at an additional \$33,500 and the west side at \$40,000. The list of sales from 2022 up to 7/2023 was included. For elderly exemption the income limit has increased as well as the amount for assets. If you did not qualify last year you may now qualify. You must resubmit an application annually by April 15. The elderly/disabled exemption must be done by March 1st.

This does not affect the current bill.

Homes that have not been updated may qualify for abatement. Contact the town assessor, Scott Bartlett, at 603-497-8990, Ext. 813. He will need to come to the house to evaluate and the income limit & assets still apply.

There is also a military exemption to inquire about.

Forms are available online (see below) or at the Medvil volunteer office.

<https://www.goffstown.com/residents-menu/town-documents/86-forms/85-assessing-forms>

A Christmas Concert

*Medvil's own D Street Band
has offered to perform a Christmas concert for us.*

All are welcome!

*This gifted band specializes in fun,
folk, oldies, easy-listening and classic rock.*

*Partridge Lane Club House (Upper Level)
Saturday ~ December 2nd
2:00 - 4:00 PM*

If you would like to bring an unwrapped toy, it would be appreciated, but a donation is not required.



LEAVES, LEAVES & MORE LEAVES!

Many are from our oaks which are known for dropping their leaves late into the season (and sometimes well into winter) while some were just left on the ground from last year; whatever the reason, please be sure to get them soon. Not only will they be blowing into your neighbor's yards (which is not very neighborly and very aggravating) but rule D. Sites, item #3 reads in part as follows:



“The maintenance, appearance and cleanup of lot yards are the homeowner’s responsibility. Yards are to be kept neat and free of debris and yard tools....Grass clippings and leaves must be placed in biodegradable bags for pick up by park personnel.

Large branches must be placed in a pile at the edge of the road. Shrub trimmings and small branches must be placed in a separate bag with the top left open. It is not permissible to dump your yard waste on Medvil grounds.

The Goffstown Transfer Station requires that yard waste be separated as noted above.”

Yard waste pick-up is already in full swing, and you can be sure our Maintenance Team is out there picking them up every Thursday morning. Thank you for your attention to this issue; it's all part of what makes Medvil a beautiful community and great place to live.

Thank you.

Kim Capen
Operations Director



NOTICES

RECEPTION OFFICE VOLUNTEERS

Ladies and Gentlemen of Medvil, we are looking for more volunteers to help in the office. All volunteers work a 3 1/2-hour shift in the morning or afternoon. We are also in need of substitutes that could be on call should someone need the day off for appointments, grandchildren responsibilities, etc. If your day is free that would be wonderful. If you can't, no worries, we'll give you a call the next time someone is in need of a day off.



I enjoy working in the office as I have met many wonderful people and enjoy helping out when I can,

as Medvil is pretty much run on volunteerism. You don't have to have any special skills. Top on the list of duties is to "smile". Working in the office is a great way to get to know people. I was quite shy and kept to myself when I first came to Medvil and since working in the office and attending events I've made many new friends and acquaintances.

Please call or stop in the office should you have an interest in volunteering. We would be happy to go over the ins and outs of the office with you.

Thank you,
Sheila Asselin





Contact Irene Gagne at 603-622-1869

Committee Members – We are a committee of seven but are looking for more members. Call Irene if you are interested in finding out about the committee.

Monthly Pool – The winners for 11/1 were Dolly & Rich Piccolo for \$250. All numbers are being played with a guaranteed winner. There are 3 residents on the wait list but we would like to have more. **Call Irene to place your name on the list.** It's only \$5/month and you can play more than one number.

We are in the process of collecting for the 2024 monthly pool. Please call Irene to set up a date & time.

Yard Sale – 4/6/2024 – Now that our closet has been emptied, we are accepting items for our next yard sale on 4/6/24. Please call Irene if you have anything to donate.

However, we do not take electronics, TV's, large appliances, furniture, or large exercise equipment.

Please do not place any items in the mail houses or the libraries.

Consignment Store – Of the 43 items brought to the consignment store on 10/5 thirty-five have been sold as of 11/22. We are bringing more items on 12/1.

Ideas Needed – You don't have to be a committee member to give us suggestions for projects to use our funds for items that are good for the community. We also need suggestions and costs, etc. or ideas for a fundraiser.



HOW FUNDRAISING SERVES MEDVIL

The fundraising committee has raised almost \$80,000 since 2006.

