

FOR VETERANS, ACTIVE MILITARY AND THEIR FAMILIES

DMVA

RESOURCE GUIDE



EMPLOYMENT

ENTREPRENEURSHIP

HEALTH CARE

VA BENEFITS

HOUSING ASSISTANCE

PERSONAL SERVICES

EDUCATION

WOMEN'S SERVICES

ACTIVE MILITARY

MILVETS.NC.GOV WWW.NC4VETS.COM [844.NC4.VETS](tel:844.NC4.VETS) [f NC4VETS](https://www.facebook.com/NC4VETS) [@NC4VETS](https://www.instagram.com/NC4VETS)

ARMY ★ NAVY ★ AIR FORCE ★ MARINE CORPS ★ COAST GUARD ★ NATIONAL GUARD ★ RESERVE

2016



North Carolina Veterans
Annual Report

▶ available online at www.milvets.nc.gov

NATION LEADING
STATE & COUNTY VETERAN SERVICES

\$66 Billion Annual

Economic Impact of Active Duty + Veterans

MILITARY AND VETERAN-FRIENDLY MEANS:

Supporting Veteran
Entrepreneurship

Connecting with Active
Military Members Before
They Separate

Helping Urban and Rural
Veterans Connect with
Benefits and Resources

Providing NC Veterans
In-State Tuition At Many
Colleges and Universities

Partnering with Private
and Non-Profit Agencies
to Serve Veterans

Acknowledging Veteran
Status on Plates + IDs

▶ **2016 Focus:** Customer Service, Claims Processing,
Training Our Veteran Service Officers

▶ **More Fully Developed Claims** submitted to Veterans
Affairs Regional Offices

▶ **Reduced Processing Time** for veterans' claims



FROM THE GOVERNOR

HONOR, DIGNITY AND INTEGRITY

As your 75th Governor, I know that service members, veterans and their families are the cornerstone of their communities across North Carolina. Every day, Secretary Hall and I, along with our dedicated staffs, are **working to ensure that veterans in our state are shown the same level of honor, dignity and integrity** just as they did while serving our country.

North Carolina is proud to be the home of exemplary military bases in our nation. These facilities are made up of hundreds of brave men and women who work hard every day to protect the freedoms which we hold dear. Our state is one of the top 10 destinations for veterans as they transition back into civilian life.

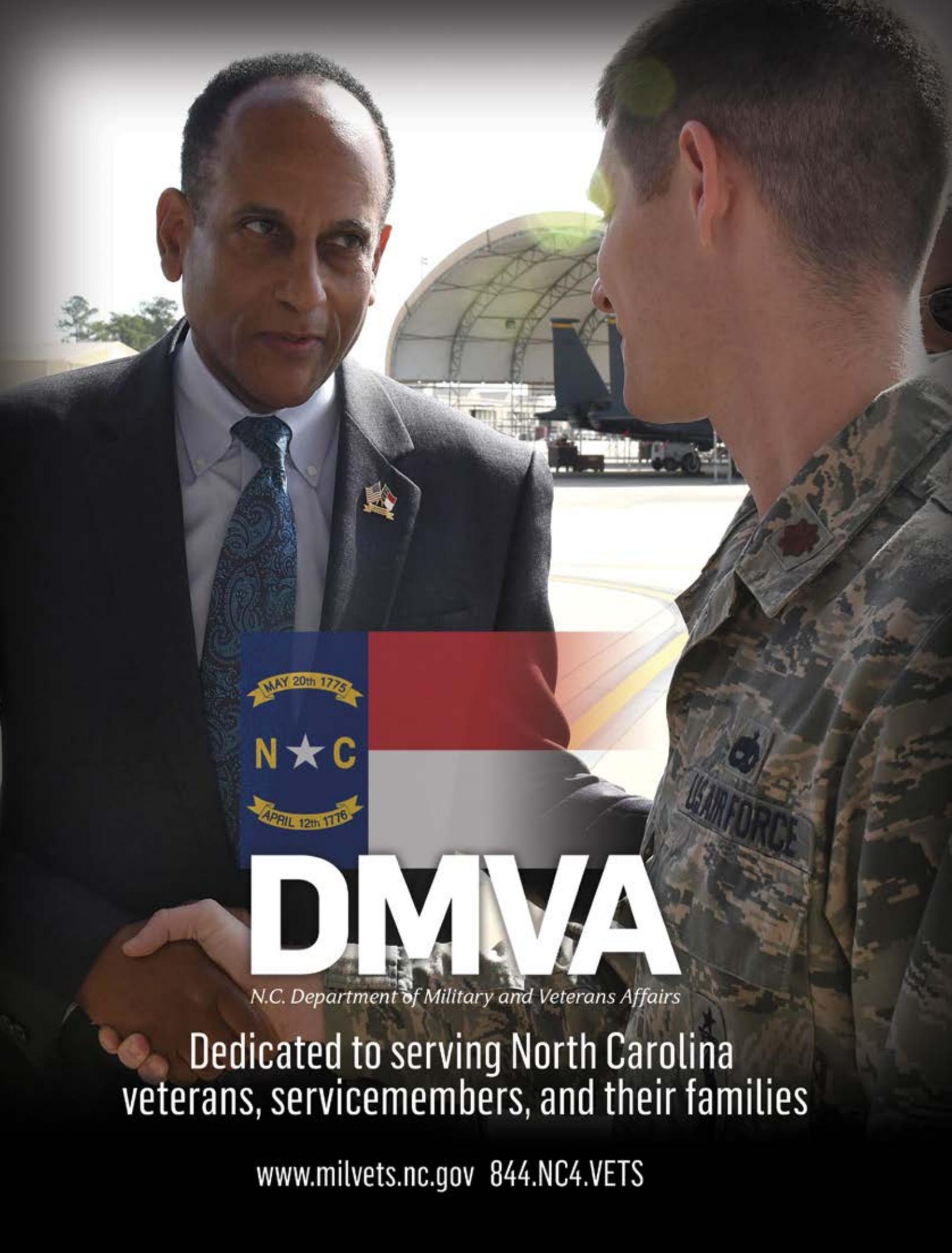
As such, it is only fitting that the North Carolina Department of Military & Veterans Affairs is led by Secretary Larry Hall, a former state legislator and a distinguished Marine Corps veteran who understands the needs of active military personnel and of those who have transitioned from military service. Secretary Hall and his staff are dedicated to enriching the lives of veterans and their families. They are well-positioned to offer sound advice and assistance with the needs of veterans.

I encourage you to call (844)NC4-VETS [844-624-8387] or go online to Milvets.nc.gov for the latest updates and information regarding veterans and service members. I hope that you will utilize and share this information with fellow veterans and their families. I also encourage you to let us know how we can be of greater assistance to you.

It is my goal as your Governor to make sure that every active service member and veteran knows that North Carolina WELCOMES them and is honored to have them in our great state.

A handwritten signature in black ink that reads 'Roy Cooper'.

Roy Cooper, Governor
The State of North Carolina



DMVA

N.C. Department of Military and Veterans Affairs

**Dedicated to serving North Carolina
veterans, servicemembers, and their families**

www.milvets.nc.gov 844.NC4.VETS



A MESSAGE FROM SECRETARY LARRY D. HALL

DMVA
N.C. Department of
Military and Veterans Affairs

WE HONOR AND SALUTE YOUR SACRIFICE AND SERVICE

LIKE MANY NORTH CAROLINIANS, my family has a tradition of military service. My father was a career U.S. Army officer, my brother served in the U.S. Air Force, I am a proud Marine, and my mother supported our service. Growing up on Fort Bragg and serving at Camp Lejeune, I know first-hand that veterans, active duty servicemembers, and their families are cornerstones in North Carolina communities and invaluable economic resources in this state.

The Department of Military and Veterans Affairs ensures that the men and women who answered the call receive the best access to services, protections, and optimum care and that our state's military bases are continuously improved and sustained.

A devoted team of professionals are committed to ensuring that you and your loved ones are made aware and maximize all the benefits and resources available to you. This Resource Guide is one central location to find some of the most frequently requested resources.

Along with Governor Cooper and dedicated service officers across this state, we work to enrich the lives of every veteran, every active duty servicemember, and each family member that calls North Carolina home. We honor and salute your sacrifice and service and we recognize and respect your family's sacrifice and support. We are accountable to you and your family. We are responsible for the resources entrusted to us. We work to exceed your expectations.

The sacrifices for military service extends well beyond the tour of duty and so does our support.

It is an honor to serve over 800,000 veterans and military personnel in this great state. Thank you for your service to North Carolina and this nation. Your Governor and the Department of Military and Veterans Affairs stand ready to serve you.

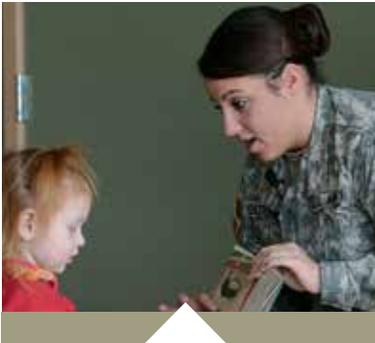
Larry D. Hall, Secretary

N.C. Department of Military and Veterans Affairs

CONTENTS

If there is a Service out there for our Veterans, we want to connect you to it!

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EMPLOYMENT

North Carolina offers a variety of employment services and benefits to veterans who are unemployed or seeking employment.

47



VA BENEFITS

Veterans and their dependents may be eligible for various benefits administered by the VA.

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EDUCATION

As a veteran, there are education benefits available which you may use for a wide variety of approved education and training programs, including: apprenticeship and on-the-job training, college degree and certificate programs, flight training, and correspondence courses.

37

NEW SECTION



ENTREPRENEURSHIP

North Carolina and the Department of Military and Veterans Affairs highlight the opportunities available to Veterans to start businesses of their own.

63



HEALTHCARE

NC4VETS serves as the hub for referrals to Federal VA, State and Local health care resources. NC4VETS programs also include 4 State Veterans Homes across North Carolina.

101



HOUSING ASSISTANCE

Through partnerships with Federal, State and Local providers, NC4VETS is your one-stop-shop to ensure that all veterans and their families are aware of the many options available to fulfill all of their emergency or home ownership needs.

113



PERSONAL SERVICES

We provide benefits counseling and referral services to veterans and their families in order to provide them with accurate information on the entire range of issues associated with veterans' benefits, entitlements, and State services.

123



WOMEN'S SERVICES

Women veterans are a vital part of the North Carolina veteran community.

129



ACTIVE MILITARY

North Carolina is home to the 4th largest military population in the United States.

General Disclaimer

REFERENCE HEREIN TO ANY SPECIFIC COMMERCIAL PRODUCTS, PROCESS, OR SERVICE BY TRADE NAME, TRADEMARK, MANUFACTURER, OR OTHERWISE DOES NOT NECESSARILY CONSTITUTE OR IMPLY ITS ENDORSEMENT, RECOMMENDATION, OR FAVORING BY DMVA. THE MATERIAL PROVIDED IN THIS PUBLICATION IS PRESENTED IN SUMMARY FORM, IS GENERAL IN NATURE AND IS PROVIDED FOR INFORMATIONAL PURPOSES ONLY.

REVISED 0617

About This Publication

THE 2017 RESOURCE GUIDE IS A COMBINATION OF INFORMATION COMPILED FROM THE N.C. DEPARTMENT OF MILITARY AND VETERANS AFFAIRS, THE DEPARTMENT OF HEALTH AND HUMAN SERVICES, THE DEPARTMENT OF COMMERCE, AND STATE AND FEDERAL RESOURCES. THIS IS ONE CENTRAL LOCATION WHERE YOU CAN FIND SOME OF THE MOST FREQUENTLY ACCESSED RESOURCES AVAILABLE TO VETERANS, MILITARY SERVICE MEMBERS, AND THEIR FAMILIES. IT IS NOT AN EXHAUSTIVE LIST OF ALL RESOURCES OR PROTECTIONS AVAILABLE. PLEASE CONTACT DMVA IF YOU HAVE QUESTIONS REGARDING THE CONTENT OR IF YOU NEED ADDITIONAL ASSISTANCE.

DMVA

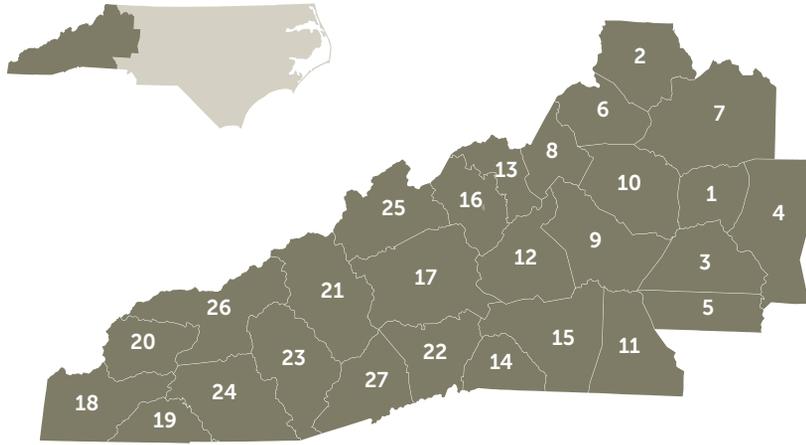
www.milvets.nc.gov

www.NC4VETS.com

844.NC4.VETS

(844.624.8387)

MOUNTAIN REGION



- 1) ALEXANDER
- 2) ASHE
- 3) CATAWBA
- 4) IREDELL
- 5) LINCOLN
- 6) WATAUGA
- 7) WILKES
- 8) AVERY
- 9) BURKE
- 10) CALDWELL
- 11) CLEVELAND
- 12) MCDOWELL
- 13) MITCHELL
- 14) POLK
- 15) RUTHERFORD
- 16) YANCEY
- 17) BUNCOMBE
- 18) CHEROKEE
- 19) CLAY
- 20) GRAHAM
- 21) HAYWOOD
- 22) HENDERSON
- 23) JACKSON
- 24) MACON
- 25) MADISON
- 26) SWAIN
- 27) TRANSYLVANIA



1/ ALEXANDER COUNTY

604 7th St., SW.
Taylorsville, NC 28681
(828) 632-4631

2/ ASHE COUNTY

626 Ashe Central School Rd.
Unit 5
Jefferson, NC 28640
(336) 982-5627

3/ CATAWBA COUNTY

3301 Hwy. 70 SE.
Newton, NC 28658
(828) 466-5535

4/ IREDELL COUNTY

133 Island Ford Road
Statesville, NC 28625
(704) 878-4241

4/ IREDELL COUNTY

532 Patterson Ave. Ste. 170
 Mooresville, NC 28115
(704) 360-8067

5/ LINCOLN COUNTY

529 North Aspen St.
Lincolnton, NC 28092
(704) 735-8035

6/ WATAUGA COUNTY

130 Poplar Grove Conn.
Boone, NC 28607
(828) 265-5385

7/ WILKES COUNTY

103 Call St. Ext
Wilkesboro, NC 28697
(336) 838-5164

8/ AVERY COUNTY

428 Pineola St.
Newland, NC 28659
(828) 737-5419

9/ BURKE COUNTY

720 East Union
Morganton, NC 28655
(828) 438-6161

10/ CALDWELL COUNTY

1909 Hickory Blvd.
Lenoir, NC 28645
(828) 759-4680

11/ CLEVELAND COUNTY

404 East Marion St.
Shelby, NC 28150
(704) 480-5414

12/ MCDOWELL COUNTY

316 Baldwin Ave.
Marion, NC 28752
(828) 652-7131

13/ MITCHELL COUNTY

200 Mayland Drive
Spruce Pine, NC 28777
(828) 766-1195

15/ RUTHERFORD COUNTY

233 Charlotte Rd.
Rutherfordton, NC 28139
(828) 286-3042

16/ YANCEY COUNTY

1040-L East US Hwy. 19E
Suite 2
Burnsville, NC 28714
(828) 682-6618

17/ BUNCOMBE COUNTY

48 Grove St.
Asheville, NC 28801
(828) 251-6200

18/ CHEROKEE COUNTY

800 US Hwy. 64
Murphy, NC 28906
(828) 837-7407

20/ GRAHAM COUNTY

347 Rodney Orr Bypass
Robbinsville, NC 28771
(828) 479-3376

21/ HAYWOOD COUNTY

1170 North Main St.
Waynesville, NC 28786
(828) 456-6061

22/ HENDERSON COUNTY

180 West Campus Drive
Flat Rock, NC 28043
Job Links # (828) 694-1755

23/ JACKSON COUNTY

26 Ridgeway St.
Suite 2
Sylva, NC 28779
(828) 586-4063

24/ MACON COUNTY

5 W. Main St.
Courthouse Annex
Franklin, NC 28734
(828) 494-2521

20/ ALLEGHANY COUNTY

90 S. Main St.
Sparta, NC 28675
(336) 372-4850

25/ MADISON COUNTY

AB TECH
4646 US Highway 25-70
Marshall, NC 28753
(828) 782-2632

26/ SWAIN COUNTY

50 Main St.
Bryson City, NC 28713
(828) 488-2149

27/ TRANSYLVANIA

45 Oak Park Drive
Brevard, NC 28712
(828) 883-2550



1/ ALEXANDER COUNTY

621 Liledoun Road
Taylorsville, NC 28681
(828) 632-5411

1/ ALEXANDER COUNTY

Bethlehem Office
45 Rink Dam Road
Hickory, NC 28601
(828) 495-1050

2/ ASHE COUNTY

150 Government Circle
Suite 2100
Jefferson, NC 28640
(336) 846-5575



**BLACK MOUNTAIN
STATE VETERANS
HOME**

LEARN MORE ON **PAGE 88**

**62 LAKE EDEN ROAD
BLACK MOUNTAIN, NC
28711
828-257-6800**



3/ HICKORY VSC

1985 Tate Blvd. S.E.
Suite 113
Hickory, NC 28602
(828) 322-6616

3/ CATAWBA COUNTY

100-A SW Blvd.
Newton, NC 28658
(828) 465-8255

4/ IREDELL COUNTY

202 S. Center St.
Statesville, NC 28677
(M,T,TH,F)
(704) 878-3135

4/ IREDELL COUNTY

610 E Center Ave.
 Mooresville, NC 28115
(704) 664-3869 (W only)
Statesville office
(704) 878-3136 (M,T,TH,F)

5/ LINCOLN COUNTY

206 Gamble Drive
Suite A
Lincolnton, NC 28092
(704) 736-8506

6/ WATAUGA COUNTY

331 Queen St., Suite C.
Boone, NC 28607
(828) 265-8065

7/ WILKES COUNTY

108 North St.
Wilkesboro, NC 28697
(336) 651-7327

8/ AVERY COUNTY

175 Linville St.
Newland, NC 28657
(828) 733-8211

9/ MORGANTON VSC

301 East Meeting St.
Suite 2
Morganton, NC 28655
(828) 430-7136

9/ BURKE COUNTY

501 North Green St.
Morganton, NC 28655
(828) 439-4376

10/ CALDWELL COUNTY

905 West Ave. NW
Lenoir, NC 28645
(828) 757-1345

11/ CLEVELAND COUNTY

County Admin. Bldg.
311 E. Marion St.
Shelby, NC 28150
(704) 484-4803

12/ MCDOWELL COUNTY

100 Spaulding Road
Marion, NC 28752
(828) 659-0821

13/ MITCHELL COUNTY

130 Forest Service Dr.
Suite C
Bakersville, NC 28705
(828) 688-2200

14/ POLK COUNTY

75 Carmel Lane
Columbus, NC 28722
(828) 894-0003

15/ RUTHERFORD COUNTY

303 Fairground Rd.
Spindale, NC 28160
(828) 287-6185

16/ YANCEY COUNTY

110 Town Square Drive
Room 12
Burnsville, NC 28714
(828) 682-1514

17/ ASHEVILLE VAMC VSC

1100 Tunnel Rd.
Asheville, NC 28805
(828) 298-7911 Ext 5331

17/ BUNCOMBE COUNTY

199 College St.
Asheville, NC 28802
(828) 250-5726

17/ CANTON VSC

120 Main St.
Canton, NC 28716
(828) 646-6937

18/ CHEROKEE COUNTY

75 Peachtree St.
Murphy, NC 28906
(828) 835-8663

19/ CLAY COUNTY

54 Church St.
Hayesville, NC 28904
(828) 389-3355

20/ GRAHAM COUNTY

12 North Main St.
Robbinsville, NC 28771
(828) 479-6208

21/ HAYWOOD COUNTY

215 N. Main St.
Waynesville, NC 28786
(828) 452-6634

22/ HENDERSON COUNTY

1200 Spartanburg Hwy.
Suite 200
Hendersonville, NC 28792
(828) 697-4817

23/ JACKSON COUNTY

100 County Services Park
Sylva, NC 28779
(828) 631-2231

24/ MACON COUNTY

104 E. Main St.
Suite 5
Franklin, NC 28734
(828) 349-2151

25/ MADISON COUNTY

4646 US Hwy 25-70
Marshall, NC 28753
(828) 782-2634

26/ SWAIN COUNTY

101 Mitchell St.
Bryson City, NC 28713
(828) 488-9273 Ext. 2205

27/ TRANSYLVANIA COUNTY

98 E. Morgan St.
Room 237
Brevard, NC 28712
(828) 884-3276
Fax: (828) 966-5052



**MEDICAL
FACILITIES**

10/ HICKORY CBOC

2440 Century Place SE,
Hickory, NC 28602
(828) 431-5600

15/ RUTHERFORD CBOC

374 Charlotte Road
Rutherfordton, NC 28139
(828) 288-2780

17/ ASHEVILLE VAMC

1100 Tunnel Road
Asheville, NC 28805
(828) 298-7911

24/ FRANKLIN CBOC

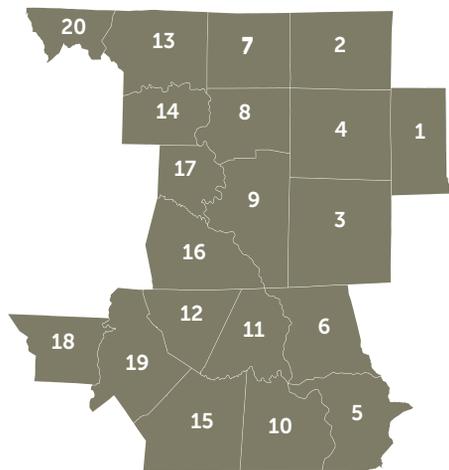
647 Wayah St.
Franklin, NC 28734
(828) 369-1781



CEMETERIES

**23/ WESTERN CAROLINA
STATE VETERANS CEMETERY**

962 Old US Hwy. 70
Black Mountain, NC 28711
(828) 669-0684



PIEDMONT REGION

- | | |
|---------------|-----------------|
| 1) ALAMANCE | 11) STANLY |
| 2) ROCKINGHAM | 12) CABARRUS |
| 3) RANDOLPH | 13) SURRY |
| 4) GUILFORD | 14) YADKIN |
| 5) RICHMOND | 15) UNION |
| 6) MONTGOMERY | 16) ROWAN |
| 7) STOKES | 17) DAVIE |
| 8) FORSYTH | 18) GASTON |
| 9) DAVIDSON | 19) MECKLENBURG |
| 10) ANSON | 20) ALLEGHANY |



1/ ALAMANCE COUNTY

2640 S. Columbine Lane
Burlington, NC 27215
(336) 570-6800

2/ ROCKINGHAM COUNTY

8340 NC Hwy. 87
Reidsville, NC 27320
(336) 634-5600 ext. 211
(336) 427-3100

3/ RANDOLPH COUNTY

600 South Fayetteville St.
Asheboro, NC 27203
(336) 625-5128

4/ GUILFORD COUNTY

2301 W. Meadowview Rd.
Greensboro, NC 27406
(336) 297-9444

4/ GUILFORD COUNTY

607 Idol St.
High Point, NC 27261
(336) 882-4141

5/ RICHMOND COUNTY

115 W. Franklin St.
Rockingham, NC 28379
(910) 997-9180

6/ MONTGOMERY COUNTY

1011 Page St.
Troy, NC 27371
(910) 572-3641

8/ FORSYTH COUNTY

450 West Hanes Mill Rd.
Suite 101
Winston Salem, NC 27105
(336) 776-6720

8/ FORSYTH COUNTY

NW 2701 University Pkwy.
Winston Salem, NC 27105
(336) 724-3625

9/ DAVIDSON COUNTY

555A W. Center St. ext.
Lexington, NC 27292
(336) 242-2065

10/ ANSON COUNTY

514 N. Washington St.
Wadesboro, NC 28170
(704) 694-6551
Fax: (704) 694-9070

11/ STANLY COUNTY

2215 US Hwy. 52 N.
Albemarle, NC 28001
(704) 982-2183

12/ CABARRUS COUNTY

845 N. Church St., Ste. 201
Concord, NC 28025
(704) 786-3183

13/ SURRY COUNTY

541 West Pine St., Ste. 300
Mt. Airy, NC 27030
(336) 786-4169

14/ YADKIN COUNTY

223 E. Main St.
Yadkinville, NC 27055
(336) 312-9660

15/ UNION COUNTY

1125 Skyway Drive
Monroe, NC 28110
(704) 283-7541

16/ ROWAN COUNTY

1904 South Main
St. Salisbury, NC 28114
(704) 639-7529

16/ ROWAN COUNTY

1300 W. Bank St.
Salisbury, NC 28145
(704) 633-6633

16/ ROWAN COUNTY

1300 W. Bank St.
Salisbury, NC 28145
(704) 633-6633

17/ DAVIE COUNTY

371 North Main Street
Mocksville, NC 27028
(336) 753-6030

18/ GASTON COUNTY

1391 Bessemer City Rd.
Gastonia, NC 28052
(704) 853-5328

19/ MECKLENBURG COUNTY

5601 Executive Center Dr.
Charlotte, NC 28212
(704) 336-2102

19/ MECKLENBURG COUNTY

1401 West Morehead St.
Charlotte, NC 28208
(704) 206-1350

19/ MECKLENBURG COUNTY

7140 Forest Point Blvd.
Suite A
Charlotte, NC 28217
(704) 565-6865

19/ MECKLENBURG COUNTY

5601 Executive Center Dr.
Charlotte, NC 28212
(704) 566-2870

20/ ALLEGHANY COUNTY

115 D Atwood St.
Sparta, NC 28675
(336) 372-9675



1/ ALAMANCE COUNTY

201 W. Elm St.
Graham, NC 27253
(336) 570-6763

2/ ROCKINGHAM COUNTY

DSS Family Planning Bldg.
425 NC 65
Reidsville, NC 27320
(336) 342-8449

3/ RANDOLPH COUNTY

158 Worth St.
Asheboro, NC 27203
(336) 318-6909

4/ GUILFORD COUNTY

201 W. Market St.
Suite 108
Greensboro, NC 27401
(336) 641-2957/2958

4/ GUILFORD COUNTY

325 E. Russell Ave.
Room 145
High Point, NC 27260
(336) 641-7929

5/ RICHMOND COUNTY

125 S. Hancock St.
Rockingham, NC 28379
(910) 997-8232

6/ MONTGOMERY COUNTY

203-A West Main St.
Troy, NC 27371
(910) 576-4711



VETERANS CRISIS LINE
800.273.8255



INTERACTIVE WEB VERSION

An interactive version of this resource map is available at:
www.nc4vets.com/guide

SALISBURY STATE VETERANS HOME

**1601 BRENNER AVE.
BUILDING #10
SALISBURY, NC 28145
704-638-4200 EXT. 2304**

LEARN MORE ABOUT THE SALISBURY STATE HOME FOR VETERANS ON **PAGE 87**



7/ STOKES COUNTY

Stokes County Gov't. Center
Bldg. 1012, Room 156
Danbury, NC 27016
(336) 593-2468

8/ STATE SERVICE CENTER

111 Federal Building
251 N. Main St.
Winston-Salem, NC 27511
(336) 725-8781

8/ CLEMMONS VSC

2511 Neudorf Rd.
Suite 1.
Clemmons, NC 27012
(336) 766-1496

9/ DAVIDSON COUNTY

913 Greensboro St.
Suite 101
Lexington, NC 27292
(336) 242-2037

10/ ANSON COUNTY

111 North Greene St.
Wadesboro, NC 28170
(704) 694-4418

11/ STANLY COUNTY

1000 N. First St.
Suite 6
Albemarle, NC 28001
(704) 986-3694

12/ CABARRUS COUNTY

65 Church St., SE
Concord, NC 28025
(704) 920-2869

13/ SURRY COUNTY

1218 State St.
Suite 700
Mt. Airy, NC 27030
(336) 783-8820

14/ YADKIN COUNTY

101 State St.
Courthouse, Room 103
Yadkinville, NC 27055
(336) 679-8209

15/ UNION COUNTY

County Building
407 N. Main St.
Monroe, NC 28112
(704) 283-3807

16/ ROWAN COUNTY

1935 Jake Alexander Blvd.
Salisbury, NC 28147
(704) 216-8130/8139

16/ SALISBURY VAMC VSC

1601 Brenner Ave.
Salisbury, NC 28144
(704) 638-9000 Ext 6472

17/ DAVIE COUNTY

277 Meroney St.
Mocksville, NC 27028
(336) 753-6225

18/ GASTON COUNTY

965 Roberts Dr.
Gastonia, NC 28054
(704) 866-3606

19/ CHARLOTTE VSC

5500 Executive Center Dr.
Suite 132
Charlotte, NC 28212
(704) 563-2037

19/ MECKLENBURG COUNTY

700 N. Tryon St.
Charlotte, NC 28202
(704) 336-2102



MEDICAL FACILITIES

5/ HAMLET CBOC

100 Jefferson St.
Hamlet, NC 28345
(910) 582-3536

8/ WINSTON-SALEM CBOC

190 Kimel Park Drive
Winston-Salem, NC 27103
(336) 515-5000

9/ KERNERSVILLE HCC

1695 Kernersville
Medical Pkwy
Kernersville, NC 27284
(336) 515-5000

16/ SALISBURY VAMC

1601 Brenner Ave.
Salisbury, NC 28144
(704) 638-9000
(800) 469-8262

19/ CHARLOTTE HCC

3506 W. Tyvola Rd.
Charlotte, NC 28208
(704) 329-1300

19/ CHARLOTTE CBOC

8601 University East Dr.
Charlotte, NC 28213
(704) 597-3500



CEMETERIES

16/ SALISBURY NATIONAL CEMETERY

501 Statesville Blvd.
Salisbury, NC 28144
(704) 636-2661



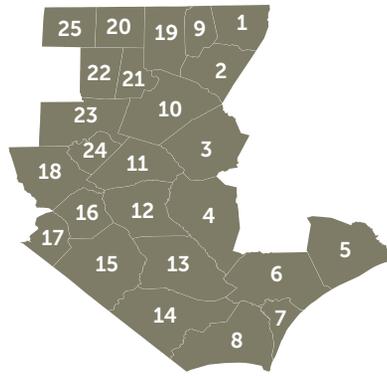
VET CENTERS

9/ GREENSBORO VET CENTER

3515 W. Market St.
Suite 120
Greensboro, NC 27406
(336) 323-2660

19/ CHARLOTTE VET CENTER

2114 Ben Craig Dr.
Suite 300
Charlotte, NC 28262
(704) 549-8025



CENTRAL REGION

- | | |
|----------------|---------------|
| 1) WARREN | 14) COLUMBUS |
| 2) FRANKLIN | 15) ROBESON |
| 3) JOHNSTON | 16) HOKE |
| 4) SAMPSON | 17) SCOTLAND |
| 5) ONSLOW | 18) MOORE |
| 6) PENDER | 19) GRANVILLE |
| 7) NEW HANOVER | 20) PERSON |
| 8) BRUNSWICK | 21) DURHAM |
| 9) VANCE | 22) ORANGE |
| 10) WAKE | 23) CHATHAM |
| 11) HARNETT | 24) LEE |
| 12) CUMBERLAND | 25) CASWELL |
| 13) BLADEN | |



- 1/ WARREN COUNTY**
309 North Main St.
Room 123
Warrenton, NC 27589
(252) 257-3230
- 2/ FRANKLIN COUNTY**
6 North Main St.
Franklinton, NC 27525
(919) 494-1162
- 3/ JOHNSTON COUNTY**
8998 US 70-Biz Hwy Ste.100
Clayton, NC 27520
(919) 553-0953
- 4/ SAMPSON COUNTY**
115 North Blvd.
Clinton, NC 28328
(919) 592-5756
- 5/ ONSLOW COUNTY**
461 Western Blvd.
Suite 106
Jacksonville, NC 28540
(910) 347-2121
- 6/ PENDER COUNTY**
904-A South Walker St.
Burgaw, NC 28425
(910) 259-0240
- 7/ NEW HANOVER COUNTY**
717 Market St.
Wilmington, NC 28401
(910) 251-5777
- 8/ BRUNSWICK COUNTY**
5300-7 Main St.
Shallote, NC 28470
(910) 754-6120
- 9/ VANCE COUNTY**
857 S. Beckford Dr. Ste. G.
Henderson, NC 27536
(252) 438-6129

- 10/ WAKE COUNTY**
742 East Chatam St.
Cary, NC 27511
(919) 469-1406
- 10/ WAKE COUNTY**
220 Swinburne St.
Raleigh, NC 27610
(919) 250-3770
- 10/ WAKE COUNTY**
1830 B. Tillery Place
Raleigh, NC 27604
(919) 715-0111
- 10/ WAKE COUNTY**
350 East Holding Ave.
Wake Forest, NC 27587
(919) 562-6300
- 10/ WAKE COUNTY**
1002 Dogwood Dr.
Zebulon, NC 27597
(919) 404-3900
- 10/ WAKE COUNTY**
130 North Judd Pkwy., NE
Fuquay-Varina, NC 27526
(919) 557-1121
- 11/ HARNETT COUNTY**
101 Hunt Valley Dr.
Dunn, NC 28334
(910) 891-2915
- 11/ HARNETT COUNTY**
1137 E Cornelius Harnett Blvd.
Lillington, NC 27546
(910) 814-4042
- 12/ CUMBERLAND COUNTY**
414 Ray Ave.
Fayetteville, NC 28301
(910) 486-1010
- 12/ CUMBERLAND COUNTY**
2843 Normandy Dr.
Bldg. 3-4, Rm. BB33
Fort Bragg, NC
(910) 908-3482

- 13/ BLADEN COUNTY**
401 Mercer Mill Rd.
Elizabethtown, NC 28337
(910) 862-3255
- 14/ COLUMBUS COUNTY**
4564 Chadbourrn Hwy.
Whiteville, NC 28472
(910) 642-7141
- 15/ ROBESON COUNTY**
289 Corporate Dr.
Lumberton, NC 28358
(910) 618-5500
- 16/ HOKE COUNTY**
304 Birch St.
Raeford, NC 28376
(910) 875-5059
- 17/ SCOTLAND COUNTY**
303 North Main St.
Laurinburg, NC 28352
(910) 276-4260
- 18/ MOORE COUNTY**
245 Shepherd Trail
Aberdeen, NC 28315
(910) 944-7697
- 19/ GRANVILLE COUNTY**
111 Hilltop Village
Oxford, NC 27565
(919) 693-2686
- 20/ PERSON COUNTY**
303 S. Morgan St.
Roxsboro, NC 27573
(336) 599-3109
- 21/ DURHAM**
1058 W. Club Blvd. Ste. 848
Durham, NC 27701
(919) 354-2748
- 21/ DURHAM COUNTY**
1105 South Briggs Ave.
Durham, NC 27703
(919) 560-6880

- 22/ ORANGE COUNTY**
503 West Franklin St.
Chapel Hill, NC 27516
(919) 968-2031
- 23/ CHATHAM COUNTY**
225 East Beaver St.
Siler City, NC 27344
(919) 742-7454
- 23/ CHATHAM COUNTY**
764 West St.
Pittsboro, NC 27312
(919) 545-8054
- 24/ LEE COUNTY**
1909 Lee Ave.
Sanford, NC 27330
(919) 775-2241
- 25/ CASWELL COUNTY**
331 Piedmont Dr.
Yanceyville, NC 27379
(336) 694-5975



- 1/ WARREN COUNTY**
109 S. Main St.
Warrenton, NC 27589
(252) 257-3385
- 2/ FRANKLIN COUNTY**
113 South Main St. Ste. 103
Louisburg, NC 27549
(919) 496-1939
- 3/ JOHNSTON COUNTY**
Land Use Center
309 E. Market St.
Smithfield, NC 27577
(919) 989-5067



