OFBCA JUNIOR HIGH STATE MEET

MIAMI, OK

SCHOOL:	COACH:	
	GRADE of ATHLETES on Roster	
105		123
132	145	157
168	181	198
220	HWT	

NOTE: You can <u>ONLY</u> have 3 lifters per weight class and <u>ALL COACHES</u> on the floor must be a 2018/2019 member of the OFBCA. You will have 3 separate rosters for junior high.

ATTENTION: Please email and/or FAX this regional roster in by Friday March 1, 2019.

EMAIL: mlefay@miamips.net FAX: 918.542.7421 Attn: Zach Gardner

(If you have athletes trying to make a weight class just bring an extra roster sheet with you in case it doesn't work out. Please write names legibly and make sure they have correct spelling! This will speed up the whole meet process!)