Here is a partial list of large purchases for the good of the community:

PARTRIDGE LANE CLUBHOUSE DOWNSTAIRS:

- Automated external defibrillator (AED)
- Stove
- 72 chairs with rack
- 12 - 8' & 8 - 6' tables with dolly trucks
- 6 bar stools
- Television
- 2 pool table repairs
- Vacuum

PARTRIDGE LANE CLUBHOUSE UPSTAIRS:

- Automated external defibrillator (AED)
- 6 swivel chairs
- Portion of lighting
- Card tables & chairs
- 10' Christmas tree
- 2 floor lamps
- Vacuum
- Refrigerator

DONALD DRIVE CLUBHOUSE OUTSIDE:

- Canopy & sign

PARTRIDGE LANE CLUBHOUSE DOWNSTAIRS:

- Automated external defibrillator (AED)
- Stove
- Flooring
- Countertop & double sink
- Refrigerator & Igloo cooler



DONALD DRIVE CLUBHOUSE UPSTAIRS:

Automated external defibrillator (AED)
Television
Conference room sound system
10' Christmas tree
Meeting "owl" for zoom
2 surveillance cameras
Computer desk (volunteer office)
9 conference room chairs
40 conference room audience chairs
Laptop projector & screen

DONALD DRIVE CLUBHOUSE PAVILLION:

2 water fountains & accessories
2 swings and a bird bath
3 fryers & 4 tanks
DDC shed roof
8-burner grill with 2 large gas tanks
2 sets of grilling utensils
6 picnic tables

OTHER:

3 entrance signs & est. 2006 add-on
Ten Years of Community Living brochures (250 x 3)
Medvil key chains (500 x 3)
Medvil pens (500 x 2)
Newsletter colored printing – 100th issue
Park bench & walk – constitution road
Gem truck
Snow blower
9 first aid kits (clubhouses & garage)
CPR training dummies
Bingo equipment
Portable sound system

We are looking for other projects that will benefit the community.

We are also looking for new committee members.

Irene Gagne, Committee Chair

RESOURCE COMMITTEE

The Resource Committee Senior Discounts informational packets helping seniors with fuel and electric assistance, USDA program, various websites to check out, and much more are available at the Donald Dr Clubhouse mail room.

Dine Out Club: These resource packets contain the information and the application to join the Dine Out Club for anyone 60 and older. You DO NOT have to belong to the Meals on Wheels home delivery program. The Dine Out Club is a separate program. Enjoy a meal in a relaxed restaurant dining experience. The restaurants participating in the Dine Out Club are The White Birch in Goffstown, Francoeur's Café in Manchester and The Village Eatery in Merrimack. Menus for these Club meals are in the Resource packets. Any questions, please call Dorrie at 603-289-3143.

Dorrie Kossuth



If you are thinking of selling your home, the first step is to fill out the Intent to Sell form. This form can be found on our website at: medvilcooperative.com. **The Intent to Sell can be filled out online and printed, then dropped off at the Board Office for the Office Admin, in the mailbox on the wall by the door 30 days before listing your property.** The second step is to locate a realtor. Please consider letting Medvil Real Estate help you sell your home. Sales benefit Medvil community.

Medvil RE Committee - 603-384-2819

Website: www.medvilcooperative.com Homes for Sale

Dorrie Kossuth, Chairperson



HELPING HANDS COMMITTEE



It is not uncommon for a person to find themselves in need of a little help from time to time.

If you could benefit from a little friendly assistance, don't hesitate to reach out to The Helping Hands Committee.

Need a prescription picked up? Maybe a few groceries? Or even a ride to/from a doctor's appointment?

If you need help or have any questions about the Committee and what they do, please reach out to Anita O'Brien at:

Medvil21@comcast.net

Or by phone at: (603) 494-4246.

RULE REVIEW OF THE MONTH

This new addition to the newsletter will appear monthly as a reminder to our residents of the rules that govern our community.

E. VEHICLES

1) Unregistered and/or uninspected motor vehicles are not allowed in the community and will be towed at the vehicle owner's expense. No vehicle repair or fluid changing is to be performed in the community. Tire changes and minor actions such as adding windshield fluid are permitted.

