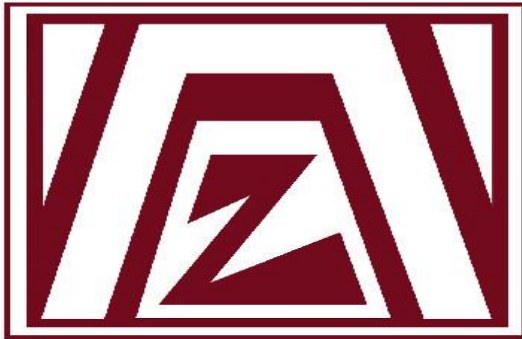


ZONTIANS NEWSLETTER

ISSUE 39

May 2019



ZONTA CLUB OF ROSEBURG AREA

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY



PRESIDENT'S MESSAGE

Calendar of Events

- **May 8 Business Meeting 12-1pm Elmers**
- **May 22 – Installation 5:30 Social 6pm Dinner at Elmer's Select from spreadsheet menu.**
- **May 1 – June 11- Raffle New fund raiser**
- **June 5 -Board Meeting 12-1 Waddell & Reed**
- **June 12 Business meeting Elmers. Draw winners for raffle**
- **Sept 14- IRON WOMAN**
- **Sept 27-29 D8 Conference in Shelton WA**

APRIL SHOWERS HAVE BROUGHT MAY FLOWERS! AND OUR CLUBS NEWEST FUND RAISER A RAFFLE!

It's going to be a busy month & summer with the weather cooperating... there is sunshine and dry roads so biking outdoors increases especially since the National Senior Games begin June 14 in Albuquerque, New Mexico. Laura, her husband Dewaine and I will drive to New Mexico to compete in biking and racquetball. There will be approximately 13,700+ senior athletes competing in 20 different sports in 5-year increments for the "Gold".

But enough about our summer plans, first we have to get on the stick and sell our 16 raffle tickets. Save your newsletter and print it off to use as a cheat sheet with all the information about the prizes we are offering. Glad to see that we had good representation at the Area 4 workshop at Seven Feathers. Couple of things. We submitted the Dignity Drive into international as a "Share Your Story" plus we tried to share our Rose Day winners but met with some computer issues. We also nominated Asia DeWeese for the D8 Centennial Award.

Don't forget May 22 our no-host installation dinner and celebration of our incoming officers will be held at Elmer's starting at 5:30 pm for social and 6:00 for dinner you will order off a shortened menu.

WOMAN
ROAD CYCLIST



dreamstime.com

International Women's - Rose Day Award

On March 8th, the Roseburg Zonta Club celebrated International Women's Day by honoring Umpqua Community College's (UCC) Women's Wrestling Program with yellow roses for their leadership in non-traditional pursuits. Head Coach, Asia DeWeese was the first female wrestler for Sutherlin High School in 1986, the first female wrestler for the University of Oregon, placed second at the first ever US Nationals for women, and placed second in the first Women's World Competition in 1989. She continued helping girls and boys wrestling at mat clubs in various locations, and in 2017, became the first Head Coach for the new women's wrestling program at UCC.

DeWeese noted she was a Tomboy as a kid and felt comfortable hanging out with the boys. "Wrestling wasn't a statement; it was something I loved; I thought it was silly I couldn't do a sport I loved."

However, stubbornness helped her through the hard times of derogatory comments and always having to prove herself to her peers. Fortunately, her coaches were supportive and helped her grow as a wrestler. Meeting all the other women wrestlers at the first nationals helped her realize she wasn't alone and appreciate what they are building for future generations of women.

