Rocking Horse Early Learning Center

Breakfast

2253 American Way Port Allen, LA 70767 October 2018

225-749-4004 Info@RHELC.com TaxID: 26-3480811

Monday	Tuesday	Wednesday	Thursday	Friday
French Toast Sliced Peaches Milk	Cheese Grits Mixed Tropical Fruit Milk	Cinnamon Biscuits Sliced Pears Milk	Pancake & Sausaage on a Stick Mandarin Oranges Milk	Buttered Toast with Jelly Fruit Cocktail Milk
Waffles with Syrup Sliced Peaches Milk	Buttered Grits Fruit Cocktail Milk	Dry Cereal Sliced Pears	Buttered Biscuits Mixed Tropical Fruit Milk	English Muffin Mandarin Oranges Milk
Cheese Toast Mixed Fruit Milk	Pancakes with Syrup Fesh Bananas Milk	Creamy Oatmeal Sliced Peaches Milk	French Toast Fruit Cocktail Milk	Cheese Grits Sliced Pears Milk
Pancake & Sausage on a Stick Mixed Tropical Fruit Milk	23 Maple & Brown Sugar Oatmeal Mandarin Oranges Milk	24 Cinnamon Toast Mixed Fruit Milk	Buttered Grits Sliced Peaches Milk	English Muffin with Breakfast Sausage Furit Cocktail Milk
29 Waffles with Syrup Sliced Pears Milk	30 Cereal Fresh Bananas Milk	Pancake Mixed Tropical Fruit Milk		

USDA Nondiscrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individuals income is derived from any public assistance program. (Not all prohibited bases apply to all programs.)

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2253 American Way Port Allen, LA 70767 Lunch October 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
Chicken & Sausage Gumbo Steamed Rice Buttered Corn Sliced Pears	Spagehtti with Meat Sauce Steamed Broccoli Fruit Cocktail Milk	Tuna Salad on Bread Green Beans Mandarin Oranges Milk	Oven Baked BBQ Pork Chops Cajun Rice Dressing Buttered Potatoes Pineapple Chunks	Corn Dogs Green Beans Mixed Tropical Fruit Milk
Meatloaf in Gravy over Rice Sweet Peas Sliced Pears Milk	Baked Fish Fillets Mashed Potatoes Buttered Corn Applesauce	BBQ Pork Chops Macaroni & Cheese Sweet Potatoes Sliced Peaches	Hot Dog on a Bun Buttered Potatoes Mandarin Oranges Milk	Chicken Stew over Rice Broccoli & Cheese Fruit Cocktail Milk
Tuna Salad with Ritz Crackers Glazed Carrots Pineapple Chunks Milk	Pork & Sausage Pastalya Sweet Potatoe Casserole Tropical Fruit Milk	White Beans w/Sausage & Ham Over Steamed Riice Buttered Squash Fresh Bananas	Oven Baked BBQ Chicken Macaroni & Cheese Lima Beans Mixed Fruit	Sloppy Joe on a Bun Salad w/Ranch Dressing Sliced Peaches Milk
BBQ Pulled Pork on a Bun BBQ Baked Beans Applesauce Milk	Grilled Cheese Sandwiches Cut Green Beans Sliced Pears Milk	Chicken & Sausage Jambalya Sweet Peas Fruit Cocktail Milk	Taco Casserole Buttered Corn Mandarin Oranges Milk	Oven Fried Fish Garlic Mashed Potatoes Lima Beans Pineapple Chumks
Red Beans w/Sausage & Ham Over Steamed Rice Buttered Corn Mixed Tropical Fruit	Baked Chicken Nuggets Green Beans Mixed Fruit Milk	Beef Stew Over Steamed Rice Buttered Squash Fresh Bananas Milk		

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Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
Crackers Mozzarella Cheese Stick Juice	WG Pretzel Goldfish Crackers Juice	Teddy Grahams Juice	Whole Grain Animal Crackers Juice	5 Cheese Crackers Juice
8 Cheddar Goldfish Crackers Juice	Teddy Graham Crackers Juice	10 Cheez It Crackers Juice	Ritz Bitz Cheese Crackers Juice	Goldfish Pretzel Juice
Teddy Graham Crackers Juice	Whole Grain Animal Crackers Juice	Honey Graham Crackers Juice	White Cheddar Cheeze Its Juice	Crackers Mozzarella Cheese Stick Juice
Cheese Crackers Juice	Whole Grain Cheddar Goldfish Crackers Juice	Teddy Graham Crackers Juice	Whole Grain Animal Crackers Juice	Pretzel Goldfish Crackers Juice
Cracker Mozzarella Cheese Stick Juice	White Cheddar Cheez It Cracker Juice	Teddy Graham Cracker Juice		