

Physical Activity Rating Guide

Tri State Travel

To assist the traveler in understanding the general physical activity levels associated with a tour, we have assigned a *Physical Activity Rating* to each program. We hope this will be of benefit in choosing a tour that will be a **“Worry Free Vacation”** for your client. Tri State Travel tours generally fall into the following four categories.

LEVEL 1 Easy and generally level walking on your own with minor steps at hotel, boarding modes of transportation, attractions and handling their own carry-on bag.

LEVEL 2 Walking one or two city blocks, possibly climbing a flight of stairs and some standing during tours.

LEVEL 3 Walking associated with several city blocks, including airport terminals and security lines or climbing stair wells on sightseeing cruise boats and observation areas that may not be equipped with elevators.

LEVEL 4 Longer walking tours, airports, security lines, hills and aggregate walking paths associated with national parks, high altitude or even beaches

Handy-cap accessibility is standard on most tours. If you would like further information or specific details please contact your trip sponsor or travel provider.