

**Community Resources For Cumberland  
County Crossville, Pinewood, & HAFH Head  
Start Centers  
2023-2024**



To locate additional information on community resources  
access:  
<https://empoweruppercumberland.org/discoverresources/>  
or <https://ucassist.org/search/>

*Developed and Distributed by L.B.J.&C. Head Start*

Table of Contents

Resources for:

Adult Education.....3

Adult Job Training .....3

Bereavement .....4

Child Care .....5

Child Abuse .....6

Dental Providers-TennCare.....7

Dental Providers General .....7

Disabilities .....8

Domestic Violence .....9

Drug & Alcohol Abuse .....10-11

Emergencies .....11

Food, Clothing, & Utilities .....12-13

Housing & Homelessness .....13

Insurance.....14

Legal & Governmental Assistance.....14

Marriage Counseling .....15

Pre-Marriage Counseling .....15

Medical Providers-TennCare .....16

Medical Providers .....17

Mental Health Providers-TennCare .....17-18

Mental Health Providers .....18-19

Tobacco Cessation .....19

Parenting .....19-20

Transportation .....20

Youth Involvement .....	20-21
Language Assistance .....	21-22

## **Adult Education:**

### **Cumberland County Adult Education Programs**

60 Ridley St Suite 108  
Crossville, TN. 38555  
(931) 484-5446

### **Cumberland County Adult Literacy Program**

910 Miller Avenue, Building #1  
Crossville, TN. 38555  
(931) 337-5809

**Email:** [admin@cumberlandliteracy.org](mailto:admin@cumberlandliteracy.org)

### **Families First Program**

Sponsored by: Department of Human Services  
32 Daniel Drive  
Crossville, TN. 38555  
931-484-2573 or 1-866-311-4287

### **Fortis Institute**

1025 Tn Hwy 111  
Cookeville, TN. 38501  
(931) 526-3660

### **Roane State Community College**

2567 Cook Road  
Crossville, TN 38571  
931-456-9880

### **Tennessee Technology Center**

910 Miller Ave.  
Crossville, TN. 38555  
(931) 484-7502

### **UC Reconnect.com**

615-532-3511

## **Adult Job Training Services:**

### **American Job Center**

60 Ridley St. Crossville, TN 38555  
931-484-7456

### **Families First Program**

Sponsored by: Department of Human Services  
32 Daniels Drive  
Crossville, TN. 38555  
931-484-2573

### **Cumberland Good Samaritans**

P.O. Box 89  
Crossville, TN 38557  
(931) 484-3225

### **Tennessee Technology Center**

910 Miller Ave.  
Crossville, TN. 38555  
(931) 484-7502

### **Upper Cumberland Human Resource Agency - UCART**

73 Methodist Campground Loop  
Crossville, TN 38555  
931-456-0691

## **Resources for Bereavement:**

### **Fairfield Glade United Methodist Church Compassionant Friends**

231 Westchester  
Crossville, TN 38558  
931-287-0042 Sharon

### **Hospice Grief Recovery Group**

Sponsored by: Lazarus House Hospice  
851 South Willow Ave Ste 102  
Cookeville, TN.  
931-528-5133  
Fax 931-372-0249

