COMMUNITY PRESCHOOL

Covid-19 procedures for close contact and travels

Overlap between COVID-19 symptoms with other common illnesses means that some people with symptoms of COVID-19 could be ill with something else. This is even more likely in young children, who typically have multiple viral illnesses each year. Although COVID-19, colds, and flu illnesses have similar symptoms, they are different diseases. Children who have symptoms of infectious illness or certain symptoms of COVID-19 should not attend our program. **Be on the alert for signs of illness** in your children and keep them home when they are sick. Parents should pay particular attention to:

- Fever (temperature 100.4 ºF or higher)
- **Sore throat**
- New uncontrolled cough that causes difficulty breathing (for a child with chronic allergic/asthmatic cough, see if there is a change from their usual cough)
- Diarrhea, vomiting, or stomachache
- New onset of severe headache, especially with a fever

People who have a fever of 100.4 ºF (38.0 ºC) or above or other signs of illness will not be admitted to our facility.

The length of time the child must stay out of school depends on whether the child has COVID-19 or another illness. In most instances, those who have COVID-19 can be around others after

- 10 days since symptoms first appeared **and**
- 24 hours with no fever without the use of fever-reducing medications **and**
- Other symptoms of COVID-19 are improving

Children who test positive for COVID-19 **but do not have symptoms** can be around others 10 days after their first positive COVID-19 test.

CLOSE CONTACTS OF PERSONS WITH COVID-19

Whether and for how long to stay home for people who have been exposed to a person with COVID-19 depends on vaccination status.

- Children and underlined unvaccinated parents who had close contact with someone who has (suspected or confirmed) COVID-19 should stay home (quarantine) for 10 days **after their last exposure to that person.** Close contact is defined as within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period. Some localities might choose to use testing to shorten quarantine.

Fully vaccinated people with no COVID-like symptoms following an exposure to someone with suspected or confirmed COVID-19

<u>Fully vaccinated</u> people who have come into close contact with someone with COVID-19 <mark>must be tested 4 days following the date of their exposure and wear a mask in public indoor settings for 10 days or until they receive a negative test result. They must isolate if they test positive. Fully vaccinated</mark> people who live in a household with someone who is immunosuppressed, or unvaccinated (including children <12 years of age) could also consider masking at home for 10 days following a known exposure or until they receive a negative test result. **Most fully vaccinated people with no COVID-like symptoms do not need to quarantine or be restricted from work following an exposure to someone with suspected or confirmed COVID-19, if they follow the testing and masking recommendation above.**

Fully vaccinated people should monitor for symptoms of COVID-19 for 10 days following an exposure.

<u>INTERNATIONAL AND <mark>DOMESTIC</mark> TRAVEL</u>

Fully vaccinated air travelers coming to the United States from abroad, including U.S. citizens, are still required to have a negative SARS-CoV-2 viral test result or documentation of recovery from COVID-19 before they board a flight to the United States.

International travelers AND domestic travelers who are fully vaccinated and those who have recovered from COVID-19 in the past 3 months do not need to get tested or self-quarantine after travel. However, the CDC recommends fully vaccinated individuals to self-monitor for COVID-19 symptoms, and isolate and get tested if they develop symptoms.

International travelers AND domestic travelers <u>who are not fully vaccinated</u> must get tested with a viral test 3-5 days after travel **AND** stay home and self-quarantine for a full 7 days after travel.
  - **Even if you test negative, stay home and self-quarantine for the full 7 days**.
  - If your test is positive, isolate yourself to protect others from getting infected.
- If you don't get tested, stay home and self-quarantine for 10 days after travel.
- Avoid being around people who are at increased risk for severe illness for 10 days, whether you get tested or not.
- Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.

<mark>**Domestic travelers are defined as anyone traveling outside of New Jersey, Pennsylvania, Delaware and New York state.**</mark>