4/ SAMPSON COUNTY

335 County Complex Rd,
Bldg D, Clinton, NC
28328
(919) 592-2862

5/ ONSLOW COUNTY

234 NW Corridor Blvd.
Jacksonville, NC 28540.
(910) 347-3309

6/ PENDER COUNTY

15060 US Hwy. 17 N
Suite 107
Hampstead, NC 28443
(910) 270-5005

6/ PENDER COUNTY

805 S. Walker St.
Burgaw, NC 28425
(910) 259-1203

7/ WILMINGTON VSC

3205 Randall Prkwy.
Suite 102
Wilmington, NC 28403
(910) 251-5704

7/ NEW HANOVER COUNTY

230 Government Center Dr.
Suite 36
Wilmington, NC 28403
(910) 798-7611

7/ WILMINGTON HCC + VSC

1705 Gardner Dr.
Wilmington, NC 28405
(910) 251-5704

8/ BRUNSWICK COUNTY

#10 Referendum Dr. NE
Building F.
Bolivia, NC 28422
(910) 253-2233

9/ VANCE COUNTY

300 South Garnett St.
Rm. 115
Henderson, NC 27536
(252) 438-4619

10/ GARNER VSC

315 Bellaris St.
Garner, NC 27529
(984) 232-7060

10/ WAKE COUNTY

3000 Falstaff Rd.
Raleigh, NC 27610
(919) 212-8387

11/ HARNETT COUNTY

817 S. 8th St,
Lillington, NC 27546
(910) 893-7574

12/ FAYETTEVILLE VSC

255 Green St., Ste. 903
Fayetteville, NC 28306
(910) 778-5888

12/ CUMBERLAND COUNTY

301 E. Russell St.
Fayetteville, NC 28301
(910) 677-2970

12/ FT. BRAGG SSC

2843 Normandy Dr.
Bldg. 3-4-2843, Rm. BB33
(910) 908-3482

13/ BLADEN COUNTY

301 S. Cypress St.
Elizabethtown, NC 28337
(910) 862-6781

14/ COLUMBUS COUNTY

805 Pinckney St.
Whiteville, NC 28472
(910) 640-6638

15/ ROBESON COUNTY

113 W. Eighth St.
Lumberton, NC 28358
(910) 671-3070

15/ ROBESON COUNTY

113 W. Eighth St.
Lumberton, NC 28358
(910) 671-3070

15/ LUMBIE TRIBE

204 W. 3rd St.
Pembroke, NC 28372
(910) 522-2210

16/ HOKE COUNTY

129 West Elwood Ave.
Raeford, NC 28376
(910) 875-2147

17/ SCOTLAND COUNTY

507 W. Covington St.
Laurinburg, NC 28352
(910) 277-2597

18/ MOORE COUNTY

707 Pinehurst Ave.
Carthage, NC 28327
(910) 947-3257

19/ GRANVILLE COUNTY

107 Lenier St.
Oxford, NC 27565
(919) 693-1484

20/ PERSON COUNTY

325 South Morgan St.
Roxboro, NC 27573
(336) 597-7891

21/ DURHAM COUNTY

414 East Main St.
Durham, NC 27701
(919) 560-8387

21/DURHAM VAMC VSC

508 Fulton St.
1st Floor Room B1004(D)
(919) 286-0411 ext. 6604

22/ ORANGE COUNTY

113 Mayo St.
Hillsborough, NC 27278
(919) 245-2890

23/ CHATHAM COUNTY

65 E. Chatham St..
Pittsboro, NC 27312
(919) 232-7061

* Call for Appointment

23/ CHATHAM COUNTY

1105 E. Cardinal St.
Siler City, NC 27312
(919) 232-7061

* Call for Appointment

24/ LEE COUNTY

1615 South Third St.
Sanford, NC 27330
(919) 776-0501 ext. 2209

25/ CASWELL COUNTY

Social Services Bldg.
Yanceyville, NC 27379
(919) 232-7061

* Call for Appointment



5/ JACKSONVILLECBOC

4006 Henderson Dr.
Jacksonville, NC 28546
(910) 353-6406

5/ JACKSONVILLE II CBOC

306 Brynn Marr Rd.
Jacksonville, NC 28546
(910) 343-5301

7/ WILMINGTON HCC

1705 Gardner Rd.
Wilmington, NC 28405
(910) 343-5300

8/ BRUNSWICK CBOC

20 Medical Campus Dr.
Supply, NC 28462
(910) 754-6141

10/ RALEIGH I CBOC

3305 Sungate Blvd.
Raleigh, NC 27610
(919) 212-0129

10/ RALEIGH II CBOC

3040 Hammond Business Pl.
Suite 105
Raleigh, NC 27603
(919) 899-6259

(919) 361-6419

12/ FAYETTEVILLE VAMC

2300 Ramsey St.
Fayetteville, NC 28301
(910) 488-2120

12/ FAYETTEVILLE HCC

7300 S. Raeford Road
Fayetteville, NC 28304
(910) 475-6273

15/ ROBESON CO. CBOC

139 Three Hunts Dr.
Pembroke, NC 28372
(910) 272-3220

21/ DURHAM VAMC

508 Fulton St.
Durham, NC 27705
(888) 878-6890

21/ HILLANDALE I

1824 Hillandale Rd.
Durham, NC 27705
(919) 383-6107

21/ HILLANDALE II

1830 Hillandale Rd.
Durham, NC 27705
(919) 642-6994



CEMETERIES*

5/ COASTAL CAROLINA STATE VETERANS CEMETERY

110 Monford Point Rd.
Jacksonville, NC 28541
(910) 347-4550

12/ SANDHILLS STATE VETERANS CEMETERY

8220 Bragg Blvd.
Ft. Bragg, NC 28310
(910) 436-5630



VET CENTERS

5/ JACKSONVILLE VET CENTER

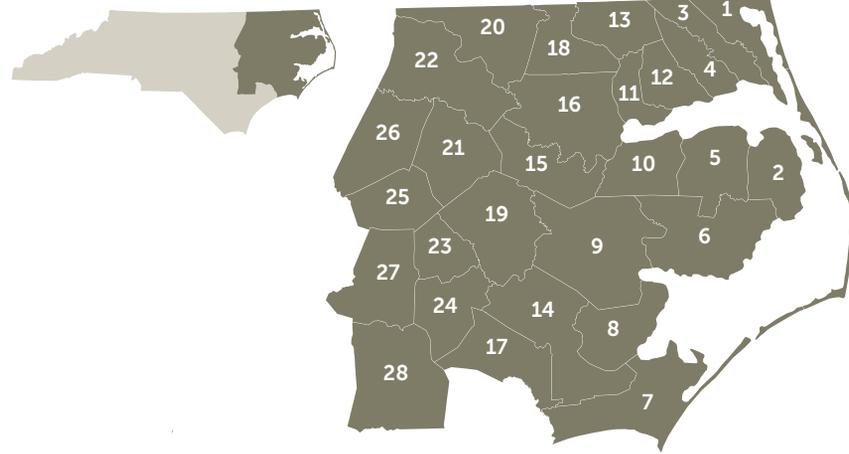
110A Branchwood Dr.
Jacksonville, NC 28546
(910) 577-1116

10/ RALEIGH VET CENTER

8851 Ellstree Ln. Ste.122
Raleigh, NC 27617
(919) 361-6419

12/ FAYETTEVILLE VET CENTER

2307 Robeson Plaza, Ste. 103
Fayetteville, NC 28305,
(910) 488-6252, ext. 7772
VSO Available Wednesdays



COASTAL REGION

- 1) CURRITUCK
- 2) DARE
- 3) CAMDEN
- 4) PASQUOTANK
- 5) TYRRELL
- 6) HYDE
- 7) CARTERET
- 8) PAMLICO
- 9) BEAUFORT
- 10) WASHINGTON
- 11) CHOWAN
- 12) PERQUIMANS
- 13) GATES
- 14) CRAVEN
- 15) MARTIN
- 16) BERTIE
- 17) JONES
- 18) HERTFORD
- 19) PITT
- 20) NORTHAMPTON
- 21) EDGECOMBE
- 22) HALIFAX
- 23) GREENE
- 24) LENOIR
- 25) WILSON
- 26) NASH
- 27) WAYNE
- 28) DUPLIN



- 2/ DARE COUNTY**
2522 South Croatan Hwy.
Nags Head, NC 27959
(252) 480-3500
- 4/ PASQUOTANK COUNTY**
422 McArthur St.
Elizabeth City, NC 27909
(252) 331-4798
- 7/ CARTERET COUNTY**
309 Commerce Ave.
Morehead City, NC 28557
(252) 726-7151
- 8/ PAMLICO COUNTY**
705 Main St.
Bayboro, NC 28515
(252) 745-9934
- 9/ BEAUFORT COUNTY**
1385 John Small Ave.
Washington, NC 27889
(252) 946-3116
- 11/ CHOWAN COUNTY**
800 N. Oakum St.
Edenton, NC 27932
(252) 482-2195
- 14/ CRAVEN COUNTY**
2836 Neuse Blvd.
New Bern, NC 28560
(252) 514-4828

- 15/ MARTIN COUNTY**
407 East Blvd.
Williamston, NC 27892
(252) 792-7816
- 16/ BERTIE COUNTY**
128 E. Granville St.
Windsor, NC 27983
(252) 794-5616
- 17/ JONES COUNTY**
509 NC Hwy. 58 North
Trenton, NC 28585
(252) 448-4791
- 18/ HERTFORD COUNTY**
109 Community College Rd.
Ahoskie, NC 27910
(252) 862-1257
- 19/ PITT COUNTY**
3101 Bismark St.
Greenville, NC 27834
(252) 355-9067
- 21/ EDGECOMBE COUNTY**
110 Fountain Park Dr.
Battleboro, NC 27809
(252) 977-3306
- 22/ HALIFAX COUNTY**
1620 East 10th St.
Roanoke Rapids, NC 27870
(252) 537-4188
- 23/ GREENE COUNTY**
818 Highway 91 North
Snow Hill, NC 28580
(252) 747-5689

- 24/ LENOIR COUNTY**
231 Hwy. 58 South
Lonoir Comm. College
Bullock Building
Kinston, NC 28501
(252) 526-4435
- 25/ WILSON COUNTY**
302 Tarboro St.
Wilson, NC 27893
(252) 234-1129
- 27/ WAYNE COUNTY**
2006 Wayne Memorial Dr.
Goldsboro, NC 27534
(919) 731-7950
- 28/ DUPLIN COUNTY**
192 Magnolia Exit
Keanansville, NC 28349
(910) 296-1478



- 2/ DARE COUNTY**
954 Marshall Collins Dr.
Manteo, NC 27954
(252) 475-5604
- 4/ ELIZABETH CITY VSC**
1023 U.S. 17 South
Suite 2
Elizabeth City, NC 27909
(252) 331-4741
- 5/ TYRRELL COUNTY**
801 Main St.
Columbia, NC 27925
- 6/ HYDE COUNTY**
30 Oyster Creek Rd.
Swan Quarter, NC 27885
(252) 926-5280
- 7/ CARTERET COUNTY**
3710-B John Platt Dr.
Morehead City, NC 28557
(252) 728-8440
- 8/ PAMLICO COUNTY**
828 Alliance Main St.
Bayboro, NC 28515
(252) 745-4086
- 9/ BEAUFORT COUNTY**
1308 Highland Dr.
Suite 104
Washington, NC 27889
(252) 946-8016
- 10/ WASHINGTON COUNTY**
112 Latham Ave.
Plymouth, NC 27889
(252) 799-9764
- 11/ CHOWAN COUNTY**
100 Court St.
Edenton, NC 27932
(252) 482-1033
- 13/ GATES COUNTY**
112 Court St.
Gatesville, NC 27938
252-357-1400



VETERANS CRISIS LINE
800.273.8255



INTERACTIVE WEB VERSION

An interactive version of this resource map is available at:
www.nc4vets.com/guide

KINSTON STATE VETERANS HOME

2150 HULL ROAD
KINSTON, NC 28504
252-939-8000

LEARN MORE ABOUT THE KINSTON STATE HOME FOR VETERANS ON **PAGE 89**



12/ PERQUIMANS COUNTY

104 Dobb St.
Hertford, NC 27944
(252) 426-1796

14/ CRAVEN COUNTY

2818 Neuse Blvd.
Suite 15
New Bern, NC 28562
(252) 636-6611

15/ MARTIN COUNTY

205 E. Main St.
Williamston, NC 27892
(252) 789-4398

16/ BERTIE COUNTY

106 Dundee St.
Windsor, NC 27983
(252) 794-5304

17/ JONES COUNTY

418 Highway 58 N., Unit D
Trenton, NC 28585
(252) 448-1121

18/ HERTFORD COUNTY

704 North King St.
Winton, NC 27986
(252) 358-7811

19/ GREENVILLE VSC

3740 South Evans St.
Suite A
Greenville, NC 27858
(252) 355-9052

19/ GREENVILLE VSC & HCC

401 Moyer Blvd.
Greenville, NC 27834
(252) 830-2149 Ext. 3680

19/ PITT COUNTY

1717 West 5th St.
Greenville, NC 27834
(252) 902-3090

20/ NORTHAMPTON COUNTY

100 West Jefferson St.
Jackson, NC 27845
(252) 534-2621
(252) 237-2422

21/ EDGEcombe COUNTY

201 St. Andrews St.
Tarboro, NC 27886
In Office W. & F. only
(252) 641-7846

22/ HALIFAX COUNTY

26 North King St.
Halifax, NC 27839
(252) 583-1688 Option 1
Ext. 2263

22/ KINSTON VSC

1136 Hwy. 258 N. Suite 101
Kinston, NC 28504
(252) 522-5050

23/ GREENE COUNTY

229 Kingold Blvd.
Snow Hill, NC 28580
(252) 747-7320

25/ WILSON VSC

113 E. Nash St.
Suite 404
Wilson, NC 27893
(252) 237-2422

26/ NASH COUNTY

110 Fountain Park Dr.
*Monday Only
Battleboro, NC 27809
(252) 977-3350

26/ NASH COUNTY

Claude B. Mayo Admin. Bldg.
120 W. Washington St, 3rd Flr
Nashville, NC 27856
(252) 462-2719/2720

27/ WAYNE COUNTY

2001 E. Ash St., Suite D
Goldsboro, NC 27530
(919) 731-1490

28/ DUPLIN COUNTY

169 Mallard St.
Kenansville, NC 28349
(910) 296-2114



4/ ELIZABETH CITY CBOC

1845 W. City Dr.
Elizabeth City, NC 27909
(757) 722-9961

7/ MOREHEAD CITY CBOC

5420 Hwy. 70
Morehead City, NC 28557
(252) 240-2349

19/ GREENVILLE HCC

401 Moyer Blvd.
Greenville, NC 27834
(252) 830-2149

27/ GOLDSBORO CBOC

2610 Hospital Rd.
Goldsboro, NC 27534
(919) 731-4809



27/ EASTERN CAROLINA STATE VETERANS CEMETERY- GOLDSBORO

164 Longs Plant Farm Rd.
Goldsboro, NC 27534
(919) 648-0510



19/ GREENVILLE VET CENTER

1021 W.H. Smith Blvd.
Suite 100
Greenville, NC 27834
(252) 355-7920

*National VA Cemetery in New Bern is at capacity



AmericaServes

MISSION

Empower a coordinated network of service providers across the country and equip them with the technological and informational resources needed to efficiently and effectively guide service members, veterans, and their families to the most appropriate services and resources.

The **FIRST** community-based, coordinated network of services and care for our nation's **MILITARY-CONNECTED** members and their families

Program that offers a range of services tailored to meet the needs of providers, organizations and communities working to make a difference in the lives of military veterans and their families.

WHAT WE DO:

- Provide a series of place-based efforts focusing on coordination of service and care delivery across fifteen service domains.
- Streamline referrals between participating providers by identifying appropriate services for their clients from providers that can actually meet those needs.
- Ensure positive connections between the client and the providers and confirm the client's needs are addressed.

SERVICE AND CARE CATEGORIES



Benefits
 Clothing & Household Goods
 Education
 Employment
 Family Support



Food
 Healthcare
 Housing & Shelter
 Legal Services
 Money Management



Social Enrichment
 Spiritual Enrichment
 Sports & Recreation
 Transportation
 Utility Assistance



GROWTH AND NOTABLE MILESTONES

SINCE START OF STRATEGY DEVELOPMENT IN JANUARY 2013
 NETWORKS: 1
 NETWORK PROVIDERS: 16
 TOTAL INVESTMENT: \$1,268,000
 REACH
215 INDIVIDUALS



- In less than two years, AmericaServes went live in eight communities with funding to expand into an additional six before the end of 2017.
- Over \$9M has been raised towards implementing local and regional AmericaServes Networks from nationally-recognized investors.

NETWORKS: **8**
 NETWORK PROVIDERS: **348**
 PRACTITIONERS: **1,133**
 ACROSS **15** SUPPORT CATEGORIES
 TOTAL INVESTMENT: **\$9,143,485**

IMPACTING COMMUNITIES

Served **7,147** UNIQUE MILITARY-CONNECTED CLIENTS
 Coordinated referrals for: **13,049** UNIQUE SERVICE REQUESTS

The technology platform enables AmericaServes to see the top service categories requested in each Network and across all AmericaServes Networks. This data indicates the unique needs of the local and national military-connected population, creating an evidence-based approach to serving a community's constituents.



KEY PERFORMANCE INDICATORS

TIMELINESS

IT TAKES AN AVERAGE OF
5.4 DAYS
 TO MATCH A REFERRAL TO A PROVIDER



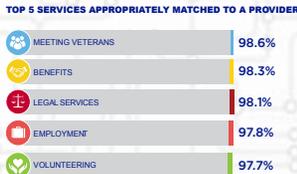
SEAMLESS EXPERIENCE
 While an internal referral from the Coordination Center to a provider could get rejected - due to unforeseen capacity or eligibility constraints - the client is only notified when a positive match is made and the referral is accepted by a provider who can serve them.



Days calculated include days off and holidays
 Key performance indicators data is as of September 2016.

APPROPRIATENESS

The technology platform helps us understand the network's ability to match a client's need with a known, vetted provider - simply, what happens when the Coordination Center makes a connection to a provider. The Coordination Center then monitors the client's service experience with the provider to ensure their needs are met.



NETWORK HEALTH

As we expand across the country, we have begun to track trends and develop benchmarks around what a "healthy community" might look like.

NETWORK HEALTH MEASURED THROUGH:

APPROPRIATE 96.2% of referrals were appropriately matched to a provider
&
TIMELY 5.4 DAYS to match a referral to a provider

The IVMF team has created data standards by which we can compare and contrast community health. Notably, these are new standards that the Institute endeavors to introduce into communities to help establish performance attributes within the health, human, and social service sector.

The outcome and output data is layered with qualitative details from Coordination Centers and network providers to develop an emerging picture of a community's health.

As AmericaServes continues to evolve, we plan to analyze, research, and share indicators by which to measure success and spotlight performance.

ROLE OF TECHNOLOGY IN DATA COLLECTION AND ANALYSIS

- The vetted Unite US technology platform provides a coordinated case management platform that enables providers to create, send, receive and, follow-up on electronic referrals with trusted partners within a closed network.
- The AmericaServes technology platform is HIPAA compliant, providing a secure medium to exchange information.
- Unite US provides robust and comprehensive real-time data capture of every action within the case management.

UNDERSTANDING OUR CLIENTS

In real time, we're able to gather snapshots on who is requesting services, where they come from, and their basic demographic profile. With this understanding, AmericaServes is able to ensure service provision that meets an individual's unique needs.

BRANCH OF SERVICE



REACH BY STATE



AGE



Percentages calculated for individuals who self-identified.

GENDER



UNDERSTANDING OUR CLIENTS' NEEDS

TOP 5 REQUESTED SERVICES



(Percentages calculated for total services requested)

MANY CLIENTS NEED MORE THAN ONE SERVICE



We're constantly monitoring which services are in the highest demand to make certain networks have sufficient resources to meet clients' needs. Additionally, this information can be used to inform philanthropic and policy decision making to ensure sufficient private and public resources are being put toward the services those in the community need the most.

UNDERSTANDING OUR CLIENTS' SERVICE OUTCOMES

TOP 5 SERVICES - RATE OF POSITIVE CLOSURES



(Calculated as percent of total closed referrals)

SAMPLE POSITIVE OUTCOMES

- Received permanent housing
- Obtained employment or career counseling
- Received subsidy or financial info
- Received counseling
- Received healthcare services

The technology platform helps us understand referral outcomes - simply, what happened after a match was made. Coordination Centers monitor outcomes to ensure that Network clients have a positive service experience.

AmericaServes.org

Stay in the Fight!



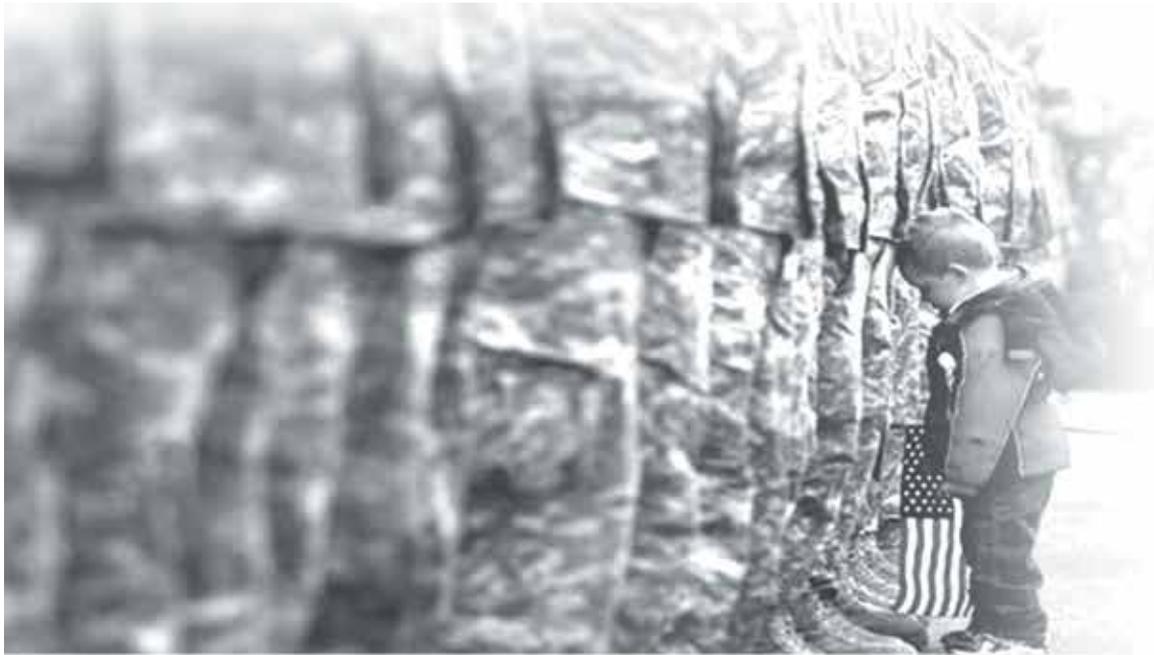
Become a member today!



Department of North Carolina

P.O. Box 28146 | Raleigh, NC 27611-8146
Toll free: 888-432-8838 | Fax: 919-832-1692
www.dav.org

Benefits Counseling | Transition Support | Volunteer Programs | Employment Assistance



North Carolina National Guard

Integrated Behavioral Health System



VOLUNTARY, CONFIDENTIAL,
PROFESSIONALLY STAFFED and FREE

Taking Care of Our Own

CALL ANYTIME

1-855-322-3848

EMPLOYMENT

A woman in a U.S. Army uniform is sitting and reading a book to a young child. The woman is wearing a camouflage uniform with "U.S. ARMY" and "OUT" visible on her chest. She is holding an open book and pointing to it. The child is wearing a red shirt and is looking at the book. The background is a plain wall.

NC WORKFORCE OFFICES, VETERAN EMPLOYMENT PROGRAMS, TOOLS AND RESOURCES.

Some Veterans face significant barriers that make it difficult for them to find suitable employment, especially vets who are transitioning into civilian life. DMVA partners with NCWorks and most NCWorks offices have specialized staff—all of who are Veterans—who work closely with employers to create greater opportunities for Veterans.



OFFICE FOR HISTORICALLY UNDERUTILIZED BUSINESSES

The State of NC has a goal of spending at least 10% of construction projects and goods and services with certified Historically Underutilized Businesses (HUBs). The goal applies to state agencies, public universities, community colleges, school systems and, for construction projects, it also applies to local governments.

Veteran-owned businesses can apply to become certified HUBs through the Office for Historically Underutilized Businesses. Companies eligible for HUB certification are those that are 51% or more owned and managed on a daily basis by individuals who are Black, Hispanic, Asian American, American Indian, Female, Disabled (service related disabilities apply) or Socially and Economically Disadvantaged. The HUB Office's mission is to promote economic opportunities for historically underutilized businesses in state government contracting and procurement that will foster their growth and profitability.

Certified HUBs are part of a publicly searchable database on the HUB Office website and within state purchasing systems. HUB vendors can sign up to receive e-mail notifications about upcoming bid opportunities through the NC Interactive Purchasing System. Events and bid requests can also be seen on the HUB Office's Bid Opportunities page.

To learn more about HUB Certification go to: <https://ncadmin.nc.gov/businesses/hub/hub-certification>

VETERANS, NORTH CAROLINA WANTS YOU!



"It shall be the policy of the State of North Carolina that, in appreciation for their service to this State and this country during a period of war, and in recognition of the time and advantage lost toward the pursuit of a civilian career, veterans shall be granted preference in employment with every State department, agency, and institution." ~NCGS§ 126-80, Article 13

HERE ARE SEVERAL STATE AGENCIES LOOKING TO HIRE YOU!

ADMINISTRATION

www.doa.state.nc.us/hrm/

COMMERCE

www.nccommerce.com/workforce

HEALTH & HUMAN SERVICES

ncdhhs.gov/dss/jobs/index.htm

PUBLIC INSTRUCTION

www.ncpublicschools.org/work4ncschools/employment/

PUBLIC SAFETY

www.ncdps.gov/

TRANSPORTATION

www.ncdot.gov/careers/

OFFICE OF STATE HUMAN RESOURCES

<http://www.oshr.nc.gov/>

AND MANY MORE! GO TO NCWORKS.GOV AND SEE PAGES 31-33 IN OUR GUIDE!

NORTH CAROLINA WANTS TO MAKE IT EASIER FOR YOU TO PUT YOUR SKILLS TO WORK!

MILITARY TRAINING TO NC OCCUPATIONAL EMPLOYMENT

NC is now offering Veterans with certain Military Occupation Specialty (MOS) credit toward several NC License occupations. In reference to NC General Assembly Session Law 2014-67, License Boards representing several NC license occupations have been required to provide a process to recognize military training in pursuing a licensed occupation in NC.

Military spouses may also qualify for certain occupational licenses. Upon meeting specific conditions, an occupational licensing board shall issue a license, certification, or registration to a military spouse to allow them to lawfully practice their occupation in North Carolina.

For further information, please visit the web site:

http://accessnc.commerce.state.nc.us/NCDOC/EDISviewer/EDISviewer/dem_bus/occ2.html

ACUPUNCTURIST

NC Acupuncture Licensing Board
Tel: (919)773-0530

ADULT CARE ADMINISTRATOR

DHHS, Division of Facility Services
Tel: (919)855-3765

AERIAL PESTICIDE APPLICATOR

NC Department of Agriculture & Consumer Services Food and Drug Protection Division
Tel: (919)733-3313

AIR TRAFFIC CONTROL

TOWER OPERATOR, AIRCRAFT DISPATCHER, AIRCRAFT REPAIR PERSON, AIRCRAFT MECHANIC
Federal Aviation Administration
Tel: (202)366-4000

ALARM INSTALLER, ALARM SYSTEM BUSINESS LICENSEE

NC Alarm Systems Licensing Board
Tel: (919)788-5320

ALCOHOLIC BEVERAGE DISTRIBUTOR/VENDOR REPRESENTATIVE

NC ABC Commission
Tel: (919)779-0700

ANESTHESIOLOGIST ASSISTANT

NC Medical Board
Tel: (919)326-1100

APPRENTICE AUCTIONEER

NC Auctioneer Licensing Board
Tel: (919)567-2844

ARCHITECT

NC Board of Architecture
Tel: (919)733-9544

ARMED SECURITY GUARD

NC Department of Justice Private Protective Services Board
Tel: (919)788-5320

ATHLETIC AGENT

NC Dept. Secretary of State Solicitation Licensing
Tel: (919)807-2214

ATHLETIC TRAINER

NC Board of Athletic Trainer Examiners
Tel: (919)821-4980

ATTORNEY

NC Board of Law Examiners
Tel: (919)828-4229

AUCTIONEER

NC Auctioneer Licensing Board
Tel: (919)567-2844

AUDIOLOGIST

NC Board of Examiners for Speech and Language Pathologists and Audiologists
Tel: (336)272-1828

AUTOMOTIVE DEALER, SALES

NC Department of Transportation Division of Motor Vehicles, Dealer Section
Tel: (919)715-7000

BAIL BOND RUNNER

NC Department of Insurance Special Services Division
Tel: (919)807-6800

BARBER, BARBER INSTRUCTOR

NC State Board of Barber Examiners
Tel: (919)981-5210

BOARDING KENNEL OPERATOR

NC Department of Agriculture & Consumer Services
Tel: (919)733-7125

BOILER INSPECTOR

NC Department of Labor Raleigh, NC 27699
Tel: (919)807-2768

BOXING/KICKBOXING/ TOUGHMAN PROMOTER

NC Dept. of Crime Control and Public Safety
Tel: (919)733-2126

BUILDING INSPECTOR

NC Department of Insurance
Tel: (919)661-5880

CAMPUS AND COMPANY POLICE OFFICER

NC Department of Justice
Tel: (919) 661-5980

CEMETERY SALES

CONTRACTOR, NC CEMETERY COMMISSION

NC Cemetery Commission
Tel: (919)981-2536

CERTIFIED PUBLIC ACCOUNTANT

NC State Board of CPA Examiners
Tel: (919)733-4209

CERTIFIED REGISTERED NURSE ANESTHETIST

NC Board of Nursing
Tel: (919)782-3211

CERTIFIED STRUCTURAL PEST CONTROL APPLICATOR

NC Department of Agriculture & Consumer Services Veterinary Division
Tel: (919)733-2113

CHICK DEALER

NC Department of Agriculture & Consumer Services
Tel: (919)733-7125

CHIROPRACTOR

NC Board of Chiropractic Examiners
Tel: (704)793-1342

CLINICAL LABORATORY SCIENTIST/MEDICAL TECHNOLOGIST, CLINICAL LABORATORY TECHNICIAN/ MEDICAL LAB TECHNICIAN

National Accrediting Agency for Clinical Laboratory Sciences
Tel: (773)714-8880

CLINICAL NURSE SPECIALIST

NC Board of Nursing
Tel: (919)782-3211



CLINICAL SOCIAL WORK

NC Social Work Certification and Licensure Board
Tel: (336)625-1679

CODE ENFORCEMENT OFFICIAL

NC Department of Insurance
Division of Engineering and Building Codes Code Officials Qualification Board
Tel: (919)661-5880

COMMERCIAL DRIVER

NC Department of Transportation Division of Motor Vehicles, Commercial Driver's Training Section
Tel: (919)715-7000

COMMERCIAL DRIVER TRAINING SCHOOL INSTRUCTOR

NC Department of Transportation School of Bus and Traffic Safety Section
Tel: (919)715-7000

COMMERCIAL FISHERMAN

NC Department of Environment and Natural Resources Division of Marine Fisheries
Tel: (252)726-7021

CONCESSION STAND OPERATOR

Department of Health and Human Services
Tel: (919)733-9822

COSMOLOGIST, COSMETOLOGIST INSTRUCTOR

NC State Board of Cosmetic Art Examiners
Tel: (919)733-4117

COUNTERINTELLIGENCE LICENSEE

NC Department of Justice Private Protective Services Board
Tel: (919)788-5320

CYTOGENETIC TECHNOLOGIST

National Accrediting Agency for Clinical Laboratory Sciences
Tel: (773)714-8880

CYTOTECHNOLOGIST

ASCP Board of Registry
Tel: (800)267-2727

DENTAL HYGIENIST/ DENTIST

NC State Board of Dental Examiners
Tel: (919)678-8223

DEPUTY SHERIFF

NC Department of Justice Sheriff's Standards Services Board
Tel: (919)779-8213

DETENTION OFFICER

NC Department of Justice Sheriff's Standards Services Board
Tel: (919)779-8213

DIAGNOSTIC MOLECULAR SCIENTIST

National Accrediting Agency for Clinical Laboratory Sciences
Tel: (773)714-8880

DIETICIAN AND NUTRITIONIST

North Carolina Board of Dietetics/Nutrition
Tel: (919)228-6391

ELECTRICAL CONTRACTOR

NC State Board of Examiners of Electrical Contractors
Tel: (919)733-9042

ELECTRICAL INSPECTOR

NC State Board of Examiners of Electrical Contractors
Tel: (919)733-9042

ELECTROLOGIST

NC Board of Electrolysis Examiners
Tel: (336)856-1010

EMBALMER

NC Board of Funeral Service
Tel: (919)733-9380

EMERGENCY MEDICAL TECHNICIAN, EMERGENCY MEDICAL TECHNICIAN DEFIBRILLATION (EMT-D), EMERGENCY MEDICAL TECHNICIAN INTERMEDIATE (EMT-I)

EMERGENCY MEDICAL TECHNICIAN PARAMEDIC (EMT-P)

EMERGENCY MEDICAL TECHNICIAN ADVANCED INTERMEDIATE (EMT-AI)

NC Department of Health and Human Services
Tel: (919)855-3935

EMPLOYEE ASSISTANCE PROFESSION

NC Employee Assistance Professional Association
Tel: (919)733-4670

ESTHETICIAN

NC State Board of Cosmetic Art Examiners
Tel: (919)733-4117

EXTERMINATOR

NC Department of Agriculture & Consumer Services Structural Pest Control Division
Tel: (919)733-6100

FAMILY THERAPIST

NC Marriage and Family Therapy Licensure Board
Tel: (919)469-8081

FEE-BASED PRACTICING PASTORAL COUNSELOR

NC State Board of Fee-Based Practicing Pastoral Counselors
Tel: (336) 794-3470

FIRE INSPECTOR

NC Department of Insurance Office of the State Fire Marshall
Tel: (919)661-5880

FIRE SPRINKLER CONTRACTOR

NC Department of Insurance Division of Engineering and Building Codes
Tel: (919)661-5880

FIRE SPRINKLER INSPECTION CONTRACTOR/FIRE SPRINKLER MAINTENANCE CONTRACTOR

NC State Board of Examiners of Plumbing Heating and Fire Sprinkler Contractors
Tel: (919)875-3612

FIREARMS TRAINER

North Carolina Department of Justice, Law Enforcement Training & Standards
Tel: (919)661-5980

FORESTER

NC Board of Registration for Foresters
Tel: (919)847-5441

FUEL PIPING CONTRACTOR

NC State Board of Examiners of Plumbing Heating and Fire Sprinkler Contractors
Tel: (919)875-3612

FUNERAL DIRECTOR

NC Board of Funeral Service
Tel: (919)733-9380

FUNERAL SERVICE LICENSEE

NC Board of Funeral Service
Tel: (919)733-9380

FUR DEALER

NC Wildlife Resources Commission
Tel: (919)707-0010

GENERAL CONTRACTOR

NC Licensing Board for General Contractors
Tel: (919)571-4183

GEOLOGIST

NC Board for Licensing of Geologists
Tel: (919)850-9669

GRAIN DEALER

NC Department of Agriculture & Consumer Services
Tel: (919)733-7125

GROUND PESTICIDE APPLICATOR

NC Department of Agriculture & Consumer Services, Structural Pest Control Division
Tel: (919)733-6100

GUARD DOG SERVICE OPERATOR

North Carolina Department of Justice, Law Enforcement Training & Standards
Tel: (919)661-5980

HATCHING EGG DEALER

N.C. Department of Agriculture and Consumer Services
Tel: (919)707-3000

HEARING AID CALIBRATOR

HEARING AID DEALER AND FITTER

NC State Hearing Aid Dealers and Fitters Board
Tel: (919)834-3661

HISTOLOGIC TECHNICIAN

National Accrediting Agency for Clinical Laboratory Sciences
Tel: (773)714-8880

HOME INSPECTOR

NC Home Inspector Licensure Board
Tel: (919) 662-4480

INDUSTRIAL HYGIENIST

American Board of Industrial Hygiene
Tel: (517)321-2638

INSURANCE AGENT

NC Department of Insurance Agent Services Division
Tel: (919)807-6800

**INSURANCE COMPANY/
INDEPENDENT FIRM ADJUSTER**

NC Department of Insurance
Agent Services Division
Tel: (919)807-6800

**INTERPRETER OR
TRANSLATOR**

North Carolina Interpreters and
Translators Licensing Board
Tel: (919)779-5709

INVESTMENT ADVISOR

NC Department of the Secretary
of State Securities Division
Tel: (919)807-2000

**JUVENILE JUSTICE OFFICER
AND JUVENILE COURT
COUNSELOR**

NC Department of Justice
Criminal Justice, Education &
Training Standards Commission
Tel: (919)716-6470

LAND SURVEYOR

NC Board of Examiners for
Engineers and Land Surveyors
Tel: (919)791-2000

LANDSCAPE ARCHITECT

NC Board of Landscape
Architects
Tel: (919)850-9088

LANDSCAPE CONTRACTOR

NC Landscape Contractors'
Registration Board
Tel: (919)266-8070

**LAW ENFORCEMENT OFFICER/
TELECOMMUNICATION
OFFICER**

NC Department of Justice
Criminal Justice Standards
Division
Tel: (919) 665-1980

LIBRARIAN

NC Department of Cultural
Resources Division of State
Library
Tel: (919)807-7450

**LICENSED DIETITIAN/
NUTRITIONIST**

NC Board of Dietetics/Nutrition
Tel: (919)228-6391

LICENSED PRACTICAL NURSE

NC Board of Nursing
Tel: (919)782-3211

**LICENSE PROFESSIONAL
COUNSELOR SUPERVISOR/
LICENSED PROFESSIONAL
COUNSELOR/COUNSELOR
ASSOCIATE**

NC Board of Licensed
Professional Counselors
Tel: (919)661-0820

LICENSED PSYCHOLOGIST

NC Psychology Board
Tel: (828)262-2258

**LICENSED STRUCTURAL PEST
CONTROL OPERATOR**

NC Department of Agriculture
& Consumer Services, Structural
Pest Control Division
Tel: (919)733-6100

**LIQUID PETROLEUM GAS
DEALER**

NC Department of Agriculture
Tel: (919)733-3313

LIVESTOCK DEALER

NC Department of Agriculture &
Consumer Services
Tel: (919)733-7125

LOAN BROKER

NC Department of the Secretary
of State Securities
Tel: (919)807-2000

LOAN OFFICER

NC Commissioner of Banks
Mortgage Licensing Section
Tel: (888)384-3811

LOBBYIST

NC Department of the Secretary
of State Lobbyist Registration
Tel: (919)807-2170

LOCKSMITH

NC Locksmith Licensing Board
Tel: (919)838-8782

**MANICURIST/ MANICURIST
INSPECTOR**

NC State Board of Cosmetic Art
Examiners
Tel: (919)733-4117

**MANUFACTURED HOUSING
SALESPERSON**

NC Department of Insurance
Manufactured Building Division
Tel: (919)661-5880

**MASSAGE AND BODYWORK
THERAPIST**

NC Board of Massage &
Bodywork Therapy
Tel: (919)546-0050

MECHANICAL INSPECTOR

NC Department of Insurance
Division of Engineering
Tel: (919)661-5880

MEDICAL DOCTOR

NC Medical Board
Tel: (919)326-1100

**MEDICAL LABORATORY
TECHNICIAN**

ASCP Board of Registry
Tel: (800)267-2727

MEDICATION AIDE

NC Board of Nursing
Tel: (919)782-3211

**MILK HAULER AND SAMPLER/
MILK TESTER**

NC Department of Agriculture
& Consumer Services Food and
Drug Protection
Tel: (919)733-7366

**MOTOR VEHICLE DAMAGE
APPRAISER**

NC Department of Insurance
Agent Services Division
Tel: (919)807-6800

NOTARY PUBLIC

NC Department of the Secretary
of State, Notary Public Division
Tel: (919)807-2219

**NURSE AIDE I, II/
NURSE ANESTHETIST/
NURSE MIDWIFE/NURSE
PRACTITIONER**

NC Board of Nursing
Tel: (919)782-3211

**NURSING HOME
ADMINISTRATOR**

NC State Board of Examiners for
Nursing Home Administrators
Tel: (919)571-4164

OCCUPATIONAL THERAPIST

NC Board of Occupational
Therapy
Tel: (919)832-1380

**OCCUPATIONAL THERAPIST
ASSISTANT**

NC Board of Occupational
Therapy
Tel: (919)832-1380

OPTICIAN

NC State Board of Opticians
Tel: (919)733-9321

**OPTOMETRIST/OPTOMETRIST
ASSISTANT AND TECHNICIAN**

NC Board of Optometry
Tel: (910)285-3160

OSTEOPATH

NC Medical Board
Tel: (919)326-1100

PESTICIDE CONSULTANT**PESTICIDE DEALER**

NC Department of Agriculture &
Consumer Services
Tel: (919)733-6100

PET SHOP OPERATOR

NC Department of Agriculture &
Consumer Services
Tel: (919)733-7125

**PETROLEUM DEVICE
TECHNICIAN**

NC Department of Agriculture &
Consumer Services, Standards
Division
Tel: (919)733-3313

