



INTRODUCTION TO CUBA Journey of Purpose & Discovery



Cuba: Havana

November 5-11, 2022

\$3,999 (double occupancy, incl flights)

\$999 (single supplement)

BOOK NOW 888.747.7501

Cuba is a country steeped in mystery. Connect with the warm Cuban people while enjoying a unique mix of vibrant music, eclectic art, and 1950s cars. Delve into the complexities of Afro Cuban customs and thought. Form your own opinions as you revel in Cuba's culture, people, and spirit. A journey to Cuba is like no other! Are you ready to leave your preconceived ideas at the door and embrace the local culture? It's an experience you won't regret!

Program Highlights

- 7 days & 6 nights in Havana
- Take a **salsa class** at one of Havana's best dance schools. Learn some steps like the rumba, mambo and more!
- Enjoy a day trip to **Matanzas** to see some more of the beautiful island. Stop in the **Yumurí Valley** to enjoy the magnificent views from the Bacunayagua lookout.

Cultural Immersion

- Visit the **Cuban National Ballet School**, the largest in the world, as well as the lovely **Museum of Fine Art** and **Hemingway Museum**.
- Enjoy a **cooking class** and lunch at the Jardin de los Milagros Private Restaurant where you will learn to make a few traditional Cuban dishes and a rum cocktail!
- While in Matanzas learn about how slavery impacted the Cuban people during a visit to the **Slave Route National Museum**.

Community Connections

- Chat with local shop owners in **Old Havana** and learn from local historians about this UNESCO World Heritage site.
- Meet local Cubans of all ages during an evening **neighborhood block party**.
- Visit **Cecilio Avilés Imagen 3**, a project that brings 200 artists focused on music, plastic arts and design together offering free workshops for children and elderly in the streets of Havana.



Under current guidelines, this program conforms to OFAC requirements for support of the Cuban People" education license (515.560(c)).

Journey Leadership: Nicola Balmain

Nicola is CEO/Founder of Nanda Journeys and has been involved in the travel industry for more than 25 years. She has personally visited Cuba five times and is excited to lead this cultural journey.

Ready to go?

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