### **Heart of the Cumberland**

25 W. Broad St. Suite 11 38501  
Cookeville, TN 38503  
Phone: 931-525-2600  
heartofthecumberland@gmail.com

### **C5 Christian Counseling**

352 Lantana Dr. Crossville, TN 38555  
931-707-8200

### **Grief Share-Cumberland Fellowship**

1640 West Ave. Crossville, TN 38555  
Tim Twohig 615-719-3048  
Cumberland fellowship  
931-707-3048

## **Childcare:**

### **Mrs. Jessica's Small World**

7445 Plateau Rd.  
Crossville, TN 38571  
931-200-2635

### **Bright Futures Early Learning Center**

60 Lawson Drive Crossville, TN 38555-0000  
(931) 456-4395

### **Crossville Christian School (-E-)**

28 Rock Quarry Road Crossville, TN 38555  
(931) 484-0026

### **Crossville Head Start**

1831 East First Street Crossville, TN 38555  
(931) 484-4114 (Free Service)

### **Cumberland Cnty Quality Care Program (-E-)**

7657 Hwy 127 N Crossville, TN 38571  
(931) 335-2285

### **Christian Academy of the Cumberlands**

325 Braun St.  
Crossville, TN 38555  
931-707-9540

### **Ms. Jessica's Small Wolrd**

7445 Plateau Rd.  
Crossville, TN 38571  
931-200-2635

### **Central Baptist Church**

**Mother's Day Out**  
1346 S. Main St.

### **Home Away From Home-Pinewood Head Start**

115 Pinewood Dr., Crossville, TN 38555  
931-787-1012

### **Home Away From Home Head Start**

18 Obed St. Crossville, TN 38557  
931- 484-3238

### **Kidz Connection**

912 Lantana Road Crossville, TN 38555  
(931) 484-7352

### **Lil' Punkin Child Care**

27 Penny Lane Crossville, TN 38555  
(931) 456-9447

### **Shepherd's Little Flock Christian Dc**

1461 Sparta Highway Crossville, TN 38572  
(931) 707-0508

Crossville, TN  
931-484-8426

### **Lantana Baptist Church**

3270 Lantana Rd.  
Crossville, TN 38572  
931-788-2844

### **Homestead Elementary**

3889 Hwy 127 S.  
Crossville, TN 38572

### **North Cumberland Elementary**

7657 Hwy 127 N.

Crossville, TN 38571

**Crab Orchard Elementary**

240 School Rd.  
Crab Orchard, TN 37723

**Pleasant Hill Elementary**

486 W. Main St.  
Pleasant hill, TN

**Pineview Elementary**

349 Daysville Rd.

**Resources to Help in Child Abuse Situations:**

**Avalon Center**

196 10th St.  
Crossville, TN. 38555  
1-800-641-3434 24-hour crisis line  
(931) 484-4642 24-hour crisis line  
(931) 456-0747 Center office

**CASA**

580 S. Jefferson Ave, Suite A  
Cookeville, TN 38501  
931-520-9540  
[www.uchracasa4children.org](http://www.uchracasa4children.org)

