

SHARON Y. MANNING, PH.D., LPC
DBT Linehan Board of Certification-Board Certified Clinician
205 Putter Point Court
Chapin, SC 29036
Cell (803)479-4545, Home (803)932-2491
Email: smanning@ticllc.org

EDUCATION:

- **DOCTOR OF PHILOSOPHY: EDUCATIONAL PSYCHOLOGY/COUNSELOR EDUCATION (1996)**
University of South Carolina (Columbia, South Carolina)
- **MASTER OF EDUCATION: COUNSELOR EDUCATION (1989)**
Cleveland State University (Cleveland, Ohio)
- **POST-GRADUATE EDUCATION CERTIFICATION: K-12 READING; SECONDARY ENGLISH (1985)**
Cleveland State University (Cleveland, Ohio)
- **BACHELOR OF ARTS: ENGLISH (1986)**
Clemson University (Clemson, South Carolina)

EXPERIENCE:

- **TREATMENT IMPLEMENTATION COLLABORATIVE, LLC**
Position: Owner/Chief Executive Officer
May, 2011-Present
- **UNIVERSITY OF WASHINGTON**
Behavioral Research and Therapy Clinics (Linehan's Lab)
Department of Psychology
Position: Clinical Instructor
September, 2006-Present
- **SC CENTER FOR DBT, LLC**
Position: President/Therapist (DBT Individual Psychotherapy, Skills Training Group, Consultation Team)
April, 2011-Present
- **SOUTH CAROLINA CENTER FOR DIALECTICAL BEHAVIOR**

THERAPY, PC

Position: President/ DBT Therapist (DBT Individual Psychotherapy, Skills Training Group, Consultation Team)

June, 1996-January, 2011

- **BEHAVIORAL TECH, LLC (DBT Training)—Linehan’s Organizations**
- **BEHAVIORAL TECH RESEARCH, INC (DBT Research)**

Position: President/CEO

November, 2003-December, 2010

Position: Dialectical Behavior Therapy Training Specialist

June, 2002-November 2003

Position: DBT Training and Development

March, 1999-June, 2002

Position: DBT Trainer

March, 1996-March, 1999, Present

- **SOUTH CAROLINA DEPARTMENT OF CORRECTIONS**

Position: Part-time Dialectical Behavior Therapy Consultant

January, 1999-April, 2001

Position: Coordinator of Women’s Services Unit

(DBT Individual Psychotherapy, Skills Training Group, Consultation Team)

April, 1998-January, 1999

Position: Human Services Coordinator II

(DBT Individual Psychotherapy, Skills Training Group, Consultation Team)

December, 1996-April, 1998

Intermediate Care Unit Coordinator

- **UNIVERSITY OF SOUTH CAROLINA**

Position: Clinical Supervisor/USC DBT Program

January, 1998-July, 2012

Position: Field Placement/Dissertation Supervisor (Psychology)

January, 1998- January, 1999

Position: Adjunct Professor (Counselor Education)

January, 1997- January, 1998

Master's Practicum Instructor

Position: Field Placement Supervisor (USC Medical School)
August, 1994-December, 1996

- **SOUTH CAROLINA DEPARTMENT OF MENTAL HEALTH**

Position: Special Services Coordinator/Chief Mental Health Counselor
April, 1994-December, 1996
Dialectical Behavior Therapy Program Supervisor
(DBT Individual Psychotherapy, Skills Training Group, Consultation Team)

Position: Chief Mental Health Counselor
Road Show Supervisor
April, 1994-August, 1994

Position: Mental Health Counselor III
October, 1992-April, 1994
Behavior Therapy Program Pilot Group Therapist
Road Show Therapist (TLC Counselor)

Position: Mental Health Counselor II
March, 1991-September, 1992
Rosewood Psycho/social Rehabilitation Clubhouse

- **SOUTH CAROLINA VOCATIONAL REHABILITATION: COLUMBIA AREA OFFICE**

Position: Vocational Rehabilitation Counselor I
April, 1990-March, 1991

- **NUTRI/SYSTEMS: COLUMBIA, SOUTH CAROLINA**

Position: Counselor/ Manager
July, 1989 - April, 1990

- **TIME OUT PROGRAM OF MASSON SCHOOL: LORAIN, OHIO**

Position: Developer, Trainer, Counselor
January, 1988 - June, 1989

- **ST. WILLIAM SCHOOL AND MASSON SCHOOL: EUCLID AND LORAIN OHIO**

Position: Junior High School English and Reading Teacher
St. William: August, 1985 - June, 1986

