

**Community Resources For Cumberland
County Crossville & Pinewood Head Start
Centers
2025-2026**



To locate additional information on community resources
access:
<https://empoweruppercumberland.org/discoverresources/>
or <https://ucassist.org/search/>

Developed and Distributed by L.B.J.&C. Head Start

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Adult Education:

Cumberland County Adult Education Programs

60 Ridley St Suite 108
Crossville, TN. 38555
(931) 484-5446

Cumberland County Adult Literacy Program

910 Miller Avenue, Building #1
Crossville, TN. 38555
(931) 337-5809

Email: admin@cumberlandliteracy.org

Families First Program

Sponsored by: Department of Human Services
32 Daniel Drive
Crossville, TN. 38555
931-484-2573 or 1-866-311-4287

Fortis Institute

1025 Tn Hwy 111
Cookeville, TN. 38501
(931) 526-3660

Roane State Community College

2567 Cook Road
Crossville, TN 38571
931-456-9880

Tennessee Technology Center

910 Miller Ave.
Crossville, TN. 38555
(931) 484-7502

UC Reconnect.com

615-532-3511

Adult Job Training Services:

Skill Up Tennessee

Barb Siddiqui
Administrative Associate II
Family & Consumer Sciences
UT Extension, Knoxville, TN
865/200-4532 - Office
skillup.tennessee.edu

American Job Center

60 Ridley St. Crossville, TN 38555
931-484-7456

Families First Program

Sponsored by: Department of Human Services
32 Daniels Drive
Crossville, TN. 38555
931-484-2573

Cumberland Good Samaritans

P.O. Box 89
Crossville, TN 38557
(931) 484-3225

Tennessee Technology Center

910 Miller Ave.
Crossville, TN. 38555
(931) 484-7502

Upper Cumberland Human Resource Agency - UCART

73 Methodist Campground Loop
Crossville, TN 38555
931-456-0691

Resources for Bereavement:

Fairfield Glade United Methodist Church Compassionant Friends

231 Westchester
Crossville, TN 38558
931-287-0042 Sharon

Hospice Grief Recovery Group

Sponsored by: Lazarus House Hospice
851 South Willow Ave Ste 102
Cookeville, TN.
931-528-5133
Fax 931-372-0249

Heart of the Cumberland

25 W. Broad St. Suite 11 38501
Cookeville, TN 38503
Phone: 931-525-2600
heartofthecumberland@gmail.com

C5 Christian Counseling

352 Lantana Dr. Crossville, TN 38555
931-707-8200

Grief Share-Cumberland Fellowship

1640 West Ave. Crossville, TN 38555
Tim Twohig 615-719-3048
Cumberland fellowship
931-707-3048

Childcare:

Mrs. Jessica's Small World

7445 Plateau Rd.
Crossville, TN 38571
931-200-2635

Bright Futures Early Learning Center

60 Lawson Drive Crossville, TN 38555-0000
(931) 456-4395

Crossville Christian School (-E-)

28 Rock Quarry Road Crossville, TN 38555
(931) 484-0026

Crossville Head Start

1831 East First Street Crossville, TN 38555
(931) 484-4114 (Free Service)

Cumberland Cnty Quality Care Program (-E-)

7657 Hwy 127 N Crossville, TN 38571
(931) 335-2285

Christian Academy of the Cumberlands

325 Braun St.
Crossville, TN 38555
931-707-9540

Ms. Jessica's Small World

7445 Plateau Rd.

Home Away From Home-Pinewood Head Start

115 Pinewood Dr., Crossville, TN 38555
931-787-1012

Home Away From Home Head Start

18 Obed St. Crossville, TN 38557
931- 484-3238

Kidz Connection

912 Lantana Road Crossville, TN 38555
(931) 484-7352

Lil' Punkin Child Care

27 Penny Lane Crossville, TN 38555
(931) 456-9447

Shepherd's Little Flock Christian Dc

1461 Sparta Highway Crossville, TN 38572
(931) 707-0508

Crossville, TN 38571
931-200-2635

Central Baptist Church

Mother's Day Out

1346 S. Main St.
Crossville, TN

931-484-8426

Lantana Baptist Church

3270 Lantana Rd.
Crossville, TN 38572
931-788-2844

Homestead Elementary

3889 Hwy 127 S.
Crossville, TN 38572

North Cumberland Elementary

7657 Hwy 127 N.
Crossville, TN 38571

Crab Orchard Elementary

240 School Rd.
Crab Orchard, TN 37723

Resources to Help in Child Abuse Situations:

