



**PARISH OF OUR MOTHER OF PERPETUAL HELP**  
**Redemptorist Community**  
**Rev. Fr. Joseph Stephen, C.Ss.R.** (Parish Priest)  
**Rev. Fr. Patrick Massang, C.Ss.R.** (Assistant Parish Priest)  
*Celebrating, Listening and Walking as Pilgrims of Hope*

**Address:** 19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak, 1, Jln Serindik, Ipoh Gdn., Ipoh  
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*Dear Parishioners,*

*As we welcome the Jubilee Year of Hope, Pongal and Lunar New Year, I extend my heartfelt blessings to you and your families. May this year be filled with God's abundant grace, peace, and joy as we walk this journey of hope. Just as the new year symbolizes renewal and hope, may our hearts also be renewed in faith and strengthened in the love of Christ. In this season of celebration, let us remember that every blessing comes from our Heavenly Father. May God, the source of all good things, guide you, protect your loved ones, and grant you prosperity not just in worldly matters but in the riches of His eternal Kingdom. May your homes be filled with His light and your lives be a reflection of His love. Wishing you all a blessed and joyous Lunar New Year!*  
*Your Parish Administrator.*

**ANNOUNCEMENTS:**



OMPH QR code accepts donation from any banks & e-wallet. The QR code is displayed on the Notice-Board and around the church for your kind

donation. Every cent helps us maintain our building, our facilities and compound. Your Parish contributions can be trf. to:- (Public Bank:) **"PARISH OF OUR MOTHER OF PERPETUAL HELP, IPOH GARDEN, IPOH"** (Account number: 3096 86 4807) OR you can write a cheque made payable to : **"PARISH OF OUR MOTHER OF PERPETUAL HELP, IPOH GARDEN, IPOH"** and hand to the parish office.  
 Thank you for your support.

**PONGAL CELEBRATION**

The Tamil community will be celebrating ponggol festival on **Sunday 26 January, 2025** commencing at 9.30 a.m. with the boiling of sweet rice in-front of the church followed by Mass. All are welcome to participate in this celebration.

**PARISH ACTIVITIES & MEETINGS:**

*(January/February 2025)*

- \* 26/1/2025 - 2.00 p.m. - Formation "Intro on Lectionary" (ven Francis Xavier Rm.)
- \* 27/1/2025 - 8.00 p.m - Legion of Mary ( C ) (St.Mt.Rm.)
- \* 4/2/2025 - 8.00 p.m. - Liturgical Com. meeting (St.Mk.Rm.)
- \* 4/2/2025 - 8.00 p.m. - OMPH Tamil Charismatic (church)
- \* 5/2/2025 - 8.00 p.m - Legion of Mary ( C ) (St.Mt.Rm.)
- \* 5/2/2025 - 7.30 p.m - CCR praise & worship (church)
- \* 6/2/2025 - 7.30 p.m. - RCIA ( E ) (St.Mk.Rm.)
- 8.00 p.m - RCIA ( T ) (St.Paul Rm.)
- 8.00 p.m - RCIA ( BM ) (Wallace Rm.)
- \* 7/2/2025 - 8.00 p.m. - RCIA ( C ) (ven Francis Xavier Rm.)
- \* 11/2/2025 - 9.00 a.m - RCIA Recollection day (St.Mk.Rm.) + (ven Francis Xavier Rm.)
- \* 11/2/2025 - 7.30 p.m. - Lay Spirituality in Mission (St.Mk.Rm.)
- \* 11/2/2025 - 8.00 p.m - Legion of Mary ( C ) (St.Mt.Rm.)
- \* 12/2/2025 - 7.30 p.m - CCR praise & worship (church)
- \* 13/2/2025 - 7.30 p.m. - RCIA ( E ) (St.Mk.Rm.)
- 8.00 p.m - RCIA ( T ) (St.Paul Rm.)
- 8.00 p.m - RCIA ( BM ) (Wallace Rm.)
- \* 14/2/2025 - 8.00 p.m. - RCIA ( C ) (ven Francis Xavier Rm.)
- \* 14/2/2025 - 8.00 p.m. - Area Coordinators (St.Mk.Rm.)
- \* 15/2/2025 - 7.00 p.m. - Chinese community (Cafeteria)
- \* 16/2/2025 - 1.30 p.m. - Ecology Formation (ven Francis Xavier Rm.)