Masson School: August, 1986 - June, 1989

- **LAKEWOOD LITTLE THEATER: LAKEWOOD, OHIO**

Position: Creative Expression Instructor

Part Time September, 1985 - June, 1989

PUBLICATIONS:

Manning, S. (2013). Six behavioral patterns in BPD and what to do about them. Borderline personality disorder magazine. Volume 1: Fall 2013.

Manning, S. (2011). Loving Someone with Borderline Personality Disorder. New York: Guilford Press.

Manning, S. (2011). Common errors in telephone consultation. Cognitive and behavioral practice, Volume 18(2), 178-185.

Comtois, K. A, Koons, C. R., Kim, S.A., **Manning, S.Y.**, Bellows, E & Dimeff, L (2007). Implementing standard dialectical behavior therapy in an outpatient setting. In L. Dimeff & K. Koerner (Eds). Dialectical behavior therapy in clinical practice. New York: Guilford Press.

Manning, S (2006). Dialectical behaviour therapy. In Powers, M. and Freeman, C. (Eds.). The handbook of evidence based psychotherapies. West Sussex, England: Wiley.

Manning, S. (2004). Dialectical behavior therapy of severe and chronic problems. In VanderCreek, L. (Ed.). Innovations in clinical practice: Focus on adults. Sarasota, FL: Professional Resource Press.

Foretsch, C., **Manning, S.** & Dimeff, L (2003). Overcoming roadblock in dialectical behavior therapy. In Leahy, M. (Ed.). Overcoming roadblocks in psychotherapy.

Manning, S. (1996). The effects of a cognitive-behavioral treatment on females with borderline personality disorder. Columbia, SC: University of South Carolina Press.

Manning, S. (1996). The effects of a cognitive-behavioral treatment of Caucasian and African American females with borderline personality disorder, . Unpublished manuscript.

VIDEOS:

Manning, S. (2012). Loving someone with borderline personality disorder., YouTube video. Houston: Healing Hearts Family Conference.

Manning, S. (2012). An Overview of DBT. 1 Hour You Tube video. Seattle: Treatment Implementation Collaborative.

Manning, S & DuBose, T (2010). DBT at a glance: An introduction to dialectical behavior therapy. Seattle: Behavioral Tech, LLC.

Witterholt, S & **Manning, S** (2010). DBT at a glance: The role of the psychiatrist on the DBT team. Seattle, Behavioral Tech, LLC.

PRESENTATIONS:

Manning, S. (2017). 5 Day Jump Start in Dialectical Behavior Therapy. Napa, CA. (5 Days).

Manning, S. (2017). Advanced Topic in Dialectical Behavior Therapy. Case Conceptualization and Exposure Techniques. Sheppard Pratt, Baltimore MD. (5 Days).

Manning, S. (2017). Using Dialectical Behavior Therapy's Mindfulness Skills to Strengthen Your Relationship. August University, August, GA.

Manning, S., Best, H. & McCall, A. (2017). Leadership Support for Dialectical Behavior Therapy. Pittsburgh, PA. (1 Day).

Manning, S. & McCall, A. (2017). Changing Patient Behavior in Dialectical Behavior Therapy: Skills Training and Coaching New Behavior. Pittsburgh, PA. (2 Day)

Manning, S. & McCall, A (2017). Advanced Topics in Dialectical Behavior Therapy: The Art of Moving from Case Conceptualization to Exposure. Hilton Head, SC, Napa CA, Pearl River, NY (4 Days).

Manning, S. & Comtois, K. (2017). Dialectical Behavior Therapy in Action: Case Based Training. Los Angeles, CA. (4 Days).

Manning, S. & McCall, A. (2017). Core Clinical Training, in Dialectical Behavior Therapy. Fairfield, CA, Philadelphia, PA,

Manning S. & McCall, A. (2016). Special Topics in Dialectical Behavior Therapy: Strengthening First Four Sessions and Exposure. Fairfield CA. (2 Days).

