

# WPFG ABRIDGED RULES - OPEN WATER SWIM - Page 1

These rules are for 2015 Fairfax

## GUIDING BODIES

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## EVENTS

INDIVIDUAL: MEN  
                  WOMEN

Men's and Women's events shall be offered in the following age categories:

18+	50+
30+	55+
35+	60+
40+	65+
45+	

## COURSE

The course will be two 1-mile laps (2 mile, 3.2 Km) in length, irregular in shape, in a freshwater lake, with a floating start (in water) near the finish line at the parking area. Large brightly colored buoys shall be used to mark the course and all swimming will be between those buoys and the shoreline.

## SCHEDULING

This is a one day Sport, and should take about 5 hours.

## SCORING

Total time taken at or near the finish line with the finish order decided at the water line.

## GENERAL SPORT RULES for Open Water Swimming

It is estimated that the water temperature in Fairfax will be above 70 degrees therefore, wet suits will not be allowed.

Each competitor will be required to wear a bright colored cap. Caps will be provided by the Host.

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**No floatation devices of any kind. No fins allowed. No devices on the hands allowed.**

Timing: Computer chips must be used.

Competitors will be advised that a raised hand indicates trouble or withdrawal from competition and when given aid, or picked up by a safety boat, results in disqualification.

The sport may be postponed, rescheduled or cancelled if unavoidable for stormy conditions or high waves.

No aid may be given to competing swimmers until they have crossed the finish line.

Finish line shall be at the water's edge to eliminate medal-place changes out of the water. If for any reason the finish line is removed from the water's edge, swimmers must be escorted physically (by the arm if competitors are close ) from the water's edge to the finish line to avoid any position change out of the water.

A time limit of 2 hours will be given the swimmers. After that, all remaining swimmers will be asked to leave the water or be picked up by safety boats.