

## Abuse/Domestic Violence

- ACTS/Turning Points
  - PO Box 74, Dumfries VA 22026
  - (703) -221- 4460 or hotline (703)- 221- 4951
  - Teleteen: (703)- 368-8069
  - Spanish: (703)- 368-6544
- Adult Protective Services
  - (703)-792-7500, (888)-832-3858
- Child Abuse Hotline (Commonwealth of VA)
  - 1(800) -552- 7096 (24hours)
- Child Protective Services, Prince William County
  - 1(703)-792-4200
  - (703)-792-6500 (after hours, this is Police and Fire non-emergency)
- Virginia Family Violence and Sexual Assault Hotline
  - 1-(800)-838-8238
- National Domestic Violence Hotline
  - 1-(800)-799-7233
  - 1-(800)-787-3224 (TTY)

## Adoption Services

- The Barker Foundation
  - 7979 Old Georgetown Road, First Floor, Bethesda, MD 20814
  - Virginia (703) -536-1827, Maryland (301)- 664-9664
  - Hotline: (888)-731-6601
  
- Bethany Christian Services
  - 10378B Democracy Lane, Fairfax, VA 22030-2522
  - (703)- 385-5440
  - Emergency: 1-(844)-824-6673
  
- Catholic Charities
  - 5294 Lyngate Court, Burke, VA 22015
  - (703)- 425-0100 or hotline 1 (800)- 227-3002
  
- Children's Home Society & Family Services
  - 8555 16<sup>th</sup> St. Suite 600, Silver Spring, MD 20910
  - 1 (888)- 904-2229 or (301)- 562-6500
  
- United Methodist Family Services
  - 5400 Shawnee Road, Alexandria, VA 22312
  - (703)- 941- 9008

## AIDS Testing

- Dalewood Walk-in Clinic
  - 4158 Dale Blvd, Woodbridge, VA 22193
  - (703)- 680-5959 or (703) -680-5068
  
- My Urgent Care Walk-In Clinic
  - 14527 Jeff Davis Hwy.
  - Woodbridge, VA 22191
  - 703 497 1234

## Breastfeeding

- LaLeche of Woodbridge
  - (703)- 986-0905
  - (703)- 490-0607
  - On call: (571)-494-1113
  
- Northern Virginia Lactation Consultants
  - 4250 Chain Bridge Road, Fairfax, VA 22030
  - (703)-425-2229
  
- Virginia Hospital Center
  - “For Goodness Sake”
    - Two-hour breastfeeding class for parents-to-be (fee charged)
    - (703)- 558-2468
  - Breastfeeding Community Resources
    - See attached sheets
  
- WIC has breast pumps, but only for clients who meet certain criteria.
  - 1-(888)- 942-3663

## Budget/Credit Counseling

- Websites: [crediteducation.org](http://crediteducation.org), [moneymanagement.org](http://moneymanagement.org)
- Money Management International 1(800)-308-2227  
(free financial /budget counseling, HUD-certified,24/7 phone)
- Good Shepherd Housing & Family Services
  - 8305 Richmond Hwy., Suite 17B, Alexandria, VA 22309
  - Hrs: M-F: 9-5
  - (703)-768-9404

## Car Seats

- Hope in Northern Virginia
  - 610 Park Avenue, Falls Church, Virginia 22046
  - (703)- 536-2020
  
- Injuries, Suicide, Violence Prevention Program
  - 1-(800) -732-8333 press #2 (for car seat program)
  - \*\*\*Must be a VA resident and meet some requirements
  - Contact person- Blanca Castillo [bcastillo@nvfs.org](mailto:bcastillo@nvfs.org)
  
- Bob Wall (Prince William Fire and Rescue)
  - (cell) (703)-304-9771, (703)-792-7736

Will pass out car seats to desperate people (Like some women who wait until they deliver before they get a car seat)

[rwall@pwcgov.org](mailto:rwall@pwcgov.org)
  
