

GRACE For Addictions

A One Step Program

Part 11

DEALING WITH SHAME

How much time have you spent trying to fix yourself? If I do this right, then I'll be fixed! It's never going to happen. It's like running on a treadmill but you can never get off.

Proverbs 13:12 "Hope deferred maketh the heart sick: but when the desire cometh, it is a tree of life."

Hope is always a picture of your future. When your hope is placed in what you "do", it will always be postponed.

Key Point: Jesus has already fixed you.

Key Point: Jesus is your solution. The devil isn't your problem.

II Timothy 2:25-26 "In meekness instructing those that oppose themselves; if God peradventure will give them repentance to the acknowledging of the truth..."

The only thing the devil can do is to paint you a picture of your constant failures which are designed to shame you.

II Timothy 2:15 "Study to show thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth."

THREE THINGS YOU MUST KNOW

1. You've already been approved of God because of Jesus' performance. Jesus fixed you. He paid your debt.
2. When you "know" that you've been approved there is no shame.
3. You can, then, rightly divide the word of truth or grace.

The struggle is in your mind. Please understand, there is no battle with the enemy. Jesus has already defeated him for you.

The enemy's goal is to get you to believe two things:

1. A counselor (another person) can fix you. (They might help you, but they can't fix you.)
2. You can fix yourself. Don't get stuck in trying to fix yourself. You're wasting your time.

Genesis 2:25b "...and were not ashamed."

Before the fall, Adam and Eve were not ashamed. Why? Because they weren't focused on themselves. They were focused on God.

KNOWING YOUR WORTH AND VALUE

Colossians 1:10 "That ye might walk worthy of the Lord unto all pleasing, being fruitful in every good work, and increasing in the knowledge of God..."

The word "walk" refers to Roman soldiers marching in their battle uniform. Their boots with four inch spikes trampled everything in their path. They stopped for nothing.

The word "worthy" means "having the weight of another of like value." Your worth is the same as Jesus' worth. When you know your value and worth you can walk like a Roman soldier. You have the ability to walk in the same value and worth as Jesus.

When you walk in the same value and worth as Jesus, you don't have to keep going back to the tree of knowledge of good and evil for approval based on your performance.

RECEIVING YOUR DOUBLE PORTION

Isaiah 61:7 "For your shame *ye shall have* double; and *for* confusion they shall rejoice in their portion: therefore in their land they shall possess the double: everlasting joy shall be unto them."

No more shame. Just a double portion of God's blessings and your reward is everlasting joy!

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QUESTIONS

1. Hope is always a picture of your future. True or False
2. The only thing the devil can do is paint a picture of your constant failure which is designed to shame you. True or False
3. What has God promised you for your shame?

ANSWERS

1. True
2. True
3. God has promised that for your shame you will have double blessings, no confusion, and everlasting joy. Isaiah 61:7