

SC USA Gymnastics Committee Meeting Minutes

Wednesday, January 14 12:00 PM

Zoom Meeting

Roll Call -

Name- Role	Present:
Mendi Knisley - SAC Chair	yes
Dana Browy - Communication	no
Sue Dolinar - NAWGJ Representative	yes
Ashley Stewart - Secretary	yes
Pat Faulkner - Compulsory Clinic Coordinator	yes
Sabina Jokulis - Technical / Education Resource	yes
Brittany LaRoche - Xcel Member at Large	yes
Abby Reid - TOPS Representative	yes
Anna Sexton - Apparel	yes
Amanda Selwold - Xcel Clinic Coordinator	yes
Joey Smith - Webmaster/Athlete Tracking	yes
Val Snow - Optional Clinic Coordinator	yes
Tricha Tapio - Awards	yes
Karimah Thorne - Development Member at Large	yes

The meeting is called to order at 12:00 PM.

SC SACC reminds us that the SC SAC operates in compliance with all USA Gymnastics policies including the Confidentiality Policy and Conflict of Interest Policy. Please disclose any conflict of interests with regard to any matter on the agenda. If at any time during our discussions or decision-making process, should a member feel there may be a conflict of interest, you have an ongoing duty to raise immediately.

Additional reminder that all SC SAC correspondence should be copied to the SC SACC.

1. 2026 SC Regional Teams Clinic

- April 4th – 12-4:30pm @ Aiken Gymnastics
- Sabina discussed the plan for this year's regional clinic, including the name change to Regional Teams Clinic due to the clinic being for all Regional Team Members plus one alternate invited. Sabina explained rotations and the intention to give feedback on routines and answer any questions heading into regionals.

2. 2025-2026 Awards Ceremony – Update

- SC SACC share that the facility has been secured: Girl Scouts Headquarters, 1107 Williams Street, Columbia, SC 29201
- Subcommittee to meet in January, discuss details in February.

3. Level 9 Eastern Entry Fees

- SC SACC explained The Tim Rand Legacy Fund will no longer be paying for Level 9 Eastern entry fees. The TRLF will continue to pay for the Level 10 National entry fees. SC SACC suggested SC USAG paying for Level 9 Eastern entry fees so that the cost does not fall back on clubs and athletes. The entry fee is \$200.
- SC SACC explained the Level 9 Eastern entry fees are not in the budget for this year, however we will include them in the budget going forward. For this year, reserve funds will be used to pay the Level 9 Eastern National entry fees.
- Tricia made a motion to pay the Level 9 Eastern National Entry fees each year.
- Abby 2nds this motion.
- The motion is passed unanimously.

4. 2026 SC State Championships – Tentative Schedules

- SC SACC discussed tentative schedules for all 3 State Championships, as presented in Appendix A.
- Sabina made a motion to approve all 3 schedules.
- Brittany 2nds this motion.
- The motion is passed unanimously.
- SC SAC discussed randomizing age groups between younger and older athletes, but having some sessions designated for younger age groups and some for older. Reasons to consider a slight change in randomization is to prevent younger athletes from competing later at night and not to have a wide age range in the same session.
- Sabina made a motion to randomize younger and older age groups in separate sessions.
- Karimah 2nds the motion.
- The motion is passed unanimously.

5. Review of 2024-2025 Season Goals

- SC SACC discussed the goals and measurables from the 2024-2025 season, and how each was met.

6. Tentative 2025-2026 Season Goals

- SC SACC presented goals and measurables for the 2025-2026 season. The committee discussed ideas on how to meet those.

7. 2026-2027 SC State Championships and Season Change

- SC SACC discussed the need for a fourth state championship due to every state championship being at capacity and continued growth. SC SACC also discussed the possibility of a fall compulsory state championship, as four state championships in the spring could make scheduling difficult.
- SC SACC explained that several coaches have expressed a desire for a fall compulsory for many reasons, including the ability for athletes to move into optional levels quicker, difficulty finding compulsory competition at invitationals in the spring, surrounding states following a fall schedule for compulsory levels and helps keep athletes in the sport. SC SACC presented some ideas on the calendar if compulsory levels were moved to a fall State Championship, and some pros and cons of what that could look like.
- SC SACC asked the committee members to discuss with coaches and be prepared to discuss more details and vote in February.

