

**SIXTH SUNDAY OF EASTER**  
**SANCTIFY CHRIST AS LORD IN YOUR HEART**

**May 13/14, 2023**

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So, St. Peter urged the believers to sanctify Christ as Lord in their hearts. To sanctify Christ as Lord in the heart is to love Him, and to love Him is to obey His commands. Loving Jesus is to reciprocate His love for me as He told His disciples: “I love you just as the Father loves me; remain in my love. If you obey my commands, you will remain in my love, just as I have obeyed my Father’s commands and remain in His love” (Jn.15:9-10).

Do I love God as He loves me? What should I do to express my love for Christ? To love is to obey His commands. What are they? Jesus answers: “This is my commandment: love one another as I have loved you” (Jn.15:12). This calls for doing good and avoiding evil. It is also to listen to the Word of God and letting it direct my life. Jesus told the woman who praised the womb that bore Him, “More blessed are those who hear the word of God and keep it” (Lk.11:27-28). Which of the Ten Commandments do I obey, and which ones do I break? Do I even know them and reflect on them often?

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