- Car Seat Program (client must be in last trimester to apply for seat and go through an orientation for a convertible car seat)
  - PW/Manassas (571)-748-2639
  - Fairfax (703)-246-8850
  
- Marsha (Richmond)
  - (804)-864-7737

## Childbirth-Natural

- Hope in Northern VA- Childbirth preparation classes
  - 610 Park Avenue, Falls Church, Virginia 22046
  - (703)- 536-2020
- Lamaze
  - DC Lamaze International
  - (703)- 549-2226
  - [www.lamaze-dc.com](http://www.lamaze-dc.com)
- Manassas Midwifery
  - (703)330-3285

## Childcare

- ACTS Childcare
  - (703)-670-8808, (703)-491-2867
- Infant and Toddler Connection Program
  - (703)-792-7879
- Department of Social Services
  - (703)-792-4300

## Churches

- Christ Chapel
  - 13909 Smoketown Road, Woodbridge, VA 22192
  - (703)- 670-8481
  
- Grace United Methodist Church
  - 9750 Wellington Rd. Manassas, VA 20110
  - (703)- 361-7800
  
- Holiness Tabernacle Church of God in Christ
  - 1440 Old Bridge Rd., Lake Ridge, VA 22192
  - Free food distribution every 2<sup>nd</sup> Monday 12-3 PM
  - (703)-497-7928
  
- Holy Family Catholic Church
  - 14160 Ferndale Rd. Dale City, VA 22193
  - Office- (703)- 670- 8161
  - Food Bank (10am to 2pm M-R) (703)- 730-1791
  
- Old Bridge United Methodist Church
  - 3966 Old Bridge Rd., Woodbridge, VA
  - (703) -730-3895
  
- Our Lady of Angels Catholic Church
  - 13752 Mary's Way, Woodbridge, VA 22191
  - (703)- 494-2444
  
- Sacred Heart Catholic Church
  - 12975 Purcell Rd., Manassas, VA 20112
  - (703)- 590-0030
  
- St. Elizabeth Ann Seton Catholic Church
  - 12805 Valleywood Dr., Lake Ridge, VA 22192

- (703)- 494-4008

## Churches (continued)

- St. Francis of Assisi Catholic Church
  - 18825 Fuller Heights Rd., Triangle, VA
  - (703)- 221-4044
- St. Paul United Methodist Church
  - 1400 G St. Woodbridge, VA 22191
  - (703)- 494-2445
- Vineyard Christian Fellowship
  - 1550 Prince William Pkwy. Woodbridge VA
  - (703)- 491-2288
  - Food Pantry
  - Streetlight Ministries
    - For Homeless men & women
    - Dinner of Wed. – Give clothes & tents –They can shower
    - This is not a shelter
    - Rose Power: (703) 491-2288 Ext 224

## Clothing/Thrift Stores

- ACTS Thrift Shop
  - 102 Canal Road, Dumfries, VA 22026
  - (703)- 221- 3298
- B-Thrifty
  - 13412 Jefferson Davis Hwy., Woodbridge, VA 22191
  - Membership card – no cost, just give last name & phone no.
    - Free clothes (3 outfits every 6 months) on Tuesdays
    - 30% discount on Mondays & Thursdays
  - (703) -496 – 5100
- Concordia Lutheran Church
  - 3637 Graham Park Road, Triangle, VA 22172
  - (703)-221-3703
- House of Mercy
  - 8170 Slannery Court , Manassas, VA 20109
  - (703)- 659-1636 or (703)-659-1139
- Lorton Community Action Center (for Lorton residents)
  - 9518 Richmond Hwy., Lorton, Va. 22079
  - (703) -339-5161
- Mariah Center (pregnancy center like Birthright)
  - 3230 B Duke St. Alexandria, VA 22314
  - (703)- 370-4774
- Once Upon a Child
  - 7692 Stream Walk Lane, Manassas, VA 20109
  - (703)- 257-5055