Manning, S. (2016). Case Conceptualization in Dialectical Behavior Therapy. Online Course. 6 hours.

- Manning, S.** (2016). Overview of Exposure Based Principles in Dialectical Behavior Therapy. Washington, DC: Wake Kendall Group (2 Days).
- Manning, S.** (2016). Core Clinical Training for Dialectical Behavior Therapy in a Post-Release Civil Commitment Forensic Hospital. Coalinga, CA (9 days).
- Manning, S.** (2016). 5 Day Jump Start in Dialectical Behavior Therapy. Rochester, NY. (5 Days).
- Manning, S & McCall, A** (2016). Solving the Problem of Emotional Avoidance: Exposure In Dialectical Behavior Therapy. (4 Days)
- Manning, S. & McCall, A. or Comtois, K.** (2016). Core Clinical Training in Dialectical Behavior Therapy. Hamden, CT, Fairfield, CA, Napa, CA, Rochester, MN, Bucks County, PA (63.5 hours)
- Manning, S & Comtois, K** (2015). Increasing Effectiveness in Dialectical Behavior Therapy. Philadelphia, PA. (9 days)
- Manning, S.** (2015). Increasing Effectiveness in Dialectical Behavior Therapy, Including An Introduction to Exposure. Napa State Hospital (4 Days)
- Manning, S & McCall, A** (2015) Core Clinical Training in Dialectical Behavior Therapy. Middletown, CT, Rochester, MN & Hamilton, ON. Hamden, CT (63.5 hours each)
- Manning, S & McCall, A.** (2015) Increasing Capabilities: Skills Training in Dialectical Behavior Therapy. Hamilton, ON (5 Days)
- Manning, S & McCall, A** (2015). Increasing Effectiveness in Dialectical Behavior Therapy. Hamilton, ON. (3 Days)
- Manning, S & McCall, A** (2015). Increasing Effectiveness in Dialectical Behavior Therapy. Queens, NY & Syracuse, NY. (5 Days each)
- Manning, S** (2015). Conceptualizing Cases in Dialectical Behavior Therapy. Online Training (6 hours).
- Manning, S** (2015). New Skills Training Manual: Orientation and Overview. Online Training (4 hours).
- Manning, S. & Comtois, K.**(2014). Dialectical Behavior Therapy in Action: Case Based Learning. Atlanta, Ga. (4 days).

- Manning, S.** (2014). Conceptualizing Cases in Dialectical Behavior Therapy. Online Training (4 Hours).
- Manning, S.** (2014). Using Dialectical Behavior Therapy's Core Mindfulness Skills to Resolve Conflict. Washington, DC. NAMI National Convention.
- Manning, S.** (2014). Building effective consultation teams. Online training (6 hours).
- Manning, S.** (2014). Borderline personality disorder. NAMI education group.
- Manning, S. & McCall, A** (2014). Napa State Hospital Implementation (15 days and Telephone consultation).
- Manning, S. & McCall, A.** (2014). Core Clinical Training in Dialectical Behavior Therapy. Niagara Regional Health Centre, Canada. (10 days).
- Manning, S. & McCall,** (2014-2016). New York Office of Mental Health. Adolescent Implementation. (40 days of training, 100 hours of consultation).
- Manning, S. & Comtois, K.** (2013). Sheppard Pratt Core Clinical Training. (45.5 hours).
- Manning, S., Sarofin, M., & Best H.** (2013). Metropolitan State Hospital DBT Implementation. (13 days training, 84 hours consultation).
- Manning, S.** (2013). Calgary FATE Program. Skills Training in Dialectical Behavior Therapy (3 days).
- Manning, S. & Galietta, M.** (2012, September-2014, March). Selkirk Mental Health Centre DBT Implementation. 17 days training, 6 days on-site consultation, 36 hours telephone consultation.
- Manning, S., McCall, A & Best, H.** (2012, September-2013, December). Thunder Bay Children's Centre DBT Implementation. 15 days training, 96 hours consultation.
- Manning, S.** (2012, June, July & August). Clinician Administered PTSD Scale (CAPS). Augusta, Savannah and Columbus, Georgia: GA Jail Diversion and Trauma Recovery.
- Manning, S. & Best, H.** (2012, June). The dialectics of implementing evidence based practices in correctional facilities. New York: John Jay College of Criminal Justice 10th Biennial International Conference.

