

Oregon Style Cross Country Running Camp Rules

- You are here to be a part of the camp, therefore attendance at all workouts, learning sessions, activities, and meals is mandatory.
- Common courtesy and respect will be practiced at all times.
- Be five minutes early for all meetings and scheduled activities.
- Visitors are allowed only with permission from the camp director.
- Campers are expected to follow instructions of all camp personnel including the directors, counselors, and staff.
- Cars driven by campers must remain parked for the duration of camp. We will collect the keys for these cars when you arrive. You will get them back when you are ready to leave for the week.
- Smoking, alcohol and illegal drugs are forbidden and will result in the camper's expulsion from camp.
- The director reserves the right to send home, *at the parent's expense*, any individual or team who is not willing to further the interests of the camp community. Any individual or group sent home on such terms will not receive a refund.
- Any damage to the dorm rooms or to any camp property will be at the camper's expense.
- Boys are prohibited from being in any girls rooms and vice versa.
- All campers will remain on campus at all times unless accompanied by a camp staff member, counselor, or director.
- Violation of camp rules may result in a ban from next year's camp for the individual(s) or the school.