

2018 Legacy Sabers Volleyball

Bismarck Invite

Aug. 24-25

Bismarck, N.D.

Results

Legacy 2, Fargo Shanley 1

Legacy 3, Devils Lake 0

Legacy 2, WF Sheyenne 1

Legacy 2, Valley City 1

Legacy 3, G.F. Central 0

Legacy 2, West Fargo 1

Fargo Davies 2, Legacy 1

Notes: Legacy won six of seven matches over the two days.

Records: Legacy, 6-1 Overall; 0-0 WDA

Legacy 3, Jamestown 2

Aug. 28, 7 p.m.

Jerry Meyer Arena, Jamestown, N.D.

	1	2	3	4	5	Total
LEG	25	25	21	24	15	3
JAM	10	20	25	26	9	2

Team stats

Kills: Becca Nitsch, 14; Taryn Allmaras, 13; Kaitlyn Emmil, 12; Ashley Hulm, 7; Camaryn Beasley, 1; Emma Fricke, 1

Blocks: Hulm, 3;5; Eva Abfalter, 3; Emmil, 2; Nitsch, 1; Allmaras, 5

Assists: Fricke, 35; Hulm, 4; Emmil, 2;

Digs: Fast, 20; Nitsch, 17; Fricke, 14; Allmaras, 13; Hulm, 5; Emmil, 4; Beasley, 3; Mac Boone, 3; Ashton Sagaser, 1

Service Aces: Nitsch, 4; Beaseley, 3; Allmaras, 2; Fricke, 1; Fast, 1

Notes: Legacy won the first two matches before Jamestown rallied to force a fifth set.

Records: Legacy, 7-1 Overall; 1-0 WDA; Jamestown, 1-1 Overall; 1-1 WDA

St. Mary's 3, Legacy 2

Sept. 13, 7 p.m.

St. Mary's Gymnasium, Bismarck, N.D.

	1	2	3	4	5	Total
LEG	18	25	29	29	11	2
SM	25	19	31	27	15	3

Team stats

Kills: Kaitlyn Emmil, 15; Taryn Allmaras, 11; Eva Abfalter, 8; Becca Nitsch, 7; Emma Fricke, 4; Mikayla Fast, 1

Blocks: Abfalter, 2; Emmil, 2; Ashley Hulm, 1.5; Allmaras, 5; Nitsch, 5; Fricke, 5

Assists: Fricke, 50; Fast, 4; Nitsch, 2; Allmaras, 2; Emmil, 1; Hulm, 1

Digs: Fast, 30; Nitsch, 29; Allmaras, 20; Fricke, 16; Emmil, 9; Hulm, 5; Abfalter, 2; Camaryn Beasley, 1

Service Aces: Emmil, 3; Nitsch, 2; Fricke, 1; Allmaras, 1

Notes: Sets 3 and 4 were decided by two points...SM is 1-1 in five-set matches.

Records: Legacy, 11-3 Overall; 5-2 WDA; St. Mary's, 7-7 Overall; 4-3 WDA

Bismarck High 3, Legacy 2

Oct. 2, 7 p.m.

Haussler Gymnasium, Bismarck, N.D.

	1	2	3	4	5	Total
BHS	22	25	25	17	15	3
LEG	25	18	21	25	12	2

Team stats

Kills: Becca Nitsch, 13; Taryn Allmaras, 12; Kaitlyn Emmil, 9; Ashley Hulm, 5; Emma Fricke, 3; Eva Abfalter, 3; Mikayla Fast, 1

Blocks: Hulm, 3; Emmil, 2.5; Abfalter, 1; Allmaras, 1; Nitsch, 5

Assists: Fricke, 37; Nitsch, 2; Fast, 2; Emmil, 2; Hulm, 1

Digs: Nitsch, 31; Fast, 28; Allmaras, 20; Emmil, 13; Fricke, 9; Hulm, 8; Abfalter, 2

Service Aces: Nitsch, 2; Fast, 2; Emmil, 1; Fricke, 1; Hulm, 1

Notes: BHS won its fifth straight match...Legacy played its third five-set match (1-2).

Records: Bismarck High, 15-3 Overall; 8-3 WDA; Legacy, 15-4 Overall; 9-3 WDA

Mandan 3, Legacy 2

Oct. 25, 7 p.m.

Haussler Gymnasium, Bismarck, N.D.