- Manning, S.** & Ghanizadeh, H. (2012, June). Dialectical behavior therapy skills training: Pre-Convention Workshop. New York: John Jay College of Criminal Justice 10th Biennial International Conference.
- Manning, S.** & Galietta, M. (2012, May). Getting to know dialectical behavior therapy: A One day overview. Manitoba: Selkirk Mental Health Centre.
- Manning, S.** (2012, May). The dialectics of a career in the helping profession. Columbia, SC: Commencement Address for the University of South Carolina School of Social Work.
- Manning, S.** (2012, April). DBT for Adolescent Partial Hospitalization Program. Duluth: Essentia Health.
- Best, H., **Manning, S.** & Galietta, M (2012, April). Bringing implementation science to forensic systems: Strategies for successful implementation of evidence-based practices. Miami: International Association for Forensics in Mental Health Services.
- Manning, S.** (2012, March-July). Getting Started in Dialectical Behavior Therapy: Core Principles and Strategies. Online Training/Live Training course. Seattle: Treatment Implementation Collaborative.
- Manning, S** & Feigenbaum, J (2011, May and 2012, February). Intensive Training Course in Dialectical Behavior Therapy. Dublin, Ireland: British Isles DBT.
- Manning, S** & Eaton, J. (2012, January). Five Day Training in Dialectical Behavior Therapy. Atlanta: Hillside Hospital.
- Manning, S.** (2011, November). Working with people who love someone with borderline personality disorder: A model of emotion regulation. Toronto: Annual ISITDBT Conference.
- Manning, S** (2011, March, April, May). Beyond the basics: Targeting and chain analysis in DBT. Two day Training. Northampton, MA, Denver Colorado, Minneapolis, MN: Behavioral Tech, LLC.
- Linehan, M.M.& **Manning, S.** (2010, August). Advanced intensive in dialectical behavior therapy. 5 Day training. Seattle Washington: Behavioral Tech, LLC.
- Manning, S.** (2010, July). DBT Training in the European Community: In C. Maffei (Chair). *Dialectical behavior therapy training in Europe: Sharing the experience*. Symposium conducted at the meeting of the 1st International World Congress for Borderline Personality

Disorder, Berlin Germany.

Manning, S. (2010, July). DBT for co-occurring borderline personality disorder and antisocial personality disorder in a maximum security women's correctional facility. In A. Ivanoff & W. van den Bosch (Chairs). *Dialectical behavior therapy, forensic patients and forensic staff: Is changing the attitude effective?* Symposium conducted at the meeting of the 1st International World Congress for Borderline Personality Disorder, Berlin Germany.

Linehan, M.M. & **Manning, S.** (2009, August). Updates in DBT Skills: Emotion Regulation and Crisis Survival Skills. 5 day training. Cape Cod: New England Education Institute.

Manning, S. & Swales, M. Dialectical Behavior Therapy. Treating Adolescents with Multiple Problems. Oxford, England. February 23-24, 2009.

Linehan, M. M., **Manning, S.**, & Ward-Ciesielski, E. (2008, November). The dialectical behavior therapy intensive training model. In R. K. McHugh (Chair), *Dissemination of empirically-supported treatments: The current state of the art*. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Linehan, M.M. & **Manning, S.** (2008, September). Advanced Intensive Training in Dialectical Behavior Therapy. Seattle, WA: Behavioral Tech, LLC.

Manning, S. & others (2006-present) Dialectical Behavior Therapy: Treating Substance Use Disorders. Various Locations: Behavioral Tech, LLC.

Linehan, M. M. & **Manning, S.** (August, 2006). Advanced Intensive Training in Dialectical Behavior Therapy. Seattle, WA: Behavioral Tech, LLC.

Manning, S. (2004, March). Dialectical behavior therapy and social work values. Keynote presented at the annual South Carolina Association for Social Work meeting.

Manning, S. & others (2004-Present). Treating the Multiple-disordered Suicidal Patient. Multiple locations: Behavioral Tech, LLC.

