
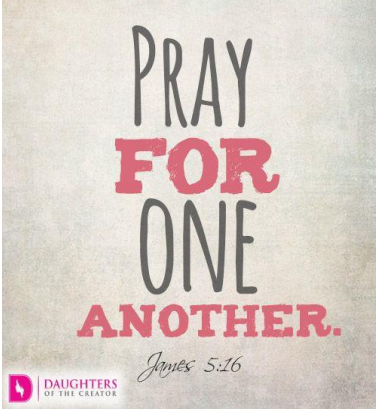


St. Paul AME Church WInGS Kingdom
Women In God's Service Bible Study

*Rev. Robert Hodges, Pastor * Sis. Delores Hodges, First Lady*
*P. E. (Ret.) Ella Samuels, Teacher * Rev. Barbaretta McGill Assistant to the Teacher*

The Importance of Love The Pursuit to Sound Relationships			
Bible Study Teleconference <i>P. E. (Ret.) Ella Samuels,</i> <i>Teacher</i> Call in @712-775-7061 Code: 506451  November 28, 2020 10:40 A.M.	Opening Invocation: Rev. Brenda Finkley 	Agape: Love from God Storge: Family Love Philia: friendship Love Eros: Passion; physical pleasure.	
Faith comes by hearing	Scriptures "All Scripture is God-breathed..." 2Timothy 3:16		Hearing by the word of God
Sis. Ginger Williams	Proverbs 12:26 Proverbs 22:24-25 Proverbs 1:10	Luke 6:31 Ecclesiastes 4:9-10 1Thessalonians 5:11	Sis. Robin Starr

Introduction Read by Sis. Kelcy Walker-Pope

Philia –Friendship Love

Life isn't always easy. Sometimes, it can get downright awful.

At any given time, without warning, we might face traumatic or difficult events that affect our emotional well-being, such as:

- breakup or divorce
- death of a loved one
- pandemics
- unemployment
- family problems
- personal sickness

Any of these challenges can have a significant impact on our long-term mental health.

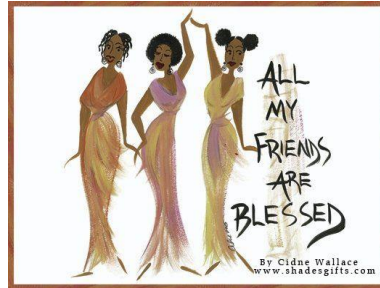
A 2017 research report by healthline.com suggests that if you have strong friendships, you'll probably find it easier to handle whatever life throws at you.

This study, which looked at resilience in more than 2,000 adolescents between the ages of 14 and 24, found evidence to suggest that strong friendships predicted resilience, or the ability to recover after experiencing distressful situations. The report also noted that, while family support also helped boost immediate resilience, friendship support predicted greater resilience later in life. The report went on to say, "It's possible that friendships could prove particularly beneficial for managing distress associated with family problems."

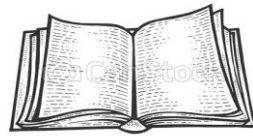
Developing and maintaining friendships is often easier said than done, especially in adulthood, when we're busy with the demands that come with being an adult.

We've explored "A Christian's Pursuit to a Sound Relationship With God"; A Couple's Pursuit to a Sound Christian Relationship" (Which included dating and marriage); "A Christian's Pursuit to Sound Family Relationships"; and today we will explore "A Christian's Pursuit to Sound Friendship Relationships."

"A Christian's Pursuit to Sound Friendship Relationships"



Presentation by Presiding Elder Ella Samuels (Retired)



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The Word of God

and Observations of Resources from the Professionals will be used

Closing Remarks by the Group

Closing Prayer: Sis. Wanda Bullock

Licentiate From St. Paul AME Church

Raleigh, North Carolina

Rev. Robert Hodges



The Peace: Sis. Wanda Bullock

Leader: The Peace of God be With You

Response by the Attendees: And Also With You.