**PHARMACIST/PHARMACY
TECHNICIAN**

NC Board of Pharmacy
Tel: (919)246-1050

PHYSICAL THERAPIST

NC Board of Physical Therapy
Examiners
Tel: (919)490-6393

**PHYSICAL THERAPIST
ASSISTANT**

NC Board of Physical Therapy
Examiners
Tel: (919)490-6393

PHYSICIAN ASSISTANT

NC Medical Board
Tel: (919)326-1100

PILOT

Federal Aviation Administration
Airmen Certification Branch
Tel: (202)366-4000



PLUMBING INSPECTOR

NC Department of Insurance
Tel: (919)661-5880

**PLUMBING, HEATING AND AIR
CONDITIONING CONTRACTOR**

NC State Board of Examiners
of Plumbing Heating and Fire
Sprinkler Contractors
Tel: (919)875-3612

PODIATRIST

NC Board of Podiatry Examiners
Tel: (919)861-5583

POLICE OFFICER

NC Department of Justice
Criminal Justice, Education &
Training Standards Commission
Tel: (919)716-6470

**POLYGRAPH EXAMINER/
PRIVATE INVESTIGATOR**

NC Department of Justice
Private Protective Services Board
Tel: (919)788-5320

PROFESSIONAL BONDSMAN

NC Department of Insurance
Tel: (919)807-6800

**PROFESSIONAL BOXER/KICK
BOXER/TOUGH MAN ATHLETE**

NC Dept. of Crime Control and
Public Safety
Tel: (919)733-2126

PROFESSIONAL ENGINEER

NC Board of Examiners for
Engineers and Land Surveyors
Tel: (919)791-2000

PROFESSIONAL SOLICITOR

NC Department of the Secretary
of State, Charitable Solicitation
Tel: (919)807-2214

PSYCHOLOGICAL ASSOCIATE

NC Psychology Board
Tel: (828)262-2258

**PSYCHOLOGICAL STRESS
EVALUATOR**

NC Department of Justice
Tel: (919)788-5320

PUBLIC GROUNDS OPERATORS

NC Department of Agriculture
& Consumer Services, Structural
Pest Control Division
Tel: (919)733-6100

PUBLIC WEIGHMASTER

NC Department of Agriculture &
Consumer Services, Standards
Division
Tel: (919)733-3313

**PUMP INSTALLATION
CONTRACTOR**

NC Department of Environment
and Natural Resources
Tel: (919)807-6300

REAL ESTATE APPRAISER

NC Appraisal Board
Tel: (919)870-4854

REAL ESTATE BROKER

NC Real Estate Commission
Tel: (919)875-3700

REAL ESTATE SALESPERSON

NC Real Estate Commission
Tel: (919)875-3700

RECREATIONAL THERAPIST

NC Therapeutic Recreation
Board
Tel: (336)212-1133

REFRIGERATION CONTRACTOR

NC State Board of Refrigeration
Examiners
Tel: (919)779-4711

REGISTERED NURSE

NC Board of Nursing
Tel: (919)782-3211

**REGISTERED STRUCTURAL
PEST CONTROL OPERATOR**

NC Department of Agriculture
Tel: (919)733-6100

**RENDERING OPERATOR/
COLLECTOR**

NC Department of Agriculture &
Consumer Services
Tel: (919)733-7125

RESPIRATORY THERAPIST

NC Respiratory Care Board
Tel: (919)878-5595

**SAFETY INSPECTION
MECHANIC**

NC Department of
Transportation Division of Motor
Vehicles Enforcement Section
Tel: (919)715-7000

**SANITARIAN (ENVIRONMENTAL
HEALTH SPECIALIST)**

NC State Board of Sanitarian
Examiners
Tel: (919)304-1168

SCALE TECHNICIAN

NC Department of Agriculture 2
Tel: (919)733-3313

SCHOOL PRINCIPAL

NC Department of Public
Instruction Licensure Section
Tel: (919)807-7994

SCHOOL SUPERINTENDENT

NC Department of Public
Instruction Licensure Section
Tel: (919)807-7994

SCHOOL TEACHER

NC Department of Public
Instruction Licensure Section
Tel: (919)807-7994

**SECURITY GUARD AND PATROL
LICENSEE**

NC Department of Justice
Private Protective Services Board
Tel: (919)788-5320

SEED DEALER

NC Department of Agriculture
& Consumer Services, Plant
Industry Division
Tel: (919)733-3933

**SELF-EMPLOYED INSURANCE
ADJUSTER**

NC Department of Insurance
Agent Services Division
Tel: (919)807-6800

SENIOR PARACHUTE RIGGER

Federal Aviation Administration
Airmen Certification Branch
Tel: (202)366-4000

**SET-UP CONTRACTOR,
MANUFACTURED HOMES**

NC Department of Insurance
Manufactured Building Division
Tel: (919)661-5880

SOIL SCIENTIST

NC Board for Licensing of Soil
Scientists
Tel: (336)394-4503

**SPEECH AND LANGUAGE
PATHOLOGIST**

NC Board of Examiners
for Speech and Language
Pathologists and Audiologists
Tel: (336)272-1828

SURETY BONDSMAN

NC Department of Insurance
Special Services Division
Tel: (919)807-6800

TAXIDERMIST

NC Wildlife Resources
Commission License Section
Tel: (919)707-0010

TELECOMMUNICATOR

NC Department of Justice
Tel: (919)779-8213

TELEPHONIC SELLERS

NC Department of the Secretary
of State Securities Division
Tel: (919)807-2000

TRUCK DRIVER

NC Department of
Transportation Division of Motor
Vehicles Commercial Driver's
Training Section
Tel: (919)715-7000

VETERINARIAN

NC Veterinary Medical Board
Tel: (919)854-5601

VETERINARY TECHNICIAN

NC Veterinary Medical Board
Tel: (919)854-5601

**WASTEWATER TREATMENT
PLANT OPERATOR/ WATER
TREATMENT FACILITY
OPERATOR**

NC Department of Environment
and Natural Resources
Tel: (919)807-6353

WELL CONTRACTOR

NC Department of Environment
and Natural Resources Division
of Water Quality
Tel: (919)807-6300

**DID YOU
KNOW?**

**SINCE 2013 NORTH
CAROLINA HAS
CUT VETERAN
UNEMPLOYMENT TO
3%**



RETIRING OR SEPARATING FROM THE MILITARY?

Successfully navigate your transition to civilian life

You're leaving the military and face a maze of transition decisions. With Military OneSource's free transition resources, you'll find what you need to take the next step in your journey.

Visit Military OneSource or call 800-342-9647.

Don't Delay: Eligibility for these resources lasts up to 180 days after separation or retirement from the military. Services after 180 days may be provided through the Department of Veterans Affairs or other community resources. With Military OneSource, you get:

Personal Support

- Non-medical counseling to ease the emotional stress associated with transitions
- Spouse relocation and transition help to sort through renting vs. buying, choosing your next location, switching schools and other questions
- Connections to transition assistance programs that help you through this milestone
- Pre-separation counseling to identify transition needs and a personal plan

Education Assistance

- Sessions with an education consultant to identify such benefits such as Post-9/11 GI Bill, federal grants and tax deductions to take you to the next level
- Information on colleges and online resources, such as College Navigator and TA DECIDE

Career Resources

- Expert consultations on identifying career goals
- Help with mapping your military experience to civilian jobs via the Career Transitions database
- Spouse Education & Career Opportunities (SECO) offering support for career exploration, education, training and licensing and more

Financial and Tax Help

- Financial planning with an accredited financial counselor, including strategies on saving for transition and building emergency funds
- Guidance on military benefits, such as converting your Servicemembers' Group Life Insurance plan to Veterans Group Life Insurance and transferring your GI Bill to your children
- Help identifying military tax deductions and allowances, such as combat pay exclusion and moving expenses
- Secure, easy-to-use tax filing software with 100 percent guarantee for accuracy



Military OneSource is your map out of the transition maze to a successful life as a civilian. Access our resources anytime, anywhere: Call **800-342-9647** or visit **MilitaryOneSource.mil**.

WE TRUST THEM WITH OUR COUNTRY YOU CAN TRUST THEM WITH YOUR BUSINESS

Military Candidates Demonstrate:

- » **Leadership** – experienced in both leading and working in team environments
- » **Character** – trustworthy, dependable, drug-free and have a strong work ethic
- » **Effectiveness** – veterans get the job done!
- » **Expertise** – occupational skills, job-specific experiences and understanding of the military community.
- » **Resiliency** – very comfortable in difficult working environments



Companies Are Seeing the Value

- » **Increased retention rates** – veterans are committed to the organizations they work for
- » **Decreased recruiting costs** – Free access to an underutilized talent pool
- » **Proven Success** - organizations hire veterans because other veterans have already been successful in their organization.

Learn More at
NC4ME.org

Learn Why...

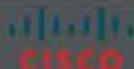
Summits on Military Employment

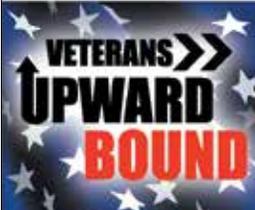
Learn How...

Accredited HR Training
& Small Business Training

Hire Military Candidates

Military Matchmaking
& NC4ME Hiring Events





VETERANS UPWARD BOUND

Chatham County • Harnett County • Johnston County • Lee County • Wake County

FREE FEDERAL PROGRAM FOR VETERANS!

Services include:

- Course Instruction: Math, Writing, and Study Skills
- Academic and Financial Literacy Counseling
- Tutorial Services
- Developmental Workshops
- Financial Aid Support
- Prep for College Entrance Exams
- College and Career Exposure
- Assistance with College Applications

VETERANS UPWARD BOUND

1105 Kelly Drive
Sanford, NC 27330

(919) 718-7463
veteransub@cccc.edu

TRiO





www.cccc.edu/vub

DISABLED VETERAN OUTREACH SPECIALISTS

Veterans can find employment information, education and training opportunities, job counseling, job search workshops, and resume preparation assistance at state Workforce Centers or by contacting a Disabled Veteran Outreach Specialist through the Department of Commerce.

These Outreach Specialists work directly with veterans and disabled veterans to find them employment or training.

Disabled Veterans Outreach Specialists (DVOS) and Local Veterans Employment Representatives (LVER) assist veterans in applying for federal, state, local government and private sector employment. **See the complete list on page 65.**

Call us, and we'll point you to the right place to go!

VETERAN CAREER FAIRS, EXPOS AND WEBSITES

The federal government, including DoD, the VA and many state and local entities hold career expos and job fairs throughout the state. There are also many websites that feature job openings with companies looking to hire veterans with tools to help translate military experience into civilian equivalent experience.

Go to milvets.nc.gov for the latest information and latest job fairs or hiring events near you. Visit our Facebook page at [facebook.com/NC4VETS](https://www.facebook.com/NC4VETS) for the or call 844.NC4.VETS.

VOW TO HIRE HEROES ACT / 5 VETERAN TARGET GROUPS:

- Veterans in Household receiving Supplemental Nutrition Assistance Program (formerly known as food stamps) benefits
- Veterans with a Service-Connected Disability
- Veterans with a Service-Connected Disability unemployed for at least 6 months
- Veterans unemployed for at least 4 weeks
- Companies seeking to hire veterans unemployed at least 6 months
- Tools to help translate military experience into civilian equivalent experience

PLEASE CONTACT YOUR LOCAL NCWORKS VETERANS EMPLOYMENT SPECIALIST ON PAGE 31.

TROOPS TO TEACHERS

Troops to Teachers is a U.S. Department of Defense program that helps eligible military personnel begin a new career as teachers in public schools where their skills, knowledge and experience are most needed.



HOW TO TURN YOUR MILITARY OCCUPATIONAL SPECIALTIES (MOS) INTO A CIVILIAN CAREER

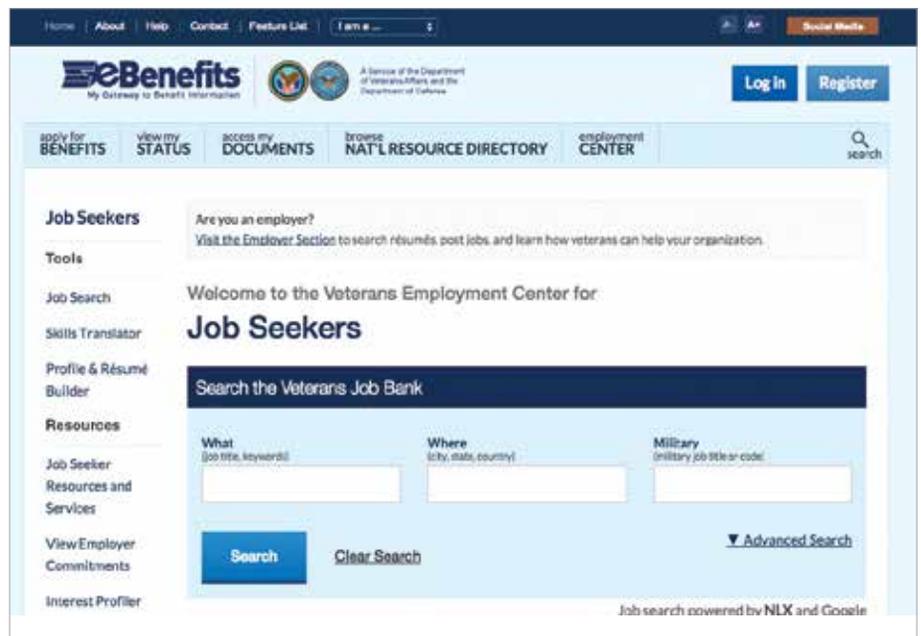
MOS TO CIVILIAN LICENSURE

North Carolina provides licensure and credit for individuals with military training and experience as well as professional license endorsement for their spouses.

For more details on how you can convert your military training into civilian licenses credit, contact the Registrar or Student Veteran Advisor at the University of North Carolina campus or community college you choose to attend.

FOR A LIST OF NORTH CAROLINA SCHOOLS SEE PAGE 99

eBENEFITS.VA.GOV: EVERYTHING YOU NEED TO FIND A JOB. START NOW.



WWW.EBENEFITS.VA.GOV/EBENEFITS/JOBS

Registration is open to any veteran whose last period of service is characterized as Honorable with an interest in instructional positions such as teacher, resource teacher or non-instructional positions such as:

- Paraprofessional
- Teacher's aide
- Counselor
- Psychologist
- School nurse
- Librarian
- Media specialist
- Speech therapist
- Audiologist
- Physiotherapist
- Resource officer
- School principal or vice principal



Financial assistance is available to eligible participants who are working to become certified teachers in public K-12 schools, charter schools or Bureau of Indian Affairs schools.

NOTE: Former military personnel currently serving as certified teachers may qualify to use the stipend or bonus to seek an additional endorsement, particularly in high need areas such as math, science, and special education.

For more information on Troops to Teachers, please visit it:

www.ncpublicschools.org/troops

DID YOU KNOW?

NORTH CAROLINA IS THE FASTEST GROWING REGION FOR VA HEALTH CARE, AND IS PROJECTED TO BE SO FOR THE NEXT 10 YEARS



**DMVA
SOCIAL MEDIA**

TWITTER, FACEBOOK,
+ INSTAGRAM:
@NC4VETS

Like NC4VETS on Facebook, Follow us on Twitter, and get real-time access to N.C. Department of Military and Veterans Affairs!

NCWorks Connecting Talent to Jobs



The Division assists job seekers with learning a new industry through NCWorks Apprenticeships and operate NCWorks

Online, the state's official job-search portal that is helping connect talented individuals with employers.

Home to nearly 800,000 veterans and several major military installations, North Carolina has a distinguished history in serving the U.S. military, veterans, and their families. The N.C. Division of Workforce Solutions provides job seeker

services for veterans, transitioning service members, and eligible spouses.

HOW IT WORKS

Veterans can visit their local workforce office* and take advantage of the following no-cost services:

- Career assessments
- Labor market information
- Access to training opportunities, job fairs, and workshops
- Job interview preparation
- Resume and cover letter assistance
- Assistance with NCWorks Online
- Access to computers and free Internet service
- Help applying for federal employment and training programs in which veterans receive priority of service

North Carolina's economy depends on a strong workforce. As a proud member of the NCWorks initiative, the N.C. Division of Workforce Solutions is helping job seekers gain the tools and experiences they need to find meaningful employment.

The Division offers programs for adults, veterans, youth, and also helps employers find the qualified talent they need to make their businesses thrive.

NCWORKS.GOV

We're helping North Carolina's job seekers find employment and businesses find workers. We invite you to learn more about our services and see for yourself how we can help you too.



KNOWING YOUR EMPLOYMENT RIGHTS AS A VETERAN OR SERVICE MEMBER IS A RIGHT YOU SERVED TO DEFEND

VETERANS EMPLOYMENT OPPORTUNITY ACT

The VEOA allows preference to eligible persons or veterans who are honorably discharged from the Armed Forces to compete for vacant federal positions. VEOA offers protection to eligible veterans during a Reduction in Force (RIF) and against adverse actions. VETS staff investigates 5 and 10 point federal Veteran Preference complaints and answer inquiries regarding VEOA.

www.fedshirevets.gov

REALIFELINES

The primary mission of REALifeLines is to provide wounded and injured service members, and their families, with personal assistance through successful transition to civilian life. If you have been injured or wounded on active duty, contact a REALifeLines Representative at 1.888.774.1361 or visit:

www.dol.gov/vets/programs/Real-life/main.htm

STAND DOWNS

Stand down is a military term referring to a brief respite from combat, including events coordinated in local communities to provide veterans with a wide range of social services. Stand Downs foster employment opportunities for veterans to promote self-sufficiency and improve Veterans connections with community-based service providers. Potential applicants can access Stand Down information at the following website:

dol.gov/vets/programs/Stand%20Down/main.htm

WANT TO START A BUSINESS? GREAT EMPLOYMENT & BUSINESS WEBSITES YOU SHOULD KNOW ABOUT:



NORTH CAROLINA MILITARY BUSINESS CENTER
www.ncmbc.us



NORTH CAROLINA DEFENSE BUSINESS ASSOCIATION
www.ncdba.com



NC VETERAN'S BUSINESS ASSOCIATION
www.ncvetbiz.org



Enable America

MAKING EMPLOYMENT CONNECTIONS FOR VETERANS



- Job Seekers Workshops
- Career Mentoring Days
- Business Connection Meetings

ENABLE AMERICA SERVES MILITARY IN TRANSITION, DISABLED VETERANS, & INDIVIDUALS WITH DISABILITIES.
IN PARTNERSHIP WITH CIVILIAN SECTOR EMPLOYER PARTNERS WHO VALUE MILITARY EXPERIENCE
WE BUILD BRIDGES TO CAREER OPPORTUNITIES.

*Find out how Enable America can help you!
Veterans, employers, military leadership and
transition coordinators contact us.*

*North Carolina Program Director Sandy Moonert
Sandra.Moonert@EnableAmerica.org
Phone: (919) 345-9933*

EnableAmerica.org



JOIN HOPE FOR THE WARRIORS® MISSION

to Restore Self, Family, and Hope



TOP HIGHLIGHTS

- Military Families Served in 2014: Approximately 5,000**
- Served by 45 staff members and more than 2,000 volunteers**
- Assistance given to families in all 50 states and territories**
- Serving post-9/11 Service Members, Veterans, their families, and families of the fallen**



PROGRAM PILLARS

- CAREER TRANSITION & EDUCATION**
- CLINICAL HEALTH & WELLNESS**
- SPORTS & RECREATION**
- COMMUNITY & MILITARY RELATIONS**

 [TWITTER.COM/HOPE4WARRIORS](https://twitter.com/HOPE4WARRIORS)
INFO@HOPEFORTHEWARRIORS.ORG
WWW.HOPEFORTHEWARRIORS.ORG



NORTH CAROLINA COMMERCE VETERANS WORKFORCE OFFICES

HELPING VETERANS FIND JOBS

ALAMANCE COUNTY

2640 S. Columbine Lane
Burlington, NC 27215
Phone: (336) 570-6800

ALEXANDER COUNTY

604 7th Street, SW.
Taylorsville, NC 28681
Phone: (828) 632-4631

ALLEGHANY COUNTY

115 D Atwood Street
Sparta, NC 28675
Phone: (336) 372-9675

ANSON COUNTY

514 N. Washington Street
Lockhart-Taylor Center
Wadesboro, NC 28170
Phone: (704) 694-6551

ASHE COUNTY

626 Ashe Central School Rd.
Unit 5
Jefferson, NC 28640
Phone: (336) 982-5627

AVERY COUNTY

428 Pineola Street
PO Box 939
Newland, NC 28657
Phone: (828) 737-5419

BEAUFORT COUNTY

1385 John Small Avenue
Washington, NC 27889
Phone: (252) 946-3116

BERTIE COUNTY

128 E. Granville St.
Windsor, NC 27983
Phone: (252) 794-5616

BLADEN COUNTY

401 Mercer Mill Road
Elizabethtown, NC 28337
Phone: (910) 862-3255

BRUNSWICK COUNTY

5300-7 Main Street
Shalotte, NC 28470
Phone: (910) 754-6120

BUNCOMBE COUNTY

48 Grove Street
Asheville, NC 28801
Phone: (828) 251-6200

BURKE COUNTY

720 East Union Street
Morganton, NC 28655
Phone: (828) 438-6161

CABARRUS COUNTY

845 N. Church St. Ste. 201
Concord, NC 28025
Phone: (704) 786-3183

CALDWELL COUNTY

1909 Hickory Blvd. SE
Lenoir, NC 28645
Phone: (828) 759-4680

CARTERET COUNTY

309 Commerce Avenue
Morehead City, NC 28557
Phone: (252) 726-7151

CASWELL COUNTY

331 Piedmont Drive
Yanceyville, NC 27379
Phone: (336) 694-5975

YOUTH-CASWELL COUNTY

Campus of PCC
331 Piedmont Drive
Yancyville, NC 27379
Phone: (336) 694-5707

CATAWBA COUNTY

3301 Hwy. 70 SE
Newton, NC 28658
Phone: (828) 466-5535

CHATHAM COUNTY

764 West Street
Pittsboro, NC 27312
Phone: (919) 545-8054

SILER CITY

225 E. Beaver Street
Siler City, NC 27344
Phone: (919) 742-7454

CHEROKEE COUNTY

800 West US Hwy. 64
Murphy, NC 28906
Phone: (828) 837-7407

CHOWAN COUNTY

800 N. Oakum St.
Bldg. 3, Rm. 300
Edenton, NC 27932
Phone: (252) 482-2195

CLEVELAND COUNTY

404 E. Marion Street
Shelby, NC 28150
Phone: (704) 480-5414

COLUMBUS COUNTY

913 Jefferson Street
Whiteville, NC 28472
Phone: (910) 642-0146

COLUMBUS COUNTY

4564 Chadbourn Hwy.
Whiteville, NC 28472
Phone: (910) 642-7141

CRAVEN COUNTY

2836 Neuse Blvd.
New Bern, NC 28560
Phone: (252) 514-4828

CUMBERLAND COUNTY

414 Ray Avenue
Fayetteville, NC 28301
Phone: (910) 486-1010

DARE COUNTY

2522 S. Croatan Hwy.
Nags Head, NC 27959
Phone: (252) 480-3500

DAVIDSON COUNTY

555-A W. Center St.
Lexington, NC 27292
Phone: (336) 242-2065

DAVIDSON COUNTY

211 W. Colonial Drive
Suite 119
Thomasville, NC 27360
Phone: (336) 474-2635

DAVIE COUNTY

371 North Main Street
Mocksville, NC 27028
Phone: (336) 776-6720

DUPLIN COUNTY

192 Magnolia Ext.
Kenansville, NC 28349
Phone: (910) 296-1478

DURHAM COUNTY

1105 S. Briggs Avenue
Durham, NC 27703
Phone: (919) 560-6880

DURHAM COUNTY

1058 West Club Blvd.
Suite 848
Durham, NC 27701
Phone: (919) 354-2748

EDGECOMBE COUNTY

110 Fountain Park Dr.
Battleboro, NC 27809
(252) 977-3306

FORSYTH COUNTY

2701 University Pkwy.
Winston-Salem, NC 27105
Phone: (336) 724-3625

FORSYTH COUNTY

450 West Hanes Mill Road
Suite 201
Winston Salem, NC 27105
Phone: (336) 776-6720

FRANKLIN COUNTY

6 N. Main Street
Franklinton, NC 27525
Phone: (919) 494-1162

GASTON COUNTY

7220 Wilkinson Blvd.
Handley Hall, Room 212
Belmont, NC 28012
Phone: (704) 266-5005

GASTON COUNTY

1391 Bessemer City Road
Gastonia, NC 28052
Phone: (704) 853-5328

GRAHAM COUNTY

347 Rodney Orr Bypass
Robbinsville, NC 28771
Phone: (828) 479-3376

GRANVILLE COUNTY

111 Hilltop Village
Oxford, NC 27565
Phone: (919) 693-2686

GREENE COUNTY

818 Hwy 91 North
Snow Hill, NC 28580
Phone: (252) 747-5689

GUILFORD COUNTY

2005B S. Elm-Eugene St.
Greensboro, NC 27406
Phone: (336) 334-5777

GUILFORD COUNTY

607 Idol Street
High Point, NC 27261
Phone: (336) 882-4141

GUILFORD COUNTY

2301 W. Meadowview Rd.
Greensboro, NC 27406
Phone: (336) 297-9444

HALIFAX COUNTY

1620 E. Tenth Street
Suite 101
Roanoke Rapids, NC 27870
Phone: (252) 537-4188

HARNETT COUNTY

101 Hunt Valley Drive
Dunn, NC 28334
Phone: (910) 891-2915
Fax: (910) 891-2918

HARNETT COUNTY

1137 E. Cornelius Harnett Blvd.
Lillington, NC 27546
Phone: (910) 814-4042

HAYWOOD COUNTY

1170 North Main Street
Waynesville, NC 28786
Phone: (828) 456-6061

HENDERSON COUNTY

26 Francis Road
Hendersonville, NC 28792
Phone: (828) 693-1703

HENDERSON COUNTY

Blue Ridge Comm Coll.
180 West Campus Dr.
Flat Rock, NC 28731
Phone: (828) 694-1755

HERTFORD COUNTY

109 Community College Rd.
Ahoskie, NC 27910
Phone: (252) 862-1257

HOKE COUNTY

304 Birch Street
Raeford, NC 28376
Phone: (910) 875-5059

IREDELL COUNTY

532 Patterson Avenue
Suite 170
 Mooresville, NC 28115
Phone: (704) 360-8067

IREDELL COUNTY

133 Island Ford Road
Statesville, NC 28625
Phone: (704) 878-4241

JACKSON COUNTY

26 Ridgeway Street, Ste. 2
Sylva, NC 28779
Phone: (828) 586-4063

JOHNSTON COUNTY

8998 US 70 - Biz Hwy Ste 100
Clayton, NC 27520
Phone: (919) 553-0953

JONES COUNTY

509 NC Hwy 58 N.
LCC Jones Co Ctr.
Trenton, NC 28585
Phone: (252) 448-4791

LEE COUNTY

1909 Lee Avenue
Sanford, NC 27330
Phone: (919) 775-2241

LENOIR COUNTY

231 Hwy 58 South
Kinston, NC 28501
Phone: (252) 526-4435

LINCOLN COUNTY

529 N. Aspen Street
Lincolnton, NC 28092
Phone: (704) 735-8035

MACON COUNTY

5 W. Main St.
Franklin, NC 28734
Phone: (919) 494-2521

MADISON COUNTY

4646 U.S. Highway 25-70
AB Tech - Madison Campus
Marshall, NC 28753
Phone: (828) 649-2577

MARTIN COUNTY

407 East Blvd.
Williamston, NC 27892
Phone: (252) 792-7816

MCDOWELL COUNTY

316 Baldwin Ave. Suite 1
Marion, NC 28752
Phone: (828)652-7131

MECKLENBURG COUNTY

1401 W. Morehead Street
Suite 100
Charlotte, NC 28208
Phone: (704) 206-1350

MECKLENBURG COUNTY

7140 Forest Point Blvd. Suite A
Charlotte, NC 28217
Phone: (704) 565-6865

MECKLENBURG COUNTY

5601 Executive Center Drive
Suite 100
Charlotte, NC 28212
Phone: (704) 566-2870

MITCHELL COUNTY

Workforce Center
200 Mayland Drive
Spruce Pine, NC 28777
Phone: (828) 766-1195

MONTGOMERY COUNTY

1011 Page Street
Troy, NC 27371
Phone: (910) 572-3641

MOORE COUNTY

245 Shepherd Trail
Aberdeen, NC 28315
Phone: (910) 944-7697

NEW HANOVER COUNTY

717 Market Street
Wilmington, NC 28401
Phone: (910) 251-5777

ONSLOW COUNTY

461 Western Blvd. Ste. 106
Jacksonville, NC 28546
Phone: (910) 347-2121

ORANGE COUNTY

503 West Franklin Street
Chapel Hill, NC 27516
Phone: (919) 968-2031

PAMLICO COUNTY

705 Main Street
Bayboro, NC 28515
Phone: (252) 745-9934

PASQUOTANK COUNTY

422 McArthur Street
Elizabeth City, NC 27909
Phone: (252) 331-4798

PENDER COUNTY

904-A S. Walker Street
Burgaw, NC 28425
Phone: (910) 259-0240

PERSON COUNTY

203 North Main Street
Suite 212
Roxboro, NC 27573
Phone: (336) 599-3109

PITT COUNTY

3101 Bismarck Street
Greenville, NC 27834
Phone: (252) 355-9067
Fax: (252) 355-9075

RANDOLPH COUNTY

600 S. Fayetteville Street
Asheboro, NC 27203
Phone: (336) 625-5128



RICHMOND COUNTY

115 West Franklin Street
Rockingham, NC 28379
Phone: (910) 997-9180

ROBESON COUNTY

289 Corporation Drive Ste. B.
Lumberton, NC 28358
Phone: (910) 618-5500

ROCKINGHAM COUNTY

8340 NC 87
Reidsville, NC 27320
Phone: (336) 634-5600

ROWAN COUNTY

1904 South Main Street
Salisbury, NC 28144
Phone: (704) 639-7529

ROWAN COUNTY

1300 West Bank Street
Salisbury, NC 28145
Phone: (704) 633-6633

RUTHERFORD COUNTY

233 Charlotte Rd.
Rutherfordton, NC 28139
Phone: (828) 286-3042

SAMPSON COUNTY

115 North Boulevard
Clinton, NC 28328
Phone: (910) 592-5756

SCOTLAND COUNTY

303 N. Main Street
Laurinburg, NC 28352
Phone: (910) 276-4260

STANLY COUNTY

2215 US Highway 52 North
Albemarle, NC 28001
Phone: (704) 982-2183

SURRY COUNTY

541 West Pine Street. Ste. 300
Mount Airy, NC 27030
Phone: (336) 786-4169

SWAIN COUNTY

Federal Building, 50 Main St.
Bryson City, NC 28713
Phone: (828) 488-2149

TRANSYLVANIA CNTY

Blue Ridge Comm Coll.
45 Oak Park Drive
Brevard, NC 28712
Phone: (828) 883-2550

UNION COUNTY

1125 Skyway Drive
Monroe, NC 28110
Phone: (704) 283-7541

VANCE COUNTY

857 South Beckford Dr.
Suite G.
Henderson, NC 27536
Phone: (252) 438-6129

WAKE COUNTY

742-F East Chatham Street
Cary, NC 27511
Phone: (919) 469-1406

WAKE COUNTY

1002 Dogwood Drive
Zebulon, NC 27597
Phone: (919) 404-3900

WAKE COUNTY

1830-B Tillery Place
Raleigh, NC 27604
Phone: (919) 715-0111

WAKE COUNTY

130 N. Judd Parkway, NE
Fuquay-Varina, NC 27526
Phone: (919) 557-1121

WAKE COUNTY

350 E. Holding Avenue
Wake Forest, NC 27587
Phone: (919) 562-6300
Fax: (919) 562-6315

WAKE COUNTY

220 Swinburne Street
Raleigh, NC 27610
Phone: (919) 250-3770

WARREN COUNTY

309 N. Main Street,
Rm. 123
Warrenton, NC 27589
Phone: (252) 257-3230

WATAUGA COUNTY

130 Poplar Grove Conn.
Boone, NC 28607
Phone: (828) 265-5385

WAYNE COUNTY

2006 Wayne Memorial Dr.
Goldsboro, NC 27534
Phone: (919) 731-7950

WILKES COUNTY

103 Call Street Extension
WILKESBORO, NC 28697
Phone: (336) 838-5164

WILSON COUNTY

302 Tarboro Street West
Wilson, NC 27893
Phone: (252) 234-1129

YADKINVILLE

236 N Lee Ave
Yadkinville, NC 27055
(336) 679-4079

ZEBULON

1002 Dogwood Drive
Zebulon, NC 27597
(919) 404-3900

YADKIN COUNTY

223 E. Main Street
Yadkinville, NC 27055
Phone: (336) 786-4169

YANCEY COUNTY

1040-L E. US Hwy 19E
Suite 2
Burnsville, NC 28714
Phone: (828) 682-6618

North Carolina's veterans are a highly skilled and capable part of the workforce. As a proud member of the NCWorks initiative, the N.C. Division of Workforce Solutions is helping veterans connect to employers by providing them with the tools and services they need to find meaningful employment.

NCWorks Career Centers offer job seeker services at no cost to vets, and specialists are ready to assist those who face additional

obstacles to employment, such as homelessness, low income, and lack of a high school diploma. In addition to job seeker services, veterans can also register for free with NCWorks Online, the state's official job-search portal, and NCWorks Apprenticeship, which combines on-the-job training with classroom instruction and allows participating veterans to continue drawing benefits from the GI Bill while they work.

NCWorks Career Centers offer the following no-cost services across the state:

- Career assessments
- Labor market information
- Job referrals
- Access to training programs, job fairs, and workshops
- Job interview preparation
- Resume and cover letter assistance
- Help with NCWorks Online
- Access to computers and free Internet service
- Help applying for federal employment and training programs in which veterans receive priority of service

The state's NCWorks Career Centers are listed by area. Refer to these pages or the Maps section (p. 6-13) to find a career center near you!

Operation: GoodJobs Putting veterans & their families back to work

Operation: GoodJobs is a national partnership between Goodwill and the Walmart Foundation that provides free services to help veterans and military families find meaningful employment and financial stability through free employment assistance services, including career assessment, planning and coaching, job skills training, resume preparation, job placement, career readiness certification and more. It is open to veterans, active duty and reserve service members, military spouses and adult children dependents residing with service member, with particular focus on female veterans and post-9/11 veterans. For a complete schedule of locations and info session times please visit www.operationgoodjobs.org.



For more information please contact:

p: (336) 724-3625 x1289 • VeteranServices@goodwillnwc.org



1431 Elizabeth Ave.
Charlotte, NC 28204
(704) 376-1600



Red Cross Resources

You serve our nation. We are honored to serve you.

Linking Military Families during an Emergency

Red Cross workers use advanced communications technologies to link service members with their families. Our Emergency Communications Center quickly and efficiently obtains the required information and sends emergency communication messages to service members of every branch of service wherever in the world they happen to be. **For assistance call (877) 272-7337**

Board of Veteran's Affairs

The Red Cross assists claimants who seek to appeal to the Board of Veterans' Appeals (BVA). This work is done by Red Cross staff at the BVA as well as a network of State Work-Share Representatives who are accredited by the Department of Veterans Affairs to work on behalf of the Red Cross. Call 1-800-RedCross (1-800-733-2767) or your local chapter for more information. Find your local chapter at RedCross.org/Local

Providing Resiliency Training

Families back home count on the Red Cross to provide training that promotes resiliency and preparedness to help them cope with the challenges of military life. The Red Cross also provides a variety of preparedness and job skill training. Contact your local chapter for more information. RedCross.org/Local

Connecting Families with Local Community Resources

Building on its trusted presence in communities across the nation and on military installations around the world, the Red Cross links military families to local resources and support services. Contact your local chapter for more information.

Find your local chapter
RedCross.org/Local

Find more about our services to military families
RedCross.org/SAF



Contact the Red Cross

Save this information to expedite your call

Birth Date of Service Member:

Home Base Unit:

Military Unit Address:

Local Red Cross Chapter:

RedCross.org • 1-800-Red Cross (1-800-733-2767)

Our State, Our Veterans!

Whether you're seeking to pursue a career in Agricultural Science, Aerospace Engineering or Leadership in the Public Sector, NC State's commitment and support to our military and veteran students has earned national recognition as a **Top-Ten Military Friendly School**.

Serving nearly **3,000** military connected students, NC State offers over **300** undergraduate, graduate and certificate programs.

- ▶ State-of-the-Art Military and Veterans Resource Center
- ▶ Priority course registration
- ▶ VIP Access to collaborative study spaces
- ▶ Military and Veteran Student College Liasons
- ▶ 100% GI Bill Funding
- ▶ Top 100 Best Colleges for Veterans
U.S. News & World Report
- ▶ #1 best value among North Carolina public universities
SmartAsset.com
- ▶ #9 online MBA nationally
Princeton Review

Veterans' Education

ncsu.edu/veterans
919.515.3048

Military and Veterans Resource Center

mavrc.dasa.ncsu.edu
919.515.5636



THE VETERAN'S FARM of NORTH CAROLINA INC

Giving veterans a new mission and America new farmers

The Veteran's Farm of NC, Inc. offers assistance, consultation, and education to veterans through hands-on experience. Come learn basic concepts in agriculture to develop your farm or learn specialized agriculture practices with our mentorship network.

Robert Elliott [252] 725-4875



www.VFNC.org



VetFarmofNC@gmail.com



[VetFarmofNC](https://www.facebook.com/VetFarmofNC)

- ★ Start Farming With Us!
- ★ Introduction To Agriculture Programs
- ★ Learn To Grow, Market And Sell Ag Products
- ★ Work With Other Veterans
- ★ Develop Your Own Business
- ★ Become Involved In Feeding Your Community
- ★ Join The NC Farmer Veteran Network
- ★ Market Your Products With Other Veterans

LEARN TO GROW, MARKET, AND SELL AG PRODUCTS SUCCESSFULLY!

ENTREPRENEURSHIP



ENTREPRENEURSHIP RESOURCES



As a veteran you have the opportunity to explore the next chapter of your career.

You can decide what you want to do and which path you will take to achieve your goals. Broadly speaking, there are two options:

1) seek employment from an existing company or **2)** become an entrepreneur and start a business. As a veteran, you possess the leadership skills and other highly valued traits to become a successful entrepreneur. The choice is yours.

Whether you retired or just separated from military service - or are a military spouse/family member- the resources that follow are provided to equip you with a wide range of information about starting and growing a business. The majority of these services are available to you at NO COST. Understand the journey of entrepreneurship and seek assistance from qualified organizations.



RECOGNIZING VETERAN SERVICE. EMPOWERING BUSINESS SUCCESS.

