

G.O. GYMSTARS

CHAMPIONSHIPS

FEB 28-MARCH 1, 2026

SATURDAY, FEB 28TH,2026

SESSION 1:

SILVER

**(CHALK Box,TGS,WESTSIDE,
WORLD ELITE, UNITED)**

7:45 AM DOORS OPEN
8:00 AM STRETCH
8:15 AM WARM UP

SESSION 2:

BRONZE, LEVEL 1

**(CHALK BOX, CROSSROADS, WESTSIDE
WORLD ELITE, UNITED)**

12:00 PM STRETCH
12:15 PM WARM UP

SESSION 3:

GOLD, DIAMOND, LVL 7-OPEN

**(CHALK BOX, WESTSIDE,
WORLD ELITE, UNITED)**

4:00 PM STRETCH
4:15 PM WARM-UP

SUNDAY, MARCH 1ST,2026

SESSION 4:

BRONZE & SILVER

**(BRONZE TEAMS-G.O., TGS, OGI)
(SILVER TEAMS- G.O.,CROSSROADS
OGI)**

7:45 AM DOORS OPEN
8:00 AM STRETCH
8:15 AM WARM UP

SESSION 5:

GOLD, ALL PLATINUMS

**(GYM OF OHIO, CROSSROADS, OGI
TGS)**

12:00 PM STRETCH
12:15 PM WARM UP

GENERAL ADMISSION: \$8
STUDENTS/SENIORS: \$7
PROGRAMS \$1

PARKING ALL AROUND BUILDING, AWARDS FOLLOWING EACH SESSION
PLEASE DO NOT ARRIVE MORE THAN 30 MINS BEFORE STRETCH