**JAN. & FEB. COFFEE MORNINGS:**

- 26/1/2025 - C.G.S
- 2/2/2025 - Maintenance group.
- 9/2/2025 - Tamil Hospitality
- 16/2/2025 - Eucharistic Ministers.
- 23/2/2025 - BEC St.Alphonsus Liguori.



**B.E.C.  
COORDINATORS  
MEETING-**

**Every 2<sup>nd</sup> Friday of the month  
at 8.00 p.m. in St. Mark's room.**

All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups. Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.

**EVENING FOR THE ENGAGED  
2025**

**Please see your Parish Priest for registration.**

EE142	14-16 Feb 2025
EE143	16-18 May 2025
EE144	8-10 Aug 2025
EE145	7-9 Nov 2025

Couples planning to get married in the year 2025, please take note of the EE Weekends held in **english** during the year. You are requested to register six (6) weeks before the weekend For **Tamil marriage preparation course 2025** –

Dormitory St. Anne, Bukit Mertajam. Church of St. Anthony, Nibong Tebal.	Feb 22 & 23/ May 24/25 Aug 23 & 24/ Nov 15 & 16 (Closing date on: 1st day of each month)
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**Please see your Parish Priest for registration.**

**CHRISTIAN MEDITATION TIME**

All are welcome to join the Christian Meditation group which meets  
\* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

**BAPTISM:** Please contact the Parish Priest at least **ONE MONTH** in advance. Next infant Baptism will be on **Sunday 23 February, 2025.**

**MARRIAGE:**

Please contact the Parish Priest at least **SIX MONTHS** in advance.

**WEDDING BANNS**

\* Kelvin Dass a/l Plendran & Lilawaty a/p Sunmogam  
\* Augustino a/l Jude & Diana Rose a/p Robert

**OMPH Catholic Charismatic  
Renewal Group WEEKLY  
PRAYER MEETINGS**

There will be no prayer meeting on Wed. 29 January 2025 due to Chinese New Year.

**ADORATION TO THE BLESSED  
SACRAMENT** – 1st Fri. of each month.  
(date) Friday, 7 February, 2025  
(time) 7.20 p.m. followed by Mass at 8.00 p.m.

FORMATION FOR  
**UNDERSTANDING THE  
LECTIONARY (Part 1)**

Organized by  
Lectors ministry.  
Speaker: Fr. Patrick Massang  
(date) **Sun 26 January, 2025**  
(time) 2 p.m. – 5.30 p.m.  
(venue) ven Francis Xavier Rm.

**THANKSGIVING MASS**

We welcome Rev. Fr. Charles Anthony Prabhu, C.Ss.R. who will celebrate his first Thanksgiving Mass in OMPH church on Sat. 1 (E) & Sun. 2 (T) February, 2025. The parish wish him all the best in his ministry.

**PRESENTATION OF THE LORD –**

(Blessing of Candles)  
**Sat 1** (5.45p.m) & **Sun. 2** (8a.m) of February, 2025.  
All are welcome to join in prayer for our priest and religious on this Feast of Presentation of Our Lord. On this day candles will be blessed for your personal & home use. Please leave your candles (*mark with your name*) on the table provided near St. Joseph shrine.

**CHINESE NEW YEAR MASS –**

The Chinese community will be celebrating Chinese New Year on \* **Wed. 29 January, 2025** at 10 a.m. Mass in mandarin.

**ECOLOGY FORMATION (E)**

Co-organized by Creation Justice Commission Penang & OMPH church, Ipoh on (date) **Sun. 16 Feb., 2025** (time) 1.30 p.m. to 5.20 p.m. (venue) ven Francis Xavier Rm. Register at OMPH parish office or with your Ministry Leader.

**PASTORAL STATEMENT FOR  
DISPENSATION FROM  
FASTING during Chinese New  
Year 2025**

\* The Catholic Bishops Conference of Malaysia, Singapore and Brunei, in consultation with the Episcopal Regional Liturgy Commission of Malaysia, Singapore and Brunei offer the following guidance:

(1) That the Fridays of January 31, 2025 & February 7, 2025, dispensation is given from abstinence.

(2) That the faithful substitute these days with other forms of penance, especially works of charity and exercises of piety during this Year of Jubilee.