

SUCCESS STORIES

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Karen Marie Vaughn (Weight Loss with SunTrim® Plus)

I experienced big changes after retiring from the United States Air Force (2004): job, marriage, financial, spiritual, and, unfortunately, size. A great change was meeting my wonderful husband in 2011. Bad change: I began eating the same food portions I gave him. He asked why we were eating equal-sized portions when he is 6'4" and I am 5'2". I got myself back on track until I started working at Whole Foods Market (too many yummy snacks available). My brother said, "Sis, you're earning enough money to get fatter." Ouch, but he was right.

While visiting family in October, our home was destroyed by fire. I had just begun a new discipline to get my body back. Now, everything was gone—all of my Sunrider® products—everything. I was stressed again and experiencing very painful emotions!

My upline, Esther Youd, sent me two bottles of SunTrim® Plus. I added weight resistance, aerobic exercise, and walking (and no snacks!). I was determined to get my body back. What a difference! With SunTrim® Plus, I am experiencing greater weight loss than ever before. Even with the stress of recovering from the fire, I have lost 12.5 inches and 32 pounds in three months.* When I updated my driver license recently, the officer looked at me suspiciously and said, "You look younger now than you did in your old license photo." Of course, I told her about SunTrim® Plus.

We're slowly getting back on our feet and SunTrim® Plus has helped. I feel better about myself and that has improved my outlook on our situation.

Thank you, Dr. Chen, for making SunTrim® Plus. Through this product, you have provided encouragement and made a difference in my life at a time when I desperately needed it!

**In conjunction with a healthy diet and regular exercise. Results not typical.*

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Before



After