Women's Wrestling was one of the new sports programs added by UCC Athletic Director (AD) Craig Jackson. Nationwide there are 48 colleges offering women's wrestling, with more programs being added each year. Oregon leads the nation with six women's college programs. There are more women college wrestlers than there are women in NCAA sponsored sports such as beach volleyball, skiing and crew according to the Women's Collegiate Wrestling Association (WCWA). The WCWA governs women's wrestling programs from community colleges, to 4-year colleges at the NCAA or NAIA level. Unlike high school wrestling or men's college wrestling, women wrestle freestyle in college, thus competing in the wrestling style used in international competitions such as the Olympics. Women's wrestling was approved as an Olympic sport in 2004. The USA women earned 3 Olympic medals in 2004, one in 2012, and brought home the gold in 2016!

Having Olympic opportunity accelerated the growth of women's wrestling at the high school and college level and gave more credibility to women's wrestling. Having college wrestling also helps more women reach their potential noted DeWeese. Some of the women wrestle in college to pursue their Olympic dreams, however many are first generation college students who, without a wrestling scholarship, could have never afforded college, or even considered attending college. Community colleges can offer up to 16 scholarships. This has helped DeWeese recruit women from California, Alaska, Hawaii, Texas, Minnesota and Oregon. She has student athletes on the President's and Dean's academic list, and women learning how to improve their study skills. Women on the team range from majoring in Zoology and Exotic Animal Veterinarian, to Criminal Justice, Business, and undecided. All, but 2 women on the team are freshmen.

Starting a new program can be tough. In 2017, DeWeese didn't begin her position until after the prime time for recruiting wrestlers. They finished the season with only two wrestlers. This second season, DeWeese started the year with 21 women and ended with 16. Her wrestlers put UCC on the map by placing at multiple tournaments, taking a team third place, and going to the Women's National Championship. AD Craig Jackson, who teaches a class that many athletes attend, has an easy comradery with the wrestlers as they hang out in the Athletic Department Office and discuss potential recruits, housing, and joke about life skills they've learned since attending UCC.

DeWeese explained that wrestling is an excellent women's sport for building confidence, dedication, leadership, and accepting one's body since weight classes range from 101 to 191 pounds. These attributes carry on through the student athlete's life. She's looking forward to her freshmen returning next year and providing that leadership on and off the mat and in the classroom for next year's team.

Said DeWeese, "my favorite part of coaching is influencing young people and sharing my love of wrestling. As a coach you're teaching healthy life styles, technique, plus serving as an academic counselor, friend, and mentor."

Congratulations to UCC and the Women's Wrestling Team for exemplifying women excelling at non-traditional pursuits.

*Asia DeWeese, Head Coach
Craig Jackson, Athletic Director



Wrestlers

Bressly Aleman, FR, CA

*Mariah Annis, FR, OR

*Lillian Castillo, FR, CA

Juliana Castro, FR, CA

Laura Ekada, FR, AK

Alejandra Galindo, FR, CA

Britney Garnica, FR, CA

*Melissa Jacobs, FR, MN

*Sienna Lejeune, FR, CA

Fuatino Moala, FR, CA

*Jade Piper, FR, OR

Lizzete Ramos-Mujica, FR, CA

Moira Sheldon, SO, AK

Cassandra Tongi, FR, HI

Esthela Trevino, FR, TX

Jordyn White, FR, CA

*Included in the attached photograph



Douglas County Human Trafficking Presentation

The featured speaker for this year's Human Trafficking educational presentation was Myrtle Creek police officer Detective Kevin Taggart who has been instrumental in capturing multiple people looking to have sex with minors. Taggart noted that 75% of the trafficking in Douglas County is for sex. DINT reports that trafficking is a huge portion of the drug culture. It's estimated that next year, human trafficking revenue will surpass drug revenue. The average age for the first exploitation is 12 to 14 years old. Boys are increasingly being trafficked. About 10% of the victims are trafficked by their family. Due to being used multiple times per day, abuse, and forced addiction, most victims only survive 7 years.