OUR MISSION

To support, educate, and connect all veterans in commerce in North Carolina with resources to become successful in business.

SUPPORT

We support our membership through the recognition of veteran service, and we work to empower business success by advocating on key issues that affect veteran-owned businesses in North Carolina.

EDUCATE

We provide educational opportunities focused on relevant information for business owners: marketing, finance, business growth and development, certification, methods for accessing capital, etc.

CONNECT

We connect veteran-owned businesses and professionals with each other—inspiring mentoring and collaboration. We also connect our members to key contacts in corporate America, as well as state and local government.



NC VetBiz works throughout our state to empower veteran business owners to be successful. Pictured left to right: Assistant Secretary of NCDMVA Jim Prosser with NC VetBiz members; a Veteran Farming Networking event; Vet 2 Vet connections.



2017 Board of Directors

To learn more, visit www.NCVETBIZ.org



Roadmap ENTREPRENEURIAL SUCCESS

1

KNOW YOURSELF

Is this journey for you?

Participate in programs designed to highlight the basics of business ownership – help yourself discover whether or not entrepreneurship is right for you. Examples include:

- SBA Boots To Business
- The VET To CEO Program
- NC Small Business Center Programs

Also consider programs that identify opportunities in Farming, Agribusiness or owning a Franchise.

NOTE: If entrepreneurship is NOT for you, you can seek assistance from NC4Vets, NC4ME or NCServes.

2

KNOW YOUR BUSINESS

How will you operate?

Take the necessary steps to properly establish your business. Choose a business name. Determine which business structure is right for you. Register your business with the appropriate agency. Obtain your EIN (if necessary), apply for any required business licenses, register to pay the appropriate taxes.

Some resources to start-up or grow your business include:

- The Small Business Administration
- System Award Management (SAM)
- Business Link NC (EDPNC)
- NC Secretary of State
- Small Business Technology Development Center (SBTDC)

You may also consider employing an attorney, bookkeeper, or CPA. Explore traditional and nontraditional funding options.

3

KNOW YOUR OPPORTUNITIES

Who are your potential customers?

Understand who your customers are and the opportunities available. What supply chain are you entering? Are you looking to sell to government agencies, corporations, B2B, or B2C? How do you find and market to them? Once you know, select your path to connect:

FEDERAL GOVERNMENT

- Federal Bus. Opportunities (FEDBIZOPS)
- NC Military Business Center (NCMBC)
- NC Procurement Technical Assistance Center (NCPTAC)

STATE /LOCAL GOVERNMENT

- NC Dept. of Purchase & Contract
- Local government websites

CORPORATE AMERICA

- Corporate websites





HAVE ANY QUESTIONS? NEED HELP?

The mission of NC Vet Biz is to **SUPPORT, EDUCATE, and CONNECT** all veterans in commerce with resources to become successful in business. We work closely with Resource Partners at all levels (National, Federal, State/Local, Non Profit and Corporate America) to connect you with the free resources available to assist your business.

Feel free to contact us for more information at info@ncvetbiz.org



4 KNOW YOUR CERTIFICATIONS

What can help you win business?

Pursue certifications relevant to where you are seeking to do business. Obtaining a certification demonstrates that you own, operate and control your business.

Certifying organizations may or may not charge a fee, however, there should be NO FEE to obtain assistance in completing your certification application.

FEDERAL GOVERNMENT

Small Business Administration

- WOSB, SDB, HUBZONE, 8(a)

Dept. of Veterans Affairs, CVE

- VOSB, SDVOSB

Department of Transportation

- DBE, SB

STATE OF NORTH CAROLINA

Dept. of Admin. HUB Office

- HUB

Dept. of Transportation

- DBE, SB

CORPORATE

NVBDC: VOB, SDVOB

NMSDC: MBE

WBENC: WBE



5 KNOW YOUR NETWORK

Who are the people that can help you?

Look for teaming, partnering, and mentoring relationships. Consider joining Business Associations, Networking Groups, and Chambers of Commerce. Signup for free business newsletters and business training sessions. Look to serve on a program committee or on a board to develop relationships. Remember, people do business with people they know!



FOR VETERAN OWNED BUSINESS START-UPS

Government and Nonprofit Resources

- **US Small Business Administration (SBA)** – The US SBA is a federal agency focused on small business programs and opportunities to do business with the US government. The SBA provides on-line, on-demand resources for start-ups and existing businesses. These resources include checklists; on-line, on-demand videos; resource lists; information on government contracting, set-aside programs, and funding options. The SBA also conducts programs throughout NC such as Boots to Business and Boots to Business: Reboot.

Website: www.sba.gov/starting-business/how-start-business/business-types/veteran-owned-businesses

- **Business Link North Carolina (BLNC)** – BLNC works in partnership with the NC Department of Commerce and provides free services to help Veterans and anyone with starting a small business. They offer consultation on a wide range of topics to include what rules/regulations are required by the state to be compliant.

Phone: 800-228-8443
Website: www.BLNC.gov

- **Veteran Business Outreach Center (VBOC)** – The VBOC, a program of the US SBA, provides entrepreneurial development services like training, counseling and mentoring for eligible veterans who own or want to start a small business. The regional VBOC is located at Fayetteville State University and provides services to veterans in North Carolina, South Carolina and Kentucky.

Phone: 910-672-2683
Website: www.fsuvoc.com

- **Small Business Center Network (SBC)** – Every community college in North Carolina has a SBC. Veterans are able to access any of the SBC workshops or work with a counselor in their area.

Website: www.sbcnc.net

- **Wake Tech Community College – Veterans Entrepreneurial Advantage Program.** Wake Tech has programs for military members and veterans. They have a Center for Entrepreneurship with special training for veterans that want to start or grow their business.

Website: www.waketech.edu/student-services/military-and-veteran-programs/veterans-services

- **VetToCEO** – A nonprofit organization offering a free online educational program on entrepreneurship. The program is tailored for active military members and for veterans.

Website: www.vettoceo.org

- **Bunker Labs RDU** – A nonprofit organization offering educational programs for aspiring entrepreneurs and provide assistance to existing veteran-owned tech startups.

Website: www.bunkerlabsrdu.org

- **Entrepreneurship Bootcamp for Veterans with Disabilities (EBVD-IVMF)** – A program designed for veterans to leverage the skills, resources, and infrastructure of higher education to offer cutting-edge, experiential training in entrepreneurship and small business management. Program is focused on post-9/11 veterans with service-connected disabilities and a passion for entrepreneurship.

Website: ebv.vets.syr.edu

- **US Department of Agriculture (USDA) Small Farm Business and Funding Startups** - The USDA has a program to encourage the startup of sustainable small farms and ranches. The program includes information on farming as a business, how to start a farm, grants and loan programs, business plans, and management.

Website: www.nal.usda.gov/afsic/small-farm-funding-and-business

- **NC State University (NCSU)** - The Agriculture Institute and The NC Farm School. These programs operate at NCSU, in partnership with NC A&T University, to encourage and equip the startup and growth of sustainable small farms and ranches. Program includes information on farming as a business, how to start a farm, grants and loan programs, business plans, and management.

Website: harvest.cals.ncsu.edu/agricultural-institute

Registering Your Business

Business Structures – In North Carolina, there is one of two ways to register a business:

- **NC Secretary of State** – Visit this website for the forms to start a LLC, Corporation or a Nonprofit.

Phone: 919-807-2225
Website: www.sosnc.gov

- **County Register of Deeds** – If you are interested in owning a business name in only your county, then visit the NC Registers of Deeds web site. Enter your county name for forms, address and phone number.

Website: www.ncard.us/erecording-counties



FOR ESTABLISHED VETERAN BUSINESSES:

Government and Non-Profit Resources

- **The North Carolina Military Business Center (NCMBC)** – The NC-MBC is a business development entity of the NC Community College System, headquartered at Fayetteville Technical Community College (FTCC). The NCMBC connects NC firms to current government contracting opportunities with a team of business development specialists across the state and electronically with www.MatchForce.org. Administered by the NCMBC, MatchForce is the State's official, free web portal for federal contracting. The portal connects NC businesses with all federal opportunities, including local opportunities at bases in the state. NC businesses register on the portal, receive automatic matches to federal prime opportunities and to subcontracting opportunities posted by other registered businesses, and post job opportunities for FREE that match job skills posted by registered individuals.

Website: www.ncmbc.us

- **Small Business Technology Development Center (SBTDC)** – North Carolina operates 10 regional service centers and 15 total offices across the state. The SBTDC focus is on businesses that have been established for a few years and who need strategic assistance to continue growing. The North Carolina Procurement Technical Assistance Center (PTAC) is a service provided by the SBTDC. The PTAC provides specialized and professional technical assistance to businesses seeking to pursue and successfully perform under contracting and subcontracting opportunities with the DoD, other federal agencies, and/or state and local governments. The SBTDC also provides assistance in: International Business Development/Exporting (IBD); Market Research; Access to Private Equity; Private Equity Initiatives; Strategy & Growth

Services for Mid-Sized Businesses; Technology Development & Commercialization

Website: www.sbtcdc.org

- **North Carolina Rural Center** – The Rural Center provides programs for entrepreneurship in rural counties in North Carolina. They also provide lending options for new or expanding businesses in the state.

Website: www.ncruralcenter.org/programs/business-lending

- **NC Veteran Business Association (NC VetBiz)** – A state wide non-profit with the mission to Support, Educate and Connect all veterans in commerce in North Carolina with resources to become successful in business.

NC VetBiz works to develop a strong network of veteran professionals and veteran owned businesses in order to leverage our collective and achieve mutually beneficial outcomes for the veteran owned business community and North Carolina.

Website: www.ncvetbiz.org

- **North Carolina Defense Business Association (NCDDBA)** – A nonprofit that provides information, connections and networking opportunities to members to build relationships and promote defense related business within the state of North Carolina.

Website: www.ncdba.com

Non-Profits

- **Service Corporation of Retired Executives: SCORE** is a nonprofit association dedicated to helping small businesses get off the ground and is supported by the U.S. Small Business Administration (SBA)

Website: www.score.org

- **The Institute** – Formerly known as the Institute of Minority Economic Development, they help with the minority certification process –

Phone: 919-956-8889;

Website: <http://theinstitutenc.org>

FUNDING SOURCES

Funding to start or grow a small business is very challenging. In the current economy, traditional lending institutions can be considered, however they are usually not a viable option to fund a business start-up. The resources below identify several methods to research – both traditional and nontraditional (grants, foundations etc.)

Federal/State & Local Government

- **US SBA Loan Programs** - There are a variety of government-backed loan programs for Small Businesses.

Website: <https://www.sba.gov/loans-grants/see-what-sba-offers/sba-loan-programs>

- **Small Business Innovation Startups** - The US government sets aside a portion of its annual budget to fund innovative research conducted by small businesses. These research grants and contracts are awarded through a proposal process conducted by various branches of the government.

Website: www.sbir.gov

- **Made in NC** -A one stop resource of all local, North Carolina entities who provide grants, foundations, and venture capital funds.

Website: www.madeinnorthcarolina.com/minnc-bus_grants-foundations.html

- **NC Community Resource Information System (CRIS)** - A state-administered grant programs site that lists funds available and disbursed to non-state entities.

Website: www.data.osbm.state.nc.us/cris/cris_new.html

Alternative Lending Institutions

- **Carolina Small Business Development Fund (CSBDF)** - A statewide nonprofit and Community Development Financial Institution. They provide small-business loans and financial training to new and existing small businesses. They have 3 office locations in NC.

Phone: Main-Raleigh, 919-803-1437
Website:
www.carolinasmallbusiness.org

- **Business Expansion Funding Corp (BEFCOR)** - A Charlotte-based 504 lender that helps businesses throughout the area to secure and manage their 504 loans. BEFCOR also has staff located in the triangle region of the state. BEFCOR has well-established relationships with area lenders and continually works to improve existing and build new ties to reputable financial sources.

Phone: 919-803-1437
Website: www.befcor.com

- **Self-Help Credit Union** - The Self-Help Credit Union is a financial institution focused more about the character of a person than status. Offices all over the state.

Phone: (800) 476-7428
Website: www.self-help.org

- Fayetteville Veteran Business Outreach Center - SBA Veterans Advantage Loan Program – <http://www.fsuvboc.com/financing>
- NC Biotechnology Center - <http://www.ncbiotech.org/funding>

The NC Biotech Center connects the company and university researchers; the funders and the small companies; the job seekers and job providers. We provide funding when few others do. We keep an eye on emerging biotech sectors. And we make sure North Carolina leads the way. NC Biotech is headquartered in Research Triangle Park and has of-

fices in Asheville, Charlotte, Winston-Salem, Greenville, and Wilmington.

CERTIFICATIONS:

Certifications are a tool for business owners to basically demonstrate that they own, operate and control their own business. There are several types of certifications available (federal/state & local/corporate) and business owners should pursue the type of certification that will support their business goals.

Government (Federal/State & Local)

- **US Government Contracting for Small Businesses (SBA)** Small businesses may qualify to be certified under various categories and gain a competitive advantage in being considered for government contracting opportunities. These "set aside" programs include several categories including woman-owned, veteran-owned, service-disabled-veteran-owned, minority-owned, economically disadvantaged 8(a), and historically underutilized business zones (HUB zones).

Website: www.sba.gov/contracting/government-contracting-programs

- **Department of Veterans Affairs – Center for Verification and Evaluation (CVE)** – Veterans can apply to get their businesses verified through the Vets First Verification Program. Verification is required to participate in the Veterans First Contracting Program for VA set-asides and sole-source contracts for SDVOSBs and VOSBs.

Website: www.va.gov/osdbu/verification/index.asp

- **NC Dept. of Administration – Office for Historically Underutilized Businesses (HUB Office)** – A statewide certification program -where if the business qualifies - one can be listed in a database of vendors for procurement opportunities with the State of North Carolina.

Website:
www.doa.nc.gov/hub/default.aspx

- **NC Dept. of Transportation (NC-DOT)** – Businesses can apply to obtain certification as a 1) Small Business Enterprise (SBE) or Disadvantaged Business Enterprise (DBE) which enables access to procurement opportunities with the NCDOT. Website: www.connect.ncdot.gov/business/pages/default.aspx

Corporate

The following certifications are recognized and accepted by most corporations.

- **National Veteran Business Development Council (NVBDC)** – A national nonprofit providing third-party certification and access to corporate procurement opportunities for veteran-owned and service-disabled owned businesses (small and large businesses). Fee based services. Website: www.nvbdc.org
- **National Minority Supplier Development Council (NMSDC)** – A national nonprofit providing third-party certification and access to corporate procurement opportunities for minority business enterprises (MBEs). The regional council is the Carolinas Virginia Minority Supplier Development Council (CVMSDC). Fee based services. Website: www.cvmsdc.org
- **Women's Business Enterprise National Council (WBENC)** – A national nonprofit providing third-party certification and access to corporate procurement opportunities for women business enterprises (WBEs). The regional partner organization in North Carolina is the Greater Women's Business Council (GWBC). Fee based services.

Website: www.gwbc.biz



Note: North Carolina has four centers focused on assisting women owned businesses. They can assist with paperwork, process, and filing for certification as a woman-owned business, as well as other business services.

ASHEVILLE- Western Women Business Center (WWBC)

CHARLOTTE–Women’s Business Center (WBC)

RALEIGH/DURHAM– Women’s Business Center of NC (WBCNC)

FAYETTEVILLE–Women’s Business Center (WBC)

Non-Profit

- **The Institute** – Formerly known as the Institute of Minority Economic Development, they help with the minority certification process –

Phone: 919-956-8889;

Website: <http://theinstitutenc.org>

ADDITIONAL RESOURCE FOR BUSINESS OWNERS SEEKING TO HIRE VETERANS.

- **NC Department of Commerce: Apprenticeship Programs** – Businesses can develop an apprenticeship program where veterans and civilians can earn money while learning a new skill. Participants must be employed by the company that establishes an apprenticeship program.

Website: www.nccommerce.com/workforce/job-seekers/apprenticeships

- **Vets MeetUp** - Meetup provides access to thousands of groups across the country. This link will take you to a listing of Veteran-related groups in your area. These should be viewed as networking events and opportunities to learn from peers. Some groups may require a fee to attend or may be a marketing program for other services.

Website: <http://vets.meetup.com/>

NC WOMEN-OWNED BUSINESS -CERTIFIED WOMAN OWNED BUSINESS:

The experts in becoming a Certified Woman-Owned Business or any minority-owned business. They can assist with the paperwork, process, and filing

- ASHEVILLE
Division of Carolinas Small Business Development Fund (Formerly The Support Center)

Western Women Business Center (WWBC)

Sharon Oxendine – Director

Phone: 828-633-5065

Email: soxendine@thesupportcenter-nc.org

- CHARLOTTE
Division of The Institute, formerly the Minority Economic Development Institute

Women’s Business Center (WBC)

Natalie Williams - Executive Director

Phone: (704)509-5884

Email: nwilliams@theinstitutenc.org

Website: www.theinstitutenc.org/index.php/programs-services/women-business-development/wbc-charlotte

- RALEIGH/DURHAM
Division of The Institute

North Carolina Women’s Business Center (WBC)

Briles Johnson, Exec Director or Melissa Terrell – Assistant Director

Phone: 919-956-8889

Email: bjohnson@theinstitutenc.org

Website: <http://www.theinstitutenc.org/index.php/programs-services/women-business-development/wbc-north-carolina>

- FAYETTEVILLE
NC Center for Economic Empowerment & Development (NC CEED)

Women’s Business Center (WBC)

Lexi Hasapis

Phone 910.323.3377 ext. 30

Email: Lhasapis@ncceed.org

Website: <http://www.wbcfay.org>

16 Chapters across North Carolina engaged in activities for those who served, are serving and will serve in the future.



Advocating for a strong defense, military personnel matters and especially proposed legislation affecting the career force, the retired community and veterans of the uniformed services.



A sampling of our service to NC Veterans, their families, and transitioning personnel:

Fisher Houses
Warrior Units
Wounded Warrior Services
Transition Services
Parades/Ceremonies
JROTC Scholarships

State Veterans Homes
Community College Veterans Councils
We Honor Veterans - Hospice Caregiving
Veterans Restoration Quarters
USO Centers/Honor Support Teams

Habitat Veterans Build
Veterans Stand Downs
Charlotte Bridge Home
Operation At Ease
Toys for Tots

NEVER STOP SERVING

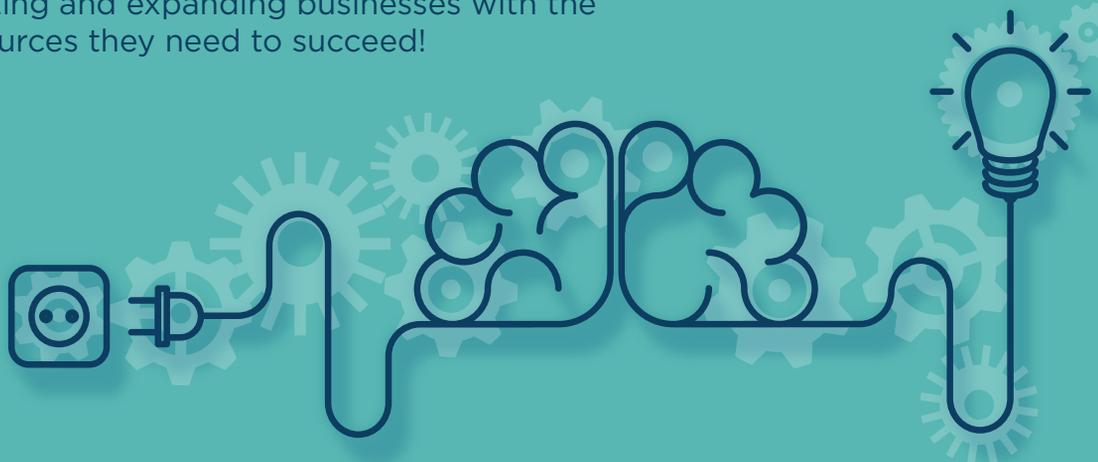
www.voicesfortroops.org

910-616-3487

HAVE A BUSINESS IDEA?

Business Link of North Carolina connects startup, existing and expanding businesses with the resources they need to succeed!

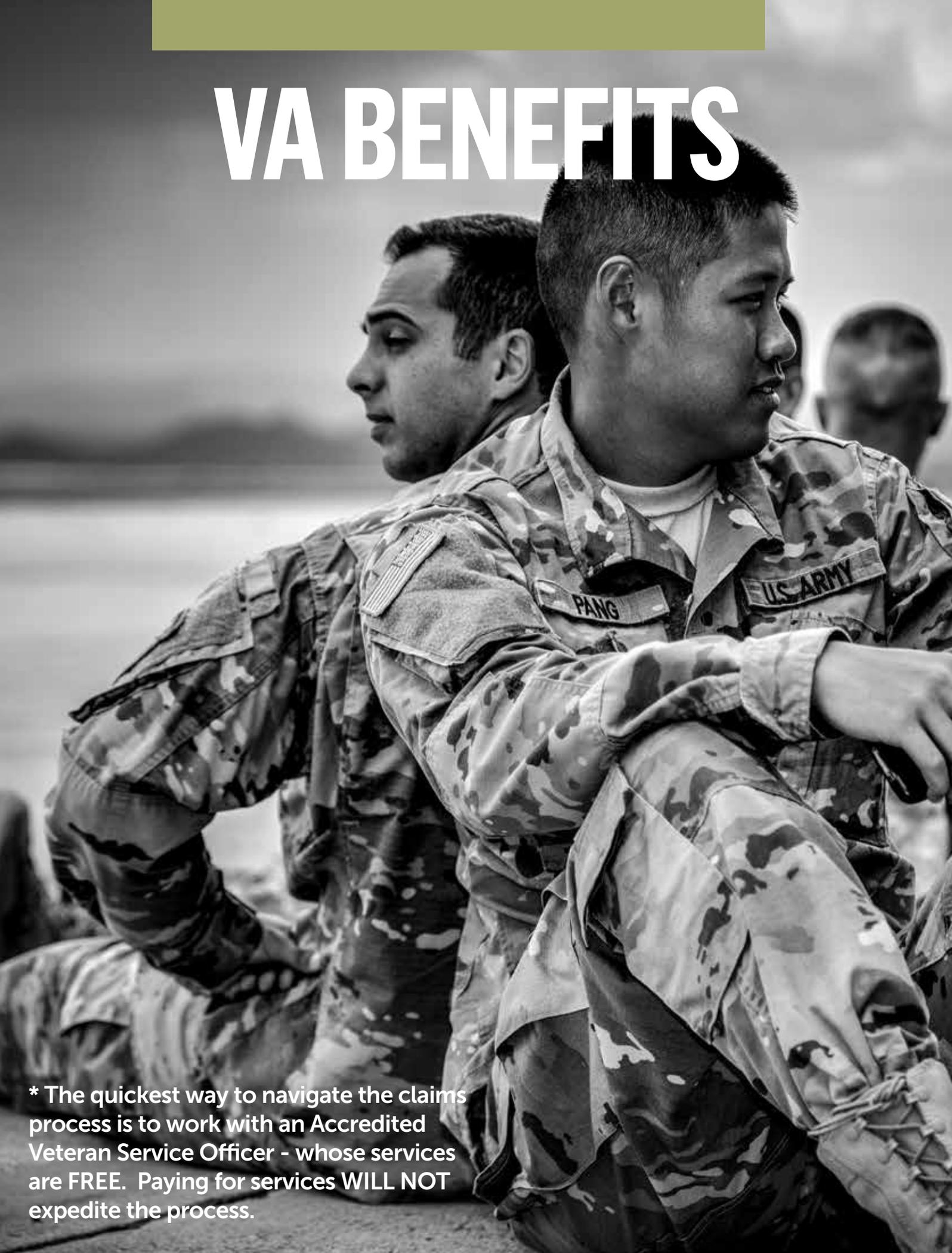
bl^{nc}
Business Link North Carolina



BLNC can assist with:

- How to Register your business
- Business Educational Resources
- Industry Rules & Regulations
- Lending/Grant Resources
- State & Federal Tax Numbers

800.228.8443
blnc@edpnc.com
www.blnc.gov



VA BENEFITS

* The quickest way to navigate the claims process is to work with an Accredited Veteran Service Officer - whose services are FREE. Paying for services WILL NOT expedite the process.

BE PREPARED TO FILE YOUR CLAIM

BRING a copy of your DD 214 and evidence that supports your claim. Never assume the VA has the necessary information on file.

BE SURE your VA file number is included on every page of your correspondence and documentation.

RESPOND quickly and completely to the VA's request for further information.

KEEP all scheduled medical appointments.

NOTIFY the VA immediately if your address or phone number changes.

KNOW your service dates and Social Security number. If you are a spouse of a deceased veteran, you should know this information, along with any previous marital status of your veteran.

CONSIDER using direct deposit to receive VA payment and be prepared to provide a voided check.

2017 VA DISABILITY COMPENSATION RATES FOR VETERANS

DISABILITY RATING	MONTHLY BENEFIT*
10%	\$133.57
20%	\$264.02
30%	\$408.97
40%	\$589.12
50%	\$838.64
60%	\$1,062.27
70%	\$1,338.71
80%	\$1,556.13
90%	\$1,748.71
100%	\$2,915.55

*2017 Single w/o Dependents Rate

HOW TO FILE A DISABILITY CLAIM



STEP 1: FILE A CLAIM

Filing for veterans benefits is a free service provided by the North Carolina Division of Veterans Affairs and local County Veteran Service Officers (CVSO). Claims can also be filed by National Service Offices such as: VVA, VFW, American Legion, and Disabled American Veterans (DAV), etc. The disability claim process begins the moment you file a claim.

To file, veterans must sign a power of attorney (POA) which authorizes VSOs to act on your behalf when preparing, presenting and prosecuting your claim for any and all benefits from the VA, or you can do it yourself at eBenefits (see page 53).

STEP 2: SUBMIT EVIDENCE

You must submit evidence to support your disability claim. Evidence submitted at the time of the filing will help expedite your claim. Your disability evaluation will be based on the evidence so it is essential that the information is accurate and complete. VSOs can assist you in this process.

STEP 3: GET A VA PHYSICAL EXAM

The exams that the VA requests will depend on your claim and treatment history. Your nearest VA Medical Center will schedule the exam and contact you to let you know when and what exams are scheduled. After the exams, a report will be prepared and sent to a rating board. You can help the process go faster by keeping your appointments and asking your private medical providers to send copies of your records to the VA office.

TIP: Ask your private doctor to include your VA file number on all records they submit.

STEP 4: OBTAIN VA DECISION

The VA will consider all evidence submitted and make a decision about whether or not the claim supports injuries and disabilities chronically incurred, aggravated or contains certain presumptive conditions while in service.

If the VA approves the claim, then a rating is decided based on how severe your conditions are. The rating is defined and set based on federal law.



OPTIONS FOR DENIED CLAIMS OR IF YOU DISAGREE WITH A DECISION

If the VA denies your claim you may appeal the decision. You may also appeal if your claim was approved, but you disagree with any part of the rating.

An appeal involves many steps, some of which are optional, some that are required. The appeals process has strict time limits that include:

1. Notice of Disagreement (NOD)
2. Statement of Case (SOC)
3. Hearing (Optional)
4. Formal Appeal (Form 9)
5. Board of Veterans Appeals (BVA)
6. U.S. Court of Appeals for Veterans Claims (CAVC)

Unfortunately, this process can take years to come to a final decision, but once a decision has been made, you will be notified by mail.

Note: Before you file an appeal, consider obtaining new & material evidence and request your denied claim be reconsidered. This can save time and effort. Talk to your local Veterans Service Officer before you file an appeal.

VETERANS CLAIMS & ADVOCACY FOR VETERANS, THEIR SURVIVORS AND DEPENDENTS

The Federal VA benefit system actually is a legal system. In order to qualify for benefits, veterans must file a claim against the United States proving they are eligible for these benefits through the submission of legal, military and medical evidence.

NCDMVA employs federally accredited and state certified Veterans Service Officers (VSOs) who are subject matter experts in Federal VA law (Chapter 38 United States Code and Chapter 38 Code of Federal Regulations) and are allowed to practice by taking Power of Attorney for veterans seeking benefits. These VSOs represent veterans, their dependents and survivors before the Federal VA in their claims and appeals.

With its County Veteran Service Officer and National Service Officer partners, NCDVA provides claims and counseling advocacy and representation to North Carolina's 800,000 veterans.

In 2014, NC Veterans completed 68,895 claims, an increase of 38% from 2013. Currently, NCDMVA holds Power of Attorney for nearly 150,000 North Carolina Veterans.

In addition to claims work, VSOs regularly help veterans and their families learn about other benefits that they may be eligible for. VSOs are knowledgeable about the many resources available within the state and can usually assist in finding help and solutions to issues that you may be facing.

CHECK YOUR VA DISABILITY CLAIM ONLINE



Sign up for
eBenefits at
ebenefits.va.gov

AGENT ORANGE REGISTRY HEALTH EXAM FOR VETERANS

VA's Agent Orange Registry health exam alerts Veterans to possible long-term health problems that may be related to Agent Orange exposure during their military service. The registry data helps VA understand and respond to these health problems more effectively.

This comprehensive health exam includes an exposure history, medical history, physical exam, and any tests if needed. A VA health professional will discuss the results face-to-face with the Veteran and in a follow-up letter.

Contact your local VA Environmental Health Coordinator about getting an Agent Orange Registry health exam.

Environmental Health Coordinators

ASHEVILLE VAMC

1100 Tunnel Road
Asheville, NC 28805
828-298-7911 Ext. 3914

DURHAM VAMC

508 Fulton Street
Durham, NC 27705
919-286-0411 Ext. 5287

FAYETTEVILLE VAMC

2300 Ramsey Street
Fayetteville, NC 28301
910-488-2120 Ext. 7585

SALISBURY VAMC

1601 Brenner Ave.
Salisbury, NC 28144
704-638-9000 Ext. 2576

GULF WAR REGISTRY HEALTH EXAM FOR VETERANS

VA's Gulf War Registry Health Exam alerts Veterans to possible long-term health problems that may be related to environmental exposures during their military service. The registry data helps VA understand and respond to these health problems more effectively.

This comprehensive health exam includes an exposure and medical history, laboratory tests, and a physical exam. A VA health professional will discuss the results face-to-face with the Veteran and in a follow-up letter.

Important points about registry health exams

- Free to eligible Veterans and no co-payment
- Not a disability compensation exam or required for VA benefits
- Enrollment in VA's health care system not necessary
- Based on recollection of service, not on their military records
- Veterans can receive additional registry exams, if new problems develop
- Veterans' family members are not eligible for registry exams

Eligibility for Gulf War Registry Health Exam

Veterans who served in the Gulf during Operation Desert Shield, Operation Desert Storm, Operation Iraqi Freedom, or Operation New Dawn are eligible for the Gulf War Registry exam.

You do not need to be enrolled in VA health care to take part.



AIRBORNE HAZARDS AND OPEN BURN PIT REGISTRY

Veterans and Service Members who were close to burn pit smoke or exposed for longer periods may be at greater risk for health problems. Health effects from burn pit exposure will vary and depend on a number of factors such as the kind of waste being burned, pre-existing conditions, and wind direction.

Veterans and Service members can use the registry questionnaire to report expo-

sure to airborne hazards (such as smoke from burn pits, oil-well fires, or pollution during deployment), as well as other exposures and health concerns.

Registry participation is open to any Veteran or Service Member who served in:

- OEF/OIF/OND or in Djibouti, Africa, after September 11, 2001, or
- Operations Desert Shield or Desert Storm or the Southwest Asia theater of

operations after August 2, 1990.

The Southwest Asia theater of operations includes the following locations: Iraq, Kuwait, Saudi Arabia, Bahrain, Gulf of Aden, Gulf of Oman, Oman, Qatar, United Arab Emirates, waters of the Persian Gulf, Arabian Sea, the Red Sea, and the airspace above these locations. For more information and to register visit: www.veteran.mobilehealth.va.gov/AHBurnPitRegistry

PRESUMPTIVE HEALTH CONDITIONS

There are three categories in which veterans may qualify for service-connected disability based on a condition to be presumed by military service. These groups are:

- ▶ **1)** veterans who were diagnosed with a chronic disease such as arthritis, diabetes, or hypertension within one year of being released from active duty;
- ▶ **2)** veterans diagnosed with amyotrophic lateral sclerosis (ALS) anytime after discharge of service and have at least 90 days of continuous service; and
- ▶ **3)** veterans who served in the conflicts / geographic regions associated with those diagnosed conditions identified below. For more information on presumptive health conditions, please contact a VSO.

Former POW's Imprisoned for not less than 30 days and a disability of at least 10 percent disabling.

Vietnam Veterans [Exposed to Agent Orange] Served in the Republic of Vietnam between Jan. 9, 1962 and May 7, 1975.

Atomic Veterans [Exposed to Ionizing Radiation] Participated in atmospheric nuclear testing; occupied or was a POW in Hiroshima or Nagasaki; service before Feb. 1, 1992 at diffusion plant in Paducah, KY, Portsmouth, OH, or Oak Ridge, TN; or service before Jan. 1, 1974 at Amchitka Island, AK.

Gulf War Veterans

Served in the Southwest Asia Theater of Operations during the Gulf Wars with conditions that are medically unexplained,

including chronic multi-symptom illnesses defined by a cluster of signs or symptoms that have existed for six months or more.

Camp Lejeune [Exposure to Contaminated Drinking Water at Camp Lejeune]

Veterans Affairs will evaluate disability compensation claims based on exposure to contaminated water at Camp Lejeune on a case-by-case basis. The water systems were contaminated from August 1953 through December 1987. For more information about presumptive conditions and Camp Lejeune, please visit: www.publichealth.va.gov/exposures/camp-lejeune



DEPENDENCY AND INDEMNITY COMPENSATION

Dependency and Indemnity Compensation (DIC) is the primary monthly monetary benefit payable to surviving dependents of a deceased veteran, and is the monetary benefit to disability compensation for veterans.

This benefit is payable if the veteran died on active duty or in the line of duty and the death was not due to willful misconduct. Or, if death was after service, the death was caused by or attributed to a service-connected disability, or, if service member was rated 100% compensation for certain statute time limits.

The current basic monthly rate of DIC is \$1254.19 for an eligible surviving spouse. The rate is increased for each dependent child, and also if the surviving spouse is housebound or in need of aid and attendance. VA also adds a transitional benefit to the surviving spouse's monthly DIC if there are children under age 18. The amount is based on a family unit, not individual children.

For further rates information visit:

www.benefits.va.gov/compensation/current_rates_dic.asp



Offering veterans holistic therapies on a sliding scale basis to help them heal from the traumas of their military service in a safe and supportive environment.

Call today to schedule a consultation or visit our website to learn more: helioswarriors.org

Helios Warriors is always in need of certified and licensed practitioners to join our team. Call 828-299-0776 or email helioswarriorsdirector@gmail.com to join our healing team.

helioswarriors.org
251 Haywood Street, Suite D
Asheville



Connecting Veterans to Veterans

Connecting Veterans to the Community

Celebrating the Value of a Veteran

Educating Charlotte about Veterans

2200 E. 7th Street Charlotte, NC 28204

704-332-8802

www.charlottebridgehome.org



DEATH PENSIONS

Survivors' (Death) Pension is a needs-based benefit paid to an unmarried surviving spouse, or an unmarried child, who meets certain age or disability requirements, of a deceased wartime veteran.

In order to qualify for a VA Death Pension, the VA calculates income received from most sources by the surviving spouse and any eligible children. It includes earnings, disability and retirement payments, unemployment insurance payments, interest and dividends payments, and net income from farming, business or rental property.

If the income is below a certain level, the dependent or surviving spouse may be eligible for this pension.

BURIAL BENEFITS

Dependents and surviving spouses of an eligible veteran are eligible to be buried in national cemeteries.

When a death occurs and eligibility for interment in a national cemetery is determined, grave space is assigned by the cemetery director in the name of the veteran or family member. One gravesite is permitted for the interment of all eligible family members, unless soil conditions or the number of family decedents necessitate more than one grave. There is no charge for burial in a national cemetery.

See Page 56 for more information on Burial Benefits.

HEADSTONES AND MARKERS

Spouses and dependents are not eligible for a Government-furnished headstone or marker unless they are buried in a national cemetery, state veteran's cemetery, or military post/base cemetery.

COMPENSATION AND PENSION:

A monetary benefit paid to veterans who are disabled by an injury or illness incurred or aggravated during active military service. These disabilities are considered to be service connected.



DISABILITY COMPENSATION

Disability compensation is paid monthly and varies with the degree of disability, the impairment to a veteran's earning capacity and the number of dependents. Veterans with certain severe disabilities may be eligible for additional special monthly compensation. These benefits are not subject to federal or state income tax.

NATIONAL GUARD / SELECT RESERVE

Reservists who serve on active duty establish veteran status and may be eligible for the full range of VA benefits, depending on the length of active military service and a discharge or release from active duty under conditions other than dishonorable. In addition, reservists not activated may qualify for some VA benefits.

National Guard members can establish eligibility for VA benefits if activated for federal service during a period of war or domestic emergency. Activation for other than federal service does not qualify guard members for all VA benefits.

Claims for VA benefits based on federal service filed by National Guard members should include a copy of their military orders, presidential proclamation or executive order that clearly demonstrates the nature of their federal service.

MILITARY RETIRED PAY

Historically, veterans have not been permitted to receive full military pay and VA compensation for benefits at the same time. Veterans who were entitled to both have had to either waive a portion of their retirement equaling the amount of awarded VA compensation or elect not to receive VA compensation at all. Receiving both benefits and retirement pay is commonly known as "concurrent receipt."

In 2004, Congress passed the Concurrent Retired and Disability Pay Act, allowing many veterans to receive 100 percent of the military retirement and VA compensation.

Because of the complexity of this issue, visit www.dfas.mil for more information.

VA DISABILITY PENSION BENEFIT FOR WARTIME VETERANS

A non-Service-Connected Disability VA Pension is a benefit paid to wartime veterans who have limited or no income, and who are age 65 or older, or under 65 and are permanently and totally disabled, a patient in a nursing home or are receiving Social Security disability payments. The amount that's payable depends upon the type and amount of income the veteran and family members receive from other sources.

Veterans who are more seriously disabled may qualify for Aid and Attendance or Housebound benefits. These benefits are paid in addition to the basic pension rate. Monthly payments are made to qualified veterans to bring their total income to a congressionally established support level (including other retirement and Social Security income).

AID AND ATTENDANCE (A & A)

An A&A benefit is paid in addition to monthly pension. A&A is allowed if the veteran: requires the aid of another person in order to perform his or her daily living activities; is bedridden; is a patient in a nursing home due to mental or physical incapacity; or has corrected visual acuity of 5/200 or less, in both eyes, or concentric contraction of the visual field to 5 degrees or less.

HOUSEHOLD BENEFITS

A&A may not be paid without eligibility for pension. Qualifying veterans must have a single permanent disability (rated 100 percent disabled), and need assistance, or have a single permanent disability (100 percent disabled) and another disability, or disabilities, evaluated as 60 percent or more disabling.

