



AKB NEWS

Spring / 2020



ATLANTIC
Kitchen & Bath

Atlantic Kitchen & Bath Spring Newsletter

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Dear Friends:

Your safety and health, as well as that of our staff, their families and our trade partners, is our top priority in these uncertain times. Atlantic Kitchen & Bath is following the guidance of the Governor, National Association of Home Builders and Remodelers, and the CDC in order to help prevent the spread of the coronavirus.

The Governor has classified our industry as "essential" to the safety of Delaware's citizens and the wellbeing of the state. While it is not business as usual, our team continues to move forward under the guidance of state and local authorities and the CDC.

As information becomes available we will continually update our information. We are taking steps to help fulfill our responsibilities to reduce the spread of the virus and support our community during these challenging times:

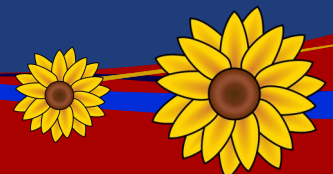
- ◆ We are ensuring that our field operations are maintaining all CDC safety protocol guidelines to help prevent the spread of this disease.
- ◆ We are making sure our sales office is practicing sanitary precautions.
- ◆ We are limiting interactions in the field and in the office to minimize any exposure.
- ◆ We are taking additional steps to make sure that even during the remodeling process, our field managers are inspecting, cleaning and making sure that anyone involved with the construction process is also practicing safety protocols.

If you have any questions or concerns, feel free to call us at 302-645-8500

We want to thank our customers and prospective customers for your continued interest in our services. As always, we plan to continue with our quality building products and practices. As the situation surrounding the coronavirus continues to evolve, we will update you on the extra measures we are taking to ensure the ongoing safety of our employees, customers and communities and the plans we are implementing to maintain safety and reliable service.

We hope all of you remain safe and well during these trying times.

Important News!



It's That Time of Year

Wow! What a quick winter we had in Sussex County Delaware. Only two snows over the winter months with little to no accumulation. With the sun out, the flowers are blooming and the days are longer and warmer.

Now is actually the perfect time to start planning the remodel of your beach home or your forever home. With recent events this is an even better time to get your remodel done. That way, whenever this crisis passes, you will be able to come and enjoy your newly remodeled home.

We specialize in award winning custom designs for kitchens and baths.

Looking for something special?

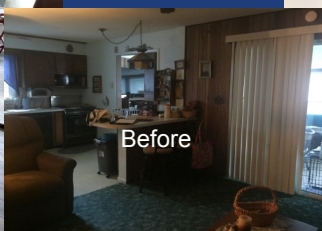
We are custom, we can do anything.

Why wait? Get started now.

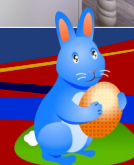
Atlantic Kitchen & Bath specializes in custom kitchen and bath designs as well as renovations, sunrooms, closet systems, outdoor kitchens, additions and restorations. Give us a call today at 302.645.8500 to schedule an appointment or look us up on the web at www.AtlanticKB.com

Want a New Look?

We just completed the renovation and remodel of this 30+ year old kitchen. Complete now with new layout, new countertops, backsplash, paint, hardware and custom roll-outs. Our customers are thrilled and tell all their friends how much they love their updated kitchen.



Stunning!





Easy Shrimp & Avocado Salad

This fresh, easy delicious salad is also low carb, gluten free and loaded with fresh ingredients! Great comfort food!

Ingredients:

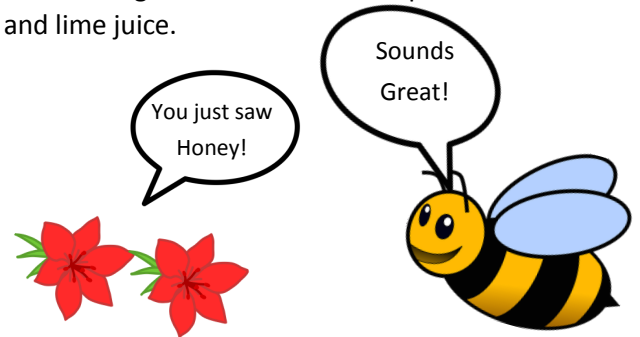
8 oz raw shrimp, peeled and deveined
1 lg avocado, diced
1 cup cherry tomatoes, diced
1/2 red onion, minced
Chopped cilantro or parsley
2 tbs butter, melted
1 tbs lime juice
1 tbs olive oil
Drizzle of honey
Salt & pepper to taste

Great served with grilled French bread or over a bed of bib lettuce.



Instructions:

1. Toss shrimp with melted butter into a bowl until well coated
2. Heat skillet on medium heat, add shrimp searing for 1 minute on each side until they turn pink and brown.
3. Transfer shrimp to large bowl and allow to cool
4. Add all the other ingredients in with shrimp and drizzle with olive oil and lime juice.