Many traffickers lure their victims by becoming their new best friend. An insecure youth who posts, "I hate my life," is an easy target. The trafficker will befriend, console, purchase gifts, and support the target, establishing a bond until eventually saying, "do this for me." Once the victim does the action once, the trafficker can then use blackmail, coercion, and manipulation to continue to exploit the youth.

Taggart pointed traffickers use social media profiles to learn everything about you. Therefore to keep your kids safe, monitor ALL of their social media sites. Know the passwords for each of their accounts so you can gain access. Know who their friends are on the sites, and don't be afraid to ask about strangers. Create your own media accounts that mirror your child's and make sure you are included as a "friend." Traffickers will frequently use photos of their younger self or of others to look appealing. Watch for icons such as crowns (symbol for pimp), lock and key (locked into service) and trafficking words such as New, Fresh, Young, Daddy that are part of ads searching for minors.

Parents should be strong enough to snoop because the consequences are so dire. Kids will mope that you are violating their privacy, but remind them your goal is to protect them. Teach your kids to never give their phone number to somebody they just met hanging someplace. Remind them to not use their full name on social media or when creating a site. They should also not post their phone number, address or age. Also teach them to never post questionable pictures, or make statements such as I hate....I want to escape.... Make sure your child has your phone number memorized so they can call you in an emergency.

Parents can also check with your phone provider to get a list of messages, times, and numbers received and sent by their child. Frequent late night communication with a strange number can be a red flag. Parents can also read Internetsafety101.org and Google the 12 most dangerous applications to learn more. Stay in touch with other parents to see if they notice any changes in behavior, dress, or finances in your child. Both of Detective Taggart's kids attended the talk. His daughter became a believer in parent oversight when she received a potential trafficking social media contact. Love your child enough to monitor their actions and them from potential traffickers .



INSTALLATION CELEBRATION

MAY 22 WED

ELMER'S Restaurant

5:30 Social 6:00 Dinner

RSVP: rmohlsick@gmail.com

**See attached excel spread sheet for
menu items and cost**

2018 Dignity Drive Beneficiaries



The Dignity Drive collects bras, panties, and sanitary products for women who may have been forced to leave their homes due to an abusive relationship or pregnancy. The 3rd annual drive took place during the month of November to also feature our “Zonta Says No to Violence Against Women,” theme. We were also able to expand the Dignity Drive to drop boxes to four locations this year: West Harvard Furniture, Umpqua Community College, Red Robin Restaurant, and the YMCA. The latter two sites collected the most items.

We were able to promote the drive via signs on the drop boxes, *The News Review*, and two interviews on KPIC, the local television. We collected a dozen bras, 130 panties, over 50 packages of sanitary products and a variety of toiletry products. These items will be distributed to partner groups such as the BPA, Safe Haven, Adapt, and Phoenix school. A big SHOUT OUT to all of our collection sites that helped with this year’s drive, and individuals who donated items.

DOUBLE DONATION DRIVE



Roseburg Zonta’s first ever Double Donation Clothing Drive was a success! The donation was novel in that people donated their clothing to Zonta, then we donated it to Sunrise Enterprises who provided a reimbursement. Sunrise wanted more clothing for their retail store, so we helped them, and they helped us. Sunrise Enterprises also provides valuable job training skills for folks with special needs. The club raised over \$158. Since it was an easy way to earn money AND clean out our closets, the club voted to keep this as post-Christmas Holidays fund raiser. Many THANKS to Bunnell’s Overhead Door & Continuous Gutter for serving as a collection point for the drive, and to Sunrise Enterprises for receiving the donations.

AREA 4 WORKSHOP HIGHLIGHTS

The Area 4 workshop at Seven Feathers Casino in Canyonville was attended by 30 Zontians. All of the Area's clubs were represented, and the meeting was also well attended by District 8 Board members such as Jeanie Martin—Governor, Maggie Calica—Lt. Governor, Helen Graber—United Nations Chair, Terri Turi—Centennial Coordinator and Shellie Cutting—Service Chair. Many of these D8 board members were concluding several thousand miles worth of trips to visit as many D8 Area Workshops and clubs as possible.