A veteran cannot receive both A&A and Household Benefits at the same time.



WHAT IS eBENEFITS?

eBenefits is a joint VA/DoD web portal that provides resources and self-service capabilities to Veterans, Service Members, and their families to research, access and manage their VA and military benefits and personal information. eBenefits uses secure credentials to allow access to personal information and gives users the ability to perform numerous self-service functions. It is an essential way for veterans, service members, and their families to receive access to and service from VA and DoD.

WHAT CAN I DO IN eBENEFITS?

Some of the features within eBenefits allow veterans and service members to access official military personnel documents, view the status of their disability compensation claim, transfer entitlement of Post-9/11 GI Bill to eligible dependents (service members only), and register for and update direct deposit information for certain benefits.

HOW DO I ACCESS eBENEFITS?

eBenefits is located at www.ebenefits.va.gov. Before veterans or service members can access and use eBenefits they must be listed in the Defense Enrollment Eligibility Reporting System (DEERS) and obtain a DS Logon. They can choose from two levels of registration, DS Logon Level 1 (Basic) and DS Logon Level 2 (Premium).

WHAT IS A DS LOGON?

A DS Logon is a secure identity (username and password) that is used by various DoD and VA websites, including eBenefits. If you are already registered in DEERS, you are eligible for a DS Logon. Once you have a DS Logon, it is valid for the rest of your life.

HOW DO I REGISTER FOR AN eBENEFITS ACCOUNT?

There are two types of registration, Basic and Premium. With a Premium Account, you can view personal data about yourself in VA and DoD systems, apply for benefits online, check the status of your claims, update your address records, and more. To get a Premium eBenefits Account, you must verify your identity. Many people will be able to verify their identity online by answering a few security questions. Service members may verify their identity online by using their Common Access Card. Military retirees may verify their identity online using their Defense Finance and Accounting Service (DFAS) Logon. For those unable to verify their identity online, you will instantly receive a Basic Account. A Basic eBenefits Account lets you customize the site and access information you enter into eBenefits yourself; however, you cannot see your personal information in VA or DoD systems. For more information on eBenefits visit: www.eBenefits.va.gov



Go Online!

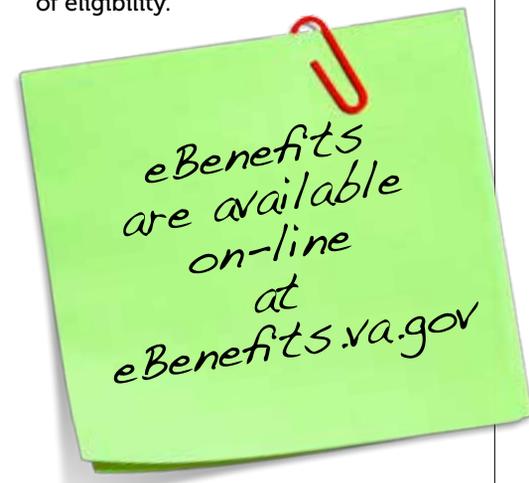
IF YOU ARE A VETERAN:

- Apply for Veterans benefits online.
- Check on your compensation or pension claims status.
- Upload documents to support your compensation or pension claim.
- Check Post-9/11 GI Bill enrollment status.
- Use the VetSuccess employment search.
- View DoD TRICARE health insurance.
- Sign up for Veterans Group Life Insurance (VGLI) (Time limits apply)
- Search for and select an accredited Veterans Service representative or organization.
- Access MyHealtheVet with a single logon.

- Check your VA payment history.
- Utilize the military skills translator and résumé builder.
- Utilize a fast track claims processing system for Vietnam Veterans.
- Order medical equipment such as hearing aid batteries and prosthetic socks.
- Check on your appeal status.
- Generate a VA home loan certificate of eligibility.
- Obtain official military personnel documents such as DD Form 214.
- Register for and update direct deposit information for certain benefits.

IF YOU ARE A SERVICE MEMBER:

- Use the eLearning Center for the online transition assistance program and more.
- Transfer Post-9/11 education benefits.
- View DoD TRICARE health insurance.
- View DoD TRICARE reserve select.
- Sign up for service member out-of-pocket medical expenses (CCD).
- View Service members' Group Life Insurance (SGLI) elections.
- Apply for Veterans benefits online.
- Conduct a health benefits eligibility check.
- Update service member civilian employment information.
- View service member personnel information.
- Generate a VA home loan certificate of eligibility.



BENEFITS AVAILABLE FOR SERVICE- CONNECTED DISABLED VETERANS



The following Benefits are available to all veterans with a 0% Service-Connected Disability and Higher:

- Home Loan Guaranty Certificate of Eligibility.
- Service Disabled Veterans Life Insurance. Must file within 2 years from initial notice of service connected disability. (Insurance only.)
- Outpatient treatment for: (1) service-connected conditions, and (2) for all medical conditions if enrolled in VA healthcare program. Co-payment for treatment may apply for non-service-connected conditions.
- Travel allowance for scheduled appointment for care of service-connected conditions at VA Medical Centers, and out patient clinics. (Eligibility based on the distance traveled 25 miles or more or a veteran's income.)
- Medical treatment for any condition: Enrollment in a VA healthcare program is encouraged but not required for treatment of a service connected condition. (A co-payment will apply for treatment of non- service connected conditions and prescription drugs.)
- Prosthetic Devices: for service-connected conditions, to include but not limited to wheelchairs, canes, crutches, hospital beds, Nebulizer, oxygen tanks, and electric scooters. The issue of any prosthetic devices requires a VA Doctor's prescription.
- Medical Treatment in non-VA facilities for service connected conditions may be authorized by the VA Medical Center. (Certain restrictions apply.)
- Ten Point Civil Service Preference. (10 points added to Civil Service test score only after veteran achieves at least 70 on a test.)
- Annual Clothing Allowance is available for veterans with a service-connected condition that requires the use of a prosthetic or orthopedic appliance (artificial limbs, braces, wheelchairs) or use prescribed medications for a skin condition which tends to wear, tear, or soil clothing. The items used must be prescribed and dispensed at a VA Medical Center. Temporary ratings of 100%, based on the hospitalization for a service-connected disability requiring at least one month of convalescence or immobilization by cast.
- Dental treatment for: (1) service-connected dental condition, or (2) follow-up dental treatment which has begun while hospitalized at a VA Medical Center, or any former Prisoner of War with 90 consecutive days or more of confinement. Some restrictions may apply.

Home Improvement and Structural Alteration Grant Program is administered by the Prosthetics Department at VA Medical Facilities for medically required improvements and/or structural changes to the veteran's residence.

This Grant requires a VA Doctor's prescription. Service-connected veterans can receive up to a \$6,800 grant. Non-service-connected veterans may receive a grant up to \$2,000. The grant is to be used for allowing entrance or exit improvements for residence, essential lavatory and sanitary facilities, and kitchen and bathroom accessibility to sinks and counters.

This grant is not for complete remodeling of a veteran's bath or kitchen.

10% SERVICE CONNECTED AND HIGHER, ALL OF THE ABOVE PLUS:

Vocational Rehabilitation which includes full medical and dental care (dental if determined to be essential to finish training), a subsistence allowance in addition to disability payments, payment for all required school-related supplies and direct payment of tuition. Funding fee waived for Homeloan Guarantee loans.

**30% SERVICE CONNECTED AND HIGHER, ALL OF THE ABOVE PLUS:**

- Additional compensation for dependents (spouse, children, adopted children, and dependent parents).
- Non-Competitive Civil Service appointment: Job appointment without the requirement of an interview.
- Affirmative action in employment: A disabled veteran cannot be passed over to hire a nondisabled veteran or non-veteran unless at least three interviews have been conducted by the employer.
- Additional allowance for a spouse who is a patient in a nursing home: (Helpless or blind, or so nearly helpless as to require the aid and attendance of another person.)

40% SERVICE-CONNECTED AND HIGHER, ALL OF THE ABOVE PLUS:

- Automobile Grant: (A one-time payment up to \$20,114) Veteran must have a service-connected loss of one hand, or one foot, or permanent loss of use of one hand or one foot, or a permanent impairment of vision of both eyes. A veteran must be rated for loss of use before this is granted.
- Payment of special adaptive automobile equipment: In addition to the automobile grant. Veteran must be entitled to the automobile grant as outlined above, or have a service-connected ankylosis (immobility) of one knee or one hip. (This requires a VA doctor's prescription for the adaptive equipment and can include; an automatic transmission, air conditioner, hand controls, power brakes, hand brakes, cruise control, ramps or wheelchair lifts, and any other adaptive equipment the doctor may deem necessary.)

50% SERVICE-CONNECTED OR HIGHER, ALL OF THE ABOVE PLUS:

- Medical treatment for any condition at VA Medical Centers: Enrollment in a VA health care program is encouraged but

not required for treatment of a service-connected condition. No copayments for treatment of non-service-connected care or non-service-connected prescription drugs.

- Medical treatment in non-VA facilities: for any medical condition may be authorized VA Medical Center.
- Discounted Hunting + Fishing Licenses
- Discounted entry into National and State Parks

60-90% SERVICE-CONNECTED OR HIGHER, ALL OF THE ABOVE PLUS:

Individual unemployability (increased compensation) payable at the 100% rate based on the inability to work due to service-connected disability plus:

- Dental treatment if S/C for Dental Claim.
- Educational Assistance for Dependents: (under chapter 35).
- Specially Adapted Homes: Grants Up to 50% of the cost of the home but not more than \$70,465, for building, buying or remodeling adaptive homes or paying indebtedness on an existing home. Veteran must be entitled to compensation for permanent and total service-connected disability due to: (1) the loss or loss of use of both lower extremities or (2) disability which includes blindness in both eyes, having only light perception, plus loss or loss of use of one lower extremity, or (3) loss or loss of use of one lower extremity together with residuals of organic disease or injury, or (4) loss or loss of use of one upper extremity which so affects the balance as to preclude locomotion without using braces, canes, crutches, or a wheelchair. Veteran must be rated and approved for this grant.
- Specially Adapted Homes: Grants up to \$14,093, for the cost to adapt a veteran's home or to acquire a residence that is already adapted with special features for the veteran's disability. Veteran must be entitled to compensation for permanent and total service-connected disability due to: (1) blindness in both eyes with a 5/200 visual acuity or less,

OR (2) anatomical loss or loss of use of both hands. Veteran must be rated and approved for this grant.

- Veterans Mortgage Life Insurance: Decreasing term mortgage insurance up to \$200,000 for veterans who have received a Specially Adaptive Housing grant and have an existing mortgage.
- Waiver of cost of Service Disabled Life Insurance: and additional \$20,000 of life insurance at cost to veteran. Veteran must have applied for insurance within two years of initial disability rating or within two years of a new disability rating. An increase in a disability rating does not qualify as a new disability.
- Commissary and Exchange privileges for veteran and dependents: The veteran must request a letter from the VA specifying veteran is in receipt of 100% disability, and then applies for a military ID card at the nearest ID card-issuing facility.
- Emergency treatment in non-VA facilities: if VA facilities are not available.
- Annual eye exams and prescribed eye wear.

COMPENSATION HIGHER THAN THE 100% RATE:

- Special Compensation: Veteran must be rated for Special Compensation due to the loss of limbs, eyesight, aid and attendance, housebound, or two separate medical conditions that are rated 60% each or 100% each. For more information about VA Compensation Rates, please visit: www.benefits.va.gov/COMPENSATION/resources_comp01.asp

BURIAL & CEMETERY BENEFITS

The U.S. Department of Veterans Affairs (VA) Benefits Administration oversees a burial benefits program designed to assist claimants in meeting the funeral and burial costs of a deceased veteran.



The VA does not make funeral arrangements with a funeral provider or cremation office. You should advise your family of your wishes and where your discharge papers are kept. These papers are very important in establishing your eligibility. You may wish to make pre-need arrangements with a funeral home.

BURIAL & CEMETERY BENEFITS

SERVICE-CONNECTED DEATH

If a veteran's death is service-connected, the VA will pay burial allowance of up to \$2,000 for deaths on or after Sept. 11, 2001. If the veteran is buried in a VA national cemetery, some or all of the cost of moving the veteran's body to the national cemetery nearest the veteran's home may also be reimbursed. There is no time limit for applying for a service-connected burial allowance. The person who bore the veteran's burial expense may claim reimbursement from any VA regional office.

NON-SERVICE-CONNECTED DEATH

If a veteran's death is not service-connected, there are two types of payments the VA may make: Burial and plot expense allowances. The VA will pay a burial and plot allowance if the veteran was dis-

charged under conditions other than dishonorable and the veteran was in receipt of VA pension or compensation at the time of death. If a veteran died while in a VA facility or as a patient at an approved state nursing home, the VA may also pay this allowance.

BURIAL PLOT ALLOWANCE

When a veteran is buried in a cemetery that is not under the U.S. government jurisdiction, the VA may also pay a plot allowance, provided that the veteran was discharged under a condition other than dishonorable; and met other qualifications similar to that of a non-service-connected death.

FILING A CLAIM FOR REIMBURSEMENT OF EXPENSES

To file for reimbursement of burial expenses, an Application of Burial Allowance



form must be submitted to the VA. The person filing the claim must also provide a certified copy of the veteran's death certificate and proof of the veteran's military service (Form DD-214), and itemized bills of the funeral and burial expenses.

BURIAL FLAG

A United States flag is provided, at no cost, to drape the casket or accompany the urn of a deceased veteran who served honorably in the U.S. Armed Forces. It is furnished to honor the memory of a veteran's military service to his or her country. When burial is in a national, state or post cemetery, a burial flag will automatically be provided. When burial is in a private cemetery, the funeral director will generally help the next of kin with this process.

HEADSTONE AND MARKERS

The Department of Veterans Affairs (VA) furnishes upon request, at no charge to the applicant, a Government headstone or marker for the unmarked grave of any deceased eligible veteran in any cemetery around the world, regardless of their date of death.

For eligible veterans that died on or after Nov. 1, 1990 and whose grave is marked with a privately purchased headstone, VA may also furnish a headstone or marker to supplement the grave or a medallion to be affixed to the privately purchased headstone.

Eligible veterans are entitled to either a Government-furnished headstone or marker, or the new medallion, but not both.

BRONZE MEDALLIONS FOR HEADSTONES AND MARKERS

The Department of Veterans Affairs (VA) may also provide a medallion, by request, to be affixed to an existing privately purchased headstone or marker to signify the deceased's status as a veteran.

If requested, the medallion is furnished in lieu of a traditional Government headstone or marker for veterans that died on or after Nov. 1, 1990, and whose grave is marked with a privately purchased headstone or marker.

BURIAL AT SEA

The VA National Cemetery Administration cannot provide burial at sea. For information, contact the U.S. Navy Mortuary Affairs office toll free at:
(866) 787-0081

MILITARY FUNERAL HONORS

The Department of Defense (DoD) is responsible for providing military funeral honors. "Honoring Those Who Served" is the title of the DoD program for providing dignified military funeral honors to veterans who have defended our nation.

Visit the North Carolina Veterans Affairs website for further information and instructions about this service.

www.nc4vets.com

PRESIDENTIAL MEMORIAL CERTIFICATES

A Presidential Memorial Certificate (PMC) is an engraved paper certificate, signed by the current president, to honor the memory of honorably discharged deceased veterans.

SURVIVOR BENEFIT PLAN

When a military retiree dies, their retirement pay stops. This means that the surviving spouse no longer receives income. If a veteran is a military retiree, thought needs to be given as to how to protect the spouse from hardships caused by the loss of the retirement pay.

One option available is the Survivor Benefit Plan (SBP). The SBP is an insurance plan that will pay the veteran's surviving spouse a monthly payment (annuity) to help make up for the loss of retirement income. The plan is designed to protect survivors against the risks of the veteran's early death, a survivor outliving the benefits, and inflation.

Survivors should report retiree deaths to the Defense Finance and Accounting Services (DFAS) casualty office at:

(800) 321-1080.

NORTH CAROLINA STATE & NATIONAL CEMETERIES



The primary mission of the NCDVA State Veterans Cemetery Program is to provide a final resting place for North Carolina's Veterans at no cost, and their legal dependent(s) for a nominal fee. Veterans must be discharged under honorable conditions and meet certain residency requirements.

STATE VETERANS CEMETERIES

Black Mountain

Western Carolina

962 Old US 70 Hwy.
Black Mountain, NC 28711
828-669-0684

Jacksonville

Coastal Carolina

110 Montford Point Rd.
Jacksonville, NC 28541
910-347-4550

Spring Lake

Sandhills

8220 Bragg Blvd.
Ft. Bragg, NC 28310
910-436-5630

Goldsboro

Eastern Carolina

164 Longs Plant Farm Rd.
Goldsboro, NC 27544
910-648-0510

NATIONAL VETERANS CEMETERIES

Salisbury*

501 Statesville Blvd.
Salisbury, NC 28144
704-636-2661

*Salisbury National Cemetery is the only remaining National Cemetery interring in NC.

NATIONAL VETERAN SERVICE ORGANIZATIONS

NOT A MEMBER? YOU SHOULD BE



AMERICAN EX-PRISONERS OF WAR

COMMANDER
Jacob Roth
Fayetteville, NC
(910) 425-2313
jroth8@nc.rr.com



THE AMERICAN LEGION

www.nclegion.org

DEPARTMENT
ADJUTANT
Randy Cash
Raleigh, NC
(919) 832-7506
nclegion@nc.rr.com

NATIONAL SERVICE
OFFICER
James McMinn
Winston-Salem, NC
(336) 631-5471



MARINE CORPS LEAGUE

COMMANDANT
Charles Minton
donc.commandant@outlook.com

mcleague.com/mdp



AMERICAN VETERANS

amvets.org

DEPT. ADJUTANT
Jennifer Drum
Shelby, NC
(704) 487-6753
jdcic20@yahoo.com

NATIONAL SERVICE
OFFICER
Russell Woodall
Winston-Salem, NC
(336) 251-0823
russell.woodall@va.gov

MILITARY OFFICERS ASSOCIATION OF AMERICA



WWW.MOAA-NC.ORG



DISABLED AMERICAN VETERANS

davmembersportal.org/nc

DEPARTMENT ADJUTANT
Dr. Jeremy Roberts
Raleigh, NC (919) 833-5567
ncdavadj@bellsouth.net

NATIONAL AREA SUPERVISOR
Michelle Colpaert
Winston-Salem, NC
(336) 631-5481
Michelle.colpaert@va.gov



PARALYZED VETERANS OF AMERICA

NATIONAL SERVICE OFFICER
Bill Pack
Winston-Salem, NC
(336) 251-0834
Bill.pack@va.ov

www.pva.org



VETERANS OF FOREIGN WARS

vfwnc.com

DEPARTMENT ADJUTANT, Andrew Zinkiezich
Raleigh, NC (919) 828-5058
adj@vfwnc.com

NATIONAL SERVICE OFFICER,
Cleophus Summers, Winston-Salem, NC
(336) 631-5457 cleophus.summers2@va.gov



MILITARY ORDER OF THE PURPLE HEART

www.purpleheart.org

COMMANDER
James Hicks
Raleigh, NC
(919) 828-2053
jghicks@aol.com

NATIONAL SERVICE OFFICER
Rodney Stowers
Winston-Salem, NC
(336) 714-0837
Rodney.stowers2@va.gov



VIETNAM VETERANS OF AMERICA

STATE PRESIDENT, Rossie Nance
Castle Hayne, NC
(910) 465-0683
R_nance@ellsouth.net

www.vva-nc.org



NATIONAL ASSOCIATION FOR BLACK VETERANS

COMMANDER, Richard S. Kornegay
Fayetteville, N.C. (910) 488-7440
nabvetsregionv@gmail.com

www.nabvets.org

Agricultural Institute



When you take a veteran to a farm and give them a purpose, it is pretty extraordinary. I'm taking control of my life.

— Robert Stalter, Army Veteran

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- > Agriculture is the #1 industry in NC generating \$84 Billion per year
- > The Agricultural Institute prepares you to quickly jump into the agricultural workforce, start your own business or get back to the family farm



VETERAN BENEFITS

- > One-on-one interaction with faculty and staff while networking with other veterans in agriculture
- > GI Bill eligible
- > Financial assistance available
- > NC State Veteran Resource Center

We want you here.

Robert Elliott, AGI Veteran Liason 252-725-4875 | go.ncsu.edu/AgInstitute  ncsuAgInstitute



THE AMERICAN LEGION

Veterans proudly serving America for nearly a century

When it comes to assisting veterans and helping members of the U.S. Armed Forces make the transition to civilian lives, no one does it better than The American Legion. Since its founding in 1919, The Legion has been assisting generations of veterans and their families. As the nation's largest veterans service organization, the 2.3 million member American Legion is at work every day throughout the country and beyond, ensuring that those who served our nation in uniform, and their families, receive the care, support, honor and services they earned and deserve.

Veterans Advocacy

- Nearly 3,000 accredited American Legion service officers are working with veterans on nearly 750,000 VA claims right now.
- The American Legion is working with VA in Washington and across the country to improve access to care, performance and claims processing.
- Legion volunteers annually log millions of hours and raise millions of dollars for VA health-care facilities nationwide.
- As the voice of the stakeholder and advocate for the health-care provider, the Legion works continuously for adequate VA funding and staffing.



TROOP SUPPORT

Worldwide, The American Legion provides tireless support, a voice in Washington, financial assistance, volunteer help, comfort items and more for the men and women who serve our nation in uniform, along with military retirees and their families.



YOUTH

American Legion youth programs offer healthy, educational and wholesome activities for thousands of young people every year. Among the programs are American Legion Baseball, Boys State and Boys Nation, Junior Shooting Sports and oratorical competition.



AMERICANISM

The American Legion proudly stands for the values symbolized by the flag under which members of our Armed Forces have served. U.S. flag education, voting, citizenship and naturalization programs and patriotic leadership are all part of that landscape.



COMMUNITY

Each American Legion post offers a unique set of community services, from Boy Scout leadership to after-school programs to support for children's hospitals and local charities. Through more than 13,500 posts, Legionnaires know what it means to serve.



Visit www.legion.org or www.nclegion.org to learn more.



North Carolina

For the last 75 years, the USO of North Carolina has worked to lift the spirits of our active duty, wounded, National Guard, Reserve and retired troops and their families. Through critical services and programs, troops stay connected to the society they selflessly serve, reintegrate successfully into their communities and enrich their lives.

DIRECT MILITARY SUPPORT

Deployments and Homecomings
Wounded, ill and injured support and services
Airport welcome centers
Military installation services
Mobile Center
Rack Packs and care packages
Support for fallen service members and their families



WARRIOR AND FAMILY RESILIENCY

USO of NC Warrior Reset
USO of NC Spouse Reset
USO of NC Family Reset
Programming designed to empower, build resiliency and leadership and improve overall health and wellness.



TRANSITION SERVICES

Operation Exit Strategy career workshops
Transition Services
HR Summits: Training for HR Professionals
Military Money Matters: Financial Literacy



FAMILY SUPPORT

Reading and Study Skills Workshops
Food bank programs
Story Time and Kidz Corner
Holiday and community Programs
Smiles Over Miles
Youth support programs



USO of North Carolina
600 Airport Blvd. Suite 200
Morrisville, NC 27560
Phone (919)840-3000
Fax (919)840-3003

Charlotte Douglas Airport Center (704) 359-5581
RDU Airport Center (919)840-0941
Fayetteville Airport (910) 482-8200
Fort Bragg Center (910) 495-1437
Jacksonville/Camp Lejeune (910) 455-3411
Ellis Airport Center (910) 989-3176
New Bern Airport Information Desk (252) 638-8591
Seymour Johnson Office (919) 722-7195





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DMVA

*N.C. Department of Military
and Veterans Affairs*

www.milvets.nc.gov

www.NC4VETS.com

844.NC4.VETS

(844.624.8387)

HEALTHCARE

SERVICES FOR
COMBAT VETERANS

MENTAL HEALTH
SERVICES

NAVIGATING VA
HEALTH CARE SYSTEM



VA HEALTH CARE BASIC ELIGIBILITY

A person who served in the active duty military and who was discharged or released under conditions other than dishonorable may qualify for VA health care benefits.

Reservists and National Guard members also may qualify for VA health care benefits if they were called to active duty (other than for training only) by a federal order and completed the full period for which they were called or ordered to active duty.

Veterans who enlisted after Sept. 7, 1980, or who entered active duty after Oct. 16, 1981, must have served 24 continuous months or the full period for which they were called to active duty in order to be eligible.

This minimum duty requirement may not apply to veterans discharged for hardship, early out, or a disability incurred or aggravated in the line of duty.

5-YEAR POST DEPLOYMENT BENEFIT.

Veterans, including members of the National Guard and activated reservists, are eligible for the enhanced "Combat Veteran" benefits if they served on active duty in a theater of combat operations after Nov. 11, 1998, and have been discharged under honorable conditions.

IF YOU KNOW A VET WHO NEEDS TO CHANGE HIS DISCHARGE,
SEE PAGE 119 FOR MORE INFORMATION

ENROLLMENT

For most veterans, entry into the VA health care system begins by applying for enrollment.

To apply, complete VA Form 10-10EZ, Application for Health Benefits, which may be obtained from a VA health care facility or regional benefits office, online or by calling VA.

Once enrolled, veterans can receive health care at VA health care facilities anywhere in the country. Veterans enrolled in the VA health care system are afforded privacy rights under federal law.

During enrollment, each veteran is assigned to a priority group based on their service connected disability rating and other factors. VA uses priority groups to balance demand for VA health care enrollment with resources.

STANDARD BENEFITS

VA's medical benefits package provides the following health care services to all enrolled veterans:

- Preventive Care Services
- Ambulatory (Outpatient) Diagnostic and Treatment Services
- Hospital (Inpatient) Diagnostic Treatment
- VA prescribed Medications and Supplies
- Durable Medical equipment
- Eyeglasses
- Hearing Aids
- Home Health Care Services
- Non-VA Health Care Services
- Orthopedic, Prosthetic, and Rehabilitative Devices
- Rehabilitative Services
- Readjustment Counseling
- Sexual Trauma Counseling

ACUTE CARE SERVICES

These services may have limitations and special eligibility criteria:

- Ambulance service
- Dental Care



MILITARY SEXUAL TRAUMA

Military Sexual Trauma (MST) is the term that the Department of Veterans Affairs uses to refer to sexual harassment that occurred while the veteran was in the military. It includes any sexual activity where someone is involved against his or her will—he or she may have been pressured into sexual activities (for example, with threats of negative consequences for refusing to be sexually cooperative, implied faster promotions, or better treatment in exchange for sex), and may have been unable to consent to sexual activities (for example, when intoxicated), or may have been physically

forced into sexual activities. Other experiences that fall into the category of MST include unwanted sexual touching or grabbing; threatening, offensive remarks about a person's body or sexual activities; and/or threatening or unwelcome sexual advances.

Both women and men can experience MST during their service. All veterans seen at Veterans Health Administrations facilities are asked about experiences of sexual trauma because they know that any type of trauma can affect a person's physical and mental health, even many years later. People can recover from trauma and

the VA has free services to help veterans do this. You do not need to have a VA disability (service connected) rating to receive these services and may be able to receive services even if you are not eligible for other VA care. You do not need to have reported the incident(s) when they happened or have other documentation that they occurred.

For more information, veterans can speak with a VA healthcare provider, contact the MST Coordinator at their nearest VA Medical Center, or contact their local Vet Center. More MST information can be found at mentalhealth.va.gov.

WOMEN VETERANS HEALTH CARE

1-855-VA-WOMEN [1-855-829-6636]

Women veterans are eligible for the same VA benefits as male veterans. Comprehensive health services are available to women veterans including primary care, mental health care and reproductive health care services. VA provides management of acute and chronic illnesses, preventive care, contraceptive services, menopause management, and cancer screenings, including pap smear, and mammograms, and gynecology.

- Maternity care is covered in the medical benefits package to include care for newborn children of women veterans for up to 7 days after birth. VA is also mandated to implement pilot programs to provide child care to women veterans receiving medical care, and to provide readjustment services to women veterans. Infertility evaluation and limited treatments also are available.
- Women Veterans Program Managers are available at all VA facilities to help veterans seeking treatment and benefits.

SERVICES FOR COMBAT VETERANS



The Vet Center Combat Call Center is an around the clock confidential call center where combat veterans and their families can call to talk about their military experience or any other issue they are facing in their readjustment to civilian life. The staff is comprised of combat veterans from several eras as well as family members of combat veterans.

SEE NC4VETS MAPS FOR YOUR LOCAL HEALTH SERVICE LOCATION: Pg's 6-13

VET CENTERS

Services provided at the Vet Center include bereavement and readjustment counseling to individuals, groups, couples, and families.

If you served in a combat zone and received a campaign ribbon, you and your family are eligible for Vet Center services. In addition, parents, siblings, spouses and children of any active duty service member who dies while on active duty are eligible for bereavement counseling services. Services are also provided to any veteran who experienced military related sexual trauma while on active duty.

CHARLOTTE

2114 Ben Craig Dr., Suite 300
Charlotte, NC 28262
704-549-8025

FAYETTEVILLE

2301 Rogeson St., Suite 103
Fayetteville, NC 28305
910-488-6252

GREENSBORO

3515 W Market St., Suite 120
Greensboro, NC 27406
336-333-5366

GREENVILLE

1021 W.H. Smith Blvd., Suite A 100
Greenville, NC 27834
252-355-7920

JACKSONVILLE

110A Branchwood Dr.
Jacksonville, NC 28546
910-577-1100

RALEIGH

8851 Ellstree Lane
Raleigh, NC 27617
919-361-6419



VETERANS CHOICE PROGRAM

Learn more about the VA's Veterans Choice Program by visiting their website at: www.va.gov/opa/choiceact

Many Veterans now have the option to receive non-VA health care rather than waiting for a VA appointment or traveling to a VA facility.

- You have been told by your local VA medical facility that you will need to wait more than 30 days from your preferred date or the date medically determined by your physician.
- Your current residence is more than 40 miles from the closest VA medical facility.
- You need to travel by plane or boat to the VA medical facility closest to your home.

The new Choice Program will begin to cover non-VA care for eligible Veterans enrolled in VA healthcare. Veterans are eligible if any of these situation apply to you:

- You face an unusual or excessive burden in traveling to a VA medical facility based on the presence of a body of water (including moving water and still water) or a geologic formation that cannot be crossed by road.
- To set up an appointment with a non-VA provider, call the VA at 866-606-8198 and we will work with you to ensure you are approved for care in your community.



paws4vets.org

paws4vets

places Service Dogs with Veterans living with PTS, TBI & Military Sexual Trauma

Service Dogs Help Prevent Veteran Suicide

They also: Interrupt Anxiety/Panic Attacks, Aid with Sleep, Interrupt Night Terrors, Pick up Dropped Items, Call 911, Open/Close Doors, Provide Balance & Mobility Assistance, Perform Medical Alerts, and much more.

Our Cutting-edge Recovery Formula:

- The Client
 - Other paws4people / paws4vets Clients
 - paws4vets Peer Mentors
 - paws4people Trained Service Dogs
 - + PTS | MST Intervention Transfer Training (ITT)
- [Proprietary K-9 Centric "Exposure" & "Cognitive Behavioral" Therapy Protocols]

RECOVERY [CONTROL, REGULATE & MITIGATE]

**Having trouble hearing
on the phone?**

**Have you been asking people
to repeat themselves?**

**Have people been telling you
to turn the TV down?**

Ringling in your ears?

You may be one of
60% of returning combat veterans
experiencing ringing in the ears or hearing loss.

**Your homecoming is important – don't let your
hearing difficulties get you down!**

Contact us for counseling, training and specialized
equipment so you can reconnect with your family and
friends and stay connected with your military buddies.

There is no charge for our services.



North Carolina Division of Services
for the Deaf and the Hard of Hearing

(919) 874-2212 (v) | (800) 851-6099 (v/tty) | (919) 890-0859 (VP)
www.ncdhhs.gov/dsdhh

State of North Carolina | Pat McCrory, Governor | Department of Health and Human Services
Division of Services for the Deaf and the Hard of Hearing | www.ncdhhs.gov/dsdhh
N.C. DHHS is an equal opportunity employer and provider. 4/15

NORTH CAROLINA VETERANS HEALTH CLINICS



ALBEMARLE CBOC

1845 W City Drive
Elizabeth City, NC 27909
252-331-2191

BRUNSWICK OUTREACH CLINIC

20 Medical Campus Drive
Supply, NC 28462
910-754-6141

CHARLOTTE CBOC

8601 University East Drive
Charlotte, NC 28213
704-597-3500

CHARLOTTE HCC

3506 W. Tyvola Rd.
Charlotte, NC 28208
704-329-1300

FAYETTEVILLE HCC

7300 So. Raeford Rd
Fayetteville NC 28304
910-488-2120
800-771-6106

FRANKLIN CBOC

647 Wayah St.
Franklin, NC 28734-3390
828-369-1781

GOLDSBORO CBOC

2610 Hospital Road
Goldboro, NC 27909
919-731-4809

GREENVILLE HCC

401 Moye Blvd.
Greenville, NC 27834
252-830-2149

HAMLET CBOC

100 JEFFERSON STREET
Hamlet, NC 28345
910-582-3536

HICKORY CBOC

2440 Century Place, SE
Hickory, NC 28602
828-431-5600

HILLDALE RD. ANNEX

1824 Hillandale Road
Durham, NC 27705
919-383-6107

JACKSONVILLE CBOC

4006 Henderson Drive
Jacksonville, NC 28546
910-353-6406

KERNERSVILLE HCC

1695 Kernersville Medical Pkwy
Kernersville, NC 27284
336-515-5000

MOREHEAD CITY CBOC

5420 U.S. 70
Morehead City, NC 28557
252-240-2349

RALEIGH CBOC

3305 Sungate Blvd.
Raleigh, NC 27610
919-212-0129

RALEIGH II ANNEX

3040 Hammond Business Place
Raleigh, NC 27603
919-899-6259

RALEIGH III CBOC

2600 Atlantic Ave, Ste 200
Raleigh, NC 27604
919-755-2620

ROBESON COUNTY CBOC

139 Three Hunts Drive
Pembroke, NC 28372
910-521-8452

RUTHERFORD COUNTY CBOC

374 Charlotte Road
Rutherfordton, NC 28139
828-288-2780

SANFORD CBOC

3112 Tramway Road
Sanford, NC 27332
919-775-6160

WILMINGTON HCC

1705 Gardner Rd.
Wilmington, NC 28405
910-343-5300

BLIND AND DIALYSIS CENTERS

VA DIALYSIS & BLIND REHAB CLINICS, BRIER CREEK

8081 Arco Corporate Drive
Raleigh, NC 27617
919-286-5220

VA DIALYSIS CLINIC FAYETTEVILLE

2301 Robeson Street, Ste. 101
Fayetteville, NC 28305
910-483-9727



TRAVEL REIMBURSEMENT

The VA is authorized to provide eligible Veterans and other beneficiaries mileage reimbursement, common carrier (plane, train, bus, taxi, light rail etc.), or when medically indicated "special mode" (ambulance, wheelchair van) transport for travel to and from VA, or VA authorized non-VA health care for which the Veteran is eligible. Veterans qualify for travel benefits if:

- Veteran has a service-connected (SC) disability of 30% or more.
- Travel is in connection with care for SC disability
- Previous year income does not exceed maximum VA pension rate
- Projected income in travel year does not exceed maximum VA pension rate
- Travel is for a C&P exam
- Travel is to obtain a service dog
- Travel is in relation to VA transplant care

Beneficiaries may apply for travel orally or in writing generally at the facility where care was provided however, in some cases there may be an alternate process. For more information, go to the Beneficiary Travel Office at the treating facility or call 877.222.8387 or visit: <https://iris.custhelp.com/>

SCHEDULED VERSUS UNSCHEDULED APPOINTMENTS

Scheduled appointments qualify for round-trip mileage. Unscheduled visits may be limited to return mileage only.

In order to be eligible for travel benefits when transporting to VA care or treatment, a veteran must actually be incurring an expense. Should one or more veterans travel together in a private vehicle, only the owner of the vehicle is actually incurring expenses and therefore is the only person entitled to travel reimbursement. However, should

multiple veterans share a vehicle where passengers must pay for their transport such as a taxi or where one veteran pays another for transportation, then all are entitled to travel reimbursement either at the mileage reimbursement rate or actual expense, whichever is less. Such persons must provide a receipt to indicate an incurred expense and to receive reimbursement. Find your local medical center for reimbursement rates.

NC DISABLED AMERICAN VETERANS (DAV) TRANSPORTATION PROGRAM POCS

CALVIN E. TURNER
DURHAM VAMC
508 Fulton St., (135)
Durham, NC 27705
(919) 286-0411 EXT. 7617

ANDREW CLARK
ASHEVILLE VAMC
1100 Tunnel Road, Room B421
Asheville, NC 28805
(828) 298-7911 EXT. 5349

RUPERT BENNETT
FAYETTEVILLE VAMC
2300 Ramsey St., Rm. 245
Fayetteville, NC 28301
(910) 488-2120 EXT. 7302

JAMES A. MARTIN
SALISBURY VAMC
1601 Brenner Ave.
Bldg. 6 Rm. 1004
Salisbury, NC 28144
(704) 638-9000 EXT. 3904

HAMPTON, VA VAMC
100 Emancipation Dr.
Bldg. 135, Rm. 28
Hampton, VA 23667
(866) 544-9961 EXT. 3148

VA HOSPITAL TRANSPORTATION SERVICE PROGRAM

The Veterans Health Administration has a transportation program for non-ambulatory and remote VA patients. The Veterans Transportation Service (VTS) provides transport for veterans to VA Medical Centers (VAMCs). These services include vehicle routing and scheduling software for VA Medical Facilities.

While all veterans with VA funded medical appointments are eligible to ride VTS, a first priority is given to wheelchair-bound patients who have no other transportation alternatives. VTS is establishing a network of community and volunteer transportation services to improve access to VA health care, including the Durham VAMC.

RESERVATIONS ARE REQUIRED

Reservations are needed for transportation at least four full business days before the date of transport is needed. Specific information about the veteran is also required.

To see if services are available in your area, call:

- Asheville: (828) 298-7911 EXT. 7977
DAV: (828) 298-7911 EXT. 5349
- Durham: (919) 286-0411 EXT. 4793
DAV: (919) 286-0411 EXT. 7617
- Hampton, VA: (866) 544-9961 EXT. 3148
DAV: (757) 728-3148
- Fayetteville: (910) 488-2120 EXT. 7694
DAV: (910) 488-2120 EXT. 7302
- Salisbury: (704) 638-9000 EXT. 4439
DAV: (704) 638-9000 EXT. 3904

DAV TRANSPORTATION NETWORK

Because many veterans lack transportation to and from VA medical facilities for needed treatment, the Disabled American Veterans (DAV) operates a nationwide Transportation Network to meet this need. Through the Transportation Network, DAV volunteers drive veterans to and from VA medical facilities for treatment.