2) Parking spaces are allocated to each home.

a) Requests for additional parking spaces must be submitted to the Board of Directors, a minimum of two weeks (2) prior to the actual paving. Any additional spaces that are granted must abut existing parking space and must be paved. Gravel or stone parking areas are not allowed. No parking is allowed on lawns.

b) The Board of Directors will not approve requests for changes to driveways between October 1st and April 1st.

c) Only cars, pick-up trucks, vans, motorcycles, jeeps, and golf carts are allowed to be parked in homeowner's driveways, with a three (3) foot setback from the street. The only exception to this rule is that boats on trailers and campers are allowed between May 1st and October 15th (see Rule E.4(d)).

d) Parking on the streets must not interfere with emergency vehicle access or snow removal. No overnight parking is allowed on the streets. No street parking from Nov 15th to April 15th.

e) Paved parking spaces on Constitution Road are reserved for visitor parking and daily use (non-recreational) vehicles of members.

f) All other registered vehicles of members not in regular (daily) use must be parked in the field (unpaved area) on Constitution Road or in the designated storage area across from the office off Donald Drive (as space is available).

If you have any questions about this rule, or any other Medvil rule or by-law, please contact the office at 603-497-4440 and leave a message. Thank you.

TASTY TIDBITS

by Cat Pragoff

Looking for something different to go with your holiday meals—a new side dish or dessert? Well look no farther. Here are a few to try for this year that just might become part of your family tradition. Enjoy!

Apple Walnut Slaw

(makes 20 servings)

For the Dressing:

3/4 cup
mayonnaise
3/4 cup buttermilk
4-5 tablespoons
sugar



4-1/2 teaspoons lemon juice
3/4 teaspoon salt
1/4-1/2 teaspoon ground pepper

For the Salad:

6 cups shredded cabbage (about 1/2 head)
1-1/2 cups shredded carrots
1/3 cup finely chopped red onion
1 cup walnuts, toasted and coarsely chopped
3/4 cup raisins
2 medium apples, chopped (your choice of variety)

Directions:

- In a small bowl, whisk together the mayonnaise, buttermilk, sugar, lemon juice, salt and pepper.
- In a separate large bowl, combine the cabbage, carrots, onions, walnuts, and raisins, keeping aside the chopped apples.
- Pour the dressing over the salad and toss.
- Fold the apples into the salad.
- Refrigerate, covered, for at least 30 minutes and up to overnight. Uncover and serve.

Pumpkin Chocolate Chip Oat Bars

(makes 16 servings)

Ingredients:

Nonstick cooking spray
1 cup rolled oats
3/4 cup whole-wheat flour
1-1/2 teaspoons ground cinnamon
1/4 teaspoon ground ginger
1/4 teaspoon ground cloves
1/4 teaspoon fine salt
1/2 cup pumpkin puree
1/3 cup maple syrup
1/4 cup neutral oil (such as canola)
1 large egg, lightly beaten
1 teaspoon vanilla extract
1/2 cup mini chocolate chips
1/2 cup finely chopped walnuts (optional)

Directions:

- Position a rack in the middle of the oven and preheat to 350°. Coat an 8-inch square baking pan with cooking spray and line it with a piece of



parchment paper long enough to have a generous overhang on both sides.

- In a medium bowl, whisk together the oats, flour, cinnamon, ginger, cloves and salt until they are well-combined.
- In a separate large bowl, whisk together the pumpkin puree, maple syrup, oil, egg and vanilla, until they are well-combined. Stir in the oat mixture, then stir in the chocolate chips, and walnuts, if using.
- Spread the mixture into the prepared pan and bake for 25-30 minutes, or until a toothpick inserted in the center comes out clean. Transfer to a wire rack and let cool completely in the pan.
- Use the parchment overhand to transfer the slab to a cutting board and cut into 2-inch squares and serve. Can be stored, covered, at room temperature, for up to 3 days.

Dilly Potato and Egg Salad

(Makes 12 servings)

Ingredients:

4 pounds medium red potatoes (about 14) peeled & halved
5 hard-boiled large eggs
1 cup chopped dill pickles
1 small onion, chopped
1-1/2 cups mayonnaise
1 teaspoon celery seed
1/2 teaspoon salt
1/4 teaspoon ground pepper
Paprika

Directions:

- Place potatoes in a large saucepan; add water to cover. Bring to a boil; reduce heat, then cook, uncovered, until they are tender (about 15-20 minutes). Drain and cool completely.