Via Zoom, Stephanie Adams explained social media. Instagram tends to be more popular with the 35 and under crowd and is best used for featuring pictures while Twitter is best used for headlines, and Facebook (FB) is good for content. To get more coverage from Facebook, clubs should have their members react to a FB posting with an emoticon stronger than just thumbs up, which is merely an acknowledgement. In addition to a stronger emoticon, if you share a Zonta post or comment on it, it will increase the number of viewers too. Thus, react, comment, and share to get the logarithm to increase viewers. Zonta Clubs should also consider using a hashtag. Hashtags then let people click on it and view similar posts—so clubs could attract more outside viewers. Hashtags are a # and a key word with no space, such as #endchildmarriage.

Maggie Calica reminded us to recruit using FRANK: Invite:

- **F**—Friends
- **R**—Relatives
- **A**—Acquaintances
- **N**—Neighbors
- **K**—Kid's parents who you see at events

She also suggested preparing an elevator speech 27 words long, with 3 major points about Zonta, and asking for contact information that you can say in 20 seconds.

Helen Grabber discussed the most recent UN Commission on the Status of Women (SW63). She noted that gender equality is about power. Folks need to realize that power is taken, not given. Unfortunately, in some places human rights are going backwards with an increase in persecution, hate crimes, and violence. We need to be change makers and increase the access girls have to education, health care and protection. Disturbingly, the US is the 10th most dangerous country in the world for women. India, Afghanistan, Syria, Somalia, Saudi Arabia, Pakistan, DR Congo, Yemen, and Nigeria are the other most dangerous counties.

Shelli Cutting talked about Ending Child Marriage. The numbers of girls marrying before age 18 or 15 are staggering. It is a worldwide issue and also happens in the US where only Delaware and New Jersey have laws preventing marriage before 18. There are 25 states with no minimum marriage age and the other states have special exception clauses that allow child marriage. Not only does early marriage typically forfeit ongoing education and future economic security, the girls also aren't old enough to escape via a divorce. The death rate for girls under 15 giving birth is high for both the girl and their baby. Zonta is targeting child marriage in 12 countries. In several of these countries, populations are so dense, and girls are considered such a burden or mere commodity, that nearly all the girls are forced to marry early. Shelli reminded us, "hold a woman down and you hold half the sky down." Let's all help **Honor and Empower Women!**

Debbie Schade, Area 4 Director facilitated a Table Topics session where participants got to form small groups and share ideas about how their club encourages: Leadership, Membership, Fellowship, Service/Advocacy, Technology, and Fund Raising. Learning from the experience of other clubs is always beneficial. Per the post-program evaluation, most of the 26 who returned the forms felt the workshop was positive. Improving technology and internet streaming was noted as problematic and should be improved. In terms of Area 4 or All Area meetings, 12 favored All Area, and 11 were okay with either. For the cost, 5 would pay more for the workshop, 7 were neutral, and 13 would prefer to not pay more.

Thank you to all the Zontians that helped put this workshop together, the speakers, and all of the participants!

Woman of Achievement & YWPA Recipients

The 2018-19 recipient of Roseburg Zonta's Woman of Achievement Award was Shelley Briggs Loosley! The award recognizes a local woman for outstanding contributions and dedication to society and the community. As Title IX was being implemented in the 70s, Shelley played field hockey for the University of Oregon (UO) four years, and as captain her senior year, helped her team to qualify for nationals. Upon graduation, she worked for the Eugene Parks and Recreation Department where she became involved in the Hershey National Track and Field Youth Program. She then worked for Nike before moving to Roseburg and becoming the first Executive Director for the Roseburg Visitors and Convention Bureau.

