Abuse/Domestic Violence

- ACTS/Turning Points
  - PO Box 74, Dumfries VA 22026
  - (703) -221- 4460 or hotline (703)- 221- 4951
  - Teleteen: (703)- 368-8069
  - Spanish: (703)- 368-6544

- Adult Protective Services
  - (703)-792-7500, (888)-832-3858

- Child Abuse Hotline (Commonwealth of VA)
  - 1(800) -552- 7096 (24hours)

- Child Protective Services, Prince William County
  - 1(703)-792-4200
  - (703)-792-6500 (after hours, this is Police and Fire non-emergency)

- Virginia Family Violence and Sexual Assault Hotline
  - 1-(800)-838-8238

- National Domestic Violence Hotline
  - 1-(800)-799-7233
  - 1-(800)-787-3224 (TTY)
Adoption Services

- The Barker Foundation
  - 7979 Old Georgetown Road, First Floor, Bethesda, MD 20814
  - Virginia (703) -536-1827, Maryland (301)- 664-9664
  - Hotline: (888)-731-6601

- Bethany Christian Services
  - 10378B Democracy Lane, Fairfax, VA 22030-2522
  - (703)- 385-5440
  - Emergency: 1-(844)-824-6673

- Catholic Charities
  - 5294 Lyngate Court, Burke, VA 22015
  - (703)- 425-0100 or hotline 1 (800)- 227-3002

- Children’s Home Society & Family Services
  - 8555 16th St. Suite 600, Silver Spring, MD 20910
  - 1 (888)- 904-2229 or (301)- 562-6500

- United Methodist Family Services
  - 5400 Shawnee Road, Alexandria, VA 22312
  - (703)- 941- 9008
AIDS Testing

- Dalewood Walk-in Clinic
  - 4158 Dale Blvd, Woodbridge, VA 22193
  - (703)- 680-5959 or (703) -680-5068

- My Urgent Care Walk-In Clinic
  - 14527 Jeff Davis Hwy.
  - Woodbridge, VA 22191
  - 703 497 1234
Breastfeeding

- LaLeche of Woodbridge
  - (703)-986-0905
  - (703)-490-0607
  - On call: (571)-494-1113

- Northern Virginia Lactation Consultants
  - 4250 Chain Bridge Road, Fairfax, VA 22030
  - (703)-425-2229

- Virginia Hospital Center
  - “For Goodness Sake”
    - Two-hour breastfeeding class for parents-to-be (fee charged)
      - (703)-558-2468
  - Breastfeeding Community Resources
    - See attached sheets

- WIC has breast pumps, but only for clients who meet certain criteria.
  - 1-(888)-942-3663
Budget/Credit Counseling

- Websites: crediteducation.org, moneymanagement.org
- Money Management International  1(800)-308-2227
  (free financial /budget counseling, HUD-certified, 24/7 phone)
- Good Shepherd Housing & Family Services
  - 8305 Richmond Hwy., Suite 17B, Alexandria, VA  22309
  - Hrs:  M-F:  9-5
  -  (703)-768-9404
Car Seats

- Hope in Northern Virginia
  - 610 Park Avenue, Falls Church, Virginia 22046
  - (703)-536-2020

- Injuries, Suicide, Violence Prevention Program
  - 1-(800) -732-8333 press #2 (for car seat program)
  - ***Must be a VA resident and meet some requirements
  - Contact person- Blanca Castillo bcastillo@nvfs.org

- Bob Wall (Prince William Fire and Rescue)
  - (cell) (703)-304-9771, (703)-792-7736
  - Will pass out car seats to desperate people (Like some women who wait until they deliver before they get a car seat)
  - rwall@pwcgov.org

- Car Seat Program (client must be in last trimester to apply for seat and go through an orientation for a convertible car seat)
  - PW/Manassas (571)-748-2639
  - Fairfax (703)-246-8850