Avalon Center

196 10th St.
Crossville, TN. 38555
1-800-641-3434 24-hour crisis line
(931) 484-4642 24-hour crisis line
(931) 456-0747 Center office

CASA

580 S. Jefferson Ave, Suite A
Cookeville, TN 38501
931-520-9540
www.uchracasa4children.org

Child Abuse Hotline

900 2nd Avenue North
Nashville, TN 37201
877-237-0004

Crossville Police Department

115 Henry Ave,
Crossville, TN 38555

Pleasant Hill Elementary

486 W. Main St.
Pleasant hill, TN

Pineview Elementary

349 Daysville Rd.
Rockwood, TN

Stone Elementary

1219 Cook Rd. Crossville, TN 38555

South Cumberland Elementary

3536 Lanatana Rd Crossville, TN 38572

Glenn Martin Elemnetary

1362 Miller Ave.
Crossville, TN 38555

Contact: (931) 484-7231
911 Emergencies

Crossroads Counseling

261 Yvonne Ave
Crossville, TN 38555
931-707-8921
Contact: Tom Netherton, LPC, LPE

Cumberland County Sheriff's Dept.

90 Justice Center Dr.
Crossville, TN 38555
Contact: Jodi Roberts
(931) 484-6176
911 Emergencies

Department Of Children's Services

136 Dooley St Ste 201
Crossville, TN 38555
(931) 459-6600

District Attorney General

112 4th St
Crossville TN, 38555
(931) 484-8732

FAX 931-484-0177

House of Hope

165 Bob Tollett Loop,
Crossville, TN 38555
931-707-2273
www.houseofhopetn.org

Omni Community Health

665 South Jefferson Ave.
Cookeville, TN. 38501
(931) 528-0051

Plateau Pregnancy Services

**Dental Providers who take
TennCare:**

Algood Family Dental Clinic

172 West Main Street Algood, TN 38506
(931) 537-9948

Cookeville Regional Dental Clinic

350 S. LOWE AVE Cookeville, TN 38501
(931) 528-5105

Cloudland Dental Clinic

510 Livingston Rd. Crossville, TN 38555
(931) 484-3007

Dr. Charles Burdeshaw

107 Bon nabrook Dr. Hermitage, TN
1-800-373-3330 or 615-889-1654

Dr. David Snodgrass

4761 Andrew Jackson Parkway Hermitage,
TN 37076
615-866-3343

Dr. Eric Wood

206 Rivergate Parkway, Suite A
Goodlettsville, TN 37072

99 Walker St. Crossville, TN 38555

Contact: Sheri Nichols

(931) 456-6944

**The Exchange Club - Stephens Center
Prevention of Child Abuse**

616 North Church St. Livingston, TN 38570
931-823-6432 & 800-635-5199

**Tennessee Commission on Children &
Youth**

1225 South Willow Ave
Cookeville, TN 38506
931-646-0955

(615) 859-9994

Dr. Richard Prichard

10480 Walden Street Soddy Daisy, TN
37379
(423) 332-5544

Dr. William Bell/Dr. Townsend

8033 Ray Mears Blvd. Knoxville, TN 37919
(865) 545-4592

Northside Family Dentistry

143 Matherly St
Crossville, TN 38555
931-787-1718

Plateau Family Dentistry

1357 Interstate Dr
Crossville, TN 38555
931-787-1277

Putnam County Health

701 County Services Dr
Cookeville, TN. 38501
(931) 528-2531

Dental Providers, who may not take TennCare, but offer services to low-income families:

Bread of Life Homeless Shelter and Clinic
281 4th Street

Resources for persons with Disabilities:

ARC - Cumberland County
269 Hayes Avenue Suite 101
Crossville, TN 38557
931-456-0206

Cumberland County Special Education Services
368 4th Street Crossville, TN 38555
(931) 484-3301