In 1985, Shelley was the first recipient of Hershey's Gary McQuaid Award, then in 2000 she was the first woman to receive Hershey's Donald P. Cowen Founder's Award; she proudly received the award again in 2010 for her work. In 1998, she was also the first recipient of the UO's Becky L. Sisly Award given to a former female athlete for professional achievement, community service, and support for the university. At the UO she was the Director of the Alumni Association, plus a Track Official at both UO meets and the 1972, 1976 and 1980 US Olympic Trials. When the Olympic Trials returned to UO in 2008, Shelley was in charge of the athlete services. She's also been a contributor to the renovation of Hayward Field and the Endowment and Scholarship Funds.

A triathlete and cyclist, Shelley has completed two Hawaii Ironman competitions, five Boston Marathons, served on the Cycle Oregon Board, Oregon Special Olympics, Governor's Council on Health and Fitness, and was awarded the Governor's Women in Sports Award for Triathlon, Oregon Parks and Recreation's Young Professional Award, and Hoo Doo Ski Patrol's 10 Year Outstanding Service Award. Shelley has also served as a commissioner for Oregon State Parks and Recreation, Oregon Association of Convention and Visitors Bureaus, and was selected as Roseburg's 2003 female First Citizen as well as the Rotary Club of Roseburg's Community Above Self award.

Shelley has also served on, or presently serves on the boards of Casa de Belen, Family Development Center, Battered Persons Advocacy, Parkview Skating Center, ADAPT, Oregon Track Board, SMART, and Douglas County YMCA. She has been instrumental in major fund raisers such as the Kenneth Ford Family Center of the YMCA which included the construction of the skating rink about 20 years ago. She's also spearheaded the YMCA's recent capital campaign program to raise \$4.7 million to renovate the locker rooms, pool, and other improvements. Of her endeavors, Shelley noted, "as I look where I've placed my energies, it's with youth." Shelley is married to Steve Loosley; together they have a daughter Katherine who works for a consulting firm based in London. "I love her unconditionally and that's what all of our youth need," said Shelley. Shelley's mom passed away when she was 15, so she has also become the earth mom to the two daughters of her close friend who passed away unexpectedly in 2016. Shelley readily spreads love through her actions and deeds!

The second award was Zonta's Young Woman in Public Affairs (YWPA) which recognizes a high school woman for demonstrating leadership skills and commitment to public service and civic causes. Jenna Castro, a senior at South Umpqua High School, won the YWPA award. Jenna who maintains over a 4.0 GPA, has won multiple athlete scholar awards, is the Marine Biology Club President, Vice President of the National Art Honor Society, 2018 Calculus Student of the Year, and captain of the varsity soccer team. Jenna has also served on the student council, South Umpqua Serves Days, the National Honor Society and has taken advance placement and college level classes. She also volunteers for the Red Cross community blood drives, and is involved in 4-H. She plans to attend Pacific University and major in biology with the hope of attending graduate school in healthcare, most likely optometry.

Coach Kami Wright noted that Jenna is responsible, kind and intelligent, but has truly flourished in the past year as a leader, leading mostly by example. When asked about gender equality, Jenna said, "I believe as time goes on,

inequality between genders will continue to diminish as long as women continue to advocate for themselves. We have come a long way with equality since 1950, and we will continue to press on until the gap no longer exists.”

The annual awards ceremony was held at Dino’s Ristorante’ Italiano in Roseburg. The evening also featured speaker Liz Beaty, training specialist, from In Our Backyard, an anti-human trafficking group out of Bend. Liz became involved in trafficking prevention after a family member was trafficked and she experienced firsthand the devastation it caused. She spoke about common venues to ensnare and traffic people such as online contact, “Romeo” pimps, trafficking of family members, traveling salespersons, laborers, and targeting the disabled. Liz leads the “Teens Against Trafficking” program which is a middle/high school curriculum which Roseburg Zonta and the Douglas County Human Trafficking Task Force are hoping to secure for Douglas County.



