

G.O. GYMSTARS

CHAMPIONSHIPS

FEB 28-MARCH 1, 2026

SATURDAY, FEB 28TH, 2026

SESSION 1:

SILVER

(CHALK BOX, TGS, WESTSIDE,
WORLD ELITE, UNITED)

7:45 AM DOORS OPEN

8:00 AM STRETCH

8:15 AM WARM UP

SESSION 2:

BRONZE, LEVEL 1

(CHALK BOX, CROSSROADS, WESTSIDE
WORLD ELITE, UNITED)

12:00 PM STRETCH

12:15 PM WARM UP

SESSION 3:

GOLD, DIAMOND, LVL 7-OPEN

(CHALK BOX, WESTSIDE,
WORLD ELITE, UNITED)

4:00 PM STRETCH

4:15 PM WARM-UP

SUNDAY, MARCH 1ST, 2026

SESSION 4:

BRONZE & SILVER

(BRONZE TEAMS-G.O., TGS, OGI)
(SILVER TEAMS- G.O., CROSSROADS
OGI)

7:45 AM DOORS OPEN

8:00 AM STRETCH

8:15 AM WARM UP

SESSION 5:

GOLD, ALL PLATINUMS

(GYM OF OHIO, CROSSROADS, OGI
TGS)

12:00 PM STRETCH

12:15 PM WARM UP

GENERAL ADMISSION: \$8

STUDENTS/SENIORS: \$7

PROGRAMS \$1

PARKING ALL AROUND BUILDING, AWARDS FOLLOWING EACH SESSION

PLEASE DO NOT ARRIVE MORE THAN 30 MINS BEFORE STRETCH