**Child Abuse Hotline**

900 2nd Avenue North  
Nashville, TN 37201  
877-237-0004

**Crossville Police Department**

115 Henry Ave,  
Crossville, TN 38555  
Contact: (931) 484-7231  
911 Emergencies

**Crossroads Counseling**

261 Yvonne Ave  
Crossville, TN 38555  
931-707-8921

Rockwood, TN

**Stone Elementary**

1219 Cook Rd. Crossville, TN 38555

**South Cumberland Elementary**

3536 Lanatana Rd Crossville, TN 38572

**Glenn Martin Elemnetary**

1362 Miller Ave.  
Crossville, TN 38555

Contact: Tom Netherton, LPC, LPE

**Cumberland County Sheriff's Dept.**

90 Justice Center Dr.  
Crossville, TN 38555  
Contact: Jodi Roberts  
(931) 484-6176  
911 Emergencies

**Department Of Children's Services**

136 Dooley St Ste 201  
Crossville, TN 38555  
(931) 459-6600

**District Attorney General**

112 4th St  
Crossville TN, 38555  
(931) 484-8732  
FAX 931-484-0177

**House of Hope**

165 Bob Tollett Loop,  
Crossville, TN 38555  
931-707-2273  
[www.houseofhopetn.org](http://www.houseofhopetn.org)

**Omni Community Health**

665 South Jefferson Ave.  
Cookeville, TN. 38501  
(931) 528-0051

**Plateau Pregnancy Services**

99 Walker St. Crossville, TN 38555

Contact: Sheri Nichols

(931) 456-6944

**The Exchange Club - Stephens Center  
Prevention of Child Abuse**

616 North Church St. Livingston, TN 38570

931-823-6432 & 800-635-5199

**Tennessee Commission on Children &  
Youth**

1225 South Willow Ave

Cookeville, TN 38506

931-646-0955

**Dental Providers who take  
TennCare:**

**Algood Family Dental Clinic**

172 West Main Street Algood, TN 38506

(931) 537-9948

**Cookeville Regional Dental Clinic**

350 S. LOWE AVE Cookeville, TN 38501

(931) 528-5105

**Cloudland Dental Clinic**

510 Livingston Rd. Crossville, TN 38555

(931) 484-3007

**Dr. Charles Burdeshaw**

107 Bonnahbrook Dr. Hermitage, TN

1-800-373-3330 or 615-889-1654

**Dr. David Snodgrass**

4761 Andrew Jackson Parkway Hermitage,  
TN 37076

615-866-3343

**Dr. Eric Wood**

206 Rivergate Parkway, Suite A

Goodlettsville, TN 37072

(615) 859-9994

**Dr. Richard Prichard**

10480 Walden Street Soddy Daisy, TN

37379

(423) 332-5544

**Dr. William Bell/Dr. Townsend**

8033 Ray Mears Blvd. Knoxville, TN 37919

(865) 545-4592

**Northside Family Dentistry**

143 Matherly St

Crossville, TN 38555

931-787-1718

**Plateau Family Dentistry**

1357 Interstate Dr

Crossville, TN 38555

931-787-1277

**Putnam County Health**

701 County Services Dr

Cookeville, TN. 38501

(931) 528-2531

**Dental Providers, who may not take  
TennCare, but offer services to low-  
income families:**

**Bread of Life Homeless Shelter and Clinic**

281 4th Street

Crossville, TN 38555

931-707-0503

**Cookeville Rescue Mission**

1331 S Jefferson Ave

Cookeville, TN 38506

931-528-5819



## **Resources for persons with Disabilities:**

### **ARC - Cumberland County**

269 Hayes Avenue Suite 101  
Crossville, TN 38557  
931-456-0206

### **Cumberland County Special Education Services**

368 4th Street Crossville, TN 38555  
(931) 484-3301

### **Cumberland Veterans Affair**

2 N Main St Suite 101  
Crossville, TN 38555  
(931) 456-0090

### **Disabled American Veterans**

486 Sparta Dr  
Crossville TN 38555  
(931) 456-5475

### **Hill Toppers**

86 Duer Court.  
Crossville, TN 38555  
(931) 484-2535  
2<sup>nd</sup> Week of March

### **Preps Center**

47 Willow St. Crossville, TN 38555  
(931) 456-4727

### **Social Security Administration - SSI Program**

1145 Perimeter Park Dr.  
Cookeville, TN 38501  
931-372-8459

### **TN Early Intervention System (TEIS)**

1519 E Spring St Sute G  
Cookeville, TN 38506  
(931) 528-1623

### **Tennessee Department of Human Services**

- Cumberland County  
32 Daniel Drive  
Crossville, TN 38555  
931-484-2573

### **Upper Cumberland Development District**

1104 England Dr.  
Cookeville, TN 38501  
931-432-4111

## Resources to help in Domestic Violence Situations:

### **Avalon Center**

196 10th St  
Crossville, TN. 38555  
1-877-296-0119  
(931) 484-4642 24-hour crisis line  
(931) 456-0747 Center Office

### **Crossville Police Dept.**

115 Henry Ave  
Crossville, TN 38555  
(931) 484-7231  
911 Emergencies

### **Cumberland County Sheriff's Dept.**

90 Justice Center Dr.  
Crossville, TN 38555  
(931) 484-6176  
911 Emergencies

### **Cumberland County Court System**

90 Justice Center Dr.  
Crossville, TN 38555  
931-484-6176

### **District Attorney General**

1519-East Spring Street  
Cookeville, TN. 38501  
**(931) 528-5015**

### **Genesis House**

Street location is confidential  
Cookeville, TN N/A  
(931) 526-4730  
Hotline: 800-707-5197

### **House of Hope**

Cumberland Children's Center  
165 Bob Tollett Loop  
Crossville, TN 38555  
(931) 707-2273