Diane Swingley presents WOA to Shelley Briggs - Loosley. ↑

Alison Eggers presents Jenna Castro with scholarship check. →



AREA 4 Workshop Participants ←



Zonta Raffle

May 2019

200 tickets@ \$25ea



ROSEBURG AREA ZONTA CLUB

ZONTA INTERNATIONAL 200 TICKET RAFFLE
EMPOWERING WOMEN THROUGH SERVICE & ADVOCACY **\$25/TICKET**

1. **Casey's Guide Service:** Guided fishing trip for 2 on the Umpqua!
Value \$500
2. **The Painted Lady Bed & Breakfast and Tea Room:** Overnight, 5-course breakfast, tea room available on some days! *Value \$200*
3. **River Rock Spa at Seven Feathers:** \$200 worth of pampering!
4. **True Kitchen & Bar:** \$100 of food and fun!

Funding Projects to Honor & Empower Women
Drawing June 12, 2019



For tickets contact a Zontian , email our web page at info@zontaroseburg.org

See more on the website www.zontaroseburg.org

Stop by Bunnell's Overhead Door 991 NW Highland St Roseburg

Check us out on Facebook!

Two hundred ticket holders will have an opportunity to win big with Roseburg Zonta's first Limited Draw Raffle! Tickets only cost \$25 each and the drawing will be June 12th. First prize is a guided fishing trip for 2 on the Umpqua River. This prize is valued at \$500 and is being provided by one of the Umpqua's most renowned guides, Casey Malepsy. Clients fishing with Casey have a high success rate catching salmon and steelhead and will have an enjoyable day on the river. The trip includes all tackle; anglers just need their license, appropriate clothing and a sack lunch. This prize will be valid for one year, but the winner should make reservations well in advance.

The winner of the second prize will enjoy a plush overnight and a 5-course breakfast at The Painted Lady Bed and Breakfast and Tea Room at Myrtle Creek for two. Guest choosing to spend a Friday or Saturday night can also enjoy a Queen's Tea from 11 a.m. to 3 p.m. in the Tea Room. This package is valued at \$205 and will allow guests to explore Myrtle Creek's covered bridges, golfing, swimming, concert in the park, and local shopping.

Third prize is \$200 worth of pampering at the River Rock Spa at Seven Feathers. The winner can select their desired spa treatment from an extensive menu of massages, facials, hand & foot treatments and salon styling. The winner can use their gift card as partial payment for treatments that exceed \$200 and pay the balance on their own.

The fourth-place prize is a \$100 gift card at True Restaurant & Bar in downtown Roseburg. This prize generally covers the cost of a delicious dinner and drinks for two, in a relaxing atmosphere at one of Roseburg's finest restaurants.

Contact a Zonta member or drop by Bunnell's Overhead Door Inc. at 991 NW Highland Street to purchase tickets.



Ending Child Marriage D8 Advocacy Events

District 8 will undertake advocacy events on the issue of child marriage, and we want all clubs to participate!

Our goal is to have an installation at the district conference in a public space that will highlight this issue and bring awareness to not only what is going on in other parts of our world but also right here in our communities.

Then as a common action on November 8, 2019 we will have the same installations in each of our communities sponsored by each individual club.

Here is what we need from you:

- 1. Each club bring two pairs of young girls' shoes to the District Conference (you can take the shoes home after the event to start your collection).***
- 2. Take photos of the installation at the conference for ideas for your own installations.***
- 3. Find a public venue in your town that will allow you to have the installation at least for the day but ideally a week or more. Think about libraries, airports, hospitals, the court house or other buildings that have many people frequenting them.***
- 4. Get 35 more pairs of young girls' shoes, create data cards and posters to display with the shoes to educate your community, invite the media and other news outlets.***
- 5. Take plenty of photos and then post them along with your story at "Share Your Story" on the Zonta International website.***
- 6. Be creative and think of ways to educate as many as possible.***