## Clothing/Thrift Stores (continued)

- Sacred Heart Church (open most Saturday mornings 8:30-9:30)
  - 12975 Purcell Rd., Manassas, VA 20112
  - (703)- 590-0030
  
- Salvation Army
  - 13287 Gordon Blvd., Woodbridge, VA
  - Store (703)- 490-2396
  
- St. Paul United Methodist Church
  - 1400 G St., Woodbridge, VA 22191
  - (703)- 494-2445
  
- Savers
  - 14427 Potomac Mills Rd., Woodbridge, VA
  - (703)-499-9170
  
- Suited for Change For Working Women
  - 1010 Vermont Ave. Suite 450, Washington, DC 20005
  - 1 (202)- 293-0351 [www.suitedforchange.org](http://www.suitedforchange.org)
  
- The Village Thrift Store
  - 13770 Smoketown Rd., Woodbridge, VA 22193
  - Sale Days – Sunday & Monday
  - (703)- 897-1635

## Counseling / Classes

- Abortion – Project Rachel
  - 200 North Glebe Road Ste. 814, Arlington, VA 22203
  - 1-(888) 456 - 4673      Local number (703)- 841-2504
  
- Adoption—Bethany Christian Services
  - 10378 B Democracy Lane, Fairfax, VA 22030
  - (703)-385-5440
  
- Domestic Violence—ACTS
  - (703)-221-4951
  
- E. Carrington Family Enrichment Center
  - Manassas
  - (703)- 530-7009
  
- Family Counseling Center
  - Local number (703)- 670-5738
  - Emergencies (703)- 257-3669 (After Hrs.)
  
- Incest / Rape Helpline
  - 24 Hr. Helpline (703)- 368-4141
  - Answers for SAVAS (Survivors of Sexual Abuse)
  
- Infant and Toddler Connection Program
  - Speech, occupational and physical therapy, and special education
  - for children ages birth-3 years
  - (703)-792-7879
  
- Lorton Community Action Center
  - 9518 Richmond Hwy., Lorton, VA 22079
  - (703) -339-5161      Classes in the Lorton area
  
- Mom’s Project
  - Counseling (703)-792-7800

## Counseling / Classes (continued)

- Prince William Family Counseling, P.C.
  - Mrs. A. Gavor, LPC (Licensed Professional Counselor)
  - 12721 Darby Brooke Court, Suite 102, Woodbridge, VA 22192
  - (703) -497-1771 Ext. 204
  
- St. Francis House (open M-Th 9am-12noon)
  - ❖ Camp Safety (conflict resolution, substance abuse education)
  - ❖ Mommy and Me (pre-school for non-English and ESOL for moms)
  - ❖ Computer and ESL classes
    - 2606 Heth Court, Dumfries, VA 22026
    - (703)- 221-6344 (call first)

## Emergency Assistance

- Catholic Charities Emergency Assistance
  - (703)-548-4227 (best to call between 9am and 1pm)
  
- EMS – Virginia Department of Emergency Services
  - Hours -- Monday – Friday 8:30am – 4:30 pm
  - 1(800)-523 - 6019
  
- Emergency Assistance – ACTS
  - Vouchers to shop at Thrift Store in Dumfries
  - (703)- 221-3186
  - Friday morning open for food only 9:00 – 11:30 am
  
- Emergency Assistance – American Red Cross
  - 4333 Arlington Blvd., Arlington, VA 22203
  - (703)-527-3010 (for fire or disaster press ext \*733)
  - After hours fire or disaster emergency assistance 1-(202)- 728 - 6405
  - Spanish Interpretation – Prince William County
    - Jan -- Director Of Volunteers at American Red Cross
    - There is a list, hit operator and she'll put you through to Jan (703) -368 - 4511 or (703) -368 - 5252
  
- St. Paul United Methodist Church
  - 1400 G Street, Woodbridge, VA 22191
  - (703)-494-2445

