

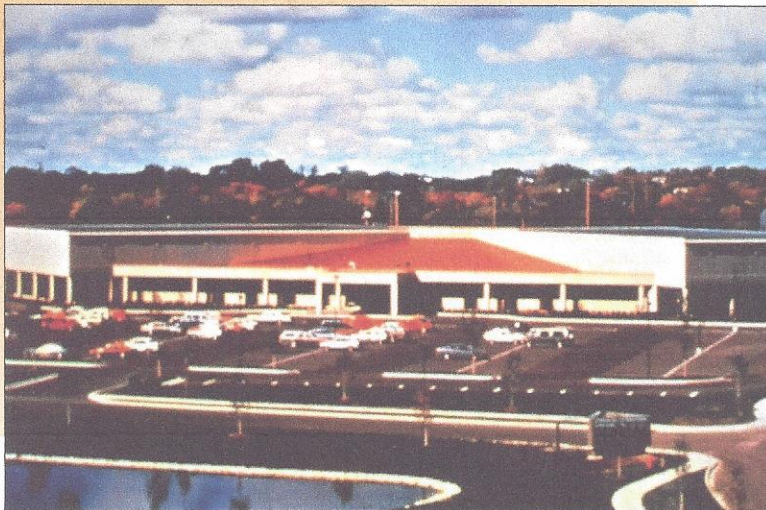


## Edward Health & Fitness Center

Developed as one of the first freestanding medically based health and fitness centers in the country, Edward Health & Fitness Center I opened in June 1988. This 63,000 square foot center situated on the Edward Health Services campus, Naperville, Illinois was designed to meet the needs of a growing suburban community. The center offers comprehensive wellness and preventive care programs, expanded rehabilitation services in a medically supervised environment.

The center achieved its membership capacity within the first 18 months of operation and continues to have a waiting list for new members.

As a result of the tremendous success of this center, Edward Health & Fitness Center II was developed off-campus to expand the hospital's market share in a new service area.



*Naperville, Illinois*

- Adult exercise area featuring treadmills, elliptical cross-trainers, stair/step machines, upright and recumbent bikes and rowers and free weights
- Indoor walk/jog track
- Aquatic center featuring a 4 lane, 25m lap pool, warm-water therapy pool, whirlpool and sauna
- Aerobics studio over 4,000 sq. ft. of aerobic and multi-purpose rooms
- Men's & women's locker rooms – full height lockers, towels, amenities, private showers & steam rooms
- Family changing rooms – full height lockers, private shower stalls and dressing areas
- Outpatient physical therapy & rehabilitation department
- Adult basketball & volleyball courts
- Corporate Physicals area
- Pro-shop & juice bar
- Wellness and health programs
- Child care service with daily age-appropriate activities