8. 2026 SC Congress - June 12-13th

- SC SACC discussed potential locations for SC Congress, and determined it will be held in Greenville.
Confirmed presenters for SC Congress are below, others are being asked, a complete list will be available later
- Evelyn Chandler - Region 8 Technical Chairman
- Heather Ould – USA Gymnastics Xcel Program Manager
- Paul Padron & Sabina Jokulis – Former & Current Technical/Educational Resource Committee Members
- Suzanne Metz Ellicott – Choreographer, Coach, Compulsory Level 4 National Choreographer
- Acro & Tumbling Collegiate Coach & Judge

Mendi, Pat & Sue recused themselves and left the meeting.

9. Supporting our Brevet and National Judges in their 2026 Testing

- Karimah shared that approximately 20 judges from SC will be testing for National and Brevet Judging status. Traditionally, the SC SAC has provided funds to the individuals testing. Testing must take place at a Regional or National Congress requiring travel and related expenses, and has a separate testing fee of approximately \$300 for the onsite practice session and practical test, additional supplies and clinics are needed in order to prepare.
- Karimah proposed the SC SAC provide \$200 per judge for the Brevet or National test. The funds would be provided only after a receipt of registration for the Brevet or National course has been sent to the SC SACC.
- Ashley made a motion to approve giving \$200 to each National or Brevet judge testing.
- Brittany 2nds the motion.
- The motion is passed unanimously.

10. Next SC SAC Meeting

- Next Meeting – February 11th @ noon via zoom
- Topics to be discussed are 2025-2026 Goals, 2026 SC State Congress, 2026 Awards Ceremony, 2026 Club of the Year, Spirit of Pam Award, Scholarships Recipients, 2026 SC State Championships, XCEL Program of the Year for Region 8, New Business

The meeting adjourns at 12:44 PM.

Appendix A

Preliminary Schedule for Xcel Bronze/Silver State Championship March 13-15, 2026

Friday, March 13, 2026

Session 1 - Xcel Silver

Session 2 - Xcel Silver

Saturday, March 14, 2026

Session 3 - Xcel Silver

Session 4 - Xcel Silver

Session 5 - Xcel Silver

Session 6 - Xcel Bronze

Sunday, March 15, 2026

Session 7 - Xcel Bronze

Session 8 - Xcel Bronze

Session 9 - Xcel Bronze

Session 10 - Xcel Bronze

* Age groups will be randomized considering younger & older sessions for each level

** Age groups will be randomized among sessions, except for younger Bronze and Silver Age Groups will not be assigned to sessions ending after 8:00 pm.

**Preliminary Schedule for Level 6-10/XP/XD/XSA State Championship
March 20-22, 2026**

Friday, March 20, 2026

- Session 1 - Level 8
- Session 2 - Level 8/9
- Session 3 - Level 10

Saturday, March 21, 2026

- Session 4 - Level 7
- Session 5 - Level 6/7
- Session 6 - Level 6
- Session 7 - Level 6

Sunday, March 22, 2026

- Session 8 - Xcel Platinum
- Session 9 - Xcel Platinum
- Session 10 - Xcel Diamond
- Session 11 - Xcel Diamond/Sapphire

* Age groups will be randomized considering younger & older sessions for each level

The Number of sessions for each level may change based on the actual number of athletes registered for that level. However, the assignment of levels competing on each day is not expected to change.

**Preliminary Schedule for Level 1-5/XG State Championship
March 27-29, 2026**

Friday, March 27, 2026

Session 1 - Level 1/2
Session 2- Level 2
Session 3 - Xcel Gold
Session 4 - Xcel Gold

Saturday, March 28, 2026

Session 5 - Xcel Gold
Session 6 - Xcel Gold
Session 7 - Level 3
Session 8 - Level 3

Sunday, March 29, 2026

Session 9 - Level 3
Session 10 - Level 4
Session 11 - Level 4
Session 12 - Level 4/5

* Age groups will be randomized considering younger & older sessions for each level

** Age groups will be randomized among sessions, except for younger Level 3 Age Groups will not be assigned to sessions ending after 8:00 pm.