## Food

- ACTS
  - P.O. Box 74, Dumfries, VA 22026
  - Call for food vouchers to be used in Thrift Stores
    - (703)- 221 - 3186
  
- Angel Food Ministries
  - Provides pre-boxed food boxes for \$35, they are worth twice that
  - (703)-463-1784
  
- Bethel UMC – St. Stephen Society
  - 13506 Minnieville Rd., Prince William, VA 22192
  - Food Pantry by appointment only
    - (703)- 670 - 4929
  
- Christ Chapel
  - Bread only (703)- 670 – 8481
  
- Dumfries Methodist Church
  - 3890 Cameron Street, Dumfries, VA 22026
  - (703)-221-2880
  
- Holiness Tabernacle Church of God in Christ
  - 1440 Old Bridge Rd., Lake Ridge, VA 22192
  - Free food distribution every 2<sup>nd</sup> Monday 12-3 PM
  - (703)-497-7928
  
- Holy Family Catholic Church
  - 14160 Ferndale Rd., Dale City, VA 22193
  - (703)- 730-1791

## Food (continued)

- Lorton Community Action Center
  - 9518 Richmond Hwy., Lorton, VA 22079
  - (703)- 339-5161
  
  - Sacred Heart Church(open most Sat. mornings, 8:30-9:30, call ahead for food pantry)
  - 12975 Purcell Rd, Manassas, VA 20112
  - (703)- 590 - 0030
  
- St. Francis House
  - 2606 Heth Court, Dumfries, VA 22026
  - (703)- 221-6344 (call first)
  
- St. Paul UMC
  - 1400 G Street, Woodbridge, VA 22191
  - Food Pantry: Thursday at 1 – 3pm
  - (703) -494 - 2445
  
- St. Vincent de Paul Society/Our Lady of Angels Conference
  - 13752 Mary's Way, Woodbridge, VA 22191
  - (571)-377-8371
  
- Volunteers of America
  - 14945 Jefferson Davis Hwy, Woodbridge, VA 22191
  - (703)- 680 - 5403
  
- Vineyard Christian
  - 1550 Prince William Pkwy., Woodbridge, VA 22191
  - Food Bank Hours: Mon, Tues, Thurs: 9:30am – 11.30am
  - (703)- 494 - 4823 or (703) -491 - 2288
  
- Woodbridge Church of the Nazarene (703)-670-2252

## Formula

- ACTS
  - P.O. Box 74, Dumfries, VA 22026
  - (703) -221 - 3186
- Francis House
  - (703) -221 - 6344 (call first)
  - Hours: M-Th 9am-12pm
- Holy Family Catholic Church (serves only 22191, 22192, and 22193 zip codes)
  - 14160 Ferndale, Rd. , Dale City, VA 22193
  - (703) -670 - 8161
- St. Vincent de Paul (for baby food)
  - 13752 Mary's Way, Woodbridge, VA 22191
  - (571)-377-8371
- WIC (Call if pregnant, breastfeeding, just had a baby or kids under 5)
  - 1-(888)- 942-3663

## Funeral Services/Funeral Homes

- Northern Virginia Funeral Services
  - (703)-378-6896
  - Stillborn baby does not involve the coroner
  
- Mountcastle Funeral Home – Dale City
  - 4143 Dale Boulevard, Dale City, VA
  - 703-680-1234
  
- Miller Funeral Home
  - 3200 Golansky Blvd, Woodbridge, VA 2219
  - (703) 878-2273

## Furniture

- ACTS Thrift Store
  - 3661 Canal Road, Dumfries, VA 22026
  - (703)- 221 - 3298
- Mariah Center (a pregnancy center like Birthright)
  - 3230 B Duke St., Alexandria, VA 22314
  - (703)- 370 - 4774
- Once Upon A Child Consignment Shop
  - 7692 Stream Walk Lane, Manassas, VA
  - (703) -257 - 5055
- Catholic Charities lending closet
  - (703)-425-0100