Cumberland Veterans Affair
2 N Main St Suite 101
Crossville, TN 38555
(931) 456-0090

Disabled American Veterans
486 Sparta Dr
Crossville TN 38555
(931) 456-5475

Hill Toppers
86 Duer Court.
Crossville, TN 38555
(931) 484-2535
2nd Week of March

Preps Center
47 Willow St. Crossville, TN 38555
(931) 456-4727

Social Security Administration - SSI Program
1145 Perimeter Park Dr.
Cookeville, TN 38501

Crossville, TN 38555
931-707-0503

Cookeville Rescue Mission
1331 S Jefferson Ave
Cookeville, TN 38506
931-528-5819

931-372-8459

TN Early Intervention System (TEIS)
1519 E Spring St Sute G
Cookeville, TN 38506
(931) 528-1623

Tennessee Department of Human Services
- Cumberland County
32 Daniel Drive
Crossville, TN 38555
931-484-2573

Upper Cumberland Development District
1104 England Dr.
Cookeville, TN 38501
931-432-4111

Resources to help in Domestic Violence Situations:

Avalon Center

196 10th St
Crossville, TN. 38555
1-877-296-0119
(931) 484-4642 24-hour crisis line
(931) 456-0747 Center Office

Crossville Police Dept.

115 Henry Ave
Crossville, TN 38555
(931) 484-7231
911 Emergencies

Cumberland County Sheriff's Dept.

90 Justice Center Dr.
Crossville, TN 38555
(931) 484-6176
911 Emergencies

Cumberland County Court System

90 Justice Center Dr.
Crossville, TN 38555
931-484-6176

District Attorney General

1519-East Spring Street
Cookeville, TN. 38501
(931) 528-5015

Genesis House

Street location is confidential
Cookeville, TN N/A
(931) 526-4730
Hotline: 800-707-5197

House of Hope

Cumberland Children's Center
165 Bob Tollett Loop
Crossville, TN 38555
(931) 707-2273

Omni Community Health

665 S. Jefferson Ave
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

The Exchange Club - Stephens Center Prevention of Child Abuse

616 N CHURCH ST
Livingston, TN 38570
Contact: Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199

Alcohol and Drug Abuse Prevention & Treatment:

All Local Churches in Area

Alcoholics Anonymous
4th Dimension Clubhouse
2229 Hwy 70 N
Crossville, TN 38555

Anti-Drug Coalition
www.cumberlandcountyrising.org

Bradford Health Services
1330 Neal Street
Cookeville, TN 38501
931-528-6803

Crossville Police Department
115 Henry Ave,
Crossville, TN 38555
(931) 484-7231

Cumberland Heights
Drug Treatment Center
1-800-646-9998

Cumberland County Medical Center
421 South Main St.
Crossville TN 38555
(931) 484-9511

Cumberland Mtn. Mental Health Center
4325 Hwy 127 North
Crossville, TN 38555
(931) 484-8020

**Cumberland County Sheriff's
Department**
90 Justice Center Dr.
Crossville, TN 38555
(931) 484-6176

Department Of Children's Services
600 Hearthwood Ct.
Cookeville, TN 38506
(931) 646-3000

Drug Tip Hotline
90 Justice Center Dr
Crossville, TN 38571
Sponsored by: Cumberland County Sheriffs
Department
(931) 484-4444

Drug Abuse Hotline
1-800-662-4357

House of Hope
Cumberland Children's Center
165 Bob Tollett Loop
Crossville, TN 38555
(931) 707-2273

Omni Community Health
665 S. Jefferson Ave.
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Meth Hotline - Statewide
1-800-889-9789
drughelpline.org/meth-hotline

Narcotics Anonymous
Sponsored by: Fourth Dimension
2229 West Ave
Crossville, TN 38555
931-484-6384

**Assistance in the event of an
Emergency Situation:**

Air Evac Life Team
106 Emergency Services Dive
Albany, KY 42602
(606) 387-9099
Emergency- 911

American Red Cross
Cumberland County Chapter
106 E. 2nd St
Crossville, TN 38555
931-484-6348

Crossville Fire Dept.
141 Henry Ave.
Crossville, TN 38555
(931) 484-6144

Cumberland County Medical Center
421 South Main St.
Crossville TN 38555
(931) 484-9511

Crossville Police Dept.
115 Henry Ave
Crossville, TN 38555
(931) 484-7231

Cumberland County Rescue Squad
101 10th St, Crossville, TN 38555
(931) 484-9143

Teens Against Drugs
261 Yvonne Ave
Crossville, 38503
931-456-2859 www.tadcenter.org

Teen & Adult Challenge
200 Freedom LN
Livingston, TN 38570
931-823-3496

Thirteenth Judicial Task Force
P.O. BOX 1266
Cookeville, TN. 38503

101 TENTH ST
Crossville, TN 38555
(931) 484-9143

Cumberland County Sheriff's Dept
90 Justice Center Dr.
Crossville, TN 38555
(931) 484-6176

Disaster Assistance
DisasterAssistance.gov

Emergency Management Agency
42 Southbend Dr
Crossville, TN 38555
(931) 484-7016

Poison Control
1-800-222-1222

Shriners of Tennessee
1354 Brick Church Pike
Nashville, TN. 37207
615-226-7766

TEMA
www.tn.gov/tema

Thirteenth Judicial Task Force
Cookeville, TN. 38501

**Assistance with
Food/Clothing/Utilities Needs:**

Bread of Life Homeless Shelter and Clinic
281 4th Street
Crossville, TN 38555
931-707-0503

**Legal Aid Society of Middle Tennessee
and the Cumberland's**
9 South Jefferson Avenue STE 102
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817

Crab Orchard Church of Christ
Hwy 70 E.
Crab Orchard, TN 37723
931-335-5145

Crab Orchard Care Center
87 Commerce St
Crab Orchard, TN 37723
931-707-5616

Cumberland Co. Good Samaritans
281 10th St.
Crossville, TN 38555
(931) 484-3225

First United Methodist Church
100 Braun Street
Crossville, TN. 38555
(931) 484-3537
(Assist with food, utilities & clothing needs)

Linary Church of Christ
1244 Old Hwy 28
Crossville, TN 38555
(931) 484-5961

Mountain View Baptist Church
Rt. 1 Cookeville Hwy.
Crossville, TN. 38557
(931) 456-5186

Neighbors Together
P.O. Box 355
Pleasant Hill, TN 38578

Never Fail Community Church
2080 Red Road
Sparta, TN. 38583
(931) 277-5032

New Beginnings Fellowship Church
12 Mariners Point
Crossville, TN. 38558
(931) 484-7729/Dewey Peterson
(931) 277-3703/Bill Rector

Bible Baptist Church
1335 US-70 Crossville, TN 38555
931-707-5514

Second Harvest
847-406-9366
Donna Matthews

Saint Alphonsus Community Services
51 Saint Alphonsus Way
Crossville, TN 38555
(931) 484-8074

348 Taylor Street, Suite 101
Crossville, TN 38555
(931) 484- 4082

**Tennessee Department of Human
Services - Cumberland County**
32 Daniel Drive
Crossville, TN 38555
931-484-2573

**Upper Cumberland Human Resource
Agency - UCART**
73 Methodist Campground Loop
Crossville, TN 38555
931-456-0691

United Fund of Crossville

Resources to assist with Housing/

Homeless Needs:

Bread of Life Homeless Shelter and Clinic
281 4th Street
Crossville, TN 38555
931-707-0503

Crossville, TN 38555
931-484-4565

Cookeville Rescue Mission
1331 S Jefferson Ave
Cookeville, TN 38506
931-528-5819

Creative Compassion, Inc.
20 Penny Ln
Crossville, TN 38555
931-456-6654
www.ccihomes.org

HART
Homeless Advocacy for Rural Tennessee
P.O. Box 3311
Crossville, TN 38557
931-484-7020
844-556-7626

Crossville Housing Authority
<https://crossvillehousing.org/Index>
info@crossvillehousing.org
67 Erwin St
Crossville, TN. 38555
(931) 484-2990

New Beginnings
Self-Help Housing Program
67 Irwin Ave
Crossville, TN. 38555
931-484-2990

Habitat for Humanity
329 McLarty Lane

**United States Department of Agriculture
Rural Development**
390 South Lowe Avenue Suite K
Cookeville, TN 38501

(931) 528-6539

Homeless Shelter

Bread Of Life Rescue Mission
281 4TH ST
Crossville, TN. 38555
931-707-0503

Upper Cumberland Human Resource Agency

73 Methodist Campground Loop
Crossville, TN 38555
931-456-0691

Assistance with Insurance Needs:

Blue Cross Blue Shield

1 Cameron Hill Cir
Chattanooga, TN 37402
423-535-5600

CoverKids

Associated with/Tennessee Department of
Human Services - Cumberland County
32 Daniel Drive
Crossville, TN 38555
931-484-2573

Tennessee Justice Center

211 7TH AVE N STE 100
Nashville, TN 37219
615-255-0331

TN Health Connection

TennCare Advocacy
1-855-259-0701

Legal/Governmental Assistance:

Child Support Services of Tennessee

580 S Jefferson Ave Ste N
Cookeville, TN 38501
931-528-8598

Crossville Housing Authority

67 Irwin Ave
Crossville, TN. 38555
Phone: (931) 484-2990

**Legal Aid Society of Middle Tennessee
and the Cumberland's**

9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817

Rape and Sexual Assault Response Center

1519 East Spring, Suite F
Cookeville, TN 38506

Hours of operation :

24 hrs/day, 7 days a week

Phone: 931-526-5197

Hotline: 800-707-5197

Translation services offered: Yes

Tennessee 211

615-279-1410

1-800-318-9335

Upper Cumberland-Community Services Agency

1000 England Dr Suite F

Cookeville, TN 38501

(931) 520-0200

Resources to Strengthen Marriages:

Assessment/Counseling/training Services (ACTS)

312 1st Ave

Cookeville, TN. 38506

(931) 528-9399

Cookeville, TN 38501

(931) 432-4111

Christian Counseling Center

348 Taylor St Ste 105

Crossville, TN 38555

931-707-8200

Pre- Marriage Counselors: (All Local Churches)

Crossroads Counseling

261 Yvonne Ave

Crossville, TN 38555

931-707-8921

Contact: Tom Netherton, LPC, LPE

Assessment/Counseling/training Services (ACTS)

25 W. Broad St Ste 10

Cookeville, TN. 38501

(931) 528-9399

Cumberland Mtn. Mental Health Center

4325 Hwy 127 North

Crossville, TN 38555

(931) 484-8020

Bethlehem Baptist Church

626 Potato Farm Rd.

Crossville, TN 38571

Church: (931) 456-0239

Omni Community Health

665 S. Jefferson Ave.

Cookeville, TN. 38501

(931) 528-0051

(615) 781-0688

Christian Counseling Center

348 Taylor St Ste 105

Crossville, TN 38571

931-707-8200

Upper Cumberland Development District

1104 England Dr.

Crossroads Counseling

261 Yvonne Ave

Crossville, TN 38555

931-707-8921

Contact: Tom Netherton, LPC, LPE

Never Fail Community Church

2080 Red Road
Sparta, TN. 38583
(931) 277-5032
(931) 277-5063

Saint Alphonsus Community Services

51 Saint Alphonsus Way
Crossville, TN 38555
(931) 484-8074

Tollet's Chapel

95 Tabor Loop
Crossville, TN 38571
Office: 931-4845220

**Medical Providers who take
TennCare:**

Children's Special Services

1503 S. Main St.
Crossville, TN
931-484-6196

Cookeville Pediatrics Associates

150 N Willow Ave
Cookeville, TN. 38501
(931) 528-1485

Crossville Medical Group

Dr. Carpenter

100 Lantana Rd Suite 202
Crossville, TN 38555
931-484-5141

Cumberland County Health Department

1503 S. Main Street
Crossville, TN 38555
(931) 484-6196

Cumberland County Medical Center

421 South Main St.
Crossville TN 38555
(931) 484-9511

Dr. Berman

3234 Miller Ave.
Crossville TN 38555

(931) 707-8700

Hassler, RNP

3234 Miller Ave
Crossville TN 38555
(931) 707-8700

Infinity Health Care Dr. Carlton

229 Interstate STE 105
Crossville, TN 38555
931-981-9809

Johnson Family Medicine

1720 WEST AVE
Crossville, TN 38555
931-484-2220

Dr. Vish

15 Walker Hill Circle
Crossville TN 38555
(931) 484-1100

Exac Care

229 Interstate Dr Suite 103
Crossville, TN 38555
931-210-5577

Kid's Kare Dr. Climico

758 South Willow Ave.
Cookeville, TN. 38501

(931) 526-6173

Family Walk-in Clinic

42 Dooley Street
Crossville, TN. 38555
(931) 707-7117

Urgent Care Crossville

665 N Main St
Crossville, TN 38555
931-337-0510

Dr. Kouchecki

40 Elmo Dr
Crossville, TN 38555
931-484-5525

**Medical Providers, who may not
take TennCare, but offer services to
low-income families:**

Bread of Life Homeless Shelter and Clinic

281 W 4th Street Crossville, TN 38555
931-707-0503

Children's Special Services

1503 S. Main St. Crossville, TN
931-484-6196

**Mental Health Providers who take
TennCare:**

ACTS

3 East Street.
Crossville, TN 38555
(931) 225-7142

Crossroads Counseling

261 Yvonne Ave
Crossville, TN 38555
931-707-8921
Contact: Tom Netherton, LPC, LPE

Crab Orchard Care Center

P.O. Box 274
Crab Orchard, TN 37723
931-707-5616

Cumberland Co Cardiac Pulmonary

Rehab Alumni, Inc
931-510-0662

Cumberland County Health Department

1503 S. Main St.
Crossville, TN 38555
(931) 484-6196

Cumberland County Medical Center

421 South Main St.
Crossville TN 38555
(931) 484-9511

Monterey Lion's Club

108 E Commercial Ave
Monterey, TN. 38574

Partnership for Prescription Assistance

Phone: 1-888-477-2669
www.pparx.org

Cumberland Plateau Recovery

550 North Church Street
Livingston, TN. 38570
(931) 528-2258
(931) 465-7551

**Cumberland Mountain
Mental Health Center**

4325 Hwy 127 North
Crossville, TN 38571
(931) 484-8020

Dale Hollow Mental Health Center
501 Spruce Street
Livingston, TN. 38570
(931) 823-5678

Cookeville TN 38502
Phone: (931) 432-4123
Hotline: (877) 567-6051

Plateau Mental Health Center
Substance Abuse Services
1200 South Willow Avenue
Hours of operation:
24 hrs/day, 7 days a week
Phone: = 931-526-5197
Hotline: 800-707-5197

Rape and Sexual Assault Response Center
1519 East Spring, Suite F
Cookeville, TN 38506

Team Evaluation Center
600 North Holtzclaw Avenue
Chattanooga, TN 37404-1220
(423)-622-0500

Volunteer Behavioral Health Care System
Plateau Mental Health Center
1200 South Willow
PO Box 3165 Cookeville, TN 38502
Hotline: 1-800-704-2651
Office: 931-432-4123

**Mental Health Providers, who may not take TennCare,
but offer services to low-income families:**

Assessment/Counseling/training Services (ACTS)
25 W. Broad St. Suite 10
Cookeville, TN. 38501
(931) 528-9399

Crossroads Counseling
261 Yvonne Ave
Crossville, TN 38555
931-707-8921
Contact: Tom Netherton, LPC, LPE

Omni Community Health
665 S. Jefferson Ave
Cookeville, TN. 38501
(931) 528-0051

(615) 781-0688

**Plateau Mental Health Center
Substance Abuse Services**

1200 South Willow Avenue
Cookeville TN 38506
Phone: (931) 432-4123
Hotline: (877) 567-6051

Pacesetters Inc.

2511 Hwy 111 North
Algood, TN. 38506
(931) 537-9100

Quit Tobacco Resources:

Tennessee Tobacco Quitline: 1-800-784-8669

Cumberland County Health Department
Smoking Cessation
Ruth Lucas
1503 S. main Street
Crossville, TN 931-484-6196

White County Hospital

Quit 4 Life Smoking Cessation
401 Sewell Dr
Sparta TN 38583
Greg Williams
931-738-9211

**Cookeville Regional Medical Center-
Algood Room**

Quit 4 Life Smoking Cessation
Tandy Todd
142 W. 5th St.
Cookeville, TN 38501
931-646-2693

**Resources to assist persons raising
children possibly other than their
own:**

**Tennessee Department of Health, WIC
Program**

S.M.A.R.T. – Smart Mothers are Resisting
Tobacco
1-800-342-5942

Nicotine Anonymous
800-642-0666

American Lung Association
Freedom From Smoking
800-586-4872
INFO@LUNG.ORG

American Lung Association of Tennessee
865-691-7228
212 S Peters Rd Ste 106
Knoxville, TN 37923
www.lungusa.org

Former Smokers
The No Smoke Café
<http://clever.net/chrisco/nosmoke/stop.html>

**Agricultural (UT) Extension Service -
Cumberland County**
1398 Livingston Rd Crossville, TN 38571
931-484-6743

600 Hearthwood Ct
Cookeville, TN 38506
(931) 646-3000

Help Us Grow Up Successful (HUGS)

1100 England Dr
Cookeville, TN 38501
931-520-4202

Department Of Children's Services

Kids on the Rise

348 Taylor St Ste 102
Crossville, TN 38555
931-459-2388

LifeCare Family Services

665 S. Jefferson Ave

**The Exchange Club/Stephens Center for
the Prevention of Child Abuse**

616 N Church St
Livingston, TN 38570
Contact: Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199

Parent Resource Center

616 B. North Church St
Livingston, TN.
1-800-635-5199

Relatives as Caregivers

1104 England Dr.
Cookeville, TN. 38501
(931) 432-4111

Youth Villages

448 Neal Street
Cookeville, TN. 38501
(931) 525-6900

**Resources to assist with
Transportation Needs:**

**Upper Cumberland Human Resource
Agency - UCART**

73 Methodist Campground Loop
Crossville, TN 38555
931-707-1077

Meals And More

Cumberland Fellowship Church

Gas cards for medical appointments only
608 WEST AVE
CROSSVILLE, TN 38555
931-787-1355

931-788-2288

**Agricultural (UT) Extension Service -
Cumberland County**

1398 Livingston Rd
Crossville, TN 38571
931-484-6743

ASSE

International Student Exchange Programs
3091 A EAST SHADOWLAWN AVE
ATLANTA, GA 30305
1-800-473-0696

Art Circle Public Library

3 East Street
Crossville, TN. 38555
(931) 484-6790

Promoting Youth Involvement:

4-H

62 4-H CENTER DR
CROSSVILLE, TN 38571

Bethlehem Baptist Church

626 Potato Farm Rd.
Crossville, TN 38571
931-456-0239

Stevie's Elite Athletics

2954 N. Old Hwy 70
Crossville, TN 38555
931-456-7321

Centennial Park

837 Industrial Blvd.
Crossville, TN 38555
931-456-6632

Boy Scouts

1-972-580-2489

Cumberland Worship Center

145 Interstate Drive
Crossville, TN. 38555
(931) 707-9855

Kids on the rise

348 Taylor St. #102
Crossville, TN 38555
931-459-2388

Dr. Carl T. Duer Sr.

Soccer Complex

558 Crossroads Dr.
Crossville, TN 38555
931-456-6632

Crossville Center of Dance

21 E. Stanley St. #209
Crossville, TN 38555
931-484-8380

Cumberland Fellowship Baptist Church

1640 West Ave
Crossville, TN. 38555

(931) 707-1883

Crossville, TN 38555

(931) 484-8074

Girl Scouts

1-800-478-7248

Pine Eden Baptist Church

976 Genesis Road Crossville, TN.

38555 (931) 456-0142

Saint Alphonsus Community Services

51 Saint Alphonsus Way

Language Assistance (All Counties)

WCTE American Graduate & Ready To Learn

IWray@wcte.org

CPutnam@wcte.org

931-528-2222

County Health Depts. - Primary Health Care Services

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)

Department of Human Services, Counties

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

Hispanic Family Resource Center

P.O. Box 12555

Murfreesboro, TN

(615) 200-6219

615-200-6215

Hispanic Association

732 Lafayette Rd

Red Boiling Springs, TN 37150

615-699-3100

Omni Community Health

665 South Jefferson Avenue

Cookeville, TN 38501
(931) 528-0051

Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)