

澳洲弱能兒童協康會

CHINESE PARENTS ASSOCIATION-  
CHILDREN WITH DISABILITIES INC.

## Essential Food Tips – Save money and reduce food waste

- Date: 17/03/2018, Saturday
- Time: 10.15am—12.15pm
- Presenter: Louie Leung, Waste & Resource Recovery Community Educator from SSROC
- Venue: St George Community Centre  
St George Bank Building, Premier Street Kogarah
- Fee: Free

The talk will be conducted in Cantonese and English.

**BOOKING IS ESSENTIAL**

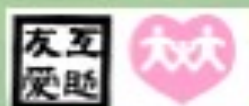
## Going Green Project

THIS PROGRAM IS KINDLY SPONSORED BY:

Georges River Council Community Grant

Enquiries 查詢 CPA Office 辦事處:

Contact: Lilian  
Phone: 0406233222 or (02) 9789 1315  
Office hours: Tuesdays & Thursdays  
(週二及週四)  
10am—3pm



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## Making Less Waste at Home

### Can I Recycle This?

Date 日期: 24/03/2018, Saturday 星期六

Time 時間: 10.15 am—12.15 pm

Presenter 講師: Helen, from Ethnic Communities'  
Council of NSW

Venue 地點: St George Community Centre  
St George Bank Building,  
Premier Street Kogarah

Fee 費用: Free 免費

The talk will be conducted in Cantonese and English  
講座以廣東話及英語講解

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# Going Green Project Educational Workshop

Date 日期: 21/04/2018 Saturday 星期六

Time 時間: 10:00 am to 12:00 pm

Venue 地點: Reverse Garbage

8/142 Addison Rd,  
Marrickville

Fee 費用: Free 免費

Registration is essential. Closing date for  
registration: 07/04/18

Please be on time. 請準時出席



This Program is kindly sponsored by

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To book: 9789 1315 Tues & Thurs 10am – 3pm / 0406 233 222 Lilian



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# Going Green Project Educational Workshop

Date 日期: 28/04/2018 Saturday 星期六

Time 時間: 10:00 am to 12:00 pm

Venue 地點: Reverse Garbage  
8/142 Addison Rd,  
Marrickville

Fee 費用: Free 免費

Registration is essential. Closing date for  
registration: 14/04/18

Please be on time. 請準時出席



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To book: 9789 1315 Tues & Thurs 10am – 3pm / 0406 233 222 Lilian



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## Environmental and Eco-friendly Practice Day Trip

– “Learning to go by public transport,  
and to keep public places clean”.

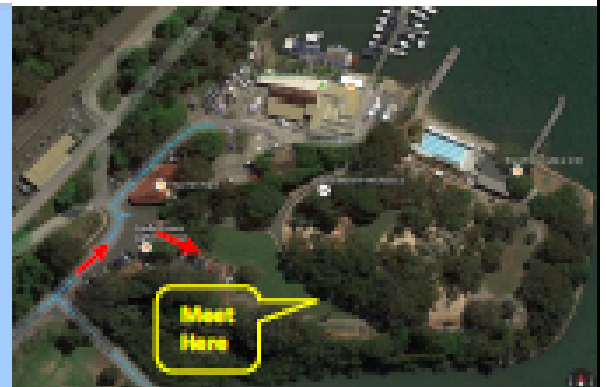
**Date:** Sunday 14<sup>th</sup> April 2018, 10:30am – 4:00pm

**Venue:** Como Pleasure Grounds  
Cremona Road, Como  
(15min walk from Como train station)

**Fees:** Members: Free      Non-Members: \$5 per head (one price)  
Simple picnic lunch will be provided.      Please bring/buy your own drinks.  
請自備 / 自費飲料

**\*\*booking is essential, 請從速報名. Closing date for registration: 05/04/2018**  
[www.sutherlandshire.nsw.gov.au/Outdoors/Parks-and-Playgrounds/Parks/Como-Pleasure-Grounds-Como#](http://www.sutherlandshire.nsw.gov.au/Outdoors/Parks-and-Playgrounds/Parks/Como-Pleasure-Grounds-Como#)

Beautiful grounds have panoramic views of the Georges River and surrounding bushland. There are panoramic views of the Georges River and surrounding bushland from the top of the knoll.



### Direction:

- Take the train from Hurstville station,
- Get off from Como Station
- Walk North east towards Railway Rd;
- Turn left onto Railway Rd;
- Turn left onto Novara Cres;
- Continue onto Cremona Rd;
- Como Pleasure Ground –  
2A Cremona Rd, Como, NSW 2226

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