## Health Care

- A Best Choice—Mobile Ultrasound Center
  - (703)-946-3076
- About Women (OB/GYN)
  - 2296 Opitz Blvd., Suite 440, Woodbridge, VA 22191((also office in Stafford)
  - (703)- 878 - 0740
- Adawadkar, Prakash D., M.D., FAAP (Pediatrics)
  - 4201 Dale Blvd., Dale City, VA 22193
  - (703) -670 - 0300
- Adler Clinic – Center for Women’s Health (OB/GYN)
  - 2296 Opitz Blvd. #350, Woodbridge, VA
  - (703)- 680 - 5327
- BirthCare & Women’s Health, Ltd. (midwives)
  - 1501 King Street, Alexandria, VA 22314
  - (703)- 549 - 5070
- Bommasani, Reena Rao, M.D., Hillendale Medical Care (family practice)
  - 13168 Centerpoint Way, #101, Woodbridge, VA 22193
  - (703)- 730-2000
- Bread for the City Medical Clinic (free prenatal care)
  - 1525 7<sup>th</sup> St. NW, Washington, D.C.
  - 1-(202)- 265 -2400
- Bryce, Peter, M.D. (OB/GYN, accepts Medicaid)
  - 2296 Opitz Blvd., Suite 250, Woodbridge, VA 22191
  - (703)- 680 - 5714

## Health Care (continued)

- Dumfries Midwifery and Pediatric Care Center
  - 18059 Triangle Plaza, Dumfries, VA 22026
  - (703)-634-2280
  
- Fairfax Ob/Gyn (Woodbridge Office)
  - 2028 Opitz Blvd., Suite #1, Woodbridge, VA 22191
  - (703) -491 - 7181
  
- Greater Prince William Community Health Center (family practice & prenatal)
  - 4379 Ridgewood Center Dr., Suite 102, Woodbridge, VA 22191
  - (703)-680-7950
  
- Infant and Toddler Connection Program
  - (703)-792-7879
  
- Khachikian, Grigor, MD (OB/GYN)
  - 1950 Opitz Blvd., Woodbridge, VA 22191
  - (703)-494-0774
  
- Manassas Free Clinic (for uninsured and indigent clients)
  - 9301 Lee Avenue
  - Manassas, VA 20110
  - (703)-792-6378
  
- Manassas Midwifery and Women's Health Center (midwifery)
  - 8425 Dorsey Circle #102, Manassas, VA 20110
  - (703)-330-3285
  
- Physicians and Midwives (OB/GYN, does not accept Medicaid)
  - 12508 Lake Ridge Dr., Woodbridge, VA 22192
  - (703)- 491-1122



## Health Care (continued)

- Sentara (Potomac) Hospital
  - 2300 Opitz Blvd., Woodbridge, VA
    - (703)- 523-1000
  - OB Clinic
    - (703)- 523-1075
  - Dale City/Woodbridge Mobile Van
    - (703)- 338 - 6678
  - Dumfries/Triangle/Stafford
    - (703)- 338 – 6676
  
- Sudley Medical Clinic (bi-lingual, pro-life practice, no pre-natal care)
  - 10757 Ambassador Drive, Suite 101, Manassas, VA 20109
  - (571)-379-7395
  
- Tepeyec Family Center (OB/GYN, pro-life)
  - 11135 Lee Hwy., Fairfax, VA
  - (703)- 273 - 9440
  
- Woodbridge Health Department Children's Dental Clinic
  - (703)-792-7304
  
- Woodbridge Free Clinic
  - 4001 Prince William Pky., Suite 101, Woodbridge, VA
  - (703)- 792 - 7321

## Hospitals

- Fairfax INOVA
  - Fairfax, VA
  - Main Office (703)- 776 - 4001
  - OB Office (703) -776 - 3106
  