	1	2	3	4	5	Total
MAN	25	23	14	25	15	3
LEG	22	25	25	20	8	2

Team stats

Kills: Kaitlyn Emmil, 14; Becca Nitsch, 14; Taryn Allmaras, 13; Ashley Hulm, 8; Eva Abfalter, 5; Emma Fricke, 2; Mikayla Fast, 1

Blocks: Hulm, 2.5; Emmil, 1.5; Abfalter, 1; Allmaras, 5; Fricke, 5

Assists: Fricke, 45; Allmaras, 3; Abfalter, 2; Emmil, 2; Camaryn Beasley, 1; Nitsch, 1; Fast, 1

Digs: Fast, 22; Allmaras, 22; Nitsch, 21; Emmil, 20; Fricke, 10; Hulm, 3; Mac Boone, 2; Beasley, 1

Service Aces: Nitsch, 2; Emmil, 1; Fricke, 1; Allmaras, 1

Notes: Mandan played in its first five-set match of the season...Legacy split their two regular season meetings...Mandan won its 10th road match.

Records: Mandan, 26-6 Overall; 15-4 WDA; Legacy, 20-9 Overall; 12-4 WDA

Legacy 3, TMCHS Belcourt 0

Sept. 1, 1 p.m.

Legacy Haussler Gym, Bismarck, N.D.

	1	2	3	Total
TM	9	14	7	0
LEG	25	25	25	3

Team stats

Kills: Becca Nitsch, 7; Eva Abfalter, 6; Taryn Allmaras, 5; Ashton Sagaser, 5; Kaitlyn Emmil, 4; Emma Fricke, 2; Sierra Knoll, 1

Blocks: -

Assists: Fricke, 15; Camaryn Beasley, 7; Sagaser, 3; Ashley Hulm, 2

Digs: Nitsch, 5; Sagaser, 4; Fricke, 4; Emmil, 3; Mikayla Fast, 3; Allmaras, 3; Macee Van Vleet, 3; Hulm, 2; Kelsie Murrey, 1; Beasley, 1

Service Aces: Fricke, 9; Hulm, 5; Beasley, 2; Knoll, 1; Mac Boone, 1; Allmaras, 1; Nitsch, 1; Fast, 1

Notes: Legacy's Emma Fricke had a season-high nine aces...Legacy is 2-0 in WDA play.

Records: TMCHS, 0-5 Overall; 0-4 WDA; Legacy, 8-1 Overall; 2-0 WDA

Legacy 3, Bismarck High 1

Sept. 18, 7 p.m.

Karlgard Gymnasium, Bismarck, N.D.

	1	2	3	4	5	Total
LEG	10	26	25	25	3	3
BHS	25	24	19	18	1	1

Team stats

Kills: Becca Nitsch, 19; Taryn Allmaras, 17; Kaitlyn Emmil, 9; Eva Abfalter, 1; Ashley Hulm, 1; Emma Fricke, 1

Blocks: Abfalter, 4; Emmil, 1; Allmaras, 1; Hulm, 5

Assists: Fricke, 39; Nitsch, 3; Emmil, 2; Fast, 2; Camaryn Beasley, 2

Digs: Fast, 30; Nitsch, 23; Allmaras, 18; Fricke, 16; Emmil, 6; Hulm, 3

Service Aces: Emmil, 3; Allmaras, 2; Hulm, 1

Notes: BHS won the first set...Legacy won its fourth WDA road match.

Records: Legacy, 12-3 Overall; 6-2 WDA; Bismarck High, 10-3 Overall; 3-3 WDA

Fargo Scheels Invite

Oct. 5-6

Fargo, N.D.

Results

Legacy 2, Central Cass 1

Jamestown 2, Legacy 0

Bismarck High 2, Legacy 1

GF Red River 2, Legacy 1

Fargo Oak Grove 2, Legacy 1

Legacy 2, Minot 0

Day 1 Leaders

Kills: Taryn Allmaras, 20; Becca Nitsch, 16; Kaitlyn Emmil, 16

Blocks: Ashley Hulm, 8; Eva Abfalter, 3; Becca Nitsch, 2; Assists: Emma Fricke, 44; Camaryn Beasley, 18; Digs: Allmaras, 28; Mikayla Fast, 28; Nitsch, 24; Emmil, 20; Service Aces: Nitsch, 7; Fricke, 3

Day 2 Leaders

Kills: Taryn Allmaras, 20; Eva Abfalter, 15; Kaitlyn Emmil, 15; Becca Nitsch, 12; Blocks: Ashley Hulm, 3; Emmil, 2.5; Mac Boone, 5; Emma Fricke, 5; Allmaras, 5; Assists: Fricke, 61; Emmil, 3; Camaryn Beasley, 2; Digs: Nitsch, 33; Mikayla Fast, 27; Allmaras, 26; Fricke, 15; Service Aces: Fricke, 4; Allmaras, 3; Fast, 3; Abfalter, 2

Notes: Legacy 2-4 at the tournament.