To Request a Ride, Visit:
www.dav.org/veterans/i-need-a-ride/

VOLUNTEER DRIVERS NEEDED:

The DAV is always looking for volunteer drivers. If you are interested in volunteering in the DAV Transportation Network please visit:
www.dav.org/help-dav/volunteer/drive-a-van.

PTSD MOBILE APP



FREE PTSD COACH DOWNLOAD FROM: ITUNES (IOS)* AND GOOGLE PLAY (ANDROID)*

PTSD Coach has now been downloaded over 100,000 times in 74 countries around the world. The PTSD Coach app can help you learn about and manage symptoms that commonly occur after trauma. Features include: Reliable information on PTSD and treatments that work; Tools for screening and tracking your symptoms; Convenient, easy-to-use skills to help you handle stress symptoms; Direct links to support and help; Always with you when you need it.

Together with professional medical treatment, PTSD Coach provides you dependable resources you can trust. If you have, or think you might have PTSD, this app is for you. Family and friends can also learn from this app.

DOWNLOAD THE MOBILE APP

Free PTSD Coach download from: iTunes (iOS)* and Google Play (Android)*. Also see PTSD Coach ONLINE: 17 tools to choose from available for desktop. PTSD Coach was created by the VA's National Center for PTSD and the DoD's National Center for Telehealth and Technology.

NOTE: PTSD is a serious mental health condition that often requires professional evaluation and treatment. PTSD Coach is not intended to replace needed professional care.

TRAUMA AND PTSD

Post Traumatic Stress Disorder (PTSD) is a mental health issue that can occur after someone goes through a traumatic event such as war, assault, disaster, or a car accident. Most people have some stress reactions after a trauma.

Each service member will have their own experiences. However, understand that almost all service members will need time to readjust after being in a war zone. This can be especially intense during the first months at home. Common stress reactions are a normal part of readjustment.

The stigma of mental health issues can be a huge barrier for people who need help, but knowing when and how to get help is actually part of military training.

Visit your local Vet Center (complete list of locations are on page 68) if you would like to talk to someone about what you are experiencing. You can also learn more about PTSD at ptsd.va.gov

TRAUMATIC BRAIN INJURY [TBI]

Major advancements in protective and medical technology have vastly increased survivability rates among wounded U.S. service members. They have also introduced new challenges to care for increasing numbers of veterans and service members with extremely complex injuries, particularly polytrauma and traumatic brain injury.

A Traumatic Brain Injury (TBI) happens when something outside the body hits the head with significant force.

VA RESOURCE CENTERS

ASHEVILLE VAMC
(828) 299-2519 EXT: 2519

CHARLOTTE CBOC
(704) 638-9000 EXT:3175

DURHAM CLINIC
(919) 286-0411 EXT: 7977

FAYETTEVILLE VAMC
(910) 488-2120 EXT: 5839

HICKORY CBOC
(704) 638-9000 EXT: 3175

SALISBURY VAMC
VAMC PTSD RESOURCES
OUTPATIENT THERAPY UNIT
INPATIENT THERAPY UNIT
CALL (704) 638-9000 EXT: 3175

WINSTON-SALEM CBOC
(336) 768-3296 EXT: 1603

NC RESOURCE CENTERS

Brain Injury Resource Offices are located throughout the state and are available to help you.

Statewide Family Help Line:

1-800-377-1464

- Raleigh area call 1-919-833-9634
- Charlotte area call 1-704-355-1502
- Greenville area call 1-800-697-3115
- Asheville area call 1-866-890-7801

This could happen when the head hits a windshield during a car accident, when a piece of shrapnel enters the brain, or during an explosion of an improvised explosive device (IED).

Individuals who sustain a TBI may experience a variety of effects, such as an inability to concentrate, an alteration of the senses (hearing, vision, smell, taste, and touch), difficulty speaking, and emotional and behavioral changes.

If you experienced head trauma during your service, please contact the VA to schedule an examination. To learn more about TBI, visit www.polytrauma.va.gov



**Each service member
will have their own
experiences. However,
understand that almost
all service members will
need time to readjust
after being in a war
zone.**

CHAMPVA AND TRICARE

The Civilian Health and Medical Program of the U.S. Department of Veterans Affairs (CHAMPVA) is a comprehensive health care program in which the VA shares the cost of covered health care services and supplies with eligible beneficiaries. The program is administered by Health Administration Center.

Due to the similarity between CHAMPVA and the Department of Defense (DOD) TRICARE program (sometimes referred to by its old name, CHAMPUS) the two are often mistaken for each other. CHAMPVA is a U.S. Department of Veterans Affairs (VA) program whereas TRICARE is a regionally managed health care program for active duty and retired members of the uniformed services, their families, and survivors. In some cases a veteran may look to be eligible for both/either program on paper. However, if you are a military retiree, or the spouse of a veteran who was killed in action, you are and will always be a TRICARE beneficiary.

NON-VA MEDICAL CENTER EMERGENCY CARE

Veterans are eligible for emergency care at non-VA facilities under certain circumstances. The 2010 Veterans Emergency Care Protective Act enabled VA to reimburse veterans enrolled in VA health care for the remaining cost of emergency treatment if the veteran has outside insurance that only covers part of the cost.

If the non-VA emergency care is received, notification to the nearest VA health care facility must be made within 72 hours of hospitalization. VA payment is limited up to the point that veteran's condition is stable for transport to a VA Facility.

The VA can also provide retroactive reimbursements for emergency care received or after July, 19, 2001, if considered appropriate under the circumstances.



ONLINE MANAGEMENT

Managing your health information appointments, prescriptions, labs, blood tests and even exchanging messages with your health care team has never been easier.

My HealthVet, your online Personal Health Record, helps you gain a better understanding of your health status and allows you to explore a variety of ways to monitor and improve your health, 24 hours a day/7days a week.

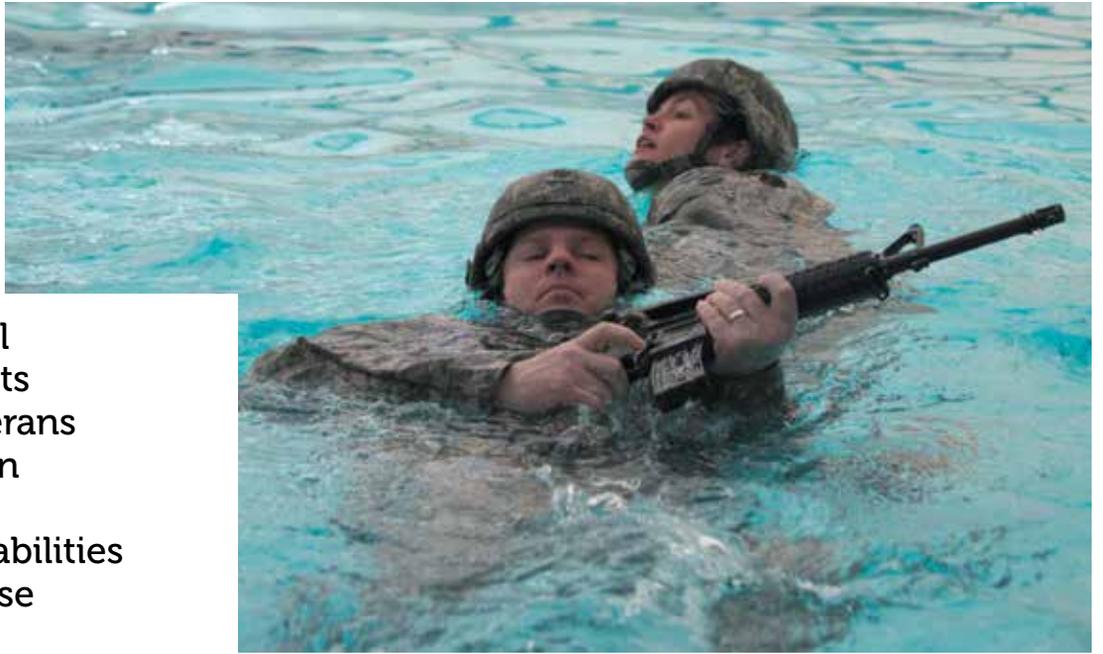
To get the most out of My HealthVet, veterans are urged to visit their local VA health care facility to get an upgraded account, known as In-Person Authentication (IPA). This simple process allows you to use My HealthVet to:

- View your VA appointments
- Access VA wellness reminders
- Communicate online through secure messaging
- View laboratory results and more

To begin using My HealthVet, register today at www.myhealth.va.gov



NEED AN EXTRA HAND?



NC offers additional resources to assist its North Carolina veterans through the Division of Mental Health, Developmental Disabilities and Substance Abuse Services.

RETURNING VETERANS AND POSSIBLE BEHAVIORAL HEALTH ISSUES

"Although the majority of veterans who return from deployment do not have a behavioral health condition and have not experienced a traumatic brain injury (TBI) all service members, veterans and family members experience a period of readjustment as they reintegrate into life with family, friends and community. Behaviors needed to survive in war zone, such as maintaining a constant state of alertness, may initially translate into troublesome behaviors in civilian life." SAMHSA, 2012.

The North Carolina Division of Mental Health, Developmental Disabilities, and Substance Abuse Services (MH/DD/SA) with its **Local Management Entities-Managed Care Organizations (LME-MCOs)** provides mental health, developmental disabilities, including TBI and substance use services through a network of community-based agencies in all of the state's 100 counties.

Services and support are available to address the full continuum of care including crisis intervention, prevention, treatment and recovery supports for both adults and children. Program services are accessed by contacting the LME/MCO contracted to provide services in your county. To find out which LME-MCO your county is assigned

to please visit the DMH/DD/SAS website at ncdhhs.gov/mhddsas/lmeonblue.htm or you can call the customer service and community rights call center at **1-855-262-1946**. The LME-MCO can also assist individuals needing to access the services provided by the Division of State Operated Health Facilities (DSOHF). Applications for care at the state psychiatric hospitals, the Alcohol and Drug Treatment Centers and the Developmental Centers can be made through your local LME-MCO, or, **see page 79**

OTHER PROGRAMS THAT MIGHT BE OF INTEREST:

The TASC (Treatment Alternatives for Safe Communities) Program works with individuals involved in the criminal justice system. TASC will work with individuals, families and probation officers to arrange for treatment and other support services. For more information about TASC services in your community please see the contact information here: www.nctasc.net/main/providermap-t.php

Driving While Impaired Services (DWI) works with those individuals who have been convicted of Driving While Impaired to arrange interventions or treatment so that driving privileges can be restored. Contact the program by calling **(919) 733-0566**. For more information about DWI-related services in your community

please see the contact information here: www.ncdhhs.gov/mhddsas/services/dwi/locateservices.htm

North Carolina Peer Support Specialist Program –Veterans interested in becoming a certified Peer Support Specialist can contact the Peer Support Specialist Program managed by the University of North Carolina School of Social Work. For more information, go to <http://pss.unc.edu/>

HOW TO ACCESS SERVICES LOCALLY:

Accessing services begins with a phone call to the LME-MCO; additional information is also available on the LME/MCO's website. Each LME/MCO has a trained Veteran Point of Contact as well as a specific TBI Point of Contact who can assist service members, veterans, and their families seeking services. The list of 24/7 access numbers, the LME/MCO website address and the **Veteran Point of Contact is provided on page 79**

MH/DD/SA is a member of the Governor's Working Group on Veterans, Service Members, and their families. This group is comprised of federal, state, and local agencies who meet regularly to identify the needs and to develop strategies to meet the needs of our military connected citizens. The North Carolina MH/DD/SA is proud to serve those who have served.



DIVISION OF SOCIAL SERVICES

The North Carolina Division of Social Services (DSS) provides guidance and technical assistance to agencies that provide services that address issues associated with poverty, family violence, exploitation, and more. Our goal is to ensure proper quality of life and prevent other problems in vulnerable individuals and populations. We promote self-reliance and self-sufficiency. Services offered include:

- Adoption
- Child Protective Services
- Child Support Enforcement
- Emergency Assistance
- Short-Term Financial Assistance
- Food & Nutrition Services
- Foster Care
- County Social Services Directory
- Independent Living Services for Foster Children (LINKS)
- Low-Income Energy Assistance
- Pregnancy Services
- Refugee Services
- Safe Surrender (Newborn Surrender)
- Work First Cash Assistance

Applications for benefits can be taken at all 100 DSS offices across the state.

Contact your county DSS for information about the types of documents you must provide when you apply. Staff at the county DSS will assist you with this process, or call

DHHS Customer Service Center at 1-800-662-7030. A list of County Departments of Social Service Offices can be found at: www.ncdhhs.gov/dss/

VAMC MENTAL HEALTH POINTS OF CONTACT

FACILITY: Asheville

CONTACT PERSON: Laura Tugman
(828) 298-7911, x2009
Laura.tugman@va.gov

FACILITY: Durham

CONTACT PERSON: Cindy Woods
(919) 286-0411, x6073
Cynthia.woods@va.gov

FACILITY: Fayetteville

CONTACT PERSON: Bill Castillo
(910) 488-2120, x5828
William.castillo2@va.gov

FACILITY: Salisbury

CONTACT PERSON: Shynyn Aysta
(704) 638-9000, x4190
Shynyn.aysta-isaac@va.gov



Residential Substance Abuse Treatment

TROSA's multi-year residential program provides stable housing in a supportive community at no cost to all residents. Program graduates also have the option of utilizing our additional housing and continuing care services.

The Veterans Administration (VA) works closely with TROSA to ensure graduates leave with permanent housing and long-term employment.

Honesty • Courage • Commitment • Community
(919) 419-1059 www.trosainc.org

TROSA is free of charge to anyone with a substance abuse problem who wants to change their life.

Learn more about how we can help
(919) 419-1059 www.trosainc.org



Services we provide:
Supportive housing, meals, clothing, medical, education, vocational training, life skills, mental health, employment services, continuing care

IT'S YOUR CALL

©VHA/2011

1-800-273-8255 PRESS 1



• • • Confidential chat at VeteransCrisisLine.net or text **838255** • • •

Do you feel this way?

- I'm lost in a health care system
- I just don't care anymore
- I feel like hurting myself or others
- People keep telling me I've changed
- I have a short fuse
- I seem to be drinking more
- I can't sleep
- I don't have the patience I need with my kids

VOLUNTARY, CONFIDENTIAL, FREE and PROFESSIONALLY STAFFED

NORTH CAROLINA NATIONAL GUARD HELP LINE

1-855-322-3848

CURRENT NC NATIONAL GUARD MEMBERS AND FAMILIES



American Red Cross

Supporting America's Military Families

Get Immediate Assistance



If your military family has an emergency need for communication, please call the American Red Cross at (877) 272-7337.

Region	Local Office Phone Number	Counties Covered By This Location
Triangle Area Chapter	(919) 231-1602 Raleigh, NC	Chatham, Wake, Warren, Johnston, Lee, Franklin
Central NC Chapter	(919)-489-6541 Durham, NC	Durham, Orange, Person, Granville, Vance
Cape Fear Area Chapter	(910) 762-2683 Wilmington, NC	Brunswick, Carteret, Columbus, Craven, Duplin, Greene, Jones, Lenoir, New Hanover, Onslow, Pamlico, Pender, Wayne
North East NC Chapter	(252)-977-1720 Rocky Mount, NC	Beaufort, Bertie, Camden, Chowan, Currituck, Dare, Edgecombe, Gates, Halifax, Hertford, Hyde, Martin, Nash, North Hampton, Pasquotank, Perquimans, Pitt, Tyrrell, Washington, Wilson
Sandhills Area Chapter	(910)-867-8151 Fayetteville, NC	Bladen, Cumberland, Harnett, Hoke, Moore, Richmond, Robeson, Sampson, Scotland
Charlotte Metro Chapter	(704) 347-8254 Charlotte, NC	Iredell, Mecklenburg
Southern Piedmont Chapter	(704) 782-9022 Concord, NC	Anson, Cabarrus, Montgomery, Rowan, Stanly, Union
Piedmont Triad Chapter	(336) 333-2111 Greensboro, NC	Alamance, Caswell, Davidson, Randolph, Rockingham, Stokes, Surry, Yadkin
Blue Ridge Piedmont Chapter	(828) 332-4151 Hickory, NC	Alexander, Alleghany, Ashe, Avery, Burke, Caldwell, Catawba, Cleveland, Gaston, Lincoln, Watauga, Wilkes
Asheville-Mountain Area Chapter	(828) 258-3888 Asheville, NC	Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Yancey

American Red Cross
Emergency Communication Services
Call Toll-Free (877) 272-7337

They serve our nation.
We are honored to serve them.

THE DIVISION OF MENTAL HEALTH, DEVELOPMENTAL DISABILITIES AND SUBSTANCE ABUSE SERVICES

North Carolina's Division of Mental Health, Developmental Disabilities and Substance Abuse Services offers behavioral health services to those who have served in the active or reserve components of the U.S. Armed Forces, are a Veteran or a family member.



HELP HAS A STARTING POINT.

At Eastpointe, we understand the unique mental health challenges that military service members and veterans face.

We're here to support our troops and their families. Our customer service staff and veterans/military liaison connect veterans and those on active duty with the best community resources and services for mental health, intellectual and developmental disabilities, and substance use disorders.

Our commitment to the health of service members is 11 counties strong. Contact us anytime, 24/7, 365 days a year at **1-800-913-6109** or **Eastpointe.net**.



Serving Bladen, Columbus, Duplin, Edgecombe, Greene, Lenoir, Robeson, Sampson, Scotland, Wayne and Wilson counties.





DIVISION OF AGING AND ADULT SERVICES

In support of the mission, vision, and values of the NC Department of Health and Human Services, the Division of Aging and Adult Services (DAAS) works to promote independence and enhance the dignity of North Carolina's older adults, persons with disabilities, and their families through a

community-based system of opportunities, services, benefits, and protections; to ready younger generations to enjoy their later years; and to help society and government plan and prepare for the changing demographics of the population.

Services available for adults of all ages are provided by a variety of auspices such as agencies serving primarily older adults, licensed home care agencies, and county departments of social services. The services span a wide spectrum of care listed below. <http://www.ncdhhs.gov/divisions/daas>

- Adult Day Care
- Adult Day Health Care
- Adult Placement Services
- Adult Protective Services
- At-Risk Case Management
- Care Management
- Congregate Nutrition
- Consumer Directed
- Family Caregiver Support
- Foster Care Services for Adults
- Guardianship Services
- Health Promotion
 - Disease Prevention
- Health Screening
- Health Support Services
- Home Delivered Meals
- Home Health
- Housing and Home Improvement
- Individual & Family Adjustment Services
- In-home Aide
- Legal
- Mental Health Counseling
- Options Counseling
- Personal and Family Counseling
- Project Care
- Respite - Group / Institution
- Senior Centers
- Senior Companion
- State-County Special Assistance for- adults
- State County Special Assistance for-Adults In-Home program
- Transportation
 - General
 - Medical
- Veterans Affairs
 - NC Division of Veterans Affairs
 - US Department of Veterans Affairs

DIVISION OF SERVICES FOR THE BLIND (DSB)

"Welcoming our veterans with disabilities adapting to employment and independent living"

Since 1935, the North Carolina Division of Services for the Blind (DSB) has provided services to people who are visually impaired, blind and deaf-blind to assist them with reaching their goals of

independence and employment. DSB has vocational rehabilitation, independent living, medical eye care and Business Enterprises programs. DSB partners with the Veterans Administration VIST Programs that provide services to veterans who have severe visual impairments.

- A veteran does not need to be legally blind to receive services from DSB. Some of DSB's services include:
- Assistive Technology Assessments and Training
- Vocational/Career Training
- Transition-Age Services
- Supported Employment Services
- Career Counseling and Job Placement Assistance
- Rehabilitation Center Instruction
- In-Home & Community-Based Independent Living Skills Training
- Counseling & Guidance
- Information and Referral
- Low Vision Assessments and Adaptive Aids
- In-Home Labeling of Appliances
- Safe Travel Training (Orientation & Mobility)

Contact DSB at 1-866-222-1546 or contact your closest local office at the number below. You can also contact a DSB Social Worker for the Blind at your local Department of Social Services office.

Asheville 1-800-422-1881

Wilmington 1-800-422-1884

Raleigh 1-800-422-1871

Fayetteville 1-800-422-1897

Charlotte 1-800-422-1895

Winston-Salem 1-800-422-0373

Greenville 1-800-422-1877

Elizabeth City 252-338-2126 Ext. 179

ACCESS SERVICES LOCALLY

Have a Health Issue the VA Can't Solve? Try These State Providers

Accessing services begins with a phone call to the LME-MCO; additional information is also available on the LME-MCO's website.



Each LME/MCO (Local Management Entity/Managed Care Organization) has a trained Veteran Point of Contact as well as a specific TBI Point of Contact who can assist service members, veterans, and their families seeking services. DMH/DD/SAS is a member of the Governor's Working Group on Veterans, Service

Members, and their families. This group is comprised of federal, state, and local agencies who meet regularly to identify the needs and to develop strategies to meet the needs of our military connected citizens. The North Carolina DMH/DD/SAS is proud to assist those who have served our country.

Ensuring all members receive the right care, in the right amount, at the right time.

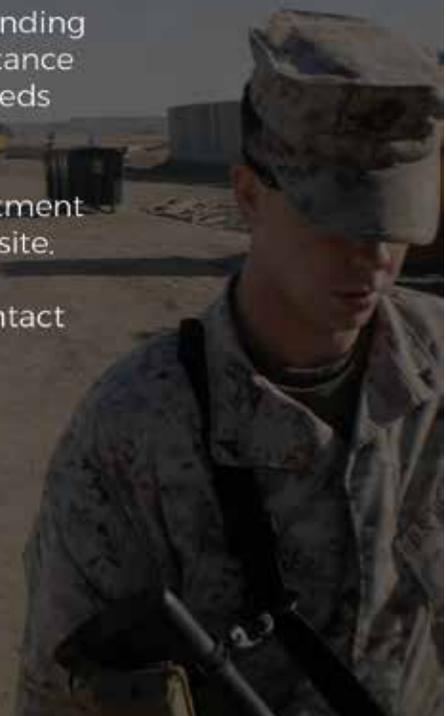
Vaya Health oversees Medicaid, federal, state and local funding for services and supports related to mental health, substance use and intellectual/ developmental disability (IDD) needs in 23 western North Carolina counties.

To find out if you may be eligible for our prevention, treatment and crisis services, call 1-800-849-6127 or visit our website.

For more information about our veterans' initiatives, contact Brandon Wilson, Veterans Affairs Specialist, at 828-225-2785, Ext. 1218.



VAYAHEALTH
vayahealth.com



NON-AMBULATORY TRANSPORTATION SERVICES



OWL, Inc. provides non-ambulatory transportation services for Veterans who require mobility assistance and who have been authorized by the Veterans Health Administration to receive transportation services. Transportation services are available to all VA Medical Facilities in the DURVAMC Catchment area-including CBOCs, Dialysis Centers and HCCs. Services are available 24/7.

Please call four days in advance to arrange transportation.

Offices Servicing the Durham VAMC Network:

Durham Office

3310 Croasdaile Drive
Ste. 301
Durham, North Carolina
27705

Office (919) 864-8461

Raleigh Office

4801 Glenwood Avenue
Ste. 200
Raleigh, North Carolina
27612

Office (919) 604-4405

Greenville Office

400 W. Arlington Blvd.
Greenville, North Carolina
27834

Office (252)756-5665

DIVISION OF VOCATIONAL REHABILITATION SERVICES

“Welcoming our veterans with disabilities adapting to employment and independent living”



The Division of Vocational Rehabilitation Services (DVRS) can assist veterans with disabilities in transitioning smoothly back to civilian life. DVRS offers counseling, training, education, transportation, job placement, assistive technology and other support services to people with the following disabilities:

- Physical
- Psychiatric
- Intellectual and/or developmental
- Substance abuse
- Deaf or hard of hearing or have other communicative disorders
- Any other disability that affects a person's ability to work or live independently.

These services help people with disabilities live and work independently in their community.

DVRS (known to many simply as “VR”) has local field offices and facilities that serve every county in North Carolina. DVRS also directly serves businesses and other organizations by linking them to individuals who are well-matched for jobs with these entities. Contact DVRS at:

www.ncddhs.gov/dvrs
1-800-689-9090
TTY (919) 855-3579
VP (919) 324-1500
Fax (919) 733-7968

MAILING ADDRESS:
NCDVRS
2801 Mail Service Center
Raleigh, NC 27699-2801

NORTH CAROLINA ASSISTIVE TECHNOLOGY PROGRAM (NCATP)

The North Carolina Assistive Technology Program (NCATP) is a state agency under the Division of Vocational Rehabilitation Services that can assist veterans with disabilities in transitioning smoothly back to civilian life. NCATP provides assistive technology device demonstrations, short-term device loans, assessments, training, public awareness and technical assistance to individuals, family members and organizations needing assistive technology services.

NCATP has offices across the state providing services to all N.C. citizens regardless of age and/or disability. For a full listing, please visit the NCATP website at: www.ncatp.org

1-919-855-3500 Administrative Number
919-715-1776 Fax
NCATP
2801 Mail Service Center
Raleigh, NC 27699-2801

NC OPERATED HEALTHCARE FACILITIES

PURPOSE OF THE DIVISION OF STATE OPERATED HEALTHCARE FACILITIES:

We are a system of state operated healthcare facilities that respects the dignity of individuals and provides individualized, compassionate, efficient, quality care to citizens of North Carolina with developmental disabilities, substance use disorders and psychiatric illnesses and whose needs exceed the level of care available in the community.

ALCOHOL AND DRUG ADDICTION TREATMENT CENTERS

Julian F. Keith ADATC,
828-257-6200,
201 Tabernacle Road
Black Mountain, N.C. 28711

R. J. Blackley ADATC,
919-575-7928
100 H St.
Butner, N.C. 27509

Walter B. Jones ADATC
252-830-3426
2577 W. Fifth Street
Greenville, N.C. 27834

DEVELOPMENTAL CENTERS

Caswell Developmental Center
252-208-4000
2415 West Vernon Ave.
Kinston, N.C. 28504

J. Iverson Riddle Developmental Center
828-433-2731
300 Enola Road
Morganton, N.C. 28655

Murdoch Developmental Center
919-575-1000
C Street
Butner, N.C. 27509

NEURO-MEDICAL TREATMENT CENTERS

Black Mountain Neuro-Medical Center
828-259-6700
Old Highway 70
Black Mountain, N.C. 28711

O'Berry Neuro-Medical Center
919-581-4000
400 Old Smithfield Rd.
Goldsboro, N.C. 27530-8464

Longleaf Neuro-Medical Center
252-399-2112
4761 Ward Boulevard
Wilson, N.C. 27893

PSYCHIATRIC HOSPITALS

Broughton Hospital
828-433-2111
1000 South Sterling Street
Morganton, North Carolina 28655

Central Regional Hospital
Butner Campus – 919-764-2000
300 Veazey Road
Butner, NC 27509

Cherry Hospital
919-731-3200
201 Stevens Mill Rd
Goldsboro, N.C. 27530

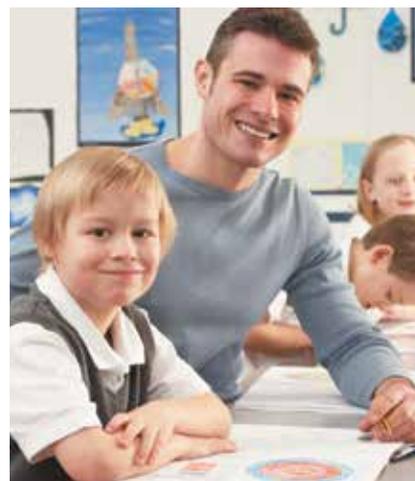
RESIDENTIAL PROGRAMS FOR CHILDREN

Whitaker School
919-575-7048
L Street Butner, N.C. 27509

Wright School
919-560-5790
3132 Roxboro Road
Durham, N.C. 27704



DIVISION OF SERVICES FOR THE DEAF AND THE HARD OF HEARING



The Division of Services for the Deaf and the Hard of Hearing serves individuals who are Deaf, Hard of Hearing, Deaf-Blind, their families and the communities in North Carolina by enabling them to achieve equal access, effective communication and a better quality of life.

Established in 1977 as the North Carolina Council for the Hearing Impaired, the North Carolina Division of Services for the Deaf and the Hard of Hearing has developed into a statewide network of programs providing a wide variety of services to Deaf, Hard of Hearing and Deaf-Blind people.

DSDHH Administration Office
2301 Mail Service Center
Raleigh, NC 27699-2301
919-874-2212 V/TTY
800-851-6099 V/TTY
919-890-0859 VPW
www.ncdhhs.gov/dsdhh

Tight Grocery Budget?



MANNA Food Helpline

Free & Confidential - Mon.-Fri. 9-4:00

MANNA Food Helpline

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North Carolina Counties



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MMIA
MILITARY
MISSIONS
IN ACTION

Dedicated to assisting veterans with disabilities, members of the Armed Forces and their families.

93 cents of every dollar goes toward programs and services.
With your help, we can make a difference.

www.facebook.com/MilitaryMissionsInAction

www.militarymissionsinaction.org

YOU SERVED YOUR COUNTRY NOW LET US SERVE YOU

Skilled Nursing Care



NC State Veterans Homes



SEE PAGE 86

FAYETTEVILLE



SEE PAGE 87

SALISBURY



SEE PAGE 88

BLACK MOUNTAIN



SEE PAGE 89

KINSTON

NORTH CAROLINA VETERANS HOMES

DID YOU KNOW?

THE NC DEPT OF MILITARY & VETERANS AFFAIRS RUNS 4 NC STATE VETERANS HOMES WITH 449 SKILLED CARE BEDS, EMPLOYING OVER 750 NORTH CAROLINIANS.

MISSION

“To provide quality health care services in a professional and ethical manner, ensuring the trust, confidence and respect of our veteran residents, their families, employees, and the communities we serve”

The NC State Veterans Homes provide skilled nursing care to all eligible veterans. All of the NC State Veterans Homes are certified by VA Medical Centers of jurisdiction,

The State of North Carolina is proud to offer four, full-service, State Veterans Homes. They are located adjacent to the VA Medical Center in Fayetteville, on the W.G. Hefner Medical Center campus in Salisbury, Kinston, and in Black Mountain.

Please call our office at **844-NC4-VETS** for further information. Our primary mission is to provide high quality care to veterans, which will improve their quality of life. At the North Carolina State Veterans Homes, we know how to meet the special needs of our veterans.



Medicaid, Medicare, and the Joint Commission.

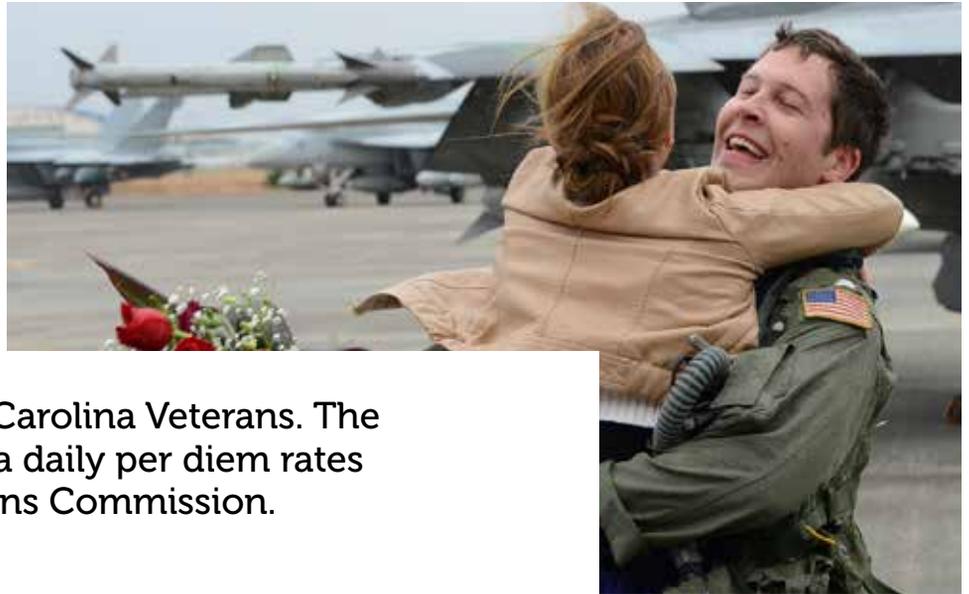
Our professional staff and volunteers are committed to providing quality, comprehensive, short term or long term care with an extra warm and personal touch. It is important each veteran feels we are not just a skilled nursing facility, but an actual “home” in every sense of the word. Every individual is of vital interest to us and we ensure that our focus is the total needs of the resident. Through quality care and

constant companionship, we strive to make every day not a “living experience,” but “an experience worth living.”

We encourage veterans and family members to arrange a pre-admission tour and meeting at your convenience. This will let you see first-hand the care and warmth of our homes as well as give you the opportunity to ask questions about the facility, or visit **www.NC4VETS.com** for a link to a virtual tour.



LONG- TERM CARE ELIGIBILITY



We serve all qualified North Carolina Veterans. The rate of payment is based on a daily per diem rates established by the NC Veterans Commission.

TO BE ELIGIBLE, A VETERAN MUST:

- **Have served** in the Armed Forces for other than training purposes.
- **Have been** discharged under honorable conditions from the United States Armed Forces.
- **Have resided** in North Carolina at least 24 months prior to the date of application.
- **Be referred** by a licensed physician and be in need of skilled nursing care.
- **Be disabled** by reason of age, disease, or other reasons determined through a physical exam. Our facility must be able to meet the need of the resident.

DEDICATED TO EXCELLENCE

Our highly skilled professional staff provides exceptional care and activities to enrich individuals.

- Comfort and security which encourages independence, meets individual needs and emphasizes personal choice.
- Comfortable, spacious accommodations in an attractive environment.
- Care provided by registered nurses, licensed practical nurses and certified nursing assistants under the direction of licensed physicians.
- Registered dietician on staff.
- Experienced social workers to assist veterans and families.
- Veterans Service Officer to assist veterans and families in applying for VA Benefits.
- Licensed by the State of North Carolina and approved for Medicare, Medicaid and third party insurance.
- Complete team of therapists provide physical, occupational and speech therapy within the facility.
- Specially designed therapeutic recreational programs directed by activity personnel on each unit.
- Full range of in-house activities, community outings and programs involving local volunteer groups.
- Special programs throughout the year honoring veterans.
- Our first two homes are 5 star rated and we expect our two newest homes to earn that distinction as well.

Hospital care provided by either the VA Medical Centers or local hospitals.

FAYETTEVILLE

150-bed home for Veterans



Location:

214 Cochran Ave.
Fayetteville, NC
28301

Phone:

(910) 482-4131

Visiting hours:

8AM to 8PM

Certifications:

Medicaid
Medicare
Joint Commission

SERVICES OFFERED:

Semi-private rooms/private rooms (additional cost) 24-hour nursing, IV therapy, oxygen therapy, physical therapy, occupational therapy, speech therapy, wound care and pain management, full-time dietician, nourishment care, activity programming, hospice, counseling services, family group meetings, laundry, pharmacy, volunteer medication management, psychiatry, MSW socialworker, barber/beauty shop services.





SALISBURY

99-bed home for Veterans

Location:

1601 Brenner Ave.
Building #10
Salisbury, NC 28144

Phone:

(704) 638-4200

Visiting hours:

8AM to 8PM

Certifications:

Medicaid
Medicare
Joint Commission

SERVICES OFFERED:

Semi-private rooms/private rooms (additional cost) 24-hour nursing, IV therapy, oxygen therapy, physical therapy, occupational therapy, speech therapy, wound care and pain management, full-time dietician, nourishment care, activity programming, hospice, counseling services, family group meetings, laundry, volunteer services, management, psychiatry, MSW social worker, barber/beauty shop services.



BLACK MOUNTAIN

100-bed home for Veterans



Location:

62 Lake Eden Road
Black Mountain, NC
28711

Phone:

(828) 257-6800

Visiting hours:

8AM to 8PM

Certifications:

Medicaid
Medicare
Joint Commission

SERVICES OFFERED:

Private rooms, 24-hour nursing, IV therapy, oxygen therapy, physical therapy, occupational therapy, speech therapy, wound care and pain management, full-time dietician, nourishment care, activity programming, hospice, private chapel, counseling services, family support group meetings, laundry, volunteer services, medication management, psychiatry, MSW social worker, aquatic therapy, barber/beauty shop services.





KINSTON

100-bed home for Veterans



Location:

2150 Hull Road
Kinston, NC 28504

Phone:

(252) 939-8000

Visiting hours:

8AM to 8PM

Certifications:

Medicaid
Medicare
Joint Commission

SERVICES OFFERED:

Private rooms, 24-hour nursing, IV therapy, oxygen therapy, physical therapy, occupational therapy, speech therapy, wound care and pain management, full-time dietician, nourishment care, activity programming, hospice, private chapel, counseling services, family support group meetings, laundry, volunteer services, medication management, psychiatry, MSW social worker, aquatic therapy, barber/beauty shop services.



Concussion/Mild Traumatic Brain Injury and Posttraumatic Stress Disorder



WHAT IS A TRAUMATIC BRAIN INJURY (TBI)?

- A TBI is the disruption of normal brain function caused by an external force including a jolt or blow to the head.
- Not all blows or jolts to the head cause a TBI.
- A TBI may be classified as mild, moderate or severe. A mild TBI, also called a concussion, is the most common form.
- You may or may not lose consciousness, remember the event (amnesia), feel confused or “see stars” immediately after the injury.

WHAT IS POSTTRAUMATIC STRESS DISORDER (PTSD)?

- PTSD describes a group of symptoms that may develop after you are exposed to actual or threatened death, serious injury or sexual violence.
- These events can include combat exposure; domestic violence; sexual, mental or physical abuse; a motor vehicle crash; a terrorist attack; or a natural disaster.

IS THERE A CONNECTION BETWEEN CONCUSSION AND PTSD? CAN I HAVE BOTH?