- Fort Belvoir Community Hospital
  - 9300 DeWitt Loop, Fort Belvoir, VA 22060
  - (571)-231-3065
  
- Prince William Hospital
  - 8700 Sudley Road, Manassas, VA 20110
  - (703)- 369 - 8000
  
- Sentara Lake Ridge (Emergency Care)
  - 12825 Minnieville Road, Lake Ridge, VA 22192
  - (703)-523-9800
  
- Sentara Potomac Hospital
  - 2300 Opitz Blvd., Woodbridge, VA 22191
  - (703)- 523-1000

## Housing

- ACTS
  - Main Office (703)- 441 - 8606
  - Transitional Living, 2 yr. program homeless (703)- 221 - 5983
  - Turning Points (24-hr shelter for domestic violence victims) (703) -221 - 4951
  - ACTS Homeless Shelter (703) -221 - 3188
  
- Alternative House, Falls Church
  - crisis shelter for teens, 3-week program  
(703)-883-0296
  
- (The) Abused & Homeless Children's Refuge
  - Assist Young Mothers Program: (703)- 280 - 2162 (Meghan)
  - PO Box 694, Dunn Loring, VA 22027
  
- Back to Basics, Richmond, VA  
Takes girls ages 14-18 with children
  - 1-(804)-228-2230
  
- Barn (The)
  - Transitional housing & training for homeless mothers
  - 9541 Linton Hall Rd., Bristow, VA 20136
  - (703)- 369 -1325
  
- Borromeo House Inc.
  - Residential house for 16 to 21 pregnant with 1 or have other child
  - 3314 N. Washington Blvd., Arlington, VA 22201
  - (703)- 841 - 0139

## Housing (continued)

- Catholic Charities
  - Has shepherd families, one will take a minor under 18, the other is a single woman who must have someone over 18. Call (703)-425-0100.
  - transitional residence, St. Margaret of Cortona (we must call for the client to check availability) (703)- 910 -4845.
  
  - Christ House Shelter (run by Catholic Charities for men), Alexandria
  - (703) 549- 8644
  
- Empower House, Fredericksburg
  - Domestic violence shelter , will accept children
  - (540)-373-9372
  
- Fairfax County
  - Coordinated Services Planning
    - (703)- 222 - 0880
  - Eleanor Kennedy Shelter, Fairfax
    - (703)- 799 - 0200
  - Bailey's Crossroads Shelter, Fairfax
    - Single males & females – common shelter
    - (703)- 820 – 7621
  - Embry Ruckner Shelter, Reston (call Coordinated Services number above)
    - For singles and families
  - Shelter House, Falls Church (accepts families)
    - (703) -536 - 2155
  
- Falls Church, City of, Services
  - (703)-248-5005
  
- Fauquier Family Shelter, Warrenton
  - (540)-351-0130

## Housing (continued)

- Good Shepherd Alliance
  - Families and singles
  - (703)-887-5776
  
- Good Shepherd Housing & Family Services
  - 8305 Richmond Hwy., Alexandria, VA 22309
  - Hrs: M-F: 9-5
  - (703)- 768 -9404
  
- Good Shepherd Foundation (provides subsidized rentals)
  - 13190 Centerpointe Way, Suite 102, Woodbridge, VA 22193
  - (703)-730-1078
  
- Hilda Barg Shelter (for families)
  - 14945 Jefferson Davis Hwy., Woodbridge, VA 22192
  - (703)- 680-5403
  
- Hope House (safe harbor for homeless women & children)
  - 902 Lafayette Blvd., Fredericksburg, VA 22401
  - 1-(540)- 371- 0831 ext 204
  
- Hot Line (to see what shelters are available)
  - 1-(800) 535 -7252
  
- Liberty Godparent Home
  - Lynchburg, VA
  - 1-(800)-542-4453
  - Takes students up to 23 years old, home school online classes
  - Parents must consent to client's stay
  