Records: Legacy, 17-8 Overall; 9-3 WDA

Legacy 3, Williston 0*

Oct. 26, 7:15 p.m.

Jon Cole Gymnasium, Williston, N.D.

	1	2	3	Total
LEG	25	25	25	3
WIL	15	14	13	0

Team stats

Kills: Becca Nitsch, 14; Taryn Allmaras, 10; Ashley Hulm, 6; Kaitlyn Emmil, 3; Eva Abfalter, 2; Sierra Knoll, 1; Emma Fricke, 1

Blocks: Hulm, 1.5; Abfalter, 1.5; Fricke, 1; Emmil, 5; Allmaras, 5

Assists: Fricke, 25; Mikayla Fast, 3; Emmil, 2; Hulm, 1

Digs: Allmaras, 11; Fast, 11; Nitsch, 7; Mac Boone, 6; Emmil, 6; Hulm, 2; Abfalter, 2; Fricke, 1

Service Aces: Fast, 4; Abfalter, 2; Allmaras, 2; Nitsch, 1; Emmil, 1; Fricke, 1

Notes: This is the only regular season meeting of the teams.

Records: Legacy, 22-9 Overall; 14-4 WDA; Williston, 7-25 Overall; 3-15 WDA

*Match counted for double wins/losses in standings

Century 3, Legacy 0

Sept. 4, 7 p.m.

Haussler Gymnasium, Bismarck, N.D.

	1	2	3	Total
CEN	25	25	26	3
LEG	18	15	24	0

Team stats

Kills: Taryn Allmaras, 8; Becca Nitsch, 7; Ashley Hulm, 5; Eva Abfalter, 4; Kaitlyn Emmil, 3; Ashton Sagaser, 1

Blocks: -

Assists: Emma Fricke, 20; Camaryn Beasley, 3; Mikayla Fast, 2; Hulm, 1

Digs: Fast, 12; Allmaras, 10; Fricke, 9; Nitsch, 8; Emmil, 5; Sagaser, 1; Abfalter, 1

Service Aces: Emmil, 1; Fast, 1; Nitsch, 1; Allmaras, 1

Notes: Century's L. Ware had a match-best 21 kills...Century remains unbeaten in WDA play...Legacy suffered its first WDA loss.

Records: Century, 7-3 Overall; 3-0 WDA; Legacy, 8-2 Overall; 2-1 WDA

Legacy 3, TMCHS 0

Sept. 21, 6 p.m.

TMCHS Gymnasium, Belcourt, N.D.

	1	2	3	Total
LEG	25	25	25	3
TM	1	7	13	0

Team stats

Kills: Taryn Allmaras, 6; Becca Nitsch, 6; Eva Abfalter, 6; Kaitlyn Emmil, 4; Ashley Hulm, 2; Camaryn Beasley, 1; Abby Bjornson, 1; Bella Ternes, 1

Blocks: Hulm, 1.5; Abfalter, 1.5; Allmaras, 5; Mac Boone, 5

Assists: Fricke, 16; Beasley, 5; Emmil, 2; Mikayla Fast, 2; Kelsie Murrey, 1

Digs: Fast, 6; Fricke, 5; Nitsch, 4; Allmaras, 3; Bjornson, 3; Abfalter, 3; Ellie Miller, 2; Beasley, 2; Boone, 1; Emmil, 1

Service Aces: Fast, 7; Fricke, 4; Allmaras, 2; Boone, 2; Nitsch, 2; Murrey, 1; Beasley, 1; Ashton Sagaser, 1

Notes: Legacy won both meetings.

Records: Legacy, 13-3 Overall; 7-2 WDA; TMCHS, 0-8 Overall; 0-7 WDA

Legacy 3, St. Mary's 2

Oct. 9, 7 p.m.

Haussler Gymnasium, Bismarck, N.D.