- Cut potatoes into 3/4-inch cubes and place into a large bowl.
- Chop 4 eggs and slice the remaining egg. Add the chopped eggs, pickles and onion to the potatoes, setting aside the sliced egg.
- In a separate bowl, mix together the mayonnaise, celery seed, salt and ground pepper. Gently stir into the potato mixture.
- Top the salad with the sliced egg and sprinkle with paprika. Refrigerate, covered, for at least 2 hours before serving.



Did you know bubble wrap was originally invented as wallpaper?

If you find popping bubble wrap one of the best things about getting mail, imagine it being plastered all over the walls of your home! Engineer Al Fielding and Swiss inventor Marc Chavannes invented bubble wrap by accident in 1957 while trying to create a textured wallpaper by sealing two shower curtains together to trap air bubbles.



And. . .

...WHO KNEW?

The little black dots on your car's windshield and windows, and the black rims that surround them, aren't just there for decoration. The dots date all the way back to the '50s when car manufacturers used adhesive to hold car windows in place rather than metal trim. The black trim around the windows (called "frits") and the black dots are painted onto the glass to hide the not very appealing look of the adhesive. The rims are actually baked into the window, so they hold the glue and window in place. The dots serve as an aesthetically pleasing transition from the thick black line to the transparent window. They aren't just there to look nice though. They help provide temperature control. When the glass is bent to fit into the frame of the windshield, it's heated up. The black-painted glass heats up faster than the rest, and the dots help to distribute the heat more evenly and keep the glass from warping.

Editor's note: Some bubble wrap doesn't pop when you squeeze it anymore. A few years ago Huffington Post reported that somebody was marketing a bubble wrap with air channels that were made to keep the air just moving from one place to another when you squeeze. I don't recall the stated reason for that. But I think I've received some of that new wrap over the last couple of years, and I'm delighted to relate that if you put it down

MINDFULNESS AND RANDOM DISCOVERIES

By Karen Kirkpatrick

So, now that I'm no longer on the Board, I've had time to just do nothing. Last night, I was thinking about life and what a great gift it is to see, to hear, to feel, to smell, and to taste. When my friend Mindy and I are on the rail trail, we'll occasionally stop and sit on one of the benches. That's one of my favorite moments because I can just sit there and listen ... to the birds and to the other critters who run back and forth across the rail trail ... sometimes the birds sound like they are having an argument and I chuckle ... at times, I can hear the traffic in the distance. When the Events Committee has a breakfast or dinner, I enjoy sitting there and hearing all of the chatter – I have no idea what anyone is saying, but there's usually a lot of laughter coming from each one of the tables. I can't help but smile. I love hearing the laughter from little kids, and a baby's laugh is the best. I realize that as we age, our hearing may not be as great as it once was, and I hope when that day comes, I can still smile because I remember the sounds.

I guess it didn't take long for boredom to set in. I just googled "Did You Know" looking for fun facts. The last Sunday in January of every year is known as Bubble Wrap Appreciation Day.



on the floor and walk on it, it still pops just fine. Where there's a will there's a way! (Some people call bubble wrap "therapy paper.")



JUST A THOUGHT by Liz Warren

What do you have for a license plate frame? Mine says *Ohio State Alumni*. As I walk around Medvil I have seen some cute ones, some celebrating your favorite sports team. But think about this: If you have the dealer's name, address, and phone number, you are giving them FREE advertising. Ask yourself: Do they pay you for this, monthly, weekly, yearly? Do they even ASK if you want one of their frames? After all you have paid for your vehicle, they want you to advertise for them for free. Do you know of any other company that, without telling you, has you advertising for them? For FREE? Just a thought.

Wulf here, for Donna. We've been trying to capture the lovely but elusive cat pictured below, whom we have dubbed "Beauty." She is mostly white with grey markings. There are indications suggesting Beauty *may* have been a pet once. If you spot this cat, or you think s/he may belong to someone, please contact Donna with information on where and when. With support from the Manchester Animal Shelter, we'd like to return or rehome Beauty with an owner or commence with a spay/neuter and release if this is an unsocialized feral cat.





