

Rajiv Gandhi University of Health Sciences, Karnataka

First year B.Sc. Nursing (PC) Degree Examination – Feb/March 2011

Time: Two Hours

Max. Marks: 35 Marks

NUTRITION AND DIETETICS (RS-3 & RS-4)

2.7

Q.P. CODE: 1732

Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. Discuss in detail the importance of Nutrition in Health
2. Discuss the balanced diet and dietary requirements for adolescent girls

SHORT ESSAYS (Answer any Three)

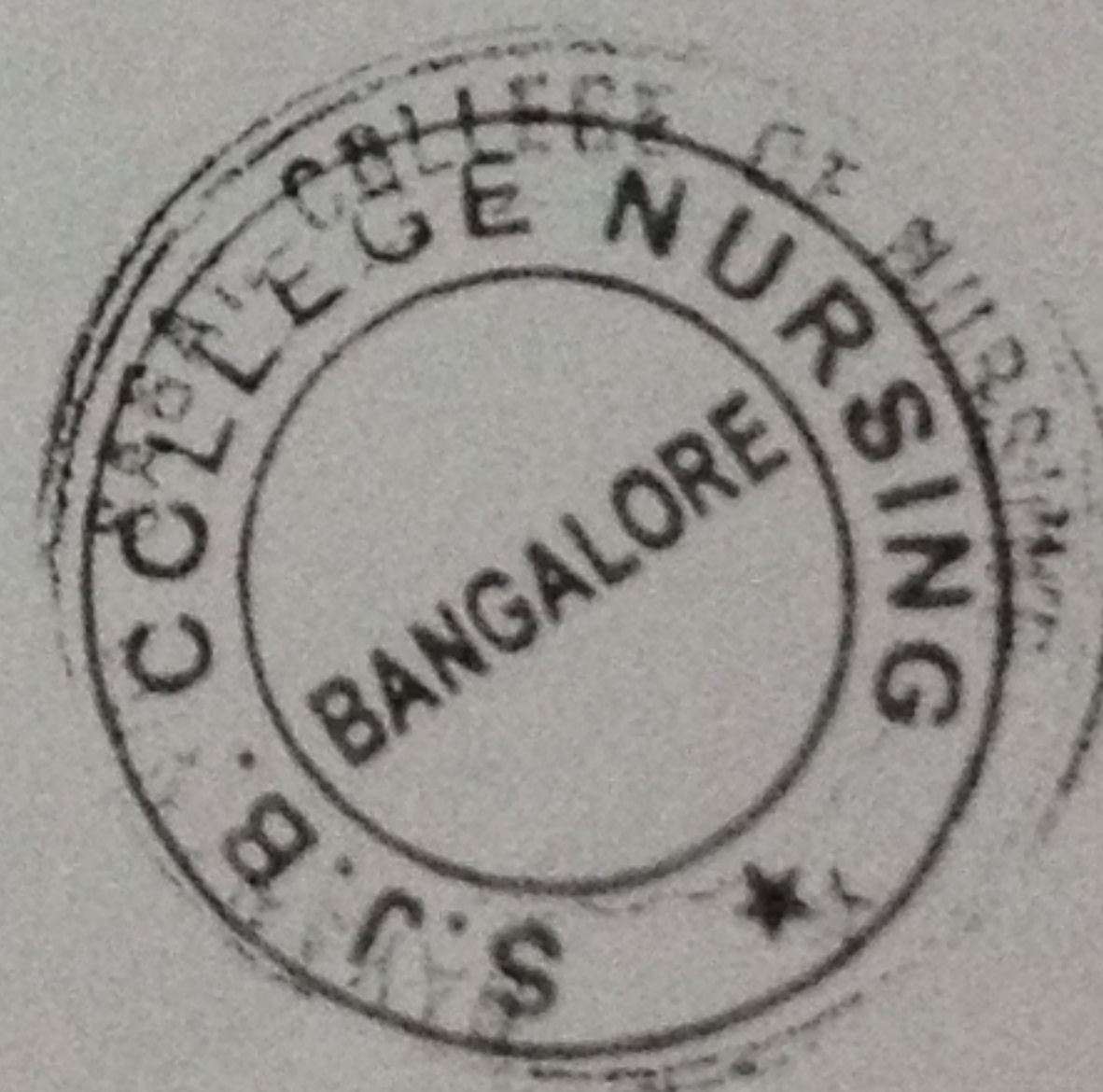
3 x 5 = 15 Marks

3. Composition of Breast milk & cow's milk
4. Therapeutic diet for the hepatic disorders
5. Prevention of Nutritional anemia
6. Methods of nutritional education for community

SHORT ANSWERS

5 x 2 = 10 Marks

7. Calorie requirements of toddler, preschooler and school age
8. Iodine deficiency disorders
9. Low cost protein rich food
10. Scurvy
11. PFA Act



"REFERENCE ONLY"