- Marsha (Richmond)
  - (804)-864-7737
Childbirth-Natural

- Hope in Northern VA - Childbirth preparation classes
  - 610 Park Avenue, Falls Church, Virginia 22046
  - (703)- 536-2020

- Lamaze
  - DC Lamaze International
  - (703)- 549-2226
  - www.lamaze-dc.com

- Manassas Midwifery
  - (703)330-3285
Childcare

- ACTS Childcare
  - (703)-670-8808, (703)-491-2867

- Infant and Toddler Connection Program
  - (703)-792-7879

- Department of Social Services
  - (703)-792-4300
Churches

- Christ Chapel
  - 13909 Smoketown Road, Woodbridge, VA 22192
  - (703)- 670-8481

- Grace United Methodist Church
  - 9750 Wellington Rd. Manassas, VA 20110
  - (703)- 361-7800

- Holiness Tabernacle Church of God in Christ
  - 1440 Old Bridge Rd., Lake Ridge, VA 22192
  - Free food distribution every 2nd Monday 12-3 PM
  - (703)-497-7928

- Holy Family Catholic Church
  - 14160 Ferndale Rd. Dale City, VA 22193
  - Office- (703)- 670- 8161
  - Food Bank (10am to 2pm M-R) (703)- 730-1791

- Old Bridge United Methodist Church
  - 3966 Old Bridge Rd., Woodbridge, VA
  - (703) -730-3895

- Our Lady of Angels Catholic Church
  - 13752 Mary’s Way, Woodbridge, VA 22191
  - (703)- 494-2444

- Sacred Heart Catholic Church
  - 12975 Purcell Rd., Manassas, VA 20112
  - (703)- 590-0030

- St. Elizabeth Ann Seton Catholic Church
  - 12805 Valleywood Dr., Lake Ridge, VA 22192
• St. Francis of Assisi Catholic Church
  o 18825 Fuller Heights Rd., Triangle, VA
  o (703)- 221-4044

• St. Paul United Methodist Church
  o 1400 G St. Woodbridge, VA 22191
  o (703)- 494-2445

• Vineyard Christian Fellowship
  o 1550 Prince William Pkwy. Woodbridge VA
  o (703)- 491-2288
  o Food Pantry
  o Streetlight Ministries
    • For Homeless men & women
    • Dinner of Wed. – Give clothes & tents – They can shower
    • This is not a shelter
    • Rose Power: (703) 491-2288 Ext 224

o (703)- 494-4008

Churches (continued)
Clothing/Thrift Stores

• ACTS Thrift Shop
  o 102 Canal Road, Dumfries, VA 22026
  o (703)-221-3298

• B-Thrifty
  o 13412 Jefferson Davis Hwy., Woodbridge, VA 22191
  o Membership card – no cost, just give last name & phone no.
    ▪ Free clothes (3 outfits every 6 months) on Tuesdays
    ▪ 30% discount on Mondays & Thursdays
  o (703) -496 – 5100

• Concordia Lutheran Church
  o 3637 Graham Park Road, Triangle, VA 22172
  o (703)-221-3703

• House of Mercy
  o 8170 Slannery Court, Manassas, VA 20109
  o (703)-659-1636 or (703)-659-1139

• Lorton Community Action Center (for Lorton residents)
  o 9518 Richmond Hwy., Lorton, Va. 22079
  o (703) -339-5161

• Mariah Center (pregnancy center like Birthright)
  o 3230 B Duke St. Alexandria, VA 22314
  o (703)- 370-4774

• Once Upon a Child
  o 7692 Stream Walk Lane, Manassas, VA 20109
  o (703)- 257-5055
Clothing/Thrift Stores (continued)

- Sacred Heart Church (open most Saturday mornings 8:30-9:30)
  - 12975 Purcell Rd., Manassas, VA 20112
  - (703)- 590-0030

- Salvation Army
  - 13287 Gordon Blvd., Woodbridge, VA
  - Store (703)- 490-2396