HAIR BY

Kristin Stewart

96 Partridge Lane / Goffstown, NH 03045 / 617-999-5132

PRICING STARTING AT

Women's Haircut	\$35
Women's Wash/Cut & Blow-dry	\$40
Men's Haircut	\$23
Child's Haircut	\$25
Child's Cut and Dry	\$40
Cut, Dry, and Style	\$35
Wash and Blow-dry	\$75
Wash, Blow-dry, and Style	\$55
Single Process	\$120
Double Process	\$175
Full Foil	\$200
Partial Foil	\$150
Hair line Foils/Money Piece	\$110
Hair Art/Color Correction	\$300
Balayage	\$250
Global Keratin	\$350

PRICES ARE SUBJECT TO CHANGE.

DETAILED INFORMATION ABOUT EACH SERVICE IS LOCATED ON MY BOOKING SITE:

HAIRBYKRISTINSTEWART.SCHEDULISTA.COM



...and other stuff
you want to know
about

The Medvil Messenger is always looking for more material! Family recipes, helpful hints, reminiscences, jokes, poems, gardening advice, reviews of your latest vacation and day trip discoveries, hilarious tales of your pets' antics—just about anything. Please keep it upbeat and positive. Original material will take precedence over reprints from other sources, including printouts of email pass-arounds. If you submit previously published material, please try to cite a source.





We reserve the right to reject material that may offend, divide our community or cause political arguments. Please submit your items to our email: medvilnewsletter@comcast.net Or place a copy in the Messenger mailbox in the Reception Office in the DDC. Deadline for submissions is noon on the Thursday after the Board Meeting. (BOD meets on the 3rd Tuesday of the month.)

Medvil Messenger Staff: Debbie Cyr and MB. Wulf
Additional Proofreading: Irene Gagne & Sue Soule
Banishment of Calendar Grid Perplexity: Alyn Miller

**Your Medvil Messenger staff
wishes you a peaceful, happy
holiday season!**



December 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 6 Cribbage PLC non-league	2 2 Xmas Concert PLC
3	4 6:30 Cribbage PLC	5 10 & 7 Play Pool PLC	6 10 Pool PLC 12:30 Knitting PLC	7 HANUKKAH 6:30 Bingo DDC Also... PEARL HARBOR DAY 	8 6 Cribbage PLC non-league	9
10	11 6:30 Cribbage PLC	12 10 & 7 Play Pool PLC	13 10 Pool PLC 12:30 Knitting PLC	14 6:30 Bingo DDC	15 6 Cribbage PLC, non-league	16 8:30 Coffeeshouse PLC
17	18 6:30 Cribbage PLC	19 10 & 7 Play Pool PLC 6 BOD Mtg DDC	20 10 Pool PLC 12:30 Knitting PLC	21 6:30 Bingo DDC	22  WINTER SOLSTICE 6 Cribbage PLC, non-league	23
24	25  CHRISTMAS DAY	 26 KWANZAA BEGINS 10 & 7 Play Pool PLC	27 10 Pool PLC 12:30 Knitting PLC	28 No Bingo Tonight!	29 6 Cribbage PLC, non-league	30
31	<p>Metal Pick-up: 1st Monday of the month, beginning at 8 AM *</p> <p>Trash & Recycling Pick-up: Every WEDNESDAY beginning at 7 AM *</p> <p>Yard Waste Pick-up: Every Thursday until 1 December</p> <p>** Please have your items curbside by that time.</p>					



FEELING OVERTAXED?

Goffstown's recent property revaluation, which has dramatically increased home values, has many seniors here in Medvil wondering how they'll handle the tax increases coming in 2024.

As mentioned at Tuesday's Board of Directors meeting, there is some potential relief available: partial exemptions for those over 65 if you qualify, and veterans tax credits.

This link <https://goffstown.com/dept/th/town-hall-assessing> takes you to the Goffstown Assessor's page, with lot of links explaining the valuation changes -- basically, that the average sale price of homes in Goffstown has gone up nearly 61% in the last five years.

More importantly, the page also has links to get information on the elderly exemptions and veterans credits and downloadable application forms.

Goffstown Assessor's Office: (603) 497-8990, extension 813

With cases of COVID-19, RSV and the flu on the rise we wanted to take a moment to remind you that

NONE OF THESE



GO IN HERE!



**No matter what the packaging says,
WIPES, OF ANY KIND, ARE NOT FLUSHABLE!**

If you flush wipes and they clog the pipes, and if we find the clog between your house and the main sewer line, you will be responsible for the cost of the repair.

Please toss your wipes in the trash.

*On behalf of your pipes and leach fields,
thank you.*