

CAI Long Island Chapter Meeting

with an educational presentation

Adding FREE Evidence-Based Fall Prevention Programs to Your Activities Calendar



Nassau and Suffolk Counties offer free, evidence-based, fall prevention programs to help keep seniors living independently in their community. Programs can be offered in the clubhouses and/or recreation rooms of 55+ communities, conveniently

reaching people where they live. These programs are offered at no charge by certified professionals from local hospitals and non-profits.

Mark your calendar and plan to join us as we welcome our guest speaker, Kristi L. Ladowski, MPH, who is the Injury Prevention Coordinator at Stony Brook Hospital. She will provide our chapter membership with an overview of available programs and discuss logistics of scheduling. Plenty of time to answer your questions!



Stony Brook
Trauma Center



Thursday, September 13th, 2018

6:00 - 8:00 pm

Fairfield Corporate Plaza

Lower Level Conference Center

175 Broadhollow Road (Route 110)

Melville, New York

No fee for Community Board Members

Business Members \$20

Non-Member Fee \$40

Refreshments Served

Space is Limited

Registration Required

RSVP by Monday, September 10th

Christine M. Majid, Executive Director

CAI - Long Island Chapter

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Phone: 631.882.8683

Directions

From the West - LIE east to Exit 49N/Route 110 North to Huntington. After exiting the LIE onto Route 110, cross over the LIE (clover leaf) and travel just less than a 1/2 mile before making a right into the Fairfield Corporate Plaza parking lot. The main entrance is located on the southwest side of the building and may be entered from the southern parking lot.

From the East - LIE west to Exit 49N/Route 110 North to Huntington. After exiting the LIE, proceed along the North Service Road and make a right onto Route 110. Travel just less than a 1/2 mile before making a right into the Fairfield Corporate Plaza parking lot. The main entrance is located on the southwest side of the building and may be entered from the southern parking lot.

Kindly check in with the security guard in the lobby who will direct you to the Conference Center which is located on the lower level.

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