- St. Paul United Methodist Church
  - 1400 G St., Woodbridge, VA 22191
  - (703)- 494-2445

- Savers
  - 14427 Potomac Mills Rd., Woodbridge, VA
  - (703)-499-9170

- Suited for Change For Working Women
  - 1010 Vermont Ave. Suite 450, Washington, DC 20005
  - 1 (202)- 293-0351  [www.suitedforchange.org](http://www.suitedforchange.org)

- The Village Thrift Store
  - 13770 Smoketown Rd., Woodbridge, VA 22193
  - Sale Days – Sunday & Monday
  - (703)- 897-1635
Counseling / Classes

- Abortion – Project Rachel
  - 200 North Glebe Road Ste. 814, Arlington, VA 22203
  - 1-(888) 456 - 4673 Local number (703)- 841-2504

- Adoption—Bethany Christian Services
  - 10378 B Democracy Lane, Fairfax, VA 22030
  - (703)-385-5440

- Domestic Violence—ACTS
  - (703)-221-4951

- E. Carrington Family Enrichment Center
  - Manassas
  - (703)- 530-7009

- Family Counseling Center
  - Local number (703)- 670-5738
  - Emergencies (703)- 257-3669 (After Hrs.)

- Incest / Rape Helpline
  - 24 Hr. Helpline (703)- 368-4141
  - Answers for SAVAS (Survivors of Sexual Abuse)

- Infant and Toddler Connection Program
  - Speech, occupational and physical therapy, and special education
  - for children ages birth-3 years
  - (703)-792-7879

- Lorton Community Action Center
  - 9518 Richmond Hwy., Lorton, VA 22079
  - (703) -339-5161 Classes in the Lorton area

- Mom’s Project
  - Counseling (703)-792-7800
Counseling / Classes (continued)

- Prince William Family Counseling, P.C.
  - Mrs. A. Gavor, LPC (Licensed Professional Counselor)
  - 12721 Darby Brooke Court, Suite 102, Woodbridge, VA 22192
  - (703) -497-1771 Ext. 204

- St. Francis House (open M-Th 9am-12noon)
  - Camp Safety (conflict resolution, substance abuse education)
  - Mommy and Me (pre-school for non-English and ESOL for moms)
  - Computer and ESL classes
    - 2606 Heth Court, Dumfries, VA 22026
    - (703)- 221-6344 (call first)
Emergency Assistance

- Catholic Charities Emergency Assistance
  - (703)-548-4227 (best to call between 9am and 1pm)

- EMS – Virginia Department of Emergency Services
  - Hours -- Monday – Friday 8:30am – 4:30 pm
  - 1(800)-523-6019

- Emergency Assistance – ACTS
  - Vouchers to shop at Thrift Store in Dumfries
  - (703) 221-3186
  - Friday morning open for food only 9:00 – 11:30 am

- Emergency Assistance – American Red Cross
  - 4333 Arlington Blvd., Arlington, VA 22203
  - (703)-527-3010 (for fire or disaster press ext *733)
  - After hours fire or disaster emergency assistance 1-(202)- 728 - 6405
  - Spanish Interpretation – Prince William County
    - Jan -- Director Of Volunteers at American Red Cross
    - There is a list, hit operator and she’ll put you through to Jan
      (703) -368 - 4511 or (703) -368 - 5252

- St. Paul United Methodist Church
  - 1400 G Street, Woodbridge, VA 22191
  - (703)-494-2445
Food

- ACTS
  - P.O. Box 74, Dumfries, VA 22026
  - Call for food vouchers to be used in Thrift Stores
    - (703)- 221 - 3186

- Angel Food Ministries
  - Provides pre-boxed food boxes for $35, they are worth twice that
  - (703)-463-1784

- Bethel UMC – St. Stephen Society
  - 13506 Minnieville Rd., Prince William, VA 22192
  - Food Pantry by appointment only
    - (703)- 670 - 4929