### **Omni Community Health**

665 S. Jefferson Ave  
Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

### **The Exchange Club - Stephens Center Prevention of Child Abuse**

616 N CHURCH ST  
Livingston, TN 38570  
Contact: Carolyn Isbell, Executive Director  
931-823-6432 & 800-635-5199

## **Alcohol and Drug Abuse Prevention & Treatment:**

### ***All Local Churches in Area***

**Alcoholics Anonymous**  
4th Dimension Clubhouse  
2229 Hwy 70 N  
Crossville, TN 38555

**Anti-Drug Coalition**  
[www.cumberlandcountyrising.org](http://www.cumberlandcountyrising.org)

**Bradford Health Services**  
1330 Neal Street  
Cookeville, TN 38501  
931-528-6803

**Crossville Police Department**  
115 Henry Ave,  
Crossville, TN 38555  
(931) 484-7231

**Cumberland Heights**  
Drug Treatment Center  
1-800-646-9998

**Cumberland County Medical Center**  
421 South Main St.  
Crossville TN 38555  
(931) 484-9511

**Cumberland Mtn. Mental Health Center**  
4325 Hwy 127 North  
Crossville, TN 38555  
(931) 484-8020

**Cumberland County Sheriff's  
Department**  
90 Justice Center Dr.  
Crossville, TN 38555  
(931) 484-6176

**Department Of Children's Services**  
600 Hearthwood Ct.  
Cookeville, TN 38506  
(931) 646-3000

**Drug Tip Hotline**  
90 Justice Center Dr  
Crossville, TN 38571  
Sponsored by: Cumberland County Sheriffs  
Department  
(931) 484-4444

**Drug Abuse Hotline**  
1-800-662-4357

**House of Hope**  
Cumberland Children's Center  
165 Bob Tollett Loop  
Crossville, TN 38555  
(931) 707-2273

**Omni Community Health**  
665 S. Jefferson Ave.  
Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Meth Hotline - Statewide**  
1-800-889-9789  
[drughelpline.org/meth-hotline](http://drughelpline.org/meth-hotline)

**Narcotics Anonymous**  
Sponsored by: Fourth Dimension  
2229 West Ave  
Crossville, TN 38555  
931-484-6384

**Teens Against Drugs**  
261 Yvonne Ave  
Crossville, 38503  
931-456-2859 [www.tadcenter.org](http://www.tadcenter.org)

