

# Singing and rhymes

## 0-6 MONTHS

- 1 Support Baby with cushions or sit them on your lap facing you
- 2 Sing and do the actions for the songs
- 3 *Incey wincey spider, Wind the bobbin up, This little piggy* and *Round and round the garden* are great songs for this age – sing different ones if you prefer
- 4 Baby might make noises back – respond. Leave plenty of time for them to make more

## 6-12 MONTHS

- 1 Sit facing Baby
- 2 Babies of this age love action songs
- 3 Sing and help Baby do the actions – rock them gently for *Row, row, row your boat*, move their arms for *Wind the bobbin up*
- 4 Pause part way though and wait for a response from Baby before you start again

## 12-18 MONTHS

- 1 Song choices may change as Baby gets older. Sing ones that you know well and that Baby is interested in – pop songs or traditional rhymes
- 2 *If you're happy and you know it, Dingle dangle scarecrow, Grand old duke of York* and *Old MacDonald* are great for this age
- 3 Baby might join in – making sounds or saying words
- 4 Baby might ask for a song, using actions or words. Respond with praise and sing the song they would like

Singing is great with babies – *it has many benefits.*

It helps them learn about noise, sounds and words.

*Singing can be done anytime, anywhere,*  
and can be part of every day.