- Christ Chapel
  - Bread only (703)- 670 – 8481

- Dumfries Methodist Church
  - 3890 Cameron Street, Dumfries, VA 22026
  - (703)-221-2880

- Holiness Tabernacle Church of God in Christ
  - 1440 Old Bridge Rd., Lake Ridge, VA 22192
  - Free food distribution every 2nd Monday 12-3 PM
  - (703)-497-7928

- Holy Family Catholic Church
  - 14160 Ferndale Rd., Dale City, VA 22193
  - (703)- 730-1791
Food (continued)

- **Lorton Community Action Center**
  - 9518 Richmond Hwy., Lorton, VA 22079
  - (703)- 339-5161
  - Sacred Heart Church(open most Sat. mornings, 8:30-9:30, call ahead for food pantry)
  - 12975 Purcell Rd, Manassas, VA 20112
  - (703)- 590 - 0030

- **St. Francis House**
  - 2606 Heth Court, Dumfries, VA 22026
  - (703)- 221-6344 (call first)

- **St. Paul UMC**
  - 1400 G Street, Woodbridge, VA 22191
  - Food Pantry: Thursday at 1 – 3pm
  - (703) -494 - 2445

- **St. Vincent de Paul Society/Our Lady of Angels Conference**
  - 13752 Mary’s Way, Woodbridge, VA 22191
  - (571)-377-8371

- **Volunteers of America**
  - 14945 Jefferson Davis Hwy, Woodbridge, VA 22191
  - (703)- 680 - 5403

- **Vineyard Christian**
  - 1550 Prince William Pkwy., Woodbridge, VA 22191
  - Food Bank Hours: Mon, Tues, Thurs: 9:30am – 11.30am
  - (703)- 494 - 4823 or (703) -491 - 2288

- **Woodbridge Church of the Nazarene** (703)-670-2252
Formula

- ACTS
  - P.O. Box 74, Dumfries, VA 22026
  - (703) -221 - 3186

- Francis House
  - (703) -221 - 6344  (call first)
  - Hours:  M-Th 9am-12pm

- Holy Family Catholic Church (serves only 22191, 22192, and 22193 zip codes)
  - 14160 Ferndale, Rd, Dale City, VA 22193
  - (703) -670 - 8161

- St. Vincent de Paul (for baby food)
  - 13752 Mary’s Way, Woodbridge, VA 22191
  - (571)-377-8371

- WIC (Call if pregnant, breastfeeding, just had a baby or kids under 5)
  - 1-(888)- 942-3663
Funeral Services/Funeral Homes

- Northern Virginia Funeral Services
  - (703)-378-6896
  - Stillborn baby does not involve the coroner

- Mountcastle Funeral Home – Dale City
  - 4143 Dale Boulevard, Dale City, VA
  - 703-680-1234

- Miller Funeral Home
  - 3200 Golansky Blvd, Woodbridge, VA 2219
  - (703) 878-2273
Furniture

- ACTS Thrift Store
  - 3661 Canal Road, Dumfries, VA 22026
  - (703)- 221 - 3298

- Mariah Center (a pregnancy center like Birthright)
  - 3230 B Duke St., Alexandria, VA 22314
  - (703)- 370 - 4774

- Once Upon A Child Consignment Shop
  - 7692 Stream Walk Lane, Manassas, VA
  - (703) -257 - 5055

- Catholic Charities lending closet
  - (703)-425-0100
Health Care

- A Best Choice—Mobile Ultrasound Center
  - (703)-946-3076

- About Women (OB/GYN)
  - 2296 Opitz Blvd., Suite 440, Woodbridge, VA 22191 (also office in Stafford)
  - (703)- 878 - 0740

- Adawadkar, Prakash D., M.D., FAAP (Pediatrics)
  - 4201 Dale Blvd., Dale City, VA 22193
  - (703) -670 - 0300

- Adler Clinic – Center for Women’s Health (OB/GYN)
  - 2296 Opitz Blvd. #350, Woodbridge, VA
  - (703)- 680 - 5327

