2020 AAU Ronald P. Ferris Invitational

February 8-9, 2020

LOCATION: **Ohio Gymnastics Institute**

5701 West Webb Rd.
Austintown, OH 44515
330-652-4386 (voice) / 330-652-4387 (fax)
JADEC4L@hotmail.com / www.OhioGymnasticsInstitute.com

PARKING & ARRIVAL: We have a connected overflow lot to meet all the parking needs for the weekend. However, the doors will open for each session at the times listed below-no one will be permitted early access into the building. We will need the time between sessions to restock, clean and set up for the next session so please do not arrive early.

ADMISSION: Adults: $7.00 / Students & Seniors $5.00 (4 to 18 yrs & 55+)
3 yrs & under – FREE

SCHEDULE:

Saturday, Feb 8th
Session 1-Lvl 2, XB (61)
Modified Capital Cup
DOORS OPEN @ 4:40PM
Stretch: 4:50-5:10PM
Coaches Meeting @ 5:00PM
1st Event Warm Up: 5:10-5:20
March In: 5:20-5:30PM
Competition: 5:30-7:30PM
Awards: 7:30-8:00PM

Sunday, Feb 9th

Session 2-XS (75)
Traditional
DOORS OPEN @ 7:50AM
Stretch: 8:00-8:20AM
Coaches Meeting @ 8:10AM
Warm Up: 8:20-9:20AM
March In: 9:20-9:30AM
Competition: 9:30AM-12:00
Awards: 12:00-12:30PM

Session 3-XG (44)
Traditional
DOORS OPEN @ 1:00PM
Stretch: 1:10-1:30PM
Coaches Meeting @ 1:20PM
Warm Up: 1:30-2:10PM
March In: 2:10-2:20PM
Competition: 2:20-4:00PM
Awards: 4:00-4:30PM

Session 4- L3, XP, 6-9, Ladies (38)
Mod Traditional
DOORS OPEN @ 4:30PM
Stretch: 4:40-5:05PM
Coaches Meeting @ 4:55PM
1st Event Warm Up: 5:05-5:20
March In: 5:20-5:30PM
Competition: 5:30-8:00PM
Awards: 8:00-8:30PM