# Helping Your Child with Maths- A Guide for Parents & Carers

### 💡 Why Maths Matters

Maths isn’t just about numbers—it’s about problem-solving, confidence, and everyday life. From budgeting pocket money to measuring ingredients, maths helps children become independent. Our teachers use concrete materials, moving on to pictures and finally abstract concepts.

### 🏠 Everyday Ways to Support Maths at Home

#### 1. Make It Real

* Involve your child in cooking: measure, weigh, and time together
* Use money and talk about prices, discounts, and budgeting when shopping
* Use travel timetables or maps to explore time and distance
* Have clocks around the house to develop a sense of time

#### 2. Play with Numbers

* Board games and card games build number sense
* Apps and puzzles can make maths fun and interactive

#### 3. Talk It Through

* Ask your child to explain how they solved something—even if they got it wrong
* Praise effort and thinking, not just correct answers
* Use open questions like “What do you notice?” or “How could we check that?”

### 📚 Supporting Our Maths Programme

Our maths sessions blend **real-life skills** with **curriculum-based learning**, helping students build confidence and independence. You can support this by:

* Asking about what they learned
* Helping them apply maths to their hobbies (e.g. horse care and baking )

### 🧠 What If I’m Not Confident with Maths?

You don’t need to be a maths expert—your encouragement matters most.

* Show curiosity: “Let’s figure it out together” is powerful
* Use online videos or guides if you want to brush up
* Ask us for tips or maths games to take home —we’re here to help

🧭 Want to Get More Involved?

📩 To find out more, speak to your child’s mentor or email us.