**Teen & Adult Challenge**  
200 Freedom LN  
Livingston, TN 38570  
931-823-3496

**Assistance in the event of an  
Emergency Situation:**

**Air Evac Life Team**  
106 Emergency Services Dive  
Albany, KY 42602  
(606) 387-9099  
Emergency- 911

**American Red Cross**  
Cumberland County Chapter  
106 E. 2nd St  
Crossville, TN 38555  
931-484-6348

**Crossville Fire Dept.**  
141 Henry Ave.  
Crossville, TN 38555  
(931) 484-6144

**Cumberland County Medical Center**  
421 South Main St.  
Crossville TN 38555  
(931) 484-9511

**Crossville Police Dept.**  
115 Henry Ave  
Crossville, TN 38555  
(931) 484-7231

**Cumberland County Rescue Squad**  
101 10th St, Crossville, TN 38555  
(931) 484-9143

**Thirteenth Judicial Task Force**  
P.O. BOX 1266  
Cookeville, TN. 38503

**101 TENTH ST**  
Crossville, TN 38555  
(931) 484-9143

**Cumberland County Sheriff's Dept**  
90 Justice Center Dr.  
Crossville, TN 38555  
(931) 484-6176

**Disaster Assistance**  
[DisasterAssistance.gov](http://DisasterAssistance.gov)

**Emergency Management Agency**  
42 Southbend Dr  
Crossville, TN 38555  
(931) 484-7016

**Poison Control**  
1-800-222-1222

**Shriners of Tennessee**  
1354 Brick Church Pike  
Nashville, TN. 37207  
615-226-7766

**TEMA**  
[www.tn.gov/tema](http://www.tn.gov/tema)

**Thirteenth Judicial Task Force**  
Cookeville, TN. 38501

**Assistance with  
Food/Clothing/Utilities Needs:**

**Bread of Life Homeless Shelter and Clinic**

281 4th Street  
Crossville, TN 38555  
931-707-0503

**Legal Aid Society of Middle Tennessee  
and the Cumberland's**

9 South Jefferson Avenue STE 102  
Cookeville, Tennessee 38501  
Phone: 931.528.7436  
Toll Free: 800.262.6817

**Crab Orchard Church of Christ**

Hwy 70 E.  
Crab Orchard, TN 37723  
931-335-5145

**Crab Orchard Care Center**

87 Commerce St  
Crab Orchard, TN 37723  
931-707-5616

**Cumberland Co. Good Samaritans**

281 10th St.  
Crossville, TN 38555  
(931) 484-3225

**First United Methodist Church**

100 Braun Street  
Crossville, TN. 38555  
(931) 484-3537  
(Assist with food, utilities & clothing needs)

**Linary Church of Christ**

1244 Old Hwy 28  
Crossville, TN 38555  
(931) 484-5961

**Mountain View Baptist Church**

Rt. 1 Cookeville Hwy.  
Crossville, TN. 38557  
(931) 456-5186

**Neighbors Together**

P.O. Box 355  
Pleasant Hill, TN 38578

**Never Fail Community Church**

2080 Red Road  
Sparta, TN. 38583  
(931) 277-5032

**New Beginnings Fellowship Church**

12 Mariners Point  
Crossville, TN. 38558  
(931) 484-7729/Dewey Peterson  
(931) 277-3703/Bill Rector

**Bible Baptist Church**

1335 US-70 Crossville, TN 38555  
931-707-5514

**Second Harvest**

847-406-9366  
Donna Matthews

**Saint Alphonsus Community Services**

51 Saint Alphonsus Way  
Crossville, TN 38555  
(931) 484-8074

**Tennessee Department of Human  
Services - Cumberland County**

32 Daniel Drive  
Crossville, TN 38555  
931-484-2573

**United Fund of Crossville**

348 Taylor Street, Suite 101  
Crossville, TN 38555  
(931) 484- 4082

**Upper Cumberland Human Resource Agency - UCART**  
73 Methodist Campground Loop  
Crossville, TN 38555  
931-456-0691

## **Resources to assist with Housing/**

### **Homeless Needs:**

#### **Bread of Life Homeless Shelter and Clinic**

281 4th Street  
Crossville, TN 38555  
931-707-0503

#### **Cookeville Rescue Mission**

1331 S Jefferson Ave  
Cookeville, TN 38506  
931-528-5819

#### **Creative Compassion, Inc.**

20 Penny Ln  
Crossville, TN 38555  
931-456-6654  
www.ccihomes.org

#### **Crossville Housing Authority**

<https://crossvillehousing.org/Index>  
[info@crossvillehousing.org](mailto:info@crossvillehousing.org)  
67 Erwin St  
Crossville, TN. 38555  
(931) 484-2990

#### **Habitat for Humanity**

329 McLarty Lane  
Crossville, TN 38555  
931-484-4565

#### **HART**

Homeless Advocacy for Rural Tennessee  
P.O. Box 3311  
Crossville, TN 38557  
931-484-7020  
844-556-7626

#### **New Beginnings**

Self-Help Housing Program  
67 Irwin Ave  
Crossville, TN. 38555  
931-484-2990

#### **United States Department of Agriculture Rural Development**

390 South Lowe Avenue Suite K  
Cookeville, TN 38501  
(931) 528-6539

#### **Homeless Shelter**

Bread Of Life Rescue Mission  
281 4TH ST  
Crossville, TN. 38555  
931-707-0503

#### **Upper Cumberland Human Resource Agency**

73 Methodist Campground Loop  
Crossville, TN 38555  
931-456-0691

## **Assistance with Insurance Needs:**

### **Blue Cross Blue Shield**

1 Cameron Hill Cir  
Chattanooga, TN 37402  
423-535-5600

### **CoverKids**

Associated with/Tennessee Department of  
Human Services - Cumberland County  
32 Daniel Drive  
Crossville, TN 38555  
931-484-2573

### **Tennessee Justice Center**

211 7TH AVE N STE 100  
Nashville, TN 37219  
615-255-0331

### **TN Health Connection**

TennCare Advocacy  
1-855-259-0701

## **Legal/Governmental Assistance:**

### **Child Support Services of Tennessee**

580 S Jefferson Ave Ste N  
Cookeville, TN 38501  
931-528-8598

### **Crossville Housing Authority**

67 Irwin Ave  
Crossville, TN. 38555  
Phone: (931) 484-2990

### **Legal Aid Society of Middle Tennessee and the Cumberland's**

9 South Jefferson Avenue  
Cookeville, Tennessee 38501  
Phone: 931.528.7436  
Toll Free: 800.262.6817

### **Rape and Sexual Assault Response Center**

1519 East Spring, Suite F  
Cookeville, TN 38506  
Hours of operation :  
24 hrs/day, 7 days a week  
Phone: 931-526-5197  
Hotline: 800-707-5197  
Translation services offered: Yes