- BirthCare & Women’s Health, Ltd. (midwives)
  - 1501 King Street, Alexandria, VA 22314
  - (703)- 549 - 5070

- Bommasani, Reena Rao, M.D., Hillendale Medical Care (family practice)
  - 13168 Centerpoint Way, #101, Woodbridge, VA 22193
  - (703)- 730-2000

- Bread for the City Medical Clinic (free prenatal care)
  - 1525 7th St. NW, Washington, D.C.
  - 1-(202)- 265 -2400

- Bryce, Peter, M.D. (OB/GYN, accepts Medicaid)
  - 2296 Opitz Blvd., Suite 250, Woodbridge, VA 22191
  - (703)- 680 - 5714
Health Care (continued)

- Dumfries Midwifery and Pediatric Care Center
  - 18059 Triangle Plaza, Dumfries, VA 22026
  - (703)-634-2280

- Fairfax Ob/Gyn (Woodbridge Office)
  - 2028 Opitz Blvd., Suite #1, Woodbridge, VA 22191
  - (703) -491 - 7181

- Greater Prince William Community Health Center (family practice & prenatal)
  - 4379 Ridgewood Center Dr., Suite 102, Woodbridge, VA 22191
  - (703)-680-7950

- Infant and Toddler Connection Program
  - (703)-792-7879

- Khachikian, Grigor, MD (OB/GYN)
  - 1950 Opitz Blvd., Woodbridge, VA 22191
  - (703)-494-0774

- Manassas Free Clinic (for uninsured and indigent clients)
  - 9301 Lee Avenue
  - Manassas, VA 20110
  - (703)-792-6378

- Manassas Midwifery and Women’s Health Center (midwifery)
  - 8425 Dorsey Circle #102, Manassas, VA 20110
  - (703)-330-3285

- Physicians and Midwives (OB/GYN, does not accept Medicaid)
  - 12508 Lake Ridge Dr., Woodbridge, VA 22192
  - (703)- 491-1122
Health Care (continued)

- Northern Virginia Family Service (medical & dental care for low to moderate income families)
  - 2200 Opitz Blvd., Woodbridge, VA 22191
  - (703)- 490 - 3646

- Pediatric Primary Care Program (for children of uninsured)
  Woodbridge: (703)-792-7348
  Manassas: (703)-335-8872, ext. 2132

- Prince William County Community Services
  - Clinical emergencies – medical, mental, drugs
  - (703)- 792 - 4900

- Prince William County Health Department
  - Woodbridge Office
  - 4001 Prince William Parkway, Suite 101
  - Woodbridge, VA 22193
  - (703)-792-7300
  - Manassas Office
  - 9301 Lee Avenue
  - Manassas, VA 20110
  - (703)-792-6300

- Ramsey, A. K., M.D. (OB/GYN, accepts Medicaid)
  - 14904 Jefferson Davis Highway, Suite 407, Woodbridge, VA 22191
  - (703)- 494 – 0064

- St. Margaret’s Church Free Clinic
  - Church Hill Drive
  - Woodbridge, VA 22191
  - (703)-499-9034
Health Care (continued)

- **Sentara (Potomac) Hospital**
  - 2300 Opitz Blvd., Woodbridge, VA
    - (703)- 523-1000
  - OB Clinic
    - (703)- 523-1075
  - Dale City/Woodbridge Mobile Van
    - (703)- 338- 6678
  - Dumfries/Triangle/Stafford
    - (703)- 338 – 6676

- **Sudley Medical Clinic** (bi-lingual, pro-life practice, no pre-natal care)
  - 10757 Ambassador Drive, Suite 101, Manassas, VA 20109
  - (571)-379-7395

- **Tepeyec Family Center** (OB/GYN, pro-life)
  - 11135 Lee Hwy., Fairfax, VA
  - (703)- 273 - 9440

