October Lunch Menu 2021

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| Monday | Tuesday | Wednesday | Thursday | Friday |
| 4  Whole Wheat Spaghetti with Tomato Sauce  Steamed Corn  Diced Peaches  Milk | 5  Sliced Turkey Sandwich on Whole Wheat Bread  Steamed Peas  Fresh Cut Bananas  Milk | 6  Swedish Turkey Meatballs  Mashed Potatoes  Mandarin Oranges  Milk | 7  Deli Style Ham Sandwich  on Whole Wheat Bread  Sweet Potato Fries  Applesauce  Milk | 8  Cheese Pizza  Apple Juice |
| 11  Turkey Hot Dogs with Baked Beans  Fruit Cocktail  Milk | 12  Deli Sliced Chicken on  Whole Wheat Bread  Tater Tots  Fresh Cut Bananas  Milk | 13  All Beef Hamburgers  Tossed Salad  Strawberry Yogurt  Milk | 14  Grilled Cheese Sandwich  on Whole Wheat Bread  Steamed Carrots  Diced Pineapple  Milk | 15  Cheese Pizza  Apple Juice |
| 18  Whole Wheat  Macaroni & Cheese  Green Beans  Diced Pears  Milk | 19  Deli Style Ham Sandwich  on Whole Wheat Bread  Vegetable Medley  Fresh Cut Bananas  Milk | 20  Whole Wheat  Corn Dog Nuggets  Peas & Carrots  Diced Peaches  Milk | 21  Sliced Turkey Sandwich  on Whole Wheat Bread  Sweet Potato Fries  Mandarin Oranges  Milk | 22  Cheese Pizza  Apple Juice |
| 25  Whole Wheat  Chicken Nuggets  Steamed Peas  Applesauce  Milk | 26  Cheese Quesadilla  Steamed Corn  Fresh Cut Bananas  Milk | 27  Whole Wheat Spaghetti with Tomato Sauce  Tossed Salad  Strawberry Yogurt  Milk | 28  Deli Sliced Chicken on  Whole Wheat Bread  Tater Tots  Fruit Cocktail  Milk | 29  Cheese Pizza  Apple Juice |