### **Tennessee 211**

615-279-1410  
1-800-318-9335

### **Upper Cumberland-Community Services Agency**

1000 England Dr Suite F  
Cookeville, TN 38501  
(931) 520-0200

## **Resources to Strengthen Marriages:**

### **Assessment/Counseling/training Services**

(ACTS)

312 1st Ave  
Cookeville, TN. 38506  
(931) 528-9399

### **Christian Counseling Center**

348 Taylor St Ste 105  
Crossville, TN 38555  
931-707-8200

### **Crossroads Counseling**

261 Yvonne Ave  
Crossville, TN 38555  
931-707-8921  
Contact: Tom Netherton, LPC, LPE

### **Cumberland Mtn. Mental Health Center**

4325 Hwy 127 North  
Crossville, TN 38555  
(931) 484-8020

### **Omni Community Health**

665 S. Jefferson Ave.  
Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

### **Upper Cumberland Development District**

1104 England Dr.  
Cookeville, TN 38501  
(931) 432-4111

## **Pre- Marriage Counselors: (All Local Churches)**

### **Assessment/Counseling/training Services**

(ACTS)

25 W. Broad St Ste 10  
Cookeville, TN. 38501  
(931) 528-9399

### **Bethlehem Baptist Church**

626 Potato Farm Rd.  
Crossville, TN 38571  
Church: (931) 456-0239

### **Christian Counseling Center**

348 Taylor St Ste 105  
Crossville, TN 38571  
931-707-8200

### **Crossroads Counseling**

261 Yvonne Ave  
Crossville, TN 38555  
931-707-8921  
Contact: Tom Netherton, LPC, LPE

### **Never Fail Community Church**

2080 Red Road  
Sparta, TN. 38583  
(931) 277-5032  
(931) 277-5063

### **Saint Alphonsus Community Services**

51 Saint Alphonsus Way  
Crossville, TN 38555  
(931) 484-8074

### **Tollet's Chapel**

95 Tabor Loop  
Crossville, TN 38571  
Office: 931-4845220



**Medical Providers who take  
TennCare:**

**Children's Special Services**

1503 S. Main St.  
Crossville, TN  
931-484-6196

**Cookeville Pediatrics Associates**

150 N Willow Ave  
Cookeville, TN. 38501  
(931) 528-1485

**Crossville Medical Group**

**Dr. Carpenter**

100 Lantana Rd Suite 202  
Crossville, TN 38555  
931-484-5141

**Cumberland County Health Department**

1503 S. Main Street  
Crossville, TN 38555  
(931) 484-6196

**Cumberland County Medical Center**

421 South Main St.  
Crossville TN 38555  
(931) 484-9511

**Dr. Berman**

3234 Miller Ave.  
Crossville TN 38555  
(931) 707-8700

**Hassler, RNP**

3234 Miller Ave  
Crossville TN 38555  
(931) 707-8700

**Infinity Health Care Dr. Carlton**

229 Interstate STE 105  
Crossville, TN 38555  
931-981-9809

**Johnson Family Medicine**

1720 WEST AVE  
Crossville, TN 38555  
931-484-2220

**Dr. Vish**

15 Walker Hill Circle  
Crossville TN 38555  
(931) 484-1100

**Exac Care**

229 Interstate Dr Suite 103  
Crossville, TN 38555  
931-210-5577

**Kid's Kare Dr. Climico**

758 South Willow Ave.  
Cookeville, TN. 38501  
(931) 526-6173

**Family Walk-in Clinic**

42 Dooley Street  
Crossville, TN. 38555  
(931) 707-7117

**Urgent Care Crossville**

665 N Main St  
Crossville, TN 38555  
931-337-0510

**Dr. Koucheki**

40 Elmo Dr  
Crossville, TN 38555  
931-484-5525

**Medical Providers, who may not take TennCare, but offer services to low-income families:**

**Bread of Life Homeless Shelter and Clinic**

281 W 4th Street Crossville, TN 38555  
931-707-0503

**Children's Special Services**

1503 S. Main St. Crossville, TN  
931-484-6196

**Crab Orchard Care Center**

P.O. Box 274  
Crab Orchard, TN 37723  
931-707-5616

