Visit us online for our daily specials or to place your order

| Cold Sandwiches | small large |  |
| :--- | :--- | :--- |
| Italian | $\$ 6.75$ | $\$ 7.75$ |
| Oven Roasted Turkey | $\$ 6.75$ | $\$ 7.75$ |
| Cracked Pepper Turkey | $\$ 6.75$ | $\$ 7.75$ |
| Honey Turkey | $\$ 6.75$ | $\$ 7.75$ |
| Imported Ham \& Cheese | $\$ 6.75$ | $\$ 7.75$ |
| Honey Ham \& Swiss | $\$ 6.75$ | $\$ 7.75$ |
| Roast Beef | $\$ 6.75$ | $\$ 7.75$ |
| Prosciutto \& Provolone | $\$ 7.25$ | $\$ 8.25$ |
| Hot Sandwiches | small | large |
| Chicken Parm | $\$ 7.00$ | $\$ 8.00$ |
| Steak Tips \& Cheese | $\$ 8.25$ | $\$ 9.25$ |
| Rib Eye Steak \& Cheese | $\$ 8.25$ | $\$ 9.25$ |
| Pastrami | $\$ 7.50$ | $\$ 8.50$ |
| Meatball | $\$ 6.75$ | $\$ 7.75$ |
| Chicken Cutlet \& Cheese | $\$ 6.25$ | $\$ 7.75$ |
| "1/2 \& 1/2" Chicken Parm \& Meatball | $\$ 7.00$ | $\$ 8.00$ |
| B.L.T. | $\$ 6.25$ | $\$ 7.25$ |
| Grilled Cheese | $\$ 4.75$ |  |
| Salad Sandwiches | small | large |
| Tuna (White Albacore) | $\$ 6.75$ | $\$ 7.75$ |
| Chicken Salad (White) | $\$ 6.75$ | $\$ 7.75$ |
| $\quad$ w/ Cranberries \& Walnuts | $\$ 7.25$ | $\$ 8.25$ |
| Seafood | $\$ 6.75$ | $\$ 7.75$ |
| Egg | $\$ 6.75$ | $\$ 7.75$ |

## Specialty Salads

## Mandarin Chicken Salad $\quad \$ 8.50$

Romaine lettuce, grilled chicken, mixed greens, almonds, mandarin oranges, tomatoes, red peppers, \& ginger dressing
California Salad $\quad \$ 8.50$
Mixed greens, julienne strips of honey ham, turkey, mozzarella cheese, bacon, walnuts, dried cranberries, \& vinaigrette dressing
Buffalo Bleu Salad $\quad \$ 8.50$
Romaine lettuce, spicy buffalo chicken, tomatoes, pepper jack cheese, \& Bleu Cheese dressing

## Chopped Salad

$\$ 8.50$
Iceberg lettuce, bleu cheese crumbles, bacon, tomatoes, \& red onion

## Mediterranean Salad $\quad \$ 8.50$

Romaine lettuce, fresh mozzarella cheese, roasted red peppers, tomatoes, fresh basil, \& balsamic dressing

## Fresh Salads

| Caesar Salad | $\$ 6.50$ | with chicken $\$ 8.00$ |
| :--- | :--- | :--- |
| Garden Salad | $\$ 6.50$ | with chicken $\$ 8.00$ |

## Specialty Sandwiches

Texas Tornado \$7.25/\$8.25
Smoked Turkey, melted Cheddar Cheese, bacon, \& BBQ sauce on a sub roll
Sicilian \$7.25/\$8.25
Prosciutto, Sopressato Salami, Capacola, Provolone Cheese, roasted red peppers, pepper rings, with oil \& seasoning on scali bread or braided roll
Mediterranean \$7.25
Prosciutto, Fresh Buffalo Mozzarella Cheese, fresh basil, roasted red peppers, tomato, romaine lettuce, with Balsamic Vinegar \& olive oil on a grilled Panini roll
Chicken Caesar Wrap
\$7.75
Marinated Chicken, romaine lettuce, homemade croutons, Romano cheese, \& Caesar dressing in a wrap
California Club Wrap $\$ 8.25$
Marinated Chicken, melted havarti cheese, bacon, lettuce, tomato, \& Ranch dressing in a wrap
Vermont Veggie Wrap $\quad \$ 6.25$
Cheddar \& Provolone Cheese, tomato, roasted red peppers, lettuce, cucumbers, olives, onions, \& pickles with a light Vidalia dressing
in a wrap
Turkish Twist
\$6.75/\$7.75
Cracked Pepper Turkey, Provolone Cheese, homemade cole slaw, \& Russian dressing on a bulkie or braided roll
Sammy's Club $\quad \$ 8.25$
Roasted Turkey, Imported Ham, Swiss Cheese, bacon, lettuce, tomato, \& mayo on a stack or whole wheat or marble rye bread
Southwestern Wrap $\$ 7.75$
Sausalito Turkey, Cheddar Cheese, roasted red peppers, lettuce, tomato, \& our own Spicy Ranch dressing in a wrap
Buffalo Chicken Wrap $\quad \$ 6.75 / \$ 7.75$
Spicy Buffalo Chicken, romaine lettuce, tomato, \& Bleu Cheese dressing in a sub roll or wrap
The Malibu
\$7.25/\$8.25
Roasted Turkey breast, fresh avocado, bacon, romaine lettuce, tomato, \& aioli sauce on either thick sliced wheat bread or wheat wrap
Honey Lu-Lu
$\$ 6.75$
Honey Ham, Honey Turkey, Swiss Cheese, lettuce, tomato, \& Honey Mustard on whole wheat bread

## Thin 'n Trim Specialty Sandwiches

Roasted Turkey
$\$ 6.256$ grams fat, 27 grams protein
$98 \%$ fat-free Roasted Turkey, sliced tomato, romaine lettuce, red onion, Cranberry-Horseradish dressing on whole grain with flax bread Honey Ham \& Swiss
$\$ 6.257$ grams fat, 25 grams protein $97 \%$ fat-free Honey Ham, low sodium Swiss Cheese, romaine lettuce, fat-free Dijon Mustard on whole grain with flax bread

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[^0]:    Small Sandwiches are prepared on choice of: white, wheat, marble rye, or whole grain with flax breads, bulkie roll, fresh baked scali bread, small sub roll, or grilled Panini roll
    Large Sandwiches are prepared on choice of: braided roll, flour or wheat wrap, or large sub roll