- Loudoun Emergency Homeless Shelter, Leesburg

- (571)-258-3033

## Housing (continued)

- Mary's House (outreach of St. Anthony's Parish, Falls Church)
  - Contact: Sr. Augustina Temprano
  - (703)-820-7111 ext. 119
- Mary's Shelter (for pregnant women 18 & older, takes children)
  - Fredericksburg, VA
  - (540)-623 -5778
- Melrose Apartments, Triangle (lower-rent apartments)
  - (703)- 221-3111
- Missionaries of Charity (provides temporary shelter for pregnant women)
  - 3310 Wheeler Rd., SE, Washington, D.C.
  - 1-(202)-562 -6890
- My Sister's Place, (for domestic violence victims, will accept children)
  - Washington, DC
  - 1-(202)-529-5261
- New Eve Ministries (for pregnant women, accepts children)
  - 3042 Valley Ave. #110, Winchester, VA 22601
  - 1-(540)-450-0775
- Paul Stefan Home for Unwed Mothers
  - P.O. Box 754, Locust Grove, VA 22508
  - 1-(866)-908 - MOMS
  - Director: Evelyn James    [www.paulstefanhome.org](http://www.paulstefanhome.org)
- Prince William County Housing Office (703)-792-7530  
(Section 8 and subsidized housing)

## Housing (continued)

- St Ann's Maternity Program
  - Hyattsville, MD
  - Client must be in DC metro area. Woodbridge qualifies.
  - 1-(301)-559-5500
- St. Francis House (helps with rent)
  - 2606 Heth Court, Dumfries, VA 22026
  - (703)- 221-6344 (call first)
- SERVE Homeless Shelter, Manassas
  - (571)-748-2600
- Thurman Brisben Shelter
  - Fredericksburg (need to be from Stafford, Spotsylvania, King George)
  - (540)-899-2891
- Virginia CO-OP
  - HUD Rent Delinquencies (703)-792 - 6287
  - Office of Housing & Community Dev., Woodbridge # (703)-792-7530
- Winter Shelter, drop-in, Woodbridge
  - (703)-897-0199

## Immigration

- Catholic Charities Hogar Immigrant Service
  - (703)- 534-9805
- Immigration : Form Request Line 1-(800)-870-3676
- Immigration Information Line 1-(800)-375-5283

## Insurance

- FAMIS health insurance for women & children
  - [www.famis.org](http://www.famis.org)
  - 1-(866)-873-2647

## Job Search

- Employment Enterprises Temp Agency
  - (703)-368 -3800
  
- Labor Finders
  - Temporary employment – construction, etc.
  - Need vehicle driver's license
  - Arlington: (703)-524-3204
  - Fredericksburg: (540)-372-6707
  - Manassas: (703)-369-1553
  
- Department of Rehabilitative Services (training and job placement)
  - (703)-335-5550
  
- St. Francis House (has employment info.)
  - 2606 Heth Court, Dumfries, VA 22026
  - (703)- 221-6344 (call first)

## Legal Help

- Catholic Charities – Immigrant Services
  - Falls Church, VA
  - (703)-534 -9805
  
- Legal Services of Northern Virginia
  - (703)-778-6800
  
- Lorton Community Action Center, (Lorton area residents, for civil issues only)
  - 9518 Richmond Hwy., Lorton, VA 22079
  - (703)-339-5161
  
- VA State Bar Lawyer Referral
  - 1-(800)-552-7977

## Libraries (Internet Access)

- Libraries
  - Potomac Library (703)-494-8126
  - Chinn Library (703)-792-4800

## Parenting

- PIE (Parent-Infant Education) (703)-792-7750
- Virginia Cooperative Extension (703)-792-6289

## Paternity Testing

- DNA DIAGNOSTICS CENTER
  - 1-800-362-2368
  - Spanish: 1-800-618-8433
  
- Good Samaritan Hospital
  - 375 Dixmyth Ave., Cincinnati, Ohio 45220-2489
  - 1-800-433-6848
  