	1	2	3	4	5	Total
SM	28	25	16	20	13	2
LEG	26	23	25	15	3	3

Team stats

Kills: Becca Nitsch, 17; Kaitlyn Emmil, 17; Taryn Allmaras, 12; Eva Abfalter, 9; Ashley Hulm, 2

Blocks: Abfalter, 3; Camaryn Beasley, 1.5; Allmaras, 1.5; Hulm, 5

Assists: Fricke, 37; Beasley, 17

Digs: Mikayla Fast, 28; Allmaras, 21; Emmil, 20; Nitsch, 20; Fricke, 8; Beasley, 4; Hulm, 3; Abfalter, 2

Service Aces: Emmil, 3; Allmaras, 3; Fast, 1; Hulm, 1

Notes: Legacy trailed 2-0...The teams split their two regular season meetings, both went five sets.

Records: St. Mary's, 13-14 Overall; 8-6 WDA; Legacy, 18-8 Overall; 10-3 WDA

Legacy 3, Watford City 0

Oct. 27, 3 p.m.

Rough Rider Center, Watford City, N.D.

	1	2	3	Total
LEG	25	25	25	3
WC	12	16	16	0

Team stats

Kills: Becca Nitsch, 14; Ashley Hulm, 6; Kaitlyn Emmil, 6; Taryn Allmaras, 5; Eva Abfalter, 2; Ashton Sagaser, 1; Emma Fricke, 1

Blocks: Hulm, 3; Fricke, 2; Abfalter, 1.5; Allmaras, 1; Nitsch, 5

Assists: Fricke, 27; Mikayla Fast, 1

Digs: Fast, 12; Allmaras, 7; Nitsch, 3; Emmil, 3; Macee Van Vleet, 3; Ellie Miller, 3; Fricke, 2; Hulm, 2; Abfalter, 1

Service Aces: Nitsch 4, Abfalter, 2; Emmil, 2; Fast, 1; Fricke, 1

Notes: Legacy won both regular season meetings.

Records: Legacy, 23-9 Overall; 15-4 WDA; Watford City 8-23 Overall; 3-15 WDA

Legacy 3, Dickinson 0*

Sept. 6, 8 p.m.

Dickinson Gymnasium, Dickinson, N.D.

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2018 Legacy Sabers Volleyball

West Region Quarterfinal No. 2 Legacy 3, No. 7 Minot 1 Nov. 8, 5 p.m.

Jon Cole Gymnasium, Williston, N.D.

	1	2	3	4	Total
MIN	25	16	19	20	1
LEG	20	25	25	25	3

Team stats

Kills: Becca Nitsch, 14; Taryn Allmaras, 14; Kaitlyn Emmil, 11; Ashley Hulm, 8; Eva Abfalter, 5; Emma Fricke, 3; Mikayla Fast, 1
Blocks: Hulm, 1.5; Allmaras, 1; Abfalter, 1; Emmil, 1; Nitsch, .5
Assists: Fricke, 44; Fast, 4; Nitsch, 2; Allmaras, 1; Emmil, 1
Digs: Nitsch 30; Fast, 18; Allmaras, 10; Fricke, 10; Emmil, 6; Abfalter, 4; Camaryn Beasley, 3; Ellie Miller, 2
Service Aces: Fast, 3; Allmaras, 2; Nitsch, 1; Emmil, 1
Notes: Legacy rallied after dropping set one...The Sabers advance to the semifinal...Minot drops into a consolation match.
Records: Minot, 12-23 Overall; 6-14 WDA; Legacy, 25-9 Overall; 16-4 WDA

West Region Semifinal #3 Mandan 3, #2 Legacy 0 Nov. 9, 7 p.m.

Jon Cole Gymnasium, Williston, N.D.

	1	2	3	Total
MAN	25	25	25	3
LEG	21	18	14	0

Team stats

Kills: Taryn Allmaras, 12; Becca Nitsch, 5; Ashley Hulm, 5; Eva Abfalter, 4; Kaitlyn Emmil, 4
Blocks: Hulm, 2.5; Mac Boone, .5; Allmaras, .5; Nitsch, .5; Fricke, .5; Emmil, .5
Assists: Emma Fricke, 22; Camaryn Beasley, 5; Allmaras, 1
Digs: Allmaras, 15; Nitsch, 13; Mikayla Fast, 11; Fricke, 6; Emmil, 5; Abfalter, 1; Hulm, 1; Beasley, 1; Boone, 1
Service Aces: Emmil, 1; Fricke, 1; Fast, 1
Notes: Mandan reaches the region championship for the first time since 2004...Legacy drops into a state qualifier.
Records: Mandan, 29-6 Overall; 16-4 WDA; Legacy, 25-10 Overall; 16-4 WDA

