

# **Toddler Tots Program (2 – 3 yrs. Old)**

## **Class List**

- **Tots Take on Ballet:** This class is an introduction to dance through ballet. It is designed to expand and extend their movement range by the use of beginner ballet terminology, drawing inspiration from a range of external stimuli including music, props, emotions and working with other dancers.
- **Tots Tumble Too:** This is an acrobatic style toddler class that teaches beginner floor gymnastics. Acro is a class that progresses from forward rolls and cartwheels to beginner tumbling. Building and increasing strength and limber movement. Teachers work with each student on their individual level. This class also focuses on flexibility, agility, and teamwork.
- **Tapping Tots:** This class teaches early basic techniques of tap. It is designed to expand and extend their movement range & rhythm exploration for our youngest dancers.
- **Tap/Ballet Combo:** This class combines the basic movement and dance skills of Ballet & Tap to help young dancers to develop coordination, balance, musicality, timing, and flexibility.

At the end of dance season concludes with an Informal Showcase (held at N'Ferno Studio) to display of what your Tiny Tot has learned throughout the session!

Class Size: 6 Students per class \*\* Parents do not have to sit in class, but are expected to be on site (parking lot or lobby) accessible to the instructor.