



THE SINGLISH PRINCIPLES

7 Simple Ways to Live Your Best Life

KNOW WHO YOU ARE, AND WHO YOU AREN'T

Don't try to be anyone else. Know your strengths and flaws. Be comfortable in your own skin

KNOW WHAT YOU WANT, AND WHAT YOU DON'T

Know your own mind. Trust yourself to know what's best for you. Go after what you want!

BE DISCIPLINED: STAND BY YOUR DECISIONS

Once you make a decision, stick with it unless there is a really good reason to change.

If a hard path seems right for you, don't give up! Overcoming adversity brings strength.

HAVE FUN - CELEBRATE YOUR SUCCESSES!

Fun is an important part of life. Every success, big or small, is worth recognizing as a step along the right path.

LOOK AFTER YOURSELF

Don't wait for Prince Charming to take care of you "for ever after." Take care of the woman you are today, and the woman you will be tomorrow.

TELL YOURSELF THE TRUTH

Total honesty with yourself is an important part of taking responsibility for your life. If you make a mistake, admit it, learn from it, and try to not make the same mistake again.

DON'T BE AFRAID TO TRY!

You can do more than you think, and more than others might think. Even if something is a bit scary, if it feels right, give it a try. You don't need anyone else's permission!

Live Your Best Life: Live Singlish!