**Cumberland Co Cardiac Pulmonary**

Rehab Alumni, Inc  
931-510-0662

**Mental Health Providers who take TennCare:**

**ACTS**

3 East Street.  
Crossville, TN 38555  
(931) 225-7142

**Crossroads Counseling**

261 Yvonne Ave  
Crossville, TN 38555  
931-707-8921  
Contact: Tom Netherton, LPC, LPE

**Cumberland Plateau Recovery**

550 North Church Street  
Livingston, TN. 38570  
(931) 528-2258  
(931) 465-7551

**Cumberland County Health Department**

1503 S. Main St.  
Crossville, TN 38555  
(931) 484-6196

**Cumberland County Medical Center**

421 South Main St.  
Crossville TN 38555  
(931) 484-9511

**Monterey Lion's Club**

108 E Commercial Ave  
Monterey, TN. 38574

**Partnership for Prescription Assistance**

Phone: 1-888-477-2669  
[www.pparx.org](http://www.pparx.org)

**Cumberland Mountain Mental Health Center**

4325 Hwy 127 North  
Crossville, TN 38571  
(931) 484-8020

**Dale Hollow Mental Health Center**

501 Spruce Street  
Livingston, TN. 38570  
(931) 823-5678

**Plateau Mental Health Center**

Susbtance Abuse Services  
1200 South Willow Avenue  
Cookeville TN 38502  
Phone: (931) 432-4123  
Hotline: (877) 567-6051

**Rape and Sexual Assault Response Center**

1519 East Spring, Suite F  
Cookeville, TN 38506

Hours of operation:  
24 hrs/day, 7 days a week  
Phone: = 931-526-5197  
Hotline: 800-707-5197

**Team Evaluation Center**  
600 North Holtzclaw Avenue  
Chattanooga, TN 37404-1220  
(423)-622-0500

**Volunteer Behavioral Health Care System  
Plateau Mental Health Center**  
1200 South Willow  
PO Box 3165 Cookeville, TN 38502  
Hotline: 1-800-704-2651  
Office:931-432-4123

**Mental Health Providers, who may not take TennCare,  
but offer services to low-income families:**

**Assessment/Counseling/training Services (ACTS)**  
25 W. Broad St. Suite 10  
Cookeville, TN. 38501  
(931) 528-9399

**Crossroads Counseling**  
261 Yvonne Ave  
Crossville, TN 38555  
931-707-8921  
Contact: Tom Netherton, LPC, LPE

**Omni Community Health**  
665 S. Jefferson Ave  
Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Plateau Mental Health Center  
Substance Abuse Services**  
1200 South Willow Avenue  
Cookeville TN 38506  
Phone: (931) 432-4123  
Hotline: (877) 567-6051

**Pacesetters Inc.**  
2511 Hwy 111 North  
Algood, TN. 38506  
(931) 537-9100

### **Quit Tobacco Resources:**

**Tennessee Tobacco Quitline: 1-800-784-8669**

**Cumberland County Health Department**  
Smoking Cessation  
Ruth Lucas  
1503 S. main Street  
Crossville, TN 931-484-6196

**White County Hospital**  
Quit 4 Life Smoking Cessation  
401 Sewell Dr  
Sparta TN 38583  
Greg Williams  
931-738-9211

**Cookeville Regional Medical Center-  
Algood Room**  
**Quit 4 Life Smoking Cessation**  
Tandy Todd  
142 W. 5th St.  
Cookeville, TN 38501  
931-646-2693

### **Resources to assist persons raising children possibly other than their own:**

**Agricultural (UT) Extension Service -  
Cumberland County**  
1398 Livingston Rd Crossville, TN 38571  
931-484-6743

### **Tennessee Department of Health, WIC Program**

**S.M.A.R.T.** – Smart Mothers are Resisting Tobacco  
1-800-342-5942

**Nicotine Anonymous**  
800-642-0666

**American Lung Association**  
Freedom From Smoking  
800-586-4872  
INFO@LUNG.ORG

**American Lung Association of Tennessee**  
865-691-7228  
212 S Peters Rd Ste 106  
Knoxville, TN 37923  
www.lungusa.org