How to Choose New Bathroom Tiles

So, you're redoing your bathroom, great! In addition to perusing new light fixtures, counters, mirrors and more, you're likely looking at tiles. To help, we've compiled several tips for choosing a better bathroom tile.

Think about versatility. To truly draw your bathroom together, you will likely want a tile that translates to floor and wall. Visualize the tile in each space to make sure it moves seamlessly.

Size matters. Should you go big or small? There is a lot to think about. A small tile will call for more grouting (think having to clean more mold), but a larger tile tends to be more slippery if used on a wet floor or in the shower area. However, a smaller tile is good for fitting in unique spaces, such as a built-in shower shelf or bench.

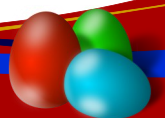
Going for glass? Choose smaller. Glass tiles can be finicky, as they can show mold or moisture that may squeeze behind the tile during its lifetime. That said, if going with glass, choose a smaller tile so any upcoming imperfections will be less apparent.

Choose by cleaning frequency. This is an important issue. Be honest: How often do you want to clean your bathroom? If you enjoy cleaning and do it frequently, small tiles with lots of crannies will be fine for you. If you prefer to clean less frequently, a wider tile or even a ceramic or glass panel may be better for you.

Undecided, give us a call, we are glad to help bring you design ideas!



Visualize



Bring Some Healing and Comfort into Your Home

In this century, an increased awareness around wellness has leading renovators, designers and contractors seeking ways to turn homes into healing spaces. More knowledge about lighting, paint, non-toxic materials, soundproofing, and heating and cooling have helped transform homes into soothing sanctuaries. Here are some suggestions from designers and building contractors that you may want to consider.

Bring in the light

Perhaps the most affordable way to make your home a healing space is with lighting. One suggestion, install dimmer switches on every light fixture. You might have a headache from a day at the office with bright lights, but dimmers allow you to adjust the lighting to your liking in every space. It's important to remember installing the switches will require a master electrician and possibly approval for meeting state codes. After these requirements are squared away, though, you could be coming home to a comfortable ambiance in short order.

When it comes to lighting during the day, windows are key. Try to incorporate natural, sustainable materials into your home as much as possible, which includes glass, native plants, and light. You want windows that invite as much natural light into your home as possible. If your windows are on the small side you may want to check into expanding them. You can also maximize natural light with mirrors.

Install radiant heat flooring

Even the most motivated person might have difficulty leaping out of bed when the house is cool, especially when your feet hit a cold floor. Radiant floor heating is just one way people feel like they have spent wisely. This cost-efficient way to heat your home provides warmth via electric wires or hot-water tubes hidden beneath the floor. This means no radiators clanking, random heat pockets, or vents with heat surges. An even blanket of heat rises from under your feet, meaning you can turn down the thermostat and reduce heating bills.

Think about insulation alternatives

Feeling safe is essential to being comfortable in your home. Humidity and dampness, especially in basements, can create toxic molds. One of the ways to prevent toxic mold is proper insulation, including in-wall solutions of which there are several new options on the cutting edge of using natural, non-VOC (volatile organic compounds) and non-toxic materials throughout homes. There are several insulation materials that aren't harmful and are made using sustainable practices. Do research and talk with your builder before selecting an option.

Create efficient cook spaces

The places where we both make our food and eat it is high priority for creating a healing environment. We pay special attention to making the kitchen/dining areas, where we nourish and nurture ourselves, into a welcoming space with easy-to-clean, well-lit work surfaces. Designers agree, "We encourage the client to choose efficient appliances that keep foods fresh and make quick work of healthy meals and we locate them in the space for the most comfortable, ergonomic layout".

If you are ready to remodel and find your healing space, give us a call. Our custom designs can create the space that right for your remodeling needs.



Consider the color palette

The walls could be the next area to consider for transforming your home. Soft, earth tone hues with paints that are low-VOC—or lower in the volatile organic compounds they contain. Some designers also employ wallpaper with images of nature. A garden of birch or cypress in a foyer that can be breathtaking. Focus of one to three colors for you home and just a reminder that white or off white can be a wise choice to maintain simplicity and enhance.

We hope some of these ideas are helpful and that all of you will remain safe and well. As always, we here and ready to help with your remodeling/renovation needs.

Did you know that Atlantic Kitchen & Bath uses Builder-Trend for staying in touch with our customers. This is a cloud based interactive construction software that also has an App for phones. Our customers can easily access their job documents, get updated schedule information, receive regular photo updates, be able to share photos to Facebook or other apps and easily stay in touch with our building project manager and office staff. It's a great tool and our customers love it.