- **Woodbridge Health Department Children’s Dental Clinic**
  - (703)-792-7304

- **Woodbridge Free Clinic**
  - 4001 Prince William Pky., Suite 101, Woodbridge, VA
  - (703)- 792 - 7321
Hospitals

- Fairfax INOVA
  - Fairfax, VA
  - Main Office (703)- 776 - 4001
  - OB Office (703) -776 - 3106

- Fort Belvoir Community Hospital
  - 9300 DeWitt Loop, Fort Belvoir, VA 22060
  - (571)-231-3065

- Prince William Hospital
  - 8700 Sudley Road, Manassas, VA 20110
  - (703)- 369 - 8000

- Sentara Lake Ridge (Emergency Care)
  - 12825 Minnieville Road, Lake Ridge, VA 22192
  - (703)-523-9800

- Sentara Potomac Hospital
  - 2300 Opitz Blvd., Woodbridge, VA 22191
  - (703)- 523-1000
Housing

- ACTS
  - Main Office  (703)- 441 - 8606
  - Transitional Living, 2 yr. program homeless  (703)- 221 - 5983
  - Turning Points (24-hr shelter for domestic violence victims) (703) -221 - 4951
  - ACTS Homeless Shelter (703) -221 - 3188

- Alternative House, Falls Church
  - crisis shelter for teens, 3-week program
    (703)-883-0296

- (The) Abused & Homeless Children’s Refuge
  - Assist Young Mothers Program:  (703)- 280 - 2162 (Meghan)
  - PO Box 694, Dunn Loring, VA  22027

- Back to Basics, Richmond, VA
  Takes girls ages 14-18 with children
  - 1-(804)-228-2230

- Barn (The)
  - Transitional housing & training for homeless mothers
  - 9541 Linton Hall Rd., Bristow, VA  20136
  - (703)- 369 -1325

- Borromeo House Inc.
  - Residential house for 16 to 21 pregnant with 1 or have other child
  - 3314 N. Washington Blvd., Arlington, VA 22201
  - (703)- 841 - 0139
Housing (continued)

- Catholic Charities
  - Has shepherd families, one will take a minor under 18, the other is a single woman who must have someone over 18. Call (703)-425-0100.
  - transitional residence, St. Margaret of Cortona (we must call for the client to check availability) (703)-910 -4845.
    - Christ House Shelter (run by Catholic Charities for men), Alexandria
    - (703) 549- 8644

- Empower House, Fredericksburg
  - Domestic violence shelter, will accept children
  - (540)-373-9372

- Fairfax County
  - Coordinated Services Planning
    - (703)- 222 - 0880
  - Eleanor Kennedy Shelter, Fairfax
    - (703)- 799 - 0200
  - Bailey’s Crossroads Shelter, Fairfax
    - Single males & females – common shelter
    - (703)- 820 – 7621
  - Embry Ruckner Shelter, Reston (call Coordinated Services number above)
    - For singles and families
  - Shelter House, Falls Church (accepts families)
    - (703) -536 - 2155

- Falls Church, City of, Services
  - (703)-248-5005

- Fauquier Family Shelter, Warrenton
  - (540)-351-0130
Housing (continued)

- Good Shepherd Alliance
  - Families and singles
  - (703)-887-5776

- Good Shepherd Housing & Family Services
  - 8305 Richmond Hwy., Alexandria, VA 22309
  - Hrs: M-F: 9-5
  - (703)-768-9404

- Good Shepherd Foundation (provides subsidized rentals)
  - 13190 Centerpointe Way, Suite 102, Woodbridge, VA 22193
  - (703)-730-1078

- Hilda Barg Shelter (for families)
  - 14945 Jefferson Davis Hwy., Woodbridge, VA 22192
  - (703)-680-5403

- Hope House (safe harbor for homeless women & children)
  - 902 Lafayette Blvd., Fredericksburg, VA 22401
  - 1-(540)-371-0831 ext 204