Team/Individual Stats (WDA regular season matches only)

2018 Season

Date	Opponent	Score	Record	SP
8-24/25	Bismarck Inv.	--	6-1	--
8-28	@Jamestown	3-2W	7-1	5
9-1	TMCHS	3-0W	8-1	3
9-4	CENTURY	0-3L	8-2	3
9-6	@Dickinson*	3-0W	10-2	3
9-11	@Minot	3-0W	11-2	3
9-13	@St. Mary's	2-3L	11-3	5
9-18	@Bismarck High	3-1W	12-3	4
9-21	@TMCHS	3-0W	13-3	3
9-25	JAMESTOWN	3-0W	14-3	3
9-27	@Mandan	3-1W	15-3	4
10-2	BISMARCK	2-3L	15-4	5
10-5/6	Fargo Scheels	--	17-8	--
10-9	ST. MARY'S	3-2W	18-8	5
10-12	WATFORD CITY	3-0W	19-8	3
10-16	MINOT	3-0W	20-8	3
10-25	MANDAN	2-3L	20-9	5
10-26	@Williston*	3-0W	22-9	3
10-27	@Watford City	3-0W	23-9	3
10-30	@Century	3-2W	24-9	5
11-8	Minot\$	3-1W	25-9	-
11-9	Mandan\$\$	0-3L	25-10	-

Sets Played (SP) in WDA Matches **68**

*Match counted for double (wins/losses in WDA standings)... Individual stats are not doubled when teams play a double counter against an opponent.

\$ W Region Quarterfinal \$\$ W Region Semifinal

Kills

Player	MP	Total	Avg
Becca Nitsch	18	217	12.1
Taryn Allmaras	18	178	9.8
Kaitlyn Emmil	18	143	7.9
Eva Abfalter	18	73	4.1
Ashley Hulm	18	71	3.9
Emma Fricke	18	31	1.7
Ashton Sagaser	18	8	-
Mikayla Fast	18	5	-
Sierra Knoll	18	4	-
Camaryn Beasley	18	2	-
Abby Bjornson	18	1	-
Bella Ternes	18	1	-

-Less than 1

Blocks

Player	MP	Total	Avg
A. Hulm	18	32.0	1.7
Eva Abfalter	18	23.5	1.3
K. Emmil	18	18.0	1.0
T. Allmaras	18	9.0	-
B. Nitsch	18	6.5	-
E. Fricke	18	4.0	-
C. Beasley	18	1.5	-
M. Fast	18	.5	-
Mac Boone	178	.5	-

-Less than 1

Assists

Player	MP	Total	Avg
E. Fricke	18	555	30.8
C. Beasley	17	60	3.3
Mikayla Fast	18	31	1.7
K. Emmil	18	20	1.1
B. Nitsch	18	18	1.0
A. Hulm	18	13	-
T. Allmaras	18	9	-
E. Abfalter	18	3	-
A. Sagaser	18	3	-
Keslie Murrey	18	1	-

-Less than 1

Digs

Player	MP	Total	Avg
M. Fast	18	301	16.7
B. Nitsch	18	235	13.1
T. Allmaras	18	217	12.1
E. Fricke	18	163	9.1
K. Emmil	18	123	6.8
A. Hulm	18	43	2.3
E. Abfalter	18	27	1.5
Mac Boone	18	17	-
C. Beasley	18	16	-
Macee Van Vleet	18	10	-
Ellie Miller	18	6	-
A. Bjornson	18	3	-
A. Sagaser	18	2	-
Keslie Murrey	18	1	-

-Less than 1

Service Aces

Player	MP	Total	Avg
E. Fricke	18	35	1.9
B. Nitsch	18	33	1.8
K. Emmil	18	24	1.3
M. Fast	18	24	1.3
T. Allmaras	18	23	1.2
A. Hulm	18	10	-
C. Beasley	18	5	-
E. Abfalter	18	4	-
Mac Boone	18	3	-
S. Knoll	18	1	-
K. Murrey	18	1	-
A. Sagaser	18	1	-
M. Van Vleet	18	1	-

-Less than 1