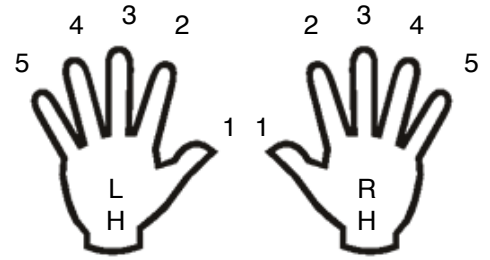


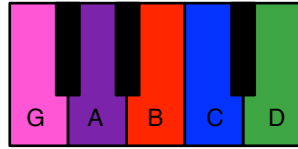
Start Date

Daily Exercises

Thumbs are *ONE*



G POSITION



R.H. Fingers	1 2 3 4 5	5 4 3 2 1
Note	G A B C D	D C B A G
L.H. Fingers	5 4 3 2 1	1 2 3 4 5
R.H. Fingers	1 2 2 1 2 3 3 2 3 4 4 3 4 5 5 4	
Note	G A A G A B B A B C C B C D D C	
L.H. Fingers	5 4 4 5 4 3 3 4 3 2 2 3 2 1 1 2	
R.H. Fingers	1 3 5 5 3 1	
Note	G B D D B G	
L.H. Fingers	5 3 1 1 3 5	
R.H. Fingers	1 3 2 4 3 5 5 3 4 2 3 1	
Note	G B A C B D D B C A B G	
L.H. Fingers	5 3 4 2 3 1 1 3 2 4 3 5	
R.H. Fingers	1 5 4 2 3 2 1 1 2 3 2 4 5 1	
Note	G D C A B A G G A B A C D G	
L.H. Fingers	5 1 2 4 3 4 5 5 4 3 4 2 1 5	