- Hot Line (to see what shelters are available)
  - 1-(800) 535-7252

- Liberty Godparent Home
  - Lynchburg, VA
  - 1-(800)-542-4453
  - Takes students up to 23 years old, home school online classes
  - Parents must consent to client’s stay

- Loudoun Emergency Homeless Shelter, Leesburg
Housing (continued)

- Mary’s House (outreach of St. Anthony’s Parish, Falls Church)
  - Contact: Sr. Augustina Temprano
    - (703)-820-7111 ext. 119

- Mary’s Shelter (for pregnant women 18 & older, takes children)
  - Fredericksburg, VA
  - (540)-623-5778

- Melrose Apartments, Triangle (lower-rent apartments)
  - (703)-221-3111

- Missionaries of Charity (provides temporary shelter for pregnant women)
  - 3310 Wheeler Rd., SE, Washington, D.C.
  - 1-(202)-562-6890

- My Sister’s Place, (for domestic violence victims, will accept children)
  - Washington, DC
  - 1-(202)-529-5261

- New Eve Ministries (for pregnant women, accepts children)
  - 3042 Valley Ave. #110, Winchester, VA 22601
  - 1-(540)-450-0775

- Paul Stefan Home for Unwed Mothers
  - P.O. Box 754, Locust Grove, VA 22508
  - 1-(866)-908 - MOMS
  - Director: Evelyn James   www.paulstefanhome.org

- Prince William County Housing Office  (703)-792-7530
  (Section 8 and subsidized housing)
Housing (continued)

- St Ann’s Maternity Program
  - Hyattsville, MD
  - Client must be in DC metro area. Woodbridge qualifies.
  - 1-(301)-559-5500

- St. Francis House (helps with rent)
  - 2606 Heth Court, Dumfries, VA 22026
  - (703)-221-6344 (call first)

- SERVE Homeless Shelter, Manassas
  - (571)-748-2600

- Thurman Brisben Shelter
  - Fredericksburg (need to be from Stafford, Spotsylvania, King George)
  - (540)-899-2891

- Virginia CO-OP
  - HUD Rent Delinquencies (703)-792-6287
  - Office of Housing & Community Dev., Woodbridge # (703)-792-7530

- Winter Shelter, drop-in, Woodbridge
  - (703)-897-0199
Immigration

- Catholic Charities Hogar Immigrant Service
  - (703)- 534-9805

- Immigration : Form Request Line 1-(800)-870-3676

- Immigration Information Line 1-(800)-375-5283
Insurance

- FAMIS health insurance for women & children
  - www.famis.org
  - 1-(866)-873-2647
Job Search

• Employment Enterprises Temp Agency
  o (703)-368 -3800

• Labor Finders
  o Temporary employment – construction, etc.
  o Need vehicle driver’s license
  o Arlington: (703)-524-3204
  o Fredericksburg: (540)-372-6707
  o Manassas: (703)-369-1553

• Department of Rehabilitative Services (training and job placement)
  o (703)-335-5550

• St. Francis House (has employment info.)
  o 2606 Heth Court, Dumfries, VA 22026
  o (703)- 221-6344 (call first)
Legal Help

- Catholic Charities – Immigrant Services
  - Falls Church, VA
  - (703)-534-9805

- Legal Services of Northern Virginia
  - (703)-778-6800

- Lorton Community Action Center, (Lorton area residents, for civil issues only)
  - 9518 Richmond Hwy., Lorton, VA 22079
  - (703)-339-5161

- VA State Bar Lawyer Referral
  - 1-(800)-552-7977
Libraries (Internet Access)

- Libraries
  - Potomac Library (703)-494-8126
  - Chinn Library (703)-792-4800
Parenting

- PIE (Parent-Infant Education) (703)-792-7750
- Virginia Cooperative Extension (703)-792-6289
Paternity Testing

