

Compassion Integration Counseling, or CIC, uses a non-judgmental approach and traditional diagnostic tools to identify the sources of physical disorders and emotional distress. A CIC then applies natural healing methods—many of which are unique to my practice (a little more specifically: Usui Reiki Mastership, Karuna Reiki, Quantum Touch & LIFE Biofeedback Stress Management—that promote physical healing and spiritual integration, and thus restores clients to a greater state of health, wholeness and self love.

This healer's program trains people in the art and science of natural and complementary healing practices. These advanced courses provide counselors with a high level of competency in the use of an integrated system that include the following areas:

- Advanced traditional Asian, Energetic and Intuitive Diagnosis
- Healing the Body - Advanced, scientifically based, natural healing approaches for the most widespread health challenges we face today, including but not limited to: metabolic disease, cardiovascular disease, and many chronic and intractable illnesses
- A unique and unified approach to healing the heart, emotions and relationships
- Advanced counseling methods that hold each client in compassion and safety

... a set of powerful tools for physical, emotional and psychological healing advanced by the program's creator, [Tom Monte](#).