- Yes. Concussion and PTSD involve physical changes and psychological symptoms.
- Yes, you can have both. Concussion and PTSD can be caused by the same traumatic event.
- Some people with a concussion may also have PTSD, but not everyone does.
- The symptoms of PTSD and concussion may be similar and make it hard to tell which condition you have

Overlapping Symptoms

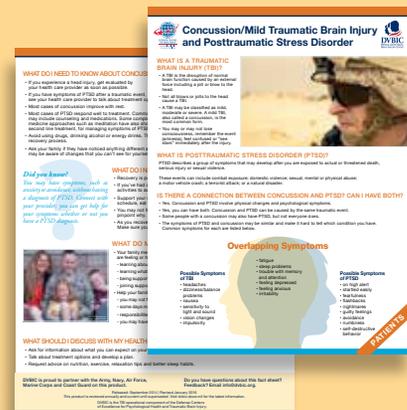
Possible Symptoms of TBI

- headaches
- dizziness/balance problems
- nausea
- sensitivity to light and sound
- vision changes
- impulsivity

- fatigue
- sleep problems
- trouble with memory and attention
- feeling depressed
- feeling anxious
- irritability

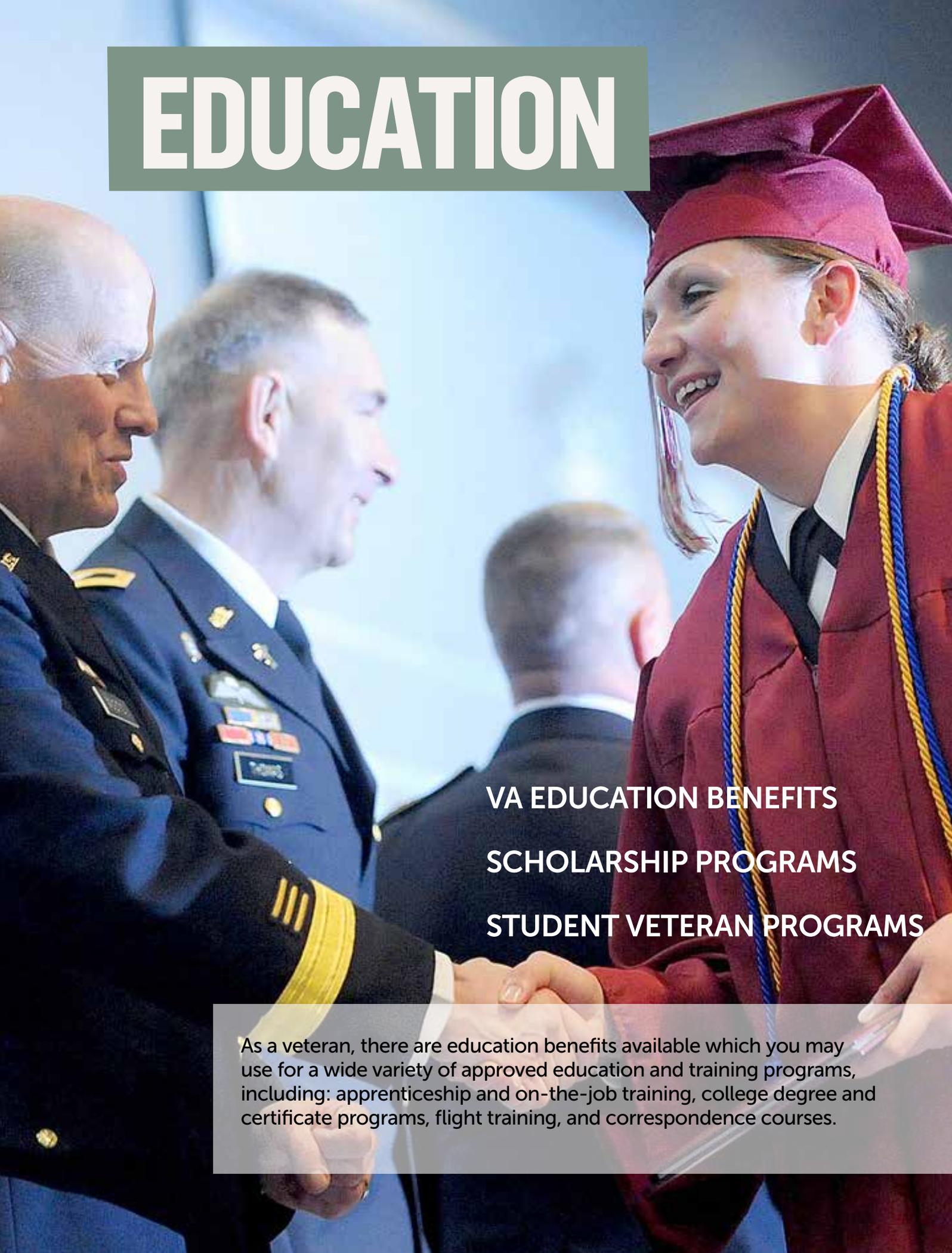
Possible Symptoms of PTSD

- on high alert
- startled easily
- fearfulness
- flashbacks
- nightmares
- guilty feelings
- avoidance
- numbness
- self-destructive behavior



For more information about the overlap and differences between TBI and PTSD, order or download Defense and Veterans Brain Injury Center Concussion/Mild Traumatic Brain Injury and Posttraumatic Stress Disorder Fact Sheet: <https://dvbic.dcoe.mil/material/concussionmild-traumatic-brain-injury-and-posttraumatic-stress-disorder-fact-sheet>

EDUCATION



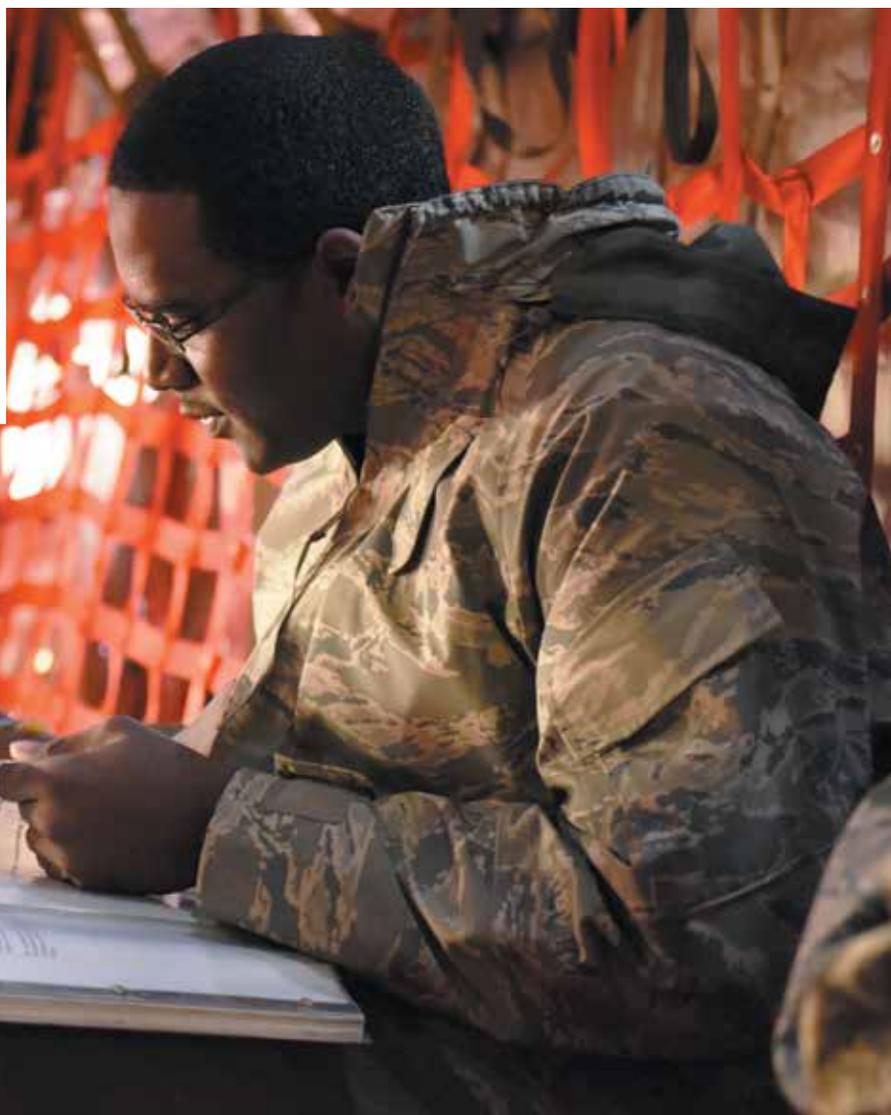
VA EDUCATION BENEFITS

SCHOLARSHIP PROGRAMS

STUDENT VETERAN PROGRAMS

As a veteran, there are education benefits available which you may use for a wide variety of approved education and training programs, including: apprenticeship and on-the-job training, college degree and certificate programs, flight training, and correspondence courses.

EDUCATION TUITION ASSISTANCE



POST 9/11 GI BILL

The Post-9/11 GI Bill provides financial support for education and housing to honorably discharged veterans with at least 90 days of aggregate service on Title 10 Active Duty or Title 32 Active Guard Reserve Duty after Sept. 10, 2001, or individuals discharged with a service-connected disability after 30 days. The Post 9/11 GI Bill will pay eligible individuals full tuition and fees directly to the school for all public school in-state students, attending classes at a greater than part-time rate.

A Monthly Housing Allowance (MHA) based on the Basic Allowance for Housing (BAH) for an E-5 with dependents is also provided. Distance learning enrollee's housing allowance is equal to half the national average BAH for an E-5 with dependents. An annual books and supplies stipend is paid proportionately based on years of active duty service. (GIBill.va.gov)

MONTGOMERY GI BILL

Montgomery GI Bill (MGIB) benefits are available for service members and veterans to help with education and training costs.

MGIB can be used to pay for many different programs including the following degrees; business, technical or vocational courses, distance learning including correspondence courses, apprenticeship/job training, flight training, licensing and certification exams.

VA educational benefits may be used while the service member is on active duty or after the service member's separation from active duty with a fully honorable military discharge. Discharges "under honorable conditions" and "general" discharges do not establish eligibility.

Eligibility generally expires 10 years after the service member's discharge. However, there are exceptions for disability, re-entering active duty, and upgraded discharges. (GIBill.va.gov)



FOLDS OF HONOR (PRIVATE)

Folds of Honor proudly stands in the gap, providing scholarships and assistance to the spouses and children of those killed or disabled in service to America.

Of the one million-plus dependents adversely affected by deployments to Iraq and Afghanistan, over 87% do not qualify for federal scholarship assistance. We can honor those who fought for our freedom by serving the families they leave behind.

FOR MORE INFORMATION, GO TO:
www.foldsofhonor.org

TILLMAN MILITARY SCHOLARSHIP (PRIVATE)

The Pat Tillman Foundation's Tillman Military Scholars program supports our nation's active and veteran service members and their families by removing financial barriers to completing a degree or certification program of their choice. Study-related expenses such as tuition and fees, but also other needs, including housing and child care. To apply, go to

www.patillmanfoundation.org

POST-9/11 GI BILL TRANSFER OF ENTITLEMENT

The post-9/11 GI Bill also offers some service members the opportunity to transfer their GI Bill to dependents. An individual approved to transfer an entitlement to educational assistance under this section may transfer the individual's entitlement to the individual's spouse, or one or more of the individual's children or any combination of spouse and child. A family member must be enrolled in the Defense Eligibility Enrollment Reporting System (DEERS) and be eligible for benefits, at the time of transfer to receive transferred educational benefits.

Visit www.benefits.va.gov/gibill/post911_transfer.asp

TUITION ASSISTANCE - [TOP-UP]

TOP-UP allows the VA to reimburse an individual for all or a portion of the charges for courses that are not reimbursed under certain military education programs. The amount of this benefit can be equal to the differences between the total cost of a college course and the amount of Tuition

Assistance that is paid by the military for the course.

To be eligible for the TOP-UP benefit, the person must be approved for federal tuition assistance by a military department and be eligible for Montgomery GI Bill (MGIB)-Active Duty benefits or the Post-9/11 GI Bill.

YELLOW RIBBON GI EDUCATION ENHANCEMENT PROGRAM

This program was enacted to assist eligible individuals with payment of their tuition and fees in instances where costs exceed the most expensive in-state undergraduate tuition at a public institution of higher education.

To be eligible, the student must be a veteran receiving benefits at the 100 percent benefit rate payable, a transfer-of-entitlement-eligible dependent child or spouse of a veteran.

VA will match the school's percentage (up to 50 percent) to reduce or eliminate out-of-pocket costs for eligible participants.

To receive this benefit, your school must agree to participate in the Yellow Ribbon Program.



NC IN-STATE TUITION

The General Assembly approved \$5.8 million for public colleges and universities, including community colleges, to participate in the federal Yellow Ribbon Program, which provides schools matching federal funds to cover part of the gap between in-state tuition and out-of-state tuition or tuition at a private institution.

DEPENDENTS' EDUCATIONAL ASSISTANCE [DEA]

DEA is a federal VA benefit that provides education and training opportunities to eligible dependents, spouses and survivors of certain veterans.

To be eligible, you must be the dependent or spouse of a veteran who died or is permanently and totally disabled as the result of a service-connected disability, a veteran who died from any service-connected disability, a service member missing in action or captured in line of duty, a service member forcibly detained or interned in line of duty, or a service member who is hospitalized or receiving outpatient treatment for a service-connected permanent and total disability.

FRY SCHOLARSHIP (PRIVATE)

Children of an active duty member of the Armed Forces who has died in the line of duty on or after September 11, 2001, are eligible for the Marine Gunnery Sergeant John David Fry Scholarship. Eligible children attending school may receive up to their full tuition and fees for a public school or a statutory annual maximum amount for a public school, plus a monthly living stipend and book allowance under this program.

Website: <http://gibill.va.gov>

EDUCATIONAL FUNDING PROGRAMS FOR MILITARY AND THEIR DEPENDENTS

DEPARTMENT OF DEFENSE VOLUNTARY EDUCATION PROGRAM

Each of the four military services, the Coast Guard and the Selected Reserve Service Components operates its own voluntary education program.

INCREASED TITLE IV STUDENT ASSISTANCE TO CHILDREN OF CERTAIN DECEASED MEMBERS OF THE U.S. MILITARY

The Higher Education Opportunity Act (HEOA) established certain conditions for an otherwise eligible student whose parent or guardian died as a result of U.S. military service in Iraq or Afghanistan after September 11, 2001, to receive increased amounts of Title IV student financial assistance.

IRAQ/AFGHANISTAN SERVICE GRANT (IASG)

This program provides assistance to undergraduate students whose parents or guardians died as a result of U.S. military service in Iraq or Afghanistan after September 11, 2001, and do not have a Pell-eligible expected family contribution.

NORTH CAROLINA NATIONAL GUARD TUITION ASSISTANCE PROGRAM (NCTAP)

NCTAP provides assistance for tuition and required fees to qualified members of the NC National Guard.

NORTH CAROLINA VIETNAM VETERANS, INC. SCHOLARSHIP PROGRAM (NCVVI)

Eligibility: applicant must meet the following eligibility requirements:

- Be a current resident of Wake, Durham, Harnett, Johnston, Franklin, Nash, Chatham, or Granville counties in North Carolina.
- Have been awarded the Vietnam Service Medal (VSM) for service in the Vietnam War, or
- Be a spouse, child, foster child, adopted child, grandchild, etc. of a Vietnam veteran (a recipient of the VSM).

NORTH CAROLINA SCHOLARSHIP FOR CHILDREN OF WAR TIME VETERANS

Since July 2002, the North Carolina Division of Veterans Affairs has awarded over 5,000 scholarships to the children of North Carolina veterans.

North Carolina's Scholarship Program was created to show its appreciation for the services and sacrifices of its war veterans. The scholarship program is only valid at North Carolina schools. Scholarship recipients attending North Carolina approved private schools shall be granted a monetary allowance.

The scholarship is for 8 academic semesters; in which the applicant will have six years to utilize the eight academic semesters.

The Scholarship program has been established for the qualifying natural or adopted (before age 15) children of certain class categories of deceased, disabled, combat or POW/MIA veterans.

Applicant must be under age 25 at the time of application. The veteran's qualifying criteria must have occurred during a period of war. At time of application, applicant must be domiciled and a resident of North Carolina. In addition:

A. Veteran parent was a legal resident of North Carolina at time of said veteran's entrance into that period of service in the Armed Forces during which eligibility is established

OR

B. The applicant, of an eligible veteran, is the natural child or adopted child prior to age 15, who was born in North Carolina and has been a resident of North Carolina continuously since birth.

RESERVE OFFICERS TRAINING CORPS SCHOLARSHIPS (ROTC) – INCLUDES ARMY, AIR FORCE, NAVY & MARINE

Repetitive four-year scholarships are available on a competitive, merit basis to high school students who plan to enroll in the Army, Air Force, Navy, or Marine Corps, Reserve Officers Training Corps at a postsecondary institution.

COAST GUARD COLLEGE STUDENT PRE-COMMISSIONING INITIATIVE PROGRAM (CSPI)

The Coast Guard College Student Pre-commissioning Initiative (CSPI) provides up to two academic years of college tuition, required textbook costs, required fees, monthly salary of approximately \$2,900, medical and life insurance, 30 days paid vacation per year and leadership training.

SELECTED RESERVE/NATIONAL GUARD STUDENT LOAN REPAYMENT PROGRAM

The SLRP repays 15% or \$500, whichever is greater, on any outstanding balance on eligible loans. Payments are made once a year, on the anniversary of the enlistment, on loans at least one year old. Some limitations apply. Total repayment cannot exceed \$50,000. Only pre-existing loans can qualify. Value is subject to the availability of funds.



NC INSTITUTIONS WHICH CURRENTLY PARTICIPATE IN THE STATE'S SCHOLARSHIP PROGRAM ADMINISTERED BY THE DEPARTMENT OF MILITARY & VETERANS AFFAIRS

Appalachian State University
 East Carolina University
 Elizabeth City State University
 Fayetteville State University
 N.C. A & T State University
 N.C. Central University
 N.C. School of the Arts
 N.C. State University
 University of North Carolina, Asheville
 University of North Carolina, Chapel Hill
 University of North Carolina, Charlotte
 University of North Carolina, Greensboro
 University of North Carolina, Pembroke
 University of North Carolina, Wilmington
 Western Carolina University, Cullowhee
 Winston-Salem State University

COMMUNITY COLLEGES AND TECHNICAL INSTITUTIONS

Alamance Community College
 Asheville-Buncombe Tech. Comm. College
 Beaufort County Community College
 Bladen Community College
 Blue Ridge Community College
 Brunswick Community College
 Caldwell Community & Tech. College
 Cape Fear Community College
 Carteret Community College
 Catawba Valley Community College
 Central Carolina Community College
 Central Piedmont Community College
 Cleveland Community College
 Coastal Carolina Community College
 College of the Albemarle
 Craven Community College
 Davidson County Community College
 Durham Technical Community College
 Edgecombe Community College
 Fayetteville Technical Community College
 Forsyth Technical Community College
 Gaston College
 Guilford Technical Community College
 Halifax Community College
 Haywood Community College
 Isothermal Community College
 James Sprunt Community College
 Johnston Community College
 Lenoir Community College
 Martin Community College
 Mayland Community College
 McDowell Technical Community College
 Mitchell Community College

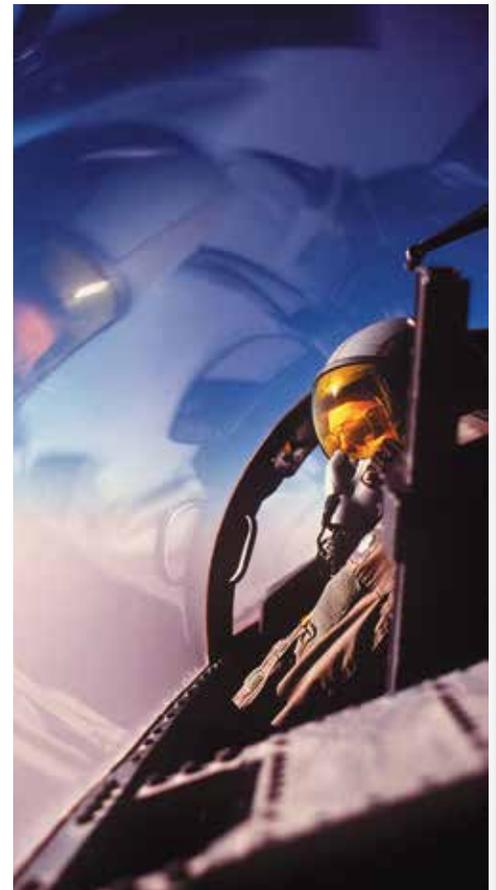
Montgomery Community College
 Nash Community College
 Pamlico Community College
 Piedmont Community College
 Pitt Community College
 Randolph Community College
 Richmond Community College
 Roanoke-Chowan Community College
 Robeson Community College
 Rockingham Community College
 Rowan-Cabarrus Community College
 Sampson Community College
 Sandhills Community College
 South Piedmont Community College
 Southeastern Community College
 Southwestern Community College
 Stanly Community College
 Surry Community College
 Tri-County Community College
 Vance-Granville Community College
 Wake Technical Community College
 Wayne Community College
 Western Piedmont Community College
 Wilkes Community College
 Wilson Technical Community College

PRIVATE COLLEGES AND UNIVERSITIES

Barton College
 Barber-Scotia College
 Belmont Abbey College
 Bennett College
 Wake Forest School of Medicine
 Brevard College
 Cabarrus College of Health Sciences
 Campbell University
 Carolinas College of Health Sciences
 Catawba College
 Chowan University
 Davidson College
 Duke University
 Elon University
 Gardner-Webb University
 Greensboro College
 Guilford College
 Heritage Bible College
 High Point University
 John Wesley Bible College
 Johnson C. Smith University
 Lees-McRae College
 Lenoir Rhyne University
 Livingstone College
 Louisburg Junior College

Mars Hill College
 Meredith College
 Methodist University
 Mid-Atlantic Christian University
 Montreat College
 Mount Olive University
 Wesleyan College
 Pfeiffer University
 Piedmont International University
 Queens University of Charlotte
 St. Andrews Presbyterian College
 St. Augustine's College
 Salem College
 Shaw University
 Southeastern Baptist Theological Seminary
 Southeastern Free Will Baptist College
 Wake Forest University
 Warren Wilson College
 Watts School of Nursing
 William Peace University
 Wingate University

***Go to milvets.nc.gov for eligibility information and to apply**



HOW TO REGISTER YOUR APPRENTICESHIP PROGRAM

REGISTERED APPRENTICESHIP SPONSORS

Industries today are constantly on the lookout for talent, and North Carolina's Veterans are a proven talent pool. The Departments of Veterans Affairs (VA) and Labor (DOL) are working together to make GI Bill approval for registered apprenticeship programs a seamless process.

As a Registered Apprenticeship program, your program may be "Approved for GI Bill". To determine whether your program is eligible, it is best to first contact your State Approving Agency (SAA) for advice and guidance. Find your state's contact information: nccommerce.com/workforce/job-seekers/apprenticeship

VOCATIONAL REHABILITATION AND EMPLOYMENT [VR&E]

The Vocational Rehabilitation and Employment (VR&E) VetSuccess Program assists veterans with service-connected disabilities to prepare for, find, and keep suitable jobs. For veterans with service-connected disabilities so severe that they cannot immediately consider work, VetSuccess offers services to improve their ability to live as independently as possible.

Eligibility and entitlement for VR&E are two different things. You may meet eligibility criteria, yet not be entitled to services. The first step in the VR&E process is to be evaluated upon application to your local VA Regional Office, to determine if you qualify for services. Please contact your local service officer for further assistance. See pages 6-13 for contact information.

www.benefits.va.gov/gibill/reap.asp

TUITION ASSISTANCE WHILE ON ACTIVE DUTY

This DoD program is administered by the individual branches of the Armed Forces. Tuition Assistance (TA) can be used to pay up to 100 percent of a service member's tuition while taking eligible courses during off-duty hours. Tuition Assistance benefits are capped at \$250 per semester credit hour, with a \$4,500 yearly cap.



NCWORKS APPRENTICESHIP

NCWorks Apprenticeship helps workers learn new specialized skills needed in today's workforce through its apprenticeship programs. The program combines on-the-job training with classroom instruction so participants can become fully competent in the professional knowledge, skills, and proficiency of an occupation.

HOW IT WORKS

Apprentices choose from a variety of occupations in which to pursue an apprenticeship and receive a combination of classroom instruction and on-the-job training. Participants are paid for their work, and their wages will increase as they progress in the program.

Apprentices work as they complete their classes; their work schedule will be determined by their respective employers. When they graduate, apprentices will receive a Certificate of Completion and will have earned the highly skilled "journeyman worker" designation. The program can last one to five years depending on the occupation.

Employers work with the Apprenticeship and Training Bureau to create a written agreement that specifies the length of a participant's training, the related technical instruction, an outline of the skills that person will need to learn, and the wages he or she will earn. The N.C. Department of Commerce must approve this agreement before apprentices can start their training.

To join an apprenticeship program, participants are required to pay an annual fee of \$50. Many employers, however, choose to pay this fee on behalf of their apprentices (although they are not required to do so).

HOW TO APPLY

Call 919-814-0303, or e-mail apprenticeshipmail@nccommerce.com.

Calling All Veterans!

Wake Technical Community College provides a variety of services for veterans and their families pursuing education, training and professional development:

Veteran Services Offers:

- Assistance with VA education benefits
- Priority registration
- Military and Veterans Resource Center
- Interactive Career Skills Workshops



veterans@waketech.edu | 919-866-5099



NEED A HAND WITH THAT?

College Tuition Can Be a Hardship
The Marine Corps Scholarship Foundation Can Help



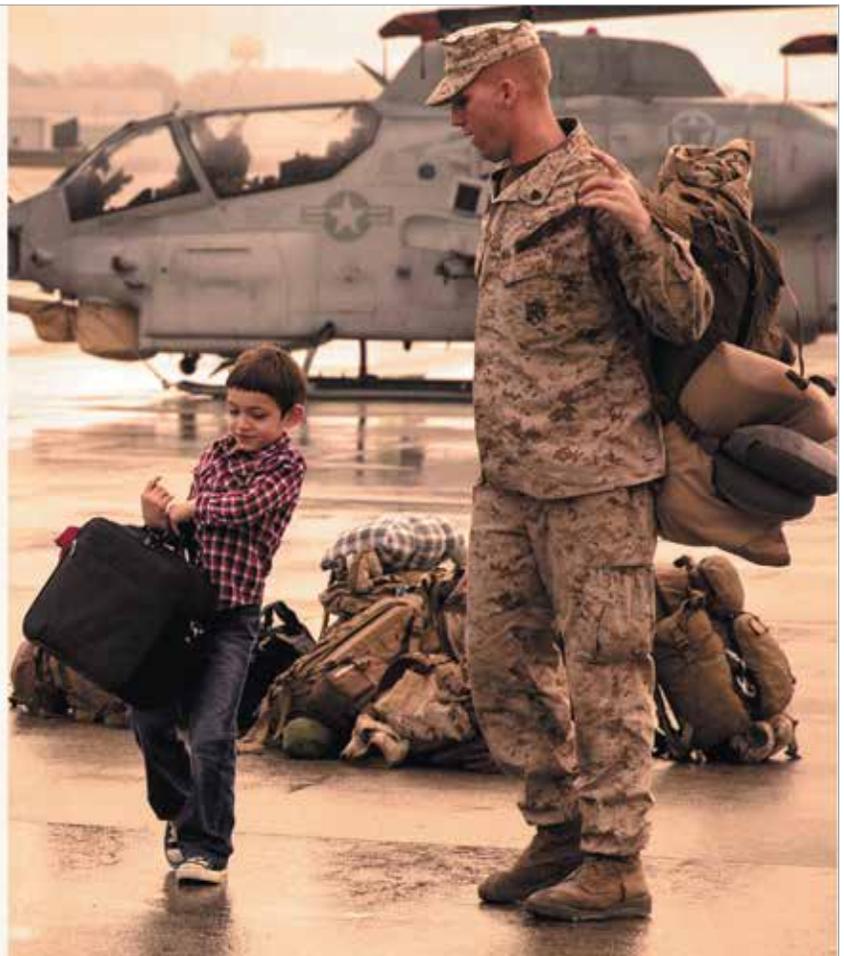
Since 1962, the Marine Corps Scholarship Foundation has provided need-based scholarships to the children of Marines.

Learn more at
MCSF.ORG



Facebook: [MarineScholar](#) | YouTube: [mcsf1962](#) | Twitter: [@MarineScholars](#)

Honoring Marines by Educating Their Children™



UNIVERSITIES THAT ...

	Appalachian State	Elizabeth City State	East Carolina	Fayetteville State	NC A&T State	NC Central	NC State	UNC Asheville	UNC Chapel Hill	UNC Charlotte	UNC Greensboro	UNC Pembroke
Grant PE Credit to Service Members	•	•	•	•	•	•	•	•	•	•	•	•
Has Clearly Articulated Military to Campus Credit Equivalencies	•	•	•	•	•	•	•	•	•	•	•	•
Offer Priority Enrollment for Active Duty Military Students	•	•	•	•	•	•	•	•	•	•	•	•
Has Call to Duty Student Policy	•	•	•	•	•	•	•	•	•	•	•	•
Classify Military Students as Transfer Students	•	•	•	•	•	•	•	•	•	•	•	•
Has One Admissions Counselor for Military Affiliated Students	•	•	•	•	•	•	•	•	•	•	•	•
Offer Conditional Admission Contracts	•	•	•	•	•	•	•	•	•	•	•	•
Has one Financial Aid Counselor for Military Affiliated Students	•	•	•	•	•	•	•	•	•	•	•	•
Accept Tuition Assistance	•	•	•	•	•	•	•	•	•	•	•	•
Accept Veterans Education Benefit	•	•	•	•	•	•	•	•	•	•	•	•
Offer Payment Plan for Students with VA Payment Delay	•	•	•	•	•	•	•	•	•	•	•	•
Has Scholarship or Grant for Military Veterans or Dependents	•	•	•	•	•	•	•	•	•	•	•	•
Has Military/Veteran Specific Housing or Assistance w/ Off Campus Housing	•	•	•	•	•	•	•	•	•	•	•	•
Has one Student Affairs Person for Military Affiliated Students	•	•	•	•	•	•	•	•	•	•	•	•
Has Student Veteran Organization or other Military Student Organizations	•	•	•	•	•	•	•	•	•	•	•	•
Has Veteran or Military Student Space on Campus	•	•	•	•	•	•	•	•	•	•	•	•
Has Military or Veteran Orientation	•	•	•	•	•	•	•	•	•	•	•	•
Track Active Duty Military and Veteran Student Populations	•	•	•	•	•	•	•	•	•	•	•	•
Identify Military Affiliated Students on the Student Data File	•	•	•	•	•	•	•	•	•	•	•	•
Has PTSD,TBI and Military Stress Trained Support Staff	•	•	•	•	•	•	•	•	•	•	•	•
Has Yellow Ribbon Program Participation	•	•	•	•	•	•	•	•	•	•	•	•
Has Military Affairs Liaison Appointed	•	•	•	•	•	•	•	•	•	•	•	•
Has Targeted Collateral Material for Military Students	•	•	•	•	•	•	•	•	•	•	•	•
Has Military Affairs Committee	•	•	•	•	•	•	•	•	•	•	•	•
Offer Core Education Curriculum Online	•	•	•	•	•	•	•	•	•	•	•	•
Designate Military Ombudsman to Advocate on Behalf of Students	•	•	•	•	•	•	•	•	•	•	•	•
Offer Targeted Online Programs to the Military	•	•	•	•	•	•	•	•	•	•	•	•
Affiliate with the Servicemembers Opportunity College Network (SOC)	•	•	•	•	•	•	•	•	•	•	•	•
Employ VA Work Study Students	•	•	•	•	•	•	•	•	•	•	•	•
Has Dedicated Web Presence for Military Affiliated Students	•	•	•	•	•	•	•	•	•	•	•	•
Conduct for Faculty,Staff,and Student Military Student Awareness Training	•	•	•	•	•	•	•	•	•	•	•	•
Has Military or Veteran "Seminar" Classes	•	•	•	•	•	•	•	•	•	•	•	•
Deliver Classes on Military Base with approval from Military Installation	•	•	•	•	•	•	•	•	•	•	•	•
Has Army ROTC	•	•	•	•	•	•	•	•	•	•	•	•
Has Air Force ROTC	•	•	•	•	•	•	•	•	•	•	•	•
Has Navy/Marine Corps ROTC	•	•	•	•	•	•	•	•	•	•	•	•

Source: <http://old.northcarolina.edu/frc/uncserves/serves.html>

caring for those who cared for us
day services for homeless veterans @ the IRC



showers, laundry, mail services, case management, counseling, jobs program, GED classes, educational opportunities, barber shop, medical clinic, shelter referral, computer lab, edible gardens, resume help, disability claims assistance, Veteran Support Group, VetCorps member on location, more.

407 E. Washington Street, downtown GSO www.gsodaycenter.org



INSPIRE NEW BEGINNINGS



**NORTH CAROLINA
OUTWARD BOUND SCHOOL**

Outward Bound offers fully funded wilderness expeditions for veterans. These programs put veterans back in touch with their strengths and aptitudes, the camaraderie of working with fellow veterans, new challenges and adventure. Find out how these programs change lives at www.ncobs.org.

HOUSING



NC4VETS
nc4vets.com / 844-NC4-VETS

- EMPLOYMENT
- HEALTHCARE
- VA BENEFITS
- HOUSING**
- PERSONAL SERVICES
- EDUCATION

VETERANS PROGRAMS,
BENEFITS & SERVICES;
FEDERAL, STATE, COUNTY,
NON-PROFIT AND MORE!

HOMELESSNESS PREVENTION
NC HOUSING AGENCIES
VA HOUSING PROGRAMS

EMERGENCY SUPPORT AND RESOURCES

If you are a homeless veteran we are here to support you and to help you get back on your feet. 



NATIONAL CALL CENTER FOR HOMELESS VETERANS



1-877-4AID-VET
[1-877-424-3838]

Contact VA's National Call Center for Homeless Veterans at **877-4AIDVET (877-424-3838)** to speak to a trained VA responder. The hotline and online chat are free and neither VA registration nor enrollment in VA healthcare is required to use these services.

Expert responders staff the hotline for homeless veterans 24 hours a day, seven days a week. The responders can provide emergency support and resources to homeless veterans, family members, as well as community agencies and non-VA providers.

When you call or join the online chat, you will be connected to a trained VA responder. The responder will ask a few questions and assess your needs.

If you're a veteran, you may be connected with the Homeless Program point of contact and the nearest VA facility.

According to the National Coalition for Homeless Veterans (NCHV), about 23 percent of America's homeless population are veterans. This equates to between 529,000 and 840,000 veterans who are homeless at some time each year. Because of this, the Department of Veterans Affairs and other non-profit organizations have devised a number of initiatives to help our homeless veterans.

See next page for some of the initiatives provided by VA for our Veterans -->



HOMELESSNESS ASSISTANCE

VA GRANT & PER DIEM (GPD) HOMELESS PROGRAMS

NAME & LOCATION OF GPD PROGRAM	PHONE NUMBER	COMMENTS
Veteran's Restoration Quarters & Transitional Housing (ABCCM) 1329 Tunnel Rd. Asheville, NC 28805	828.299.8701	24 month program. Converted motel. www.abccm.org/ministries/veterans Men's Program.
Steadfast House (ABCCM) 30 Cumberland Ave. Asheville, NC 28801	828.259.5365	Women's Program. Women with young children welcome. http://www.abccm.org/ministries/women
First at Blue Ridge (Vets First) PO Box 40 Ridgecrest, NC 28770	828.669.0011	For those in recovery from substance use disorders. www.firstinc.org Men's program and Women's Program. Near Asheville
Family Forum (Independence Place) 3501 E Independence Blvd. Charlotte, NC 28805	704.817.8049	Call for information.
Faith Farm (Lutheran Family Services) 842 Dallas-Stanley Highway Dallas, NC 28034	800.435.7464	Women's Program. www.lfscarolinas.org Near Charlotte.
Healing with CAARE 214 Broadway St. Durham, NC 27701	919.687.0793	24 month program. Shared living space, single rooms in several houses. www.caare-inc.org
Maple Court (Volunteers of America) 207 Commons Blvd. Durham, NC 27704	919.477.0571	Apartments. 24 month program.
Triangle Residential Options for Substance Abusers (TROSA) 1820 James St. Durham, NC 27707	919.419.1059	For those in recovery from substance use disorders (alcohol and other drugs). Must be able to work. 24 month program. www.trosainc.org
Servant Center 1312 Lexington Ave. Greensboro, NC 27403	336.275.8585	For those with medical issues and receiving or applying for benefits. Men's program. www.theservantcenter.org
Caring Services Vet Safety Net 102 Chestnut Drive High Point, NC 27262	336.886.5594	For those in recovery from substance use disorders (alcohol and other drugs). Men's Program. www.caring-services.org
Arthur Cassell Transitional House 1022 True Lane High Point, NC 27260	336.885.2166	For those in recovery from substance use disorders (alcohol and other drugs). 24 month men's program. www.odm-hp.org/ch.htm
Healing Place of Wake County 1251 Goode St. Raleigh, NC 27603	919.838.9800	For those in recovery from substance use disorders (alcohol and other drugs). 24 month program. www.hpowc.org
Veterans Helping Veterans Heal 3614 N Glenn Ave. Winston-Salem, NC 27105	336.744.1313	For those in recovery from substance use disorders (alcohol and other drugs). Men's program.
Good Shepherd Ministries 811 Martin St. Wilmington, NC 28401	910.763.4424	For those in recovery from substance use disorders. 18 month program. www.goodshepherdwilmington.org

VETERANS RESTORATION QUARTERS

**1329 TUNNEL RD
ASHEVILLE, NC 28805
(828) 259-5300**



ADDITIONAL MINISTRIES SUPPORTING HOMELESS VETERANS

Steadfast House
(828) 259-5365
Veterans Services of the Carolinas
(828) 259-5314

- At ABCCM's Veterans Restoration Quarters (VRQ), our mission is to create a principle-based environment and comprehensive residential program that addresses every area of restoration in the life of a homeless veteran. We work to provide each Veteran with stability, personal skill building, educational and training opportunities leading to employment and housing along with personal restoration.
- We accomplish our mission through the diligent and compassionate efforts of trained staff, volunteers and community partners. Over 240 Veterans reside nightly on the VRQ campus, a former 125 room motel. Our guests are provided with housing, meals, case management services, counseling, laundry facilities, a computer lab, gym, chapel and transportation to VA Medical Center appointments. Every effort is made to provide each person with the tools, direction and encouragement needed to arrive at genuine success and full restoration.

DISABLED VETERAN HOMESTEAD EXEMPTION

To qualify as a disabled veteran and be eligible for a homestead property tax exemption under North Carolina law, a person must meet certain criteria. The property owner must be a veteran of any branch of the US Armed Forces with an honorable discharge and must have a permanent & total service connected disability of 100% from the US Department of Veteran Affairs. If in receipt of DIC, a surviving spouse of a disabled veteran may also qualify for a tax exemption.

The disabled veteran homestead exemption is the first \$45,000 of your assessed real property value is exempt from tax abatement.

Find more information about eligibility and qualifications at www.dornc.com

NEED HELP WITH HOUSING OR HOMELESSNESS?

TRY THESE LOCAL HOUSING & CERTIFIED VETERAN PEER SUPPORT ASSISTANCE CENTERS

LME/MCO	REGION	24/7 ACCESS NUMBER	WEBSITE
Alliance Behavioral Healthcare	Central/Eastern	1-800-510-9132	www.alliancebhc.org
Cardinal Innovations Healthcare Solutions	Mountain	1-800-939-5911	www.cardinalinnovations.org
Eastpointe	Sandhills	1-800-913-6109	www.eastpointe.net
Partners Behavioral Health Management	Foothills	1-888-235-4673	www.partnersbhm.org
Sandhills Center	Central	1-800-256-2452	www.sandhillscenter.org
Vaya Health	Mountain	828-225-2785	www.vayahealth.com
Trillium Healthcare	Coastal	1-877-685-2415	www.trilliumhealthresources.org



VA'S COMPENSATED WORK THERAPY

VA's Compensated Work Therapy (CWT) is comprised of three unique programs which assist homeless veterans in returning to competitive employment: Sheltered Workshop, Transitional Work, and Supported Employment. Veterans in CWT are paid at least the federal or state minimum wage, whichever is the higher.

