

# 7 Minutes, 39 Seconds

Rachael Martin 4,21,2016

This is where I'm at today. I have nothing. So many things going through my mind and so many in need of prayer. I just want to sit in the presence of the Lord and just be and if I get to the point of offering petitions, may the Lord hear from heaven and bring His glory in miraculous ways. The worship video below is 7 minutes and 39 seconds long. Do you have that long to wait before the Lord right now? The prayer below the video is still very much in my heart so I'm leaving it up as well. The Lord bless you as you sit before Him for at least 7 minutes and 39 seconds.

<https://www.youtube.com/watch?v=0uUwIiBaStE>

*Lord, help us to get our eyes off of the things that don't matter! Help us to resist temptation today. Help us Lord to move forward from those things that would try to hinder us and move into Your grace and mercy and will. Help us to cast away the things of this world that don't have any significance or eternal value. Help us to not fall into the traps of this world.*

*Help us to always go the right way so that we know the value of Your will and ways and Father – forgive us for putting ourselves first and help us to put others before ourselves. Lord help us to be healthy in mind, body, and spirit and create in us a pure heart that we wouldn't sin against You! Give us Your grace today and thank You for Your constant hand of protection on us and those we love. Lord we want to be ready for You – help us each day to shed off the things of this world and cling to eternal things. In Jesus name – amen.*

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