

# San Diego RoadRunners



## Development Youth Track Meet

- Date:** May 13<sup>th</sup> 2017
- Starting Time:** **8:00AM Field and Running Events**  
(First call 7:30 A.M., for both track and field events)
- Location:** Orange Glen High School  
2200 Glenridge Rd.  
Escondido, Ca 92027
- Registration:** All entries must be entered on [www.athletic.net](http://www.athletic.net) starting Monday April 26<sup>th</sup> registration will close on Thursday May 11<sup>th</sup> at 11:00 PM
- Registration:** Jeanette Mena  
**Questions** [sdrrxc@gmail.com](mailto:sdrrxc@gmail.com)
- Package Pick-up:** By finish line ask for Jeanette
- Meet Director** Mike Mena  
Email address: [sdrrxc@gmail.com](mailto:sdrrxc@gmail.com)
- Sanction:** This event is sanctioned by USATF San Diego Imperial
- Facility:** The track is a nine lane all weather surface, including the long and high jump approaches. Two shot put rings and one discus ring; 2 long jump pits and one high jump pit. **Only 3/16 needle spikes are the maximum allowed.** All spikes will be checked for the appropriate spikes and athletes not wearing the 3/16 needle spikes will not be permitted to compete. There is no refund for athletes missing their event due to inappropriate spikes. Canopies are restricted to the top rows only, please secure them.
- Warm up Area:** The warm-up area is reserved for athletes & coaches only, we will hand out three wristbands per team. No parents allowed on the in field
- Entry Fees:** \$ 8.00 per athlete Entry fees must be paid before the athlete competes. Clubs please pay by club check, money order or cash **unattached athletes must pay in cash**; clubs may pay the day of the meet when they pick up their package
- Concession:** A full concessions will be available

**First Aid:** First Aid will be available and located in a designated area.

**Age Divisions:** 8 & ↓ .....2009 & later  
9 – 10 .....2007 – 2008  
11 – 12 .....2005 – 2006  
13 – 14 .....2003 – 2004  
15 – 16 .....2001 – 2002

**Event Limitations:** 8 & ↓, 9 – 10, 11 – 12 are limited to **three** events only.  
13 – 14, 15 – 16 are limited to **four** events

**Awards:** Medals awarded 1<sup>st</sup> - 3<sup>rd</sup> for over all event ribbons awarded  
4<sup>th</sup> – 8<sup>th</sup> place (Awards will be in team packet) Only Coaches can  
Sign for awards.

**Check-in:** All participants in the running events will check in with the clerk of the course prior to their event. Field event participants must report to the location of that event and check in directly with the official in charge

**NO WRITE IN ATHLETES WILL BE PERMITTED IN ANY EVENTS**

**Running Events:** Report to the Clerk of the Course when the event is called. Two calls will be given for each event. Athletes in running events must report to the Clerk of the Course, ready to compete, and stay in the area. Field event athletes must report directly to the official in charge of their field event, before leaving to report to the clerk for their running event. Athletes must report back to their field event within 5 minutes of completion of their running event.

**Field Events:** Report directly to that event when the event is called. Two calls will be given for each event. All athletes will be given four attempts. **No other jumps after those attempts;** all measurements are in metric.

**Implements:** **Please bring your own marked implements**

**Coaches Meeting:** **7:30** A.M. will be held in the center of the infield

**Community:** Teams are asked to please police their area and clean up behind themselves. Coaches please request your parents and athletes to be on their best behavior (as always). Anyone displaying threatening or inappropriate behavior will be removed from the facility.

**Meet Results:** Meet results will be provided On-Line at [www.sdusatf.org/youth](http://www.sdusatf.org/youth)

**We will be using Automatic Timing**

# San Diego



## RoadRunners

### Schedule of Events

Track Events – First Call    7:30 a.m.    Track Events – Start Time    8:00 a.m.

#### RUNNING EVENTS:

#### DIVISIONS:

1. 3000 m Run	9-10, 11-12, 13-14, 15-16
2. 200 Meters	All Divisions
3. 1500 m Run	All Divisions
4. 80 Meter Hurdles	11 – 12
5. 100 Meter Hurdles	13 – 14
6. 400 Meters	All Divisions
7. 100 Meters	8 & under ONLY
8. 800 Meters	All Divisions
9. 4 x 400 Relay	All Divisions

Field Event – First Call    7:30 a.m.    Field Events – Start Time    8:00 a.m.

**Competitors must check in at the field event site**

<b>Long Jump</b> (Two pits will be used)	8 & ↓, 9/10, 11/12, 13/14, 15/16
<b>Discus</b>	11/12, 15/16, 13/14
<b>Shot Put</b>	11/12, 8 & ↓, 13/14, 9/10, 15/16

#### **SPECIAL NOTE:**

**NO PEANUTS OR SUNFLOWERS SEEDS ALLOWED IN STADIUM.  
NO FOOD OR GATORADE ALLOWED ON THE INFIELD. WATER ONLY  
NO PETS ARE ALLOWED IN THE STADIUM  
NO SMOKING IS ALLOWED IN THE STADIUM**