- DNA DIAGNOSTICS CENTER
  - 1-800-362-2368
  - Spanish: 1-800-618-8433

- Good Samaritan Hospital
  - 375 Dixmyth Ave., Cincinnati, Ohio 45220-2489
  - 1-800-433-6848

- ARCpoint Labs
  - 13895 Hedgewood Dr., Suite 213
  - Woodbridge, VA 22193
  - 571-285-3026
Runaways

- National Runaway Switchboard
  - 1-(800)-786-2929
  - Hearing impaired: 1-(800) -621- 0394 (TDD)

- Alternative House (emergency shelter for girls 13-17)
  - 2009 Gallows Rd., Vienna, VA 22180
  - (703)-356 - 6360
Sexual Assault

- SAVAS
  - Sexual Assault Victims Advocacy Services
  - ACTS Helpline: (703)-368-4141

- Victims Assistance Network for victims of rape & spouse abuse
  - (703)-360-7273

- Virginia Family Violence and Sexual Assault Hotline
  - 1-(800)-838-8238
Social Services

- Prince William Dept. of Social Services, Ferlazzo Building
  o 15941 Donald Curtis Dr., Suite 180, Woodbridge, VA 22191
  o (703)-792-4300

- Department of Family Services, City of Manassas
  o (703)-361-8277
Substance Abuse

- Women’s Project- PWC/Manassas
  - 15941 Donald Curtis Dr. Suite 200 Woodbridge VA 22191
  - (703)-792-4900 (Woodbridge) or (703)-792-7800 (Manassas)

- Community Services Board (CSB) Mental Health & Substance Abuse
  - Woodbridge (703)-792-4900
  - Manassas (703)-792-7800

- Drug Abuse & Treatment Hotline
  - 1-(800)-662 - 4357
Transportation

• Call 211 for assistance with transportation within Prince William County.

• St. Francis House (helps with transportation)
  o 2606 Heth Court, Dumfries, VA 22026
  o (703)- 221-6344 (call first)
Ultrasound

- A Best Choice—Mobile Ultrasound Center
  - (703)-946-3076
Urgent Care

- Dalewood Walk-In Clinic
  o 4158 Dale Blvd., Dale City, VA 22193
  o (703)-680-5959

- My Urgent Care Walk-In Clinic
  o 3302 Old Bridge Rd., Ste B
  o Lake Ridge, VA 22192
  o 703-494-6160
  o My Urgent Care Walk-In Clinic
  o 14527 Jeff Davis Hwy., Woodbridge, VA 22191
  o 703-497-1234

- Dr. Al Family and Urgent Care
  o 14914 Jefferson Davis Highway, Woodbridge, VA 22191
  o (703)-499-9490

- Greater Prince William Community Health Center
  o (Walk-in urgent care 8-10:30AM Mon.-Fri.)
  o 4379 Ridgewood Center Dr., Suite 102, Woodbridge, VA 22191
  o (703)-680-7950

- Hillendale Medical Care
  o 134168 Centerpointe Way #101, Woodbridge, VA 22193
  o (703)-730-2000

- NextCare Urgent Care
  o 3990 Fettler Park Drive, Building B, Dumfries, VA 22025
  o 1-(800)-819-8566

- Prime Med Urgent Care
• 3928 Lansing Court, Dumfries, VA 22026
  o (703)-221-2109

Utilities Assistance

- ACTS Energy Share -- Emergency Assistance
  o (703)-221-3186

- Dominion Va Power--Help with energy bills
  o 1-(800)-667-3000

- St. Francis House (helps with utilities)
  o 2606 Heth Court, Dumfries, VA 22026
  o (703)-221-6344 (call first)

- Salvation Army--Energy Bills
  o 1-(888)-318 – WAFF

- (VA) SS--Energy bills
  o 1-(800)-552 - 3431

- Washington Gas
  o (703)-750-1000
WIC

- Call if pregnant, breastfeeding, just had a baby or kids under 5
  - 1-(888)-942-3663
  - Woodbridge: (703)-792-7329