The Homeless Veteran Support Employment Program (HVSEP) provides vocational assistance, job development and placement, and ongoing supports to improve employment outcomes among homeless veterans and veterans who have been trained as Vocational Rehabilitation Specialists (VSRs).

CWT veterans have been successfully employed over the years in various competitive positions including, but not limited to, health care, information technology, manufacturing, warehousing construction trades, clerical and office support, retail and services delivery. CWT programs develop an individual rehabilitation plan for each veteran and provide a wide range of support services to the veteran at the CWT locations. Benefits including service-connected compensation, and non-service-connected pensions cannot be reduced, denied, or discontinued based on participation in CWT.

The CWT program's mission is to provide realistic and meaningful vocational opportunities to the veteran, and encouraging successful reintegration into the community at the veteran's highest functional level.

Contact your local VA Medical Center on [page 65](#)

TRANSITIONAL RESIDENCE PROGRAM

The Transitional Residence (TR) program is a work-based Psychosocial Residential Rehabilitation Treatment Program offering a therapeutic residential setting for veterans involved in Compensated Work Therapy. The TR program provides a rehabilitation-focused residential setting for veterans recovering from chronic mental illness, chemical dependency and/

or homelessness. TR provides a bridge between hospitalization or intensive outpatient treatment in a successful community of peer and professional support, with a strong emphasis on increasing personal responsibility and achievement of individualized rehabilitation goals.

This program differs from other VA-operated residential bed programs in that participants contribute (using their CWT earnings) to the cost of operating and maintaining their residence and are responsible for planning, purchasing and preparing their own meals.

Contact your local VA Medical Center on [page 68](#)

HUD-VASH

This joint Supportive Housing Program with the US Department of Housing and Urban Development (HUD) provides permanent housing and ongoing case management treatment services for homeless veterans who would not be able to live independently without the support of case management. HUD's Section 8 Voucher Program has designated more than 10,000 Vouchers to Public Housing Authorities (PHAs) throughout the country for veterans who are homeless. This program allows veterans to live in veteran selected apartment units with a Housing Choice voucher.

These vouchers are portable so that veterans can live in communities served by their VA medical facility where case management services can be provided. See your local county social services office for more information.

DROP-IN CENTERS

These programs provide a daytime sanctuary where homeless veterans can clean up, wash their clothing, and participate in a variety of therapeutic and rehabilitative activities. Linkages with longer-term assistance are also available. Locations vary.

Contact your local Vet Center or VA Community Based Outpatient Clinic for locations and services in your area. See [page 68](#)

STAND DOWNS

Stand Downs are one-to three-day events that provide homeless veterans a variety of services and allow VA and community-based service providers to reach more homeless veterans in a temporary refuge where they obtain food, shelter, clothing and a range of community and VA assistance. In many locations, Stand Downs provide health screenings, referral and access to long-term treatment, benefits counseling, ID cards and access to other programs to meet their immediate needs. For more information on Stand Down dates and locations, please contact the Homeless Veterans Programs Office at 1-877-4AID-VET or visit www.va.gov/HOMELESS, or go to our Facebook page for real-time updates.

VETERANS EMERGENCY RELIEF PROGRAMS

Many military and service organizations have emergency relief programs specifically designated to help veterans and military members and their families. Inquire within local organizations about programs such as the Air Force Aid Society, American Legion Temporary Financial Assistance, Army Emergency Relief, Disabled American Veterans Disaster Relief Grants, Navy-Marine Corps Relief Society, Salvation Army Home Front War Relief Program, and VFW Unmet Needs. For a list of VSO's see [pages 6-13](#).

VAMC HOMELESS VETERAN COORDINATORS

Asheville VAMC

Alison Bond
(828) 298-7911
ext. 5506

Durham VAMC

Bob Williamson
(919) 286-0411
ext. 7065

Fayetteville VAMC

Emmitt Bryant
(910) 488-2120
ext. 5796

Salisbury VAMC

(704) 638-9000
ext. 3466





NORTH CAROLINA HOUSING FINANCE AGENCY

ONE-OF-A KIND MORTGAGE IS PRODUCING RESULTS FOR MILITARY VETERANS. YOU MAY ALSO BENEFIT FROM HOME BUYER TAX CREDITS

The N.C. Home Advantage Mortgage™ was created by the North Carolina Housing Finance Agency with a feature that helps overcome the No. 1 obstacle for first-time buyers -- lack of funds for the down payment. Offered through more than 85 banks and mortgage companies statewide, this unique mortgage product is a 30-year, fixed rate loan with competitive interest rates – PLUS down payment assistance in the form of a zero-interest, second mortgage for up to 5 percent of the loan amount.

The down payment help can be used to cover closing costs and pre-paid expenses. Even better – the down payment loan is forgivable in years 11-15 and repaid ONLY if the borrower sells, refinances or moves out of the home before year 15!

The N.C. Home Advantage Mortgage™ can be combined with a tax-saving Mortgage Credit Certificate (MCC) to reduce your federal income tax liability. If you qualify (there are income limits for the MCC that vary by county and household size), you may be able to claim up to 50 percent of the interest you pay on your mortgage – up to \$2,000 a year – as a tax credit on your federal income taxes every year you live in your home.

You may be eligible for an N.C. Home Advantage Mortgage™ if:

- you are buying a new or existing home
- you are a first-time or move-up buyer
- you buy a home in North Carolina and occupy it within 60 days of closing
- your annual income does not exceed \$85,000
- you are applying for a FHA, USDA, VA or conventional loan through a Participating Lender and meet the sales price limits of the loan type
- you are a legal resident of the United States, and
- your credit score is 640 or higher.

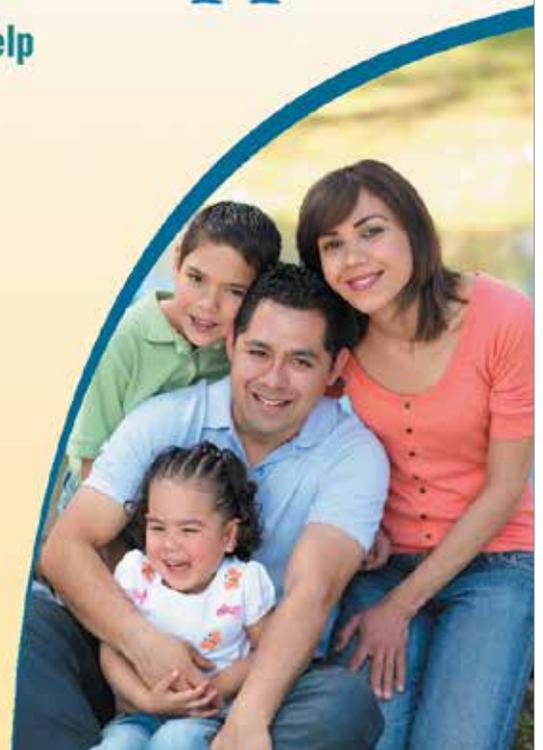
You can learn more about the N.C. Home Advantage Mortgage™ and MCC by visiting the NCHFA's website www.nchfa.com or by calling 1-800-393-0988

Let's Make Home Happen

N.C. Home Advantage Offers Down Payment Help
Up to 5% of the Loan Amount

- 0% interest, forgiven after year 15
- Incomes up to \$85,000
- 100% financing available
- FHA, USDA, VA & Conventional loan types

First-time buyers and veterans may also qualify for a Mortgage Credit Certificate that will reduce their federal income tax by up to \$2,000 a year.



A self-supporting public agency
Minimum credit scores required

Details at www.nchfa.com
or call 1-800-393-0988.



AVOIDING DEBT-TRAP LOANS

High-cost, debt-trap loans can create long-term problems for North Carolina Veterans

Across North Carolina, military, veteran, faith and community leaders are increasingly focused on the harm predatory lending inflicts on our communities. Some lenders violate our state law and extend loans designed to trap borrowers in a cycle of debt. Veterans and active duty service members should be aware of which loans are legal and which are illegal in North Carolina, how to avoid a long-term financial headache, and where to turn for help if you need it.

Installment, payday and car-title loans are misleadingly marketed to veterans across the country as a quick fix when they are in a financial bind. However, once vets take out these loans, they find that they cannot pay them off and cover their living expenses. They end up taking out loan after loan after loan, paying new fees each time. This is the “debt trap,” and for some it’s a cycle they remain caught in for months or even years.

Fortunately, payday and car title loans are illegal in North Carolina, including loans made over the internet. However, some lenders still make illegal internet loans to North Carolina residents. If you are caught in one, you should report the lender to the North Carolina Attorney General’s office.

Installment loans, however, are legal in North Carolina as long as the loan does not exceed our state’s interest rate and fee cap. North Carolina law has a complicated formula for determining the maximum annual percentage rate (APR) of interest. Lenders may charge up to 30% on loans up to \$4000, and lower rates (24% and 18%) on amounts above \$4000, as well as small origination fees. Installment lenders are not required by state law to determine whether a borrower actually has the ability to repay a loan. This is significant because a borrower who falls behind on their loan, and refinances to avoid a default, is the ideal customer for these

lenders. Data from the NC Commissioner of Banks office show that, on average, two-thirds of these installment loans made each year in North Carolina are to renew existing accounts.

North Carolina veterans are better off considering other options before taking out one of these loans. Credit counselors can help you make a plan to manage your finances, or can help if you are having trouble repaying an installment loan. Many banks and credit unions offer alternatives to installment loans at a fraction of the interest rates other lenders charge. While most people are hesitant to ask friends or family for money, borrowers caught in the debt trap often turn to them for help to escape it anyway.

We are making progress ending the debt trap, but there is still work to do. The Consumer Financial Protection Bureau is writing new rules for payday, car-title, and high-cost installment loans that will, among other protections, require lenders to ensure that the borrower can effectively repay the loan. In July 2015, the Department of Defense amended an existing rule to close loopholes in the Military Lending Act (MLA), a critical protection designed to prevent abusive lenders from targeting service members and their families. The MLA caps interest rates charged to service members at 36%. Most lenders must comply with these new protections by October 2016. These protections only cover active duty members.

Going forward, it is important that our North Carolina legislature maintain the ban on car-title and payday lending. And it’s important that installment loans not be made even more expensive.

If you would like learn more about this issue, contact **Susan Lupton at the Center for Responsible Lending at susan.lupton@responsiblelending.org or 919-313-8521.**

RESOURCES FOR NORTH CAROLINA VETERANS

If you think a company is making illegal loans in North Carolina, please:

- File a complaint with the NC Attorney General’s Office at 877-566-7226 or at www.ncdoj.gov
- File a complaint with the Consumer Finance Protection Bureau at: www.consumerfinance.gov
- If an active duty service member, military retiree, or dependent of either, or otherwise eligible for military legal assistance, contact the legal assistance office at the nearest military installation
- Contact the Center for Responsible Lending at 919-313-8521
- Contact a credit counselor for free advice at: 1-800-388-2229 or www.debtadvice.org

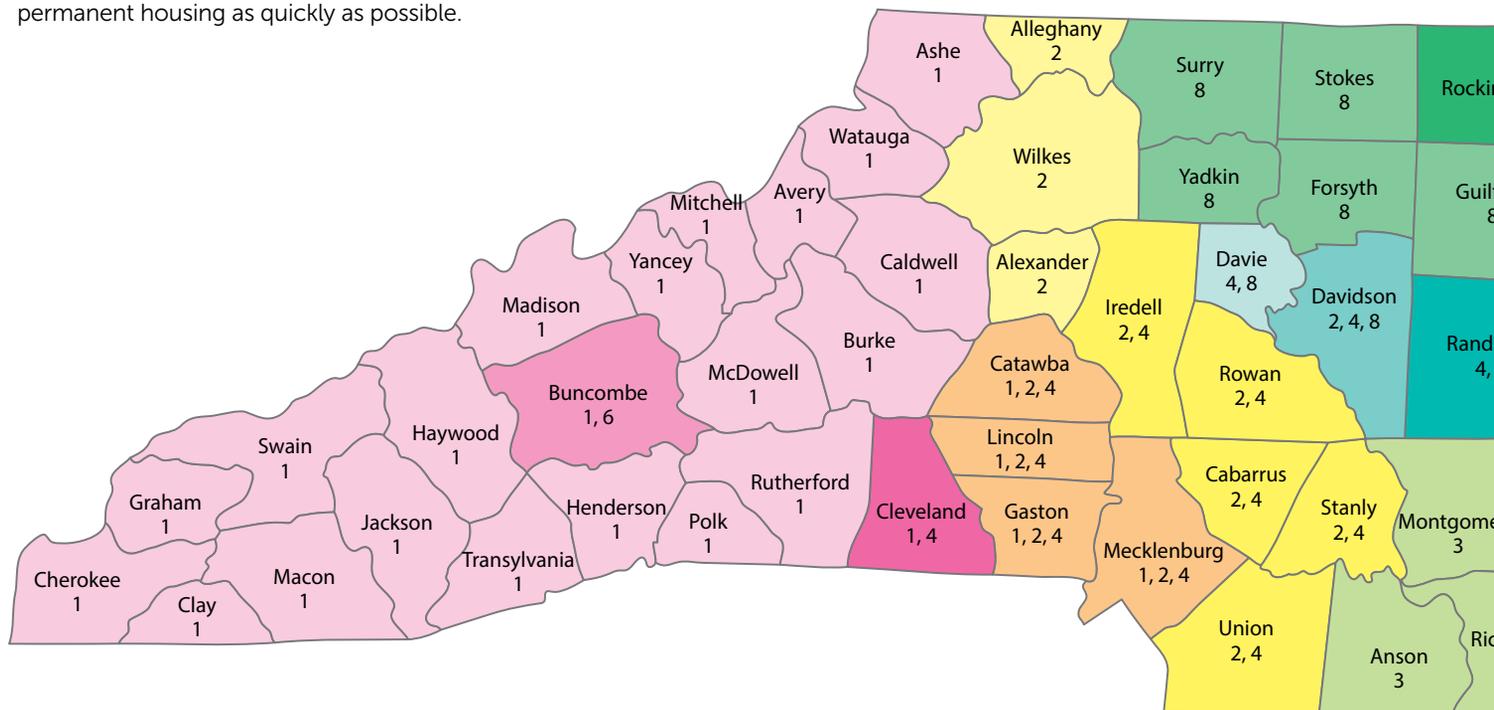
To learn more about debt trap lending, visit: www.responsiblelending.org

HOMELESS? HERE ARE SOME GREAT LOCAL RESOURCES

SUPPORTIVE SERVICES FOR VETERAN FAMILIES (SSVF) GRANTS IN NORTH CAROLINA

FOR GRANT YEAR OCTOBER 1, 2015 - SEPTEMBER 30, 2016

Under the SSVF program, VA is awarding grants to private non-profit organizations and consumer cooperatives that provide services to very low-income Veteran families living in – or transitioning to – permanent housing. The SSVF program gives Veterans and their families the rapid assistance they need to remain in permanent housing or get back into permanent housing as quickly as possible.



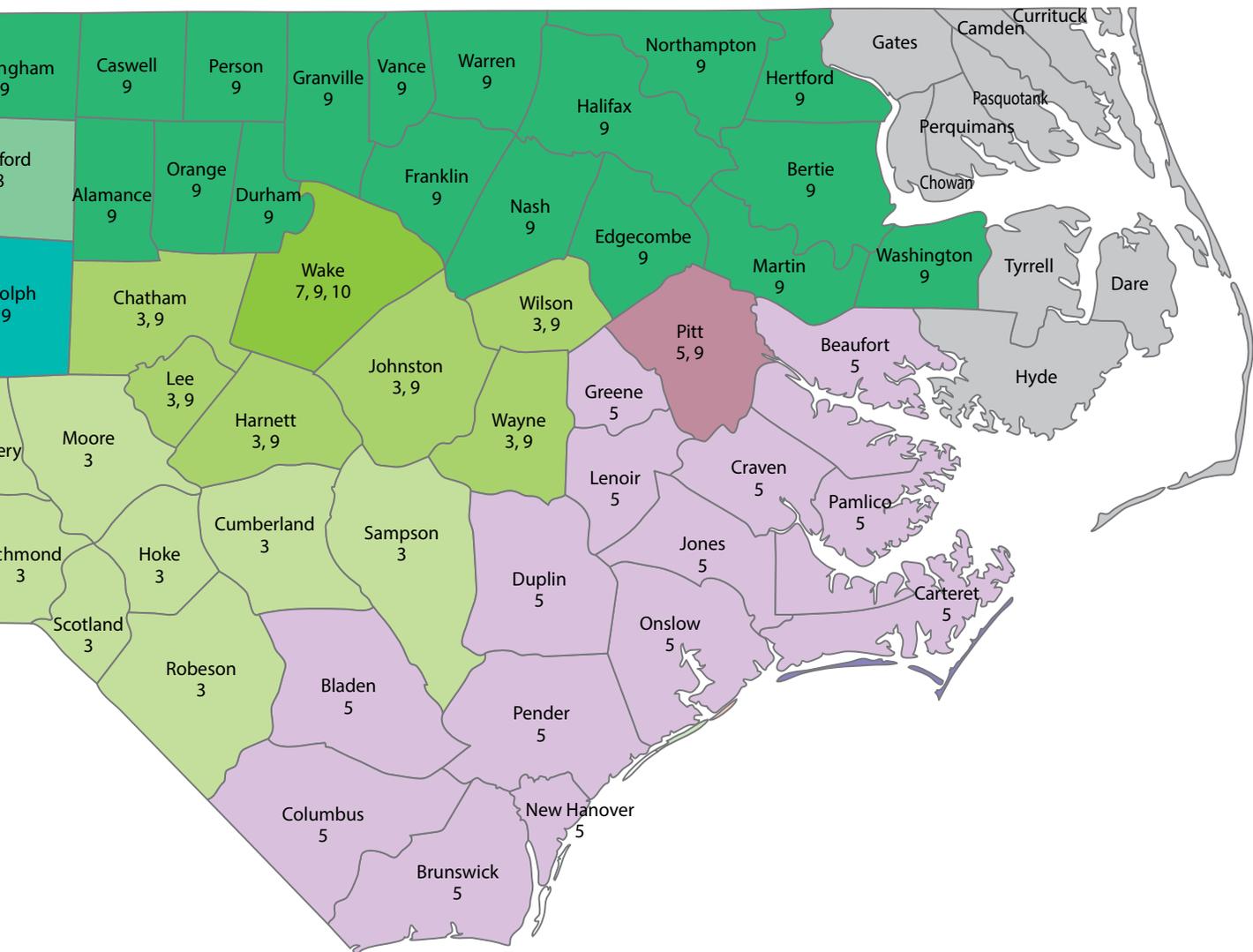
SSVF CONTACT INFORMATION

1. **Asheville Buncombe Community Christian Ministry:** 828-259-5314 or vsc@abccm.org
2. **Alston Wilkes Society:** 704-375-0159 or bettyrosa@aws1962.org
3. **Community Link:** 704-943-9490/1-800-977-1969 or intake@communitylink-nc.org
4. **Family Endeavors-Fayetteville Region:** 910-672-6166 or lwitt@familyendeavors.org
5. **Family Endeavors-Charlotte Region:** 704-780-4950 or ssenbel@familyendeavors.org
6. **Family Endeavors-Jacksonville Region:** 910-459-4320 or scovington@familyendeavors.org
7. **Homeward Bound of Western NC:** 828-772-9144 or leigh@homewardboundwnc.org
8. **Passage Home:** 919-834-0666 ext. 236 or oroyster@passagehome.org
9. **United Way of Forsyth County:** 336-723-3601 or rose.fisher@uwforsyth.org
10. **Volunteers of America Carolina-Durham Region:** 919-530-1100
11. **Volunteers of America Carolina-Wake Region:** 919-831-9042
12. **Volunteers of America Carolina-Rocky Mount Region:** 252-985-0230 or trogers@voa.org
13. **Eastern Carolina Human Services Agency:** 910-347-0060 or tmurraychsa@earthlink.net



► Counties in color are covered by one or more SSVF grants. Use the number(s) in the county to find contact information in the list below.

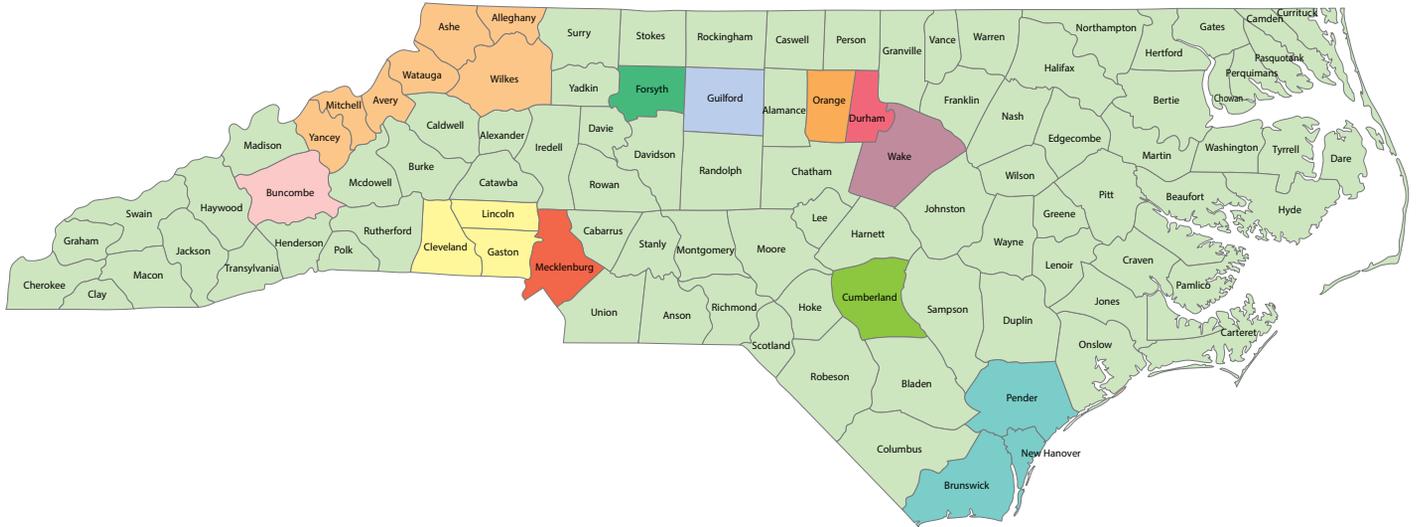
► Counties in gray are not covered by SSVF grants.



NORTH CAROLINA CONTINUUMS OF CARE (COCS)

CoC's are a community plan to organize and deliver housing and services to meet the specific needs of people who are homeless as they move to stable housing and maximize self-sufficiency. It includes action steps to end homelessness and prevent a return to homelessness.

- Outreach
- Emergency Shelter
- Transitional Housing
- Permanent Supportive Housing



NC-500 Winston-Salem/Forsyth Co.
 Mellin Parker: 336-734-1310
 Tim West: 336-734-1305
mellin@cityofws.org
timw@cityofws.org

NC-501 Asheville/Buncombe Co.
 Christiana Glenn Tugman: 828-251-4084
ctugman@ashevillenc.gov

NC-502 Durham City/Durham Co.
 Lloyd Schmeidler: 919-560-4570 x. 22267
lloyd.schmeidler@durhamnc.gov

NC-503 NC Balance of State
 NC Coalition to End Homelessness: 919-755-4393
bos@nceh.org

NC-504 Greensboro/High Point/Guilford Co.
 Darryl Kosciak: 336-553-2715
darryl@partnersendinghomelessness.org

NC-505 Charlotte/Mecklenburg Co.
 Rebecca Pfeiffer: 704-336-2266
rpfeiffer@ci.charlotte.nc.us

**NC-506 Wilmington/Brunswick/
 New Hanover/Pender Co.**
 Cecelia Peers: 910-395-4553
cpeers@capefearcog.org

NC-507 Raleigh/Wake Co.
 Shana Overdorf: 919-473-6933
soverdorf98@gmail.com

NC-509 Gastonia/Cleveland/Gaston/Lincoln Co.
 Steve Crane: 704-866-6766
reinvestmentincommunities@gmail.com

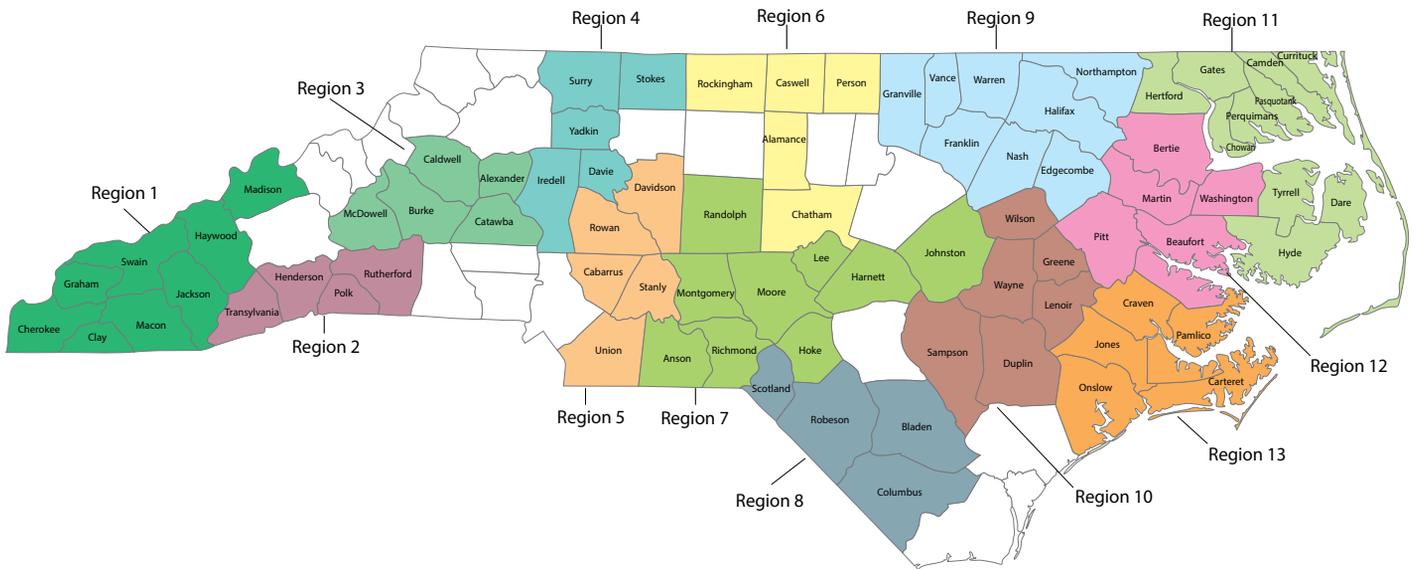
NC-511 Fayetteville/Cumberland Co.
 Sylvia McLean: 910-323-6112
smclean@co.cumberland.nc.us
dtaylor@co.cumberland.nc.us

NC-513 Chapel Hill/Orange Co.
 Corey Root: 919-245-2496
croot@orangecountync.gov

NC-516 Northwest NC
 Tina Krause: 828-264-1237
director@hosphouse.org



BALANCE OF STATE COC HOMELESS VETERAN POINTS OF CONTACT



Region 1
 ABCCM: Jill Carter,
 828-398-6785

Region 2
 ABCCM: David Carr,
 828-388-5749

Region 3
 ABCCM: Curry Cromer,
 980-201-8672

Region 4
 United Way of Forsyth Co.:
 Rose Fisher,
 336-721-9369

Region 5
 Community Link:
 Branden Lewis,
 704-943-3594

Region 6
 Volunteers of America:
 Robin Henry,
 919-530-1100

Region 7
 Family Endeavors:
 Shanita Harris,
 910-672-6166

Region 8
 Family Endeavors:
 Gabby Atkinson,
 910-672-6166

Region 9
 Volunteers of America:
 Bertha Byerson,
 252-985-0230

Region 10
 Family Endeavors:
 Latina James,
 910-672-6166

Region 11
 Volunteers of America:
 Tina Rodgers,
 252-985-0230

Region 12
 Volunteers of America:
 Tina Rodgers,
 252-985-0230

Region 13
 Family Endeavors:
 Ashley Tinkham,
 910-459-4320



We help empower veterans reintegrating into civilian life.



Located in Hendersonville, NC, we foster a thriving micro-community of veterans and civilians who build deep friendships, implement innovative gardening techniques, and help cultivate emotional, physical, and spiritual health.

Launching Permaculture Boot Camp Program in 2016: Intensive training in permaculture, sustainable technologies, and holistic health. Permaculture Boot Camps are hosted on site at our Hendersonville Farm.

Visit our website to contact us and learn more:
www.VeteransHealingFarm.org



HEART of
HORSE SENSE

Heart of Horse Sense is a non-profit organization that supports free Equine Assisted Programs to help veterans.

We offer half-day, day-long and multi-day retreats for veterans, their spouses, caregivers and children.

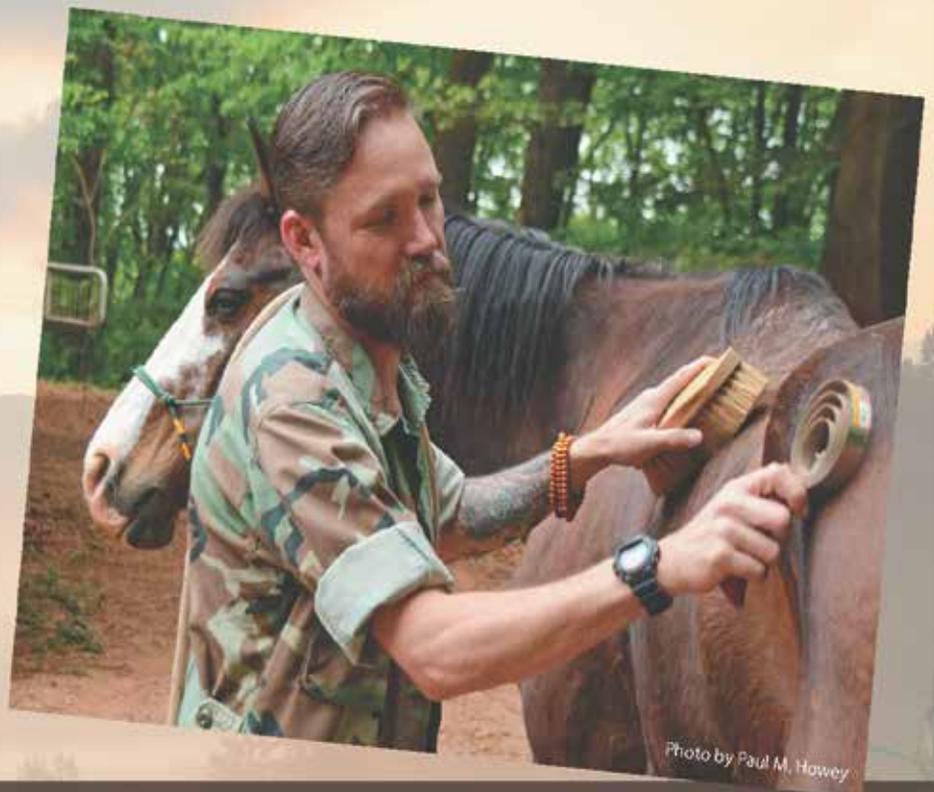


Photo by Paul M. Howey

More Information: (828) 649-7064 | www.HeartOfHorseSense.org



PERSONAL SERVICES

Licence Plates
Legal Services
Adaptive Equipment
Hunting & Fishing Licenses
Military Records
Non-Profits
ID Cards

2014 MILITARY RETIREMENT BENEFITS DEDUCTION



There is no longer a retirement deduction for military retirement benefits included in adjusted gross income for those who do not qualify for the Bailey retirement deduction. The Tax Simplification and Reduction Act (House Bill 998) was signed into law on July 23, 2013. Under this law, all taxpayers will be taxed at a lower rate and be granted a higher standard deduction. The Act made significant changes to the individual income tax law for tax years beginning on or after January 1, 2014.

- **Before Tax year 2014:** Taxpayers were allowed a deduction on their NC return for government retirement income (up to \$4,000) and private retirement income (up to \$2,000), retirement benefits received by vested NC State government, NC local government, or Federal Government Retirees under the Bailey Settlement, and Taxable Social Security.
- **Tax Year 2014:** The deductions for retirement benefits received pursuant to the Bailey settlement and Taxable Social Security are still allowed.

Although the \$4,000 and \$2,000 deduction will no longer be offered; under the Bailey Settlement, if an individual had five years of creditable service as of August 12, 1989, all of their military retirement income is exempt from N.C. State taxes. In addition, beginning in 2014, N.C. has increased the amount of standard deduction across the board, leaving North Carolinians paying lower taxes.

GUIDE DOGS AND SERVICE DOGS

VA may provide guide dogs to blind veterans including the expense of training the veteran on how to use them, and the cost of the dog's medical care.

Additionally, VA may also provide service dogs trained for the aid of hearing impaired veterans and veterans with spinal cord injuries, dysfunction and other chronic impairment that substantially limits mobility. Currently there are pilot programs being conducted by the VA to provide service dogs to veterans who have conditions such as PTSD.

There are also many private non-profit organizations that provide service dogs to disabled veterans.

CLOTHING ALLOWANCE

The VA pays a clothing allowance to veterans who, because of a service-connected disability, wears or uses a prosthetic or orthopedic appliance (including a wheelchair) in which the VA determined tends to wear out or tear the clothing. The VA will also pay an annual clothing allowance to veterans who use medication prescribed

by VA physicians for skin conditions caused by a service-connected disability which the VA determines causes irreparable damage to the veteran's outer garment.

AUTOMOBILE ASSISTANCE PROGRAM

The VA offers qualified veterans and active duty service members a one-time payment of up to \$20,114 to be used toward the purchase of an automobile or other forms of conveyance. To qualify, a veteran or service member must have one of the following disabilities including loss, or permanent loss of use, of one or both feet, loss, or permanent loss of use, of one or both hands, or permanent impairment of vision in both eyes to a certain degree.

ADAPTIVE EQUIPMENT

VA will pay for installation of adaptive equipment for automobiles deemed necessary to ensure that eligible veterans will be able to safely operate vehicles, and to satisfy the applicable state standards of licensure. This equipment includes power steering, power brakes, power

windows, lifts, power seats and other special equipment necessary to assist the person into and out of the vehicle or other conveyance.

VA will also repair, replace, or reinstall adaptive equipment determined necessary for the operation of a vehicle acquired under this program, or for the operation of a vehicle an eligible veteran may previously or subsequently have acquired.

DID YOU KNOW?
NORTH CAROLINA IS THE FASTEST GROWING REGION FOR VA HEALTH CARE IN THE PAST 10 YEARS!



VETERAN DESIGNATION ON NC DRIVER LICENSE



The Department of Motor Vehicles (DMV) now offers a veteran designation that can be voluntarily placed on a North Carolina Drivers License. In order to receive the designation, veterans must be a United States veteran, provide proof of veteran status (DD-214, or DD-215), and meet all other North Carolina requirements for driving privilege or identification card including payment of the original, renewal or replacement fee, only if new - not on renewal.

MILITARY RECORDS AND MEDALS

Veterans or their next of kin who need assistance in obtaining service records, a DD-214, or replacement awards and medals must formally request them through the National Personnel Records Center (NPRC). The NPRC is the records custodian for most discharged and retired members of all branches of service. The fastest way to obtain a copy is through their website.

If you do not have access to the internet, you can order a copy by mailing or faxing a Standard Form 180. The forms are available in any CVSO office or online at www.archives.gov/veterans.

VETERANS RECOGNITION LICENSE PLATES

The North Carolina DMV offers specialty license plates to veterans and service members who want to display their military service.

You can choose from over 20 specialized license plates which include Purple Heart recipient, Bronze and Silver Star, Combat Theaters and POW plates.

To obtain a specialty license plate, proof of military service (DD-214) and form MVR-33A must be brought to a state veteran service office. You can find the form MVR-33A at your local DMV, State Veterans Office or online at:

www.ncdot.gov/download/dmv/Plates_MVR33A.pdf



SPECIALTY LICENSE PLATE TYPES:

- Afghanistan Veteran
- Bronze Star Valor Recipient
- Bronze Star Recipient
- Congressional Medal of Honor
- Desert Storm Veteran
- 100% Disabled Veteran
- Distinguished Flying Cross
- Distinguished Service Cross
- Ex-Prisoner of War
- Gold Star Lapel Button
- Iraq Veteran
- Korean Conflict
- Legion of Merit
- Legion of Valor
- Partially Disabled Veteran
- Pearl Harbor Survivor
- Purple Heart Recipient
- Motorcycle
- Purple Heart Recipient
- Silver Star Disabled Veteran
- Silver Star Recipient
- Vietnam Era
- War on Terror
- WW II Veteran



Visit
ncwildlife.org
today to learn
more



NC HUNTING AND FISHING LICENSES

All North Carolina veterans who are 50% or more disabled may purchase a lifetime hunting-fishing license.

Prices of the licenses range from \$10 to \$110 depending on the type of license the veteran wishes to purchase. To purchase a

license, visit your local wild life commission or www.ncwildlife.org to download a free application.

When returning an application, bring a copy of your VA decision letter awarding a 50% or greater disability rating and a check or money order.

OTHER DISCOUNTS AVAILABLE:

The following attractions provide a discount on admission fees for Active Duty Military and Veterans:

Battleship North Carolina	www.battleshipnc.com
NC Museum of Art	www.ncartmuseum.org
NC Museum of History	www.ncmuseumofhistory.org
NC State Fair	www.ncstatefair.org
Tryon Palace	www.tryonpalace.org
NC Zoological Park	www.nczoo.org
NC State Parks	www.ncparks.gov

NORTH CAROLINA AQUARIUMS

www.ncaquariums.com

HOURS & FEES

Daily 9 a.m. – 5 p.m. year-round
Closed Thanksgiving Day, Christmas Day

Adults: Ages 13-61: \$10.95

Seniors: Ages 62+: \$9.95

Military: \$9.95

Children: Ages 3-12: \$8.95

No charge for children 2 and under, registered NC school groups and NC Aquarium Society Members
The Aquariums are wheelchair-accessible.

ROANOKE ISLAND

374 Airport Road, Manteo, NC, 27954,
Toll Free: 800-832-3474 ext. 4

PINE KNOLL SHORES

1 Roosevelt Blvd., Pine Knoll Shores, NC 28512,
Toll Free: 800-832-3474 ext. 3

FORT FISHER

900 Loggerhead Road, Kure Beach, NC, 28449,
Toll Free: 800-832-3474 ext. 2

JENNETTE'S PIER

7223 South Virginia Dare Trail, