

2023 MVC SUPER MEET

Cedar Falls, IA
 Birdsall Park
 Weather: Sunny, WNW 20-30pmh, 23% & 71
 Host: Cedar Falls
 Thursday, October 05, 2023

MEET OFFICIALS

Meet Director:
 Troy Becker
Meet Referee:
 Kevin Long
Timing:
 Andrew Kauder - Kauder Racing, LLC



KAUDER RACING

OFFICIAL MEET REPORT

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Race #6
JV Boys 5K

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Iowa City City High	31*	3-5-6-7-10(13)(26)	1:30:02	18:01	0:44.4
2 Cedar Falls	31*	1-2-4-9-15(18)(23)	1:29:11	17:51	1:42.3
3 Linn-Mar Marion	92	11-14-16-24-27(30)(31)	1:33:49	18:46	0:33.8
4 Cedar Rapids Kennedy	110	8-12-21-33-36(39)(52)	1:34:27	18:54	1:16.7
5 Iowa City West	166	20-25-32-40-49(69)(74)	1:36:58	19:24	1:15.0
6 Prairie Cedar Rapids	169	17-29-34-44-45(53)(73)	1:37:00	19:24	1:12.9
7 Dubuque Senior	192	19-22-47-50-54(64)(67)	1:38:13	19:39	1:25.8
8 Iowa City Liberty	241	28-42-55-56-60(62)(66)	1:40:18	20:04	1:34.6
9 Dubuque Hempstead	258	35-46-51-61-65(68)(78)	1:40:54	20:11	1:29.2
10 Wahlert Dubuque	271	43-48-58-59-63(82)	1:41:53	20:23	0:48.8
11 Waterloo West	274	37-38-57-70-72(79)(80)	1:42:15	20:27	1:52.8
12 Cedar Rapids Washington	340	41-71-75-76-77(81)	1:48:01	21:37	3:21.7

***Tiebreakers**

Iowa City City High	3	5	6	7	10	13
Cedar Falls	1	2	4	9	15	18

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1	CONSIDINE, Jack	SR Cedar Falls	1	16:57.4	5:27.1	3:23.5
2	O'HAIR, Sam	SR Cedar Falls	2	17:35.8	5:39.5	3:31.2
3	PLATTE, Ben	SR Iowa City City High	3	17:36.5	5:39.7	3:31.3
4	FREDERIKSEN, Vince	SR Cedar Falls	4	17:39.5	5:40.7	3:31.9
5	DEGNER, Jack	SR Iowa City City High	5	17:50.5	5:44.2	3:34.1
6	BYLER, Ephram	JR Iowa City City High	6	18:06.7	5:49.4	3:37.3
7	YODER, Seth	JR Iowa City City High	7	18:07.4	5:49.6	3:37.5
8	GEATER, Crew	SR Cedar Rapids Kenn	8	18:15.0	5:52.1	3:39.0
9	KIES, Chase	JR Cedar Falls	9	18:18.5	5:53.2	3:39.7
10	BEERENDS, Dylan	JR Iowa City City High	10	18:20.9	5:54.0	3:40.2
11	DECKLEVER, Hudson	SR Linn-Mar Marion	11	18:28.8	5:56.5	3:41.7
12	VOLDEN, Alexander	SR Cedar Rapids Kenn	12	18:34.0	5:58.2	3:42.8
13	GLUBA, Brady	JR Iowa City City High	(13)	18:35.2	5:58.6	3:43.0
14	ADAMSON, Griffin	JR Linn-Mar Marion	14	18:36.3	5:58.9	3:43.3
15	VANBROCKLIN, Gavin	SR Cedar Falls	15	18:39.6	6:00.0	3:43.9
16	PERSON, Tyler	JR Linn-Mar Marion	16	18:40.9	6:00.4	3:44.2
17	YOUNGER, Cole	JR Prairie Cedar Rapid	17	18:45.2	6:01.8	3:45.0
18	MOODY, Tyler	SR Cedar Falls	(18)	18:50.2	6:03.4	3:46.0
19	HALLSTOOS, Joplin	SR Dubuque Senior	19	18:51.1	6:03.7	3:46.2
20	WATERS, Logan	SR Iowa City West	20	18:52.8	6:04.2	3:46.5
21	MCMAHAN, Jonah	SR Cedar Rapids Kenn	21	18:53.6	6:04.5	3:46.7
22	LIDDLE, Mason	JR Dubuque Senior	22	18:54.4	6:04.7	3:46.9
23	VEISETH, Greyson	JR Cedar Falls	(23)	18:57.9	6:05.9	3:47.6
24	MAYLA, Bhargava	JR Linn-Mar Marion	24	19:00.2	6:06.6	3:48.0

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Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
25 CHAN, Casandro	JR	Iowa City West	25	19:01.0	6:06.9	3:48.2
26 HOSIER, Timmy	JR	Iowa City City High	(26)	19:01.2	6:06.9	3:48.2
27 HARTWIG, Theo	JR	Linn-Mar Marion	27	19:02.5	6:07.3	3:48.5
28 SHARIF, Sahir	SR	Iowa City Liberty	28	19:03.5	6:07.7	3:48.7
29 LEIS, Brayden	JR	Prairie Cedar Rapid	29	19:04.6	6:08.0	3:48.9
30 HALVORSON, Carter	SR	Cedar Falls	-	19:05.1	6:08.2	3:49.0
31 FALK, Zach	JR	Iowa City City High	-	19:05.8	6:08.4	3:49.2
32 TENTINGER, Lucas	JR	Linn-Mar Marion	(30)	19:06.1	6:08.5	3:49.2
33 DUFFY, Ashtin	JR	Cedar Falls	-	19:06.7	6:08.7	3:49.3
34 BEDAL, Thiago	SR	Linn-Mar Marion	(31)	19:07.2	6:08.9	3:49.4
35 SACCO, Vincent	SR	Cedar Falls	-	19:08.0	6:09.1	3:49.6
36 MILLS, Max	JR	Cedar Falls	-	19:08.9	6:09.4	3:49.8
37 OLSON, Brady	JR	Iowa City West	32	19:09.1	6:09.5	3:49.8
38 RENAUD, Henri	JR	Iowa City City High	-	19:09.2	6:09.5	3:49.8
39 STRADT, Talan	JR	Linn-Mar Marion	-	19:09.5	6:09.6	3:49.9
40 HALL, Sintayehu	JR	Cedar Rapids Kenn	33	19:12.3	6:10.5	3:50.4
41 PETERSEN, Kurtis	SR	Prairie Cedar Rapid	34	19:14.0	6:11.0	3:50.8
42 KEAGLE, Gabe	SR	Cedar Falls	-	19:14.9	6:11.3	3:51.0
43 LANGE, Aiden	JR	Dubuque Hempstea	35	19:18.6	6:12.5	3:51.7
44 WAWERU, David	JR	Cedar Rapids Kenn	36	19:31.7	6:16.7	3:54.3
45 STEELE, Gunner	JR	Waterloo West	37	19:34.8	6:17.7	3:54.9
46 CLAYTON, Cameron	SR	Cedar Falls	-	19:35.2	6:17.9	3:55.0
47 FELTON, Evan	JR	Linn-Mar Marion	-	19:35.9	6:18.1	3:55.2
48 MCGRANE, Liam	JR	Cedar Falls	-	19:37.1	6:18.5	3:55.4
49 CORDELL, Kayson	FR	Waterloo West	38	19:41.8	6:20.0	3:56.4
50 HODGINS, Christian	SR	Cedar Rapids Kenn	(39)	19:41.9	6:20.0	3:56.4
51 MERRIL, Kai	JR	Iowa City West	40	19:46.8	6:21.6	3:57.3
52 SMITH, Cade	JR	Cedar Rapids Wash	41	19:48.2	6:22.1	3:57.6
53 DONALDSON, Max	SR	Cedar Falls	-	19:51.4	6:23.1	3:58.3
54 DORMAN, Riley	JR	Iowa City Liberty	42	19:57.0	6:24.9	3:59.4
55 FREUND, Duncan	SO	Wahlert Dubuque	43	19:57.4	6:25.0	3:59.5
56 ENDICOTT, Joseph	JR	Prairie Cedar Rapid	44	19:57.5	6:25.0	3:59.5
57 HYNEK, John	JR	Prairie Cedar Rapid	45	19:58.0	6:25.2	3:59.6
58 WOOD, James	SO	Linn-Mar Marion	-	19:58.3	6:25.3	3:59.7
59 LOEFFELHOLZ, Ty	JR	Dubuque Hempstea	46	19:59.0	6:25.5	3:59.8
60 REINERT, Sebastian	JR	Dubuque Senior	47	20:02.5	6:26.7	4:00.5
61 SCHRACK, Eden	SR	Wahlert Dubuque	48	20:03.1	6:26.8	4:00.6
62 TRESSLER, Jamison	JR	Cedar Falls	-	20:07.2	6:28.1	4:01.4
63 GHABEL, Karsten	JR	Iowa City West	49	20:07.7	6:28.3	4:01.5
64 RUPPEL, Teddy	JR	Dubuque Senior	50	20:08.0	6:28.4	4:01.6
65 DIDELOT, Jett	JR	Dubuque Hempstea	51	20:09.3	6:28.8	4:01.9
66 WILSON, Tanner	JR	Cedar Rapids Kenn	(52)	20:10.5	6:29.2	4:02.1
67 STEWART, Braden	SR	Cedar Falls	-	20:11.6	6:29.6	4:02.3
68 ALLDREDGE, Bradley	SR	Prairie Cedar Rapid	(53)	20:14.7	6:30.6	4:02.9
69 MORALES, Carlos	SR	Linn-Mar Marion	-	20:15.5	6:30.8	4:03.1
70 WHITTAKER-SMITH, Tate	SR	Linn-Mar Marion	-	20:16.5	6:31.2	4:03.3

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71 NOEL, Finnigan	JR	Dubuque Senior	54	20:16.9	6:31.3	4:03.4
72 SCHEPANSKI, Tyler	JR	Iowa City Liberty	55	20:17.5	6:31.5	4:03.5
73 KAMPHAUGH, Ethan	JR	Linn-Mar Marion	-	20:19.6	6:32.1	4:03.9
74 SCHEPANSKI, Trevor	JR	Iowa City Liberty	56	20:22.1	6:32.9	4:04.4
75 ARENDS, Jace	SR	Cedar Falls	-	20:22.4	6:33.1	4:04.5
76 SLJIVO, Tarik	SO	Waterloo West	57	20:22.8	6:33.2	4:04.6
77 ISPENTCHIAN, Zachary	JR	Cedar Rapids Kenn	-	20:27.6	6:34.7	4:05.5
78 MORONEY, Nick	JR	Wahlert Dubuque	58	20:28.9	6:35.1	4:05.8
79 MORENO, Pablo	SR	Cedar Falls	-	20:32.0	6:36.1	4:06.4
80 GAHN, Owen	JR	Iowa City City High	-	20:32.5	6:36.3	4:06.5
81 REESE, Nolan	SR	Cedar Falls	-	20:34.1	6:36.8	4:06.8
82 KOEPNICK, Dylan	JR	Linn-Mar Marion	-	20:37.4	6:37.8	4:07.5
83 FREUND, Walter	JR	Wahlert Dubuque	59	20:37.6	6:37.9	4:07.5
84 REES, Micah	SR	Iowa City Liberty	60	20:38.1	6:38.1	4:07.6
85 SCOTT, Will	SR	Dubuque Hempstea	61	20:39.2	6:38.5	4:07.8
86 MAYFIELD, Isaiah	JR	Cedar Falls	-	20:39.8	6:38.6	4:08.0
87 ZIEGLER, Aidan	SR	Cedar Rapids Kenn	-	20:40.3	6:38.8	4:08.0
88 BALMER, Nolan	JR	Iowa City City High	-	20:40.7	6:38.9	4:08.1
89 PAVLOVEC, Evan	JR	Iowa City Liberty	(62)	20:44.8	6:40.2	4:08.9
90 NELSON, Sam	JR	Wahlert Dubuque	63	20:46.2	6:40.7	4:09.2
91 BLOCK, Preston	JR	Dubuque Senior	(64)	20:46.6	6:40.8	4:09.3
92 KRAMER, Levi	SR	Dubuque Hempstea	65	20:47.7	6:41.2	4:09.5
93 DEAL, Austin	SR	Cedar Rapids Jeffer	-	20:56.8	6:44.1	4:11.4
94 NELSON, Gavin	SR	Iowa City Liberty	(66)	20:56.9	6:44.1	4:11.4
95 LANE, Heath	SR	Iowa City Liberty	-	20:58.5	6:44.7	4:11.7
96 SPRANK, Monte	SR	Dubuque Senior	(67)	20:59.3	6:44.9	4:11.8
97 BENNETT, Josh	SR	Dubuque Hempstea	(68)	21:00.2	6:45.2	4:12.0
98 WILSON, Cormac	JR	Iowa City West	(69)	21:04.9	6:46.7	4:13.0
99 ANDERSEN, Caleb	JR	Waterloo West	70	21:07.5	6:47.5	4:13.5
100 NIELSEN, Alex	SR	Dubuque Senior	-	21:07.7	6:47.6	4:13.5
101 WARBY, Gene	JR	Cedar Falls	-	21:08.9	6:48.0	4:13.8
102 ROGAHN, Connor	SR	Cedar Rapids Wash	71	21:09.2	6:48.1	4:13.8
103 KOSIKAS, Bradyn	JR	Linn-Mar Marion	-	21:10.7	6:48.6	4:14.1
104 FOHT, Derek	JR	Dubuque Senior	-	21:14.4	6:49.7	4:14.9
105 DIXON, Jacob	JR	Iowa City City High	-	21:23.0	6:52.5	4:16.6
106 MINEART, Ramsey	SO	Waterloo West	72	21:27.5	6:54.0	4:17.5
107 PRUETT, Cole	SR	Cedar Rapids Kenn	-	21:27.6	6:54.0	4:17.5
108 WARDEN, Alex	SR	Prairie Cedar Rapid	(73)	21:28.4	6:54.3	4:17.7
109 GESELL, Kyle	JR	Iowa City Liberty	-	21:30.3	6:54.9	4:18.1
110 YANG, Richard	JR	Iowa City West	(74)	21:30.5	6:54.9	4:18.1
111 KOZELSKY, Nathan	SR	Cedar Rapids Wash	75	21:32.4	6:55.5	4:18.5
112 HUEGERICH, Trevor	SR	Cedar Falls	-	21:39.5	6:57.8	4:19.9
113 COOHEY, Iben	SR	Iowa City Liberty	-	21:43.8	6:59.2	4:20.7
114 BROWN, Russell	JR	Iowa City Liberty	-	21:44.2	6:59.3	4:20.8
115 ANDERSON, Austin	JR	Iowa City Liberty	-	21:44.4	6:59.4	4:20.9
116 BIMSON, Cameron	JR	Cedar Rapids Kenn	-	21:46.4	7:00.1	4:21.3

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Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
117 TIGARDOUN, Daniel	JR	Iowa City West	-	21:55.4	7:02.9	4:23.1
118 SEEKS, Aidan	JR	Cedar Falls	-	21:55.8	7:03.1	4:23.2
119 PICKAR, Carter	SR	Cedar Falls	-	22:09.9	7:07.6	4:26.0
120 DALLNER, Connor	JR	Iowa City Liberty	-	22:15.7	7:09.5	4:27.1
121 CAMARA, Mandjou	SR	Cedar Rapids Wash	76	22:21.0	7:11.2	4:28.2
122 MUNSON, Ben	SR	Iowa City Liberty	-	22:23.0	7:11.8	4:28.6
123 ELSHIEKH, Bassil	JR	Linn-Mar Marion	-	22:33.8	7:15.3	4:30.7
124 HOLLAND, John	JR	Cedar Falls	-	22:34.2	7:15.4	4:30.8
125 GROENEVELD, Matthew	JR	Cedar Falls	-	22:44.2	7:18.6	4:32.8
126 REISING, Levi	JR	Dubuque Senior	-	22:47.2	7:19.6	4:33.4
127 KMETZ, Adam	JR	Linn-Mar Marion	-	22:50.0	7:20.5	4:34.0
128 MCDERMOTT, Ryan	JR	Iowa City Liberty	-	22:56.0	7:22.4	4:35.2
129 HERRING, Jackson	SR	Cedar Falls	-	23:06.4	7:25.8	4:37.3
130 MCCLOE, Kaden	JR	Linn-Mar Marion	-	23:08.5	7:26.4	4:37.7
131 ANDREWS, Cameron	JR	Cedar Rapids Wash	77	23:09.9	7:26.9	4:38.0
132 ALLGOOD, Lucia	SR	Iowa City Liberty	-	23:12.0	7:27.6	4:38.4
133 O'BRYON, Collin	SR	Cedar Falls	-	23:19.9	7:30.1	4:40.0
134 WILDMAN, Hayden	SR	Linn-Mar Marion	-	23:20.5	7:30.3	4:40.1
135 AJAVON, Amakoe	JR	Iowa City Liberty	-	23:30.1	7:33.4	4:42.0
136 CORMIER, Isaac	SR	Linn-Mar Marion	-	23:31.9	7:34.0	4:42.4
137 HOCKETT, Ashton	JR	Dubuque Hempstea	(78)	23:44.2	7:37.9	4:44.8
138 MEIER, Kinnick	SR	Cedar Rapids Jeffer	-	23:51.9	7:40.4	4:46.4
139 TENTINGER, Ben	JR	Linn-Mar Marion	-	23:59.6	7:42.9	4:47.9
140 ERRTHUM, Owen	SR	Dubuque Hempstea	-	24:00.8	7:43.3	4:48.2
141 SCHNECK-DEHECK, Brenn	FR	Waterloo West	(79)	24:01.7	7:43.6	4:48.3
142 LEEMHUIS, Justin	SR	Linn-Mar Marion	-	24:15.6	7:48.0	4:51.1
143 HARMON, Connor	JR	Iowa City City High	-	24:19.0	7:49.1	4:51.8
144 MAY, Owen	JR	Dubuque Senior	-	24:25.9	7:51.4	4:53.2
145 REYNOLDS, Hunter	SR	Linn-Mar Marion	-	24:28.5	7:52.2	4:53.7
146 PYDIPALLI, Piyush	JR	Iowa City Liberty	-	24:30.3	7:52.8	4:54.1
147 TIGGES, Riley	SR	Dubuque Hempstea	-	24:39.5	7:55.7	4:55.9
148 STOLLENWERK, Quincy	FR	Waterloo West	(80)	24:48.6	7:58.6	4:57.7
149 PREMKUMAR, Brendon	JR	Xavier Cedar Rapid	-	25:05.1	8:03.9	5:01.0
150 RODEMEYER, Izaak	JR	Prairie Cedar Rapid	-	25:17.4	8:07.9	5:03.5
151 JEBE, Gavin	JR	Waterloo West	-	25:25.3	8:10.4	5:05.1
152 BILES, Sam	JR	Linn-Mar Marion	-	25:26.2	8:10.7	5:05.2
153 PAREDES RUIZ, Angel	SR	Iowa City Liberty	-	26:44.1	8:35.8	5:20.8
154 SCHULTZ, Adam	SR	Iowa City Liberty	-	28:09.1	9:03.1	5:37.8
155 PELZEL, Asa	JR	Iowa City Liberty	-	29:27.8	9:28.4	5:53.5
156 MONTOVER, Philip	JR	Iowa City Liberty	-	31:28.9	10:07.3	6:17.8
157 PEDRON, Jack	JR	Cedar Rapids Wash	(81)	36:30.4	11:44.3	7:18.1
158 BAHL, Luke	FR	Wahlert Dubuque	(82)	38:33.7	12:23.9	7:42.7