Manning, S. & others (2000-Present). Dialectical Behavior Therapy Intensive Training Course. 10 days of training in various settings: Behavioral Tech, LLC..

Manning, S. (2001, November). Starting a Private Practice. Association for the Advancement of Behavior Therapy Annual Convention.

Manning, S. & others (1996-Present). Two Day Skills Training Workshops. Multiple trainings in Various locations: Behavioral Tech, LLC..

- Linehan, M. & **Manning, S.** (2001, June). Advanced Dialectical Behavior Therapy. Cape Cod: New England Education Institute.
- Manning, S.** (2000, October). Dialectical Behavior Therapy. American Academy of Psychotherapists National Convention.
- Manning, S.** (2000, June). Dialectical Behavior Therapy for Substance Abuse. University of West Virginia: West Virginia Addictions Training Institute.
- Manning, S.** (1999, November). Using Dialectical Behavior Therapy in Forensics Settings. ISITDBT Annual Conference.
- Manning, S.** (1998). Offenders: Rehabilitation or Punishment. National Association for Blacks in Criminal Justice.
- Manning, S.** (1998). Dialectical Behavior Therapy for Forensics Populations. SC Forensics Forum.
- Manning, S.** (1996). Treating Borderline Personality Disorder: Therapy for the Therapist.
- Manning, S.** (1996). Families and Mental Illness. Helping Families Cope.
- Manning, S.** (1996). Using Dialectical Behavior Therapy with Children and Adolescents. South Carolina Conference on Children and Adolescents.
- Manning, S.** (1996). Using Dialectical Behavior Therapy with Dually Diagnosed Clients. Morris Village Center for Alcohol and Drug Treatment.
- Manning, S.** (1995). Introduction to Dialectical Behavior Therapy. Lexington Richland Alcohol and Drug Abuse Council.
- Manning, S.** (1995). Overview of Dialectical Behavior Therapy. South Carolina Psychiatric Nurses' Convention.
- Manning, S.** (1995). Dialectical Behavior Therapy: An Overview. South Carolina School for Alcohol and Other Drug Studies.
- Manning, S.** (1995). Research Available on treating Dually Diagnosed Clients with Personality Disorders. South Carolina Education and Mental Health Research Consortium,
- Manning, S.** (1995). How to Start a Behavior Therapy Program for Personality Disorders. The

Third Annual Community Support Conference for Mental Health Service Providers.

Manning, S. (1995). Homeshare: Applications for the 1990's. The Third Annual Community Support Conference for Mental Health Service Providers.

Manning, S. (1994). Dialectical Behavior Therapy. 1994 Statewide Physician's Conference.

Manning, S. (1994). Letting Go and Moving On: Dialectical Behavior Therapy and Radical Acceptance. Eighth Annual SC SHARE Statewide Conference.

Manning, S. (1994). Stress Management as DBT Distress Tolerance Skills Workshop. Eighth Annual SC SHARE Statewide Conference.

Manning, S. (1994). Effective Treatment for Borderline Personality Disorders-The Linehan Model-Dialectical Behavior Therapy. The Second Annual Community Support Conference for Mental Health Service Providers.

Manning, S. (1993). Adolescent Worry. South Carolina Association for Counseling and Development.

AFFILIATIONS:

DBT-Linehan Board of Certification: Chairman of Work Sample Committee
Licensed Professional Counselor, State of South Carolina
Certified in Dialectical Behavior Therapy (Individual Therapy and Skills Training)
International Association of Forensics in Mental Health Services
National Board of Certified Counselors Eligible
Association for the Advancement of Behavior Therapy
American Counseling Association
American Psychological Association
American Association of Suicidology
Division 12 of American Psychological Association
Training and Education Committee of Division 12 (2004-2012)
Chi Sigma Iota International Society for Counselors:
1994 President
ISITDBT
Marie Institute of Behavioral Technology—Board Member (2003-2010)

AWARDS:

Leadership Award: 2006 International Society for Improvement in Teaching of
Dialectical Behavior Therapy

Nominee: 1998 South Carolina Governor's Award for Women of Achievement.

Winner: 1998 Showcase Presentation: National Association for Women in Corrections and Juvenile Justice.