**Former Smokers**  
**The No Smoke Café**  
<http://clever.net/chrisco/nosmoke/stop.html>

**Department Of Children’s Services**  
600 Hearthwood Ct  
Cookeville, TN 38506  
(931) 646-3000

**Help Us Grow Up Successful (HUGS)**  
1100 England Dr  
Cookeville, TN 38501  
931-520-4202

**Kids on the Rise**

348 Taylor St Ste 102  
Crossville, TN 38555  
931-459-2388

**LifeCare Family Services**

665 S. Jefferson Ave

**The Exchange Club/Stephens Center for  
the Prevention of Child Abuse**

616 N Church St  
Livingston, TN 38570  
Contact: Carolyn Isbell, Executive Director  
931-823-6432 & 800-635-5199

**Parent Resource Center**

616 B. North Church St  
Livingston, TN.  
1-800-635-5199

**Relatives as Caregivers**

1104 England Dr.  
Cookeville, TN. 38501  
(931) 432-4111

**Youth Villages**

448 Neal Street  
Cookeville, TN. 38501  
(931) 525-6900

**Resources to assist with  
Transportation Needs:****Upper Cumberland Human Resource  
Agency - UCART**

73 Methodist Campground Loop  
Crossville, TN 38555  
931-707-1077

**Meals And More**

Cumberland Fellowship Church  
Gas cards for medical appointments only  
608 WEST AVE  
CROSSVILLE, TN 38555  
931-787-1355

## Promoting Youth Involvement:

### **4-H**

62 4-H CENTER DR  
CROSSVILLE, TN 38571  
931-788-2288

### **Agricultural (UT) Extension Service - Cumberland County**

1398 Livingston Rd  
Crossville, TN 38571  
931-484-6743

### **Bethlehem Baptist Church**

626 Potato Farm Rd.  
Crossville, TN 38571  
931-456-0239

### **Stevie's Elite Athletics**

2954 N. Old Hwy 70  
Crossville, TN 38555  
931-456-7321

### **Centennial Park**

837 Industrial Blvd.  
Crossville, TN 38555  
931-456-6632

### **Boy Scouts**

1-972-580-2489

### **Cumberland Worship Center**

145 Interstate Drive  
Crossville, TN. 38555  
(931) 707-9855

### **Cumberland Fellowship Baptist Church**

1640 West Ave  
Crossville, TN. 38555  
(931) 707-1883

### **Girl Scouts**

1-800-478-7248

### **Pine Eden Baptist Church**

### **ASSE**

International Student Exchange Programs  
3091 A EAST SHADOWLAWN AVE  
ATLANTA, GA 30305  
1-800-473-0696

### **Art Circle Public Library**

3 East Street  
Crossville, TN. 38555  
(931) 484-6790

### **Kids on the rise**

348 Taylor St. #102  
Crossville, TN 38555  
931-459-2388

### **Dr. Carl T. Duer Sr.**

#### **Soccer Complex**

558 Crossroads Dr.  
Crossville, TN 38555  
931-456-6632

### **Crossville Center of Dance**

21 E. Stanley St. #209  
Crossville, TN 38555  
931-484-8380

976 Genesis Road Crossville, TN.  
38555(931) 456-0142

### **Saint Alphonsus Community Services**

51 Saint Alphonsus Way  
Crossville, TN 38555  
(931) 484-8074

### **WCTE American Graduate & Ready To Learn**

IWray@wcte.org  
CPutnam@wcte.org  
931-528-2222

## **Language Assistance (All Counties)**

### **County Health Depts. - Primary Health Care Services**

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)

### **Department of Human Services, Counties**

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

### **Hispanic Family Resource Center**

P.O. Box 12555  
Murfreesboro, TN  
(615) 200-6219  
615-200-6215

### **Hispanic Association**

732 Lafayette Rd  
Red Boiling Springs, TN 37150  
615-699-3100

### **Omni Community Health**

665 South Jefferson Avenue  
Cookeville, TN 38501  
(931) 528-0051

Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)