



Big Cardio[®]

An annual event since 2008

5K • FITNESS • SPORTS • CYCLE • FUN

Bring the Whole Family. There's Something for Everyone.



2026 BiG CARDIO

Saturday May 2, 2026

Central Broward Regional Park
3700 NW 11th Place, Lauderdale, FL 33311
(NE corner of Sunrise Blvd and US 441)

Register today at bigcardio.org

JOIN
MY
TEAM:

