



Career Enrichment GASTROENTEROLOGY & INTERNAL MEDICINE JOURNEY



MALAYSIA & THAILAND: Kuala Lumpur, Penang & Bangkok

March 22-31, 2022

\$6,499 (based on double occupancy)

\$1,499 (single supplement)

BOOK NOW 888.747.7501

Malaysia was formed in 1963 when the former British colonies of Singapore, Sabah and Sarawak on the northern coast of Borneo joined the Malay Federation. After Singapore's withdrawal in 1965, they have focused on diversifying their economy which had been reliant on exports of raw materials into a multi-sector economy. They share borders with Indonesia, Thailand and Brunei. The unified kingdom of Thailand was established in the 14th century and called Siam until 1939. Thailand is the only Southeast Asian country never to have been colonized by a European power.

Program Highlights

- 8 night and 10-day private guided exploration of **Malaysia & Thailand**
- Explore the **Batu Caves**, UNESCO World Heritage sites like **George Town** and **Wat Po**, one of the oldest temples in Bangkok.

Focus on Community & Culture

- Talk to the people you meet on the street. You will be delighted at how open to conversation the locals are, and you may surprise yourself with the new impressions formed.
- Spend time with staff visiting a charity like the **Pratthanadee Foundation**. They are nationally recognized for empowering the most disadvantaged women and children in Thailand through training, mentoring and career guidance.
- Take part in a **hands-on cooking lesson** and chance to explore a local market for local ingredients.

Focus on Health Care

- **Meaningful interaction and collaboration** between travelers and healthcare professionals in Malaysia and Thailand will focus on providing an overview of the medical systems in each country.
- The primary goal is to **develop a thorough understanding of the health care systems in Malaysia and Thailand** through interaction with medical counterparts and allied health care workers. This will provide a chance to better understand the challenges of health care delivery as each country deals with changing demographics and an increased incidence of chronic disease.

Journey Leader: **John W. (Jay) Popp, MD, MACG**

Dr. Jay Popp is the Medical Staff Lead for AmSurg. He formerly served as Professor of Clinical Medicine at the University of South Carolina; Director, Division of Digestive Diseases and Nutrition, University of South Carolina; and Director, Endoscopy Laboratory, Richland Memorial Hospital, Columbia, South Carolina. Dr. Popp is a former president of the American College of Gastroenterology (ACG); member, American Gastroenterological Association (AGA); recipient, ACG's William D. Carey Award; and Master of the ACG, Weiss Award.



Why Nanda Journeys?
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