- ARCpoint Labs
  - 13895 Hedgewood Dr., Suite 213
  - Woodbridge, VA 22193
  - 571-285-3026

## Runaways

- National Runaway Switchboard
  - 1-(800)-786-2929
  - Hearing impaired: 1-(800) -621- 0394 (TDD)
- Alternative House (emergency shelter for girls 13-17)
  - 2009 Gallows Rd., Vienna, VA 22180
  - (703)-356 - 6360

## Sexual Assault

- **SAVAS**
  - Sexual Assault Victims Advocacy Services
  - ACTS Helpline: (703)-368 -4141
  
- **Victims Assistance Network for victims of rape & spouse abuse**
  - (703)-360-7273
  
- **Virginia Family Violence and Sexual Assault Hotline**
  - 1-(800)-838-8238

## Social Services

- Prince William Dept. of Social Services, Ferlazzo Building
  - 15941 Donald Curtis Dr., Suite 180, Woodbridge, VA 22191
  - (703)-792-4300
- Department of Family Services, City of Manassas
  - (703)-361-8277

## Substance Abuse

- Women's Project- PWC/Manassas
  - 15941 Donald Curtis Dr. Suite 200 Woodbridge VA 22191
  - (703)-792-4900 (Woodbridge) or (703)-792-7800 (Manassas)
  
- Community Services Board (CSB) Mental Health & Substance Abuse
  - Woodbridge (703)-792-4900
  - Manassas (703)-792-7800
  
- Drug Abuse & Treatment Hotline
  - 1-(800)-662 - 4357

## Transportation

- Call 211 for assistance with transportation within Prince William County.
- St. Francis House (helps with transportation)
  - 2606 Heth Court, Dumfries, VA 22026
  - (703)- 221-6344 (call first)

## Ultrasound

- A Best Choice—Mobile Ultrasound Center
  - (703)-946-3076

## Urgent Care

- Dalewood Walk-In Clinic
  - 4158 Dale Blvd., Dale City, VA 22193
  - (703)-680-5959
- My Urgent Care Walk-In Clinic
  - 3302 Old Bridge Rd., Ste B
  - Lake Ridge, VA 22192
  - 703-494-6160
  - My Urgent Care Walk-In Clinic
  - 14527 Jeff Davis Hwy., Woodbridge, VA 22191
  - 703-497-1234
- Dr. Al Family and Urgent Care
  - 14914 Jefferson Davis Highway, Woodbridge, VA 22191
  - (703)-499-9490
- Greater Prince William Community Health Center
  - (Walk-in urgent care 8-10:30AM Mon.-Fri.)
  - 4379 Ridgewood Center Dr., Suite 102, Woodbridge, VA 22191
  - (703)-680-7950
- Hillendale Medical Care
  - 134168 Centerpointe Way #101, Woodbridge, VA 22193
  - (703)-730-2000
- NextCare Urgent Care
  - 3990 Fettle Park Drive, Building B, Dumfries, VA 22025
  - 1-(800)-819-8566
- Prime Med Urgent Care

- 3928 Lansing Court, Dumfries, VA 22026
- (703)-221-2109

## Utilities Assistance

- ACTS Energy Share --Emergency Assistance
  - (703)- 221-3186
- Dominion Va Power--Help with energy bills
  - 1-(800)- 667-3000
- St. Francis House (helps with utilities)
  - 2606 Heth Court, Dumfries, VA 22026
  - (703)- 221-6344 (call first)
- Salvation Army--Energy Bills
  - 1-(888) -318 – WAFF
- (VA) SS--Energy bills
  - 1-(800)- 552 - 3431
- Washington Gas
  - (703)-750-1000

## WIC

- Call if pregnant, breastfeeding, just had a baby or kids under 5
  - 1-(888)-942 -3663
  - Woodbridge: (703)-792 -7329