



## Betty Lou Boogie

Choreographed by Anita McNab

**Description:** 48 count, 4 wall, beginner/intermediate line dance

**Music:** Cotton Eyed Joe by Scatman John

**Betty Lou's Getting Out Tonight** by Bob Seger [ CD: Against The Wind ]

### RIGHT HEEL FORWARD, HOME, LEFT HEEL FORWARD, HOME, 2 HEEL SPLITS

- 1-4 Tap right heel forward, step home, tap left heel forward, step home (feet together)  
 5-8 Both heels out to sides, home, both heels out to sides, home

### RIGHT HEEL FORWARD, HOME, LEFT HEEL FORWARD, HOME, 2 HEEL SPLITS

- 9-12 Tap right heel forward, step home, tap left heel forward, step home (feet together)  
 13-16 Both heels out to sides, home, both heels out to sides, home

### GRAPEVINE RIGHT, TWIST LEFT, RIGHT, LEFT, RIGHT (DO THE TWIST)

- 17-20 Step side right, left behind, side right, touch left toe forward on angle  
 21-24 Do the twist, heels going left, right, left, right (weight on right)

### GRAPEVINE LEFT, TWIST RIGHT, LEFT, RIGHT (DO THE TWIST)

- 25-28 Step side left, right behind, side left, touch right toe forward on angle  
 29-32 Do the twist, going right, left, right, left (weight on left)

### ANGLE FORWARD RIGHT, TOUCH LEFT, FORWARD LEFT, TOUCH RIGHT, FORWARD RIGHT TOUCH LEFT, FORWARD LEFT, TOUCH RIGHT

- 33-36 Forward right on angle, touch left beside, forward left on angle, touch right beside  
 37-40 Forward right on angle, touch left beside, forward left on angle, touch right beside

*When doing these steps, you knees will point inwards on the touches*

### WALK BACK RIGHT, LEFT, RIGHT, TOUCH LEFT

- 41-44 Walk back starting on right, left, right, touch left beside right

### GRAPEVINE LEFT (OR ROLLING VINE) WITH A ¼ TURN TO LEFT, TOUCH RIGHT BESIDE LEFT

- 45-46 Step side left onto left, right behind left  
 47-48 Step ¼ turn to left, onto left, touch right beside left

### REPEAT

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