

# MY ADMISSIONS STRENGTHS ASSESSMENT

SCHOLARSHIPS OPPORTUNITY

ASSISTANCE & RESEARCH



Use this form to reassess your strengths in light of all you now know about yourself. Whatever about you is strong must become stronger during your senior year because you are about to put your best foot forward for all the college world to see.

## STRENGTHS

## ACTIVITIES

## OTHER ADVANTAGES

### ACADEMIC

GRADES \_\_\_\_\_

CLASS RANKS \_\_\_\_\_

TEST SCORES \_\_\_\_\_

HONORS \_\_\_\_\_

SPECIAL PROJECTS \_\_\_\_\_

EXTRA CREDITS \_\_\_\_\_

ADVANCE PLACEMENTS \_\_\_\_\_

OUTSIDE COURSES \_\_\_\_\_

RELATED WORK OR INTERNSHIPS \_\_\_\_\_

### NONACADEMIC

SPORT \_\_\_\_\_

SPORT LETTERS \_\_\_\_\_

CAPTAINCY \_\_\_\_\_

### SCHOOL ACTIVIITIES

SCHOOL GOVT. \_\_\_\_\_

CLASS OFFICER \_\_\_\_\_

PUBLICATIONS \_\_\_\_\_

MUSIC \_\_\_\_\_

DRAMA \_\_\_\_\_

CLUBS \_\_\_\_\_

OTHER \_\_\_\_\_

### OTHER ACTIVITIES

COMMUNITY SERVICE \_\_\_\_\_

WORK \_\_\_\_\_

INTERNSHIP \_\_\_\_\_

RELIGIOUS \_\_\_\_\_

POLITICAL \_\_\_\_\_

UNIQUE TRAVEL \_\_\_\_\_

### STRENGTHS OF CHARACTER

INDEPENDENCE \_\_\_\_\_

RELIABILITY \_\_\_\_\_

COURAGE \_\_\_\_\_

PERSISTENCE \_\_\_\_\_

TOLERANCE \_\_\_\_\_

CONCERN FOR OTHERS \_\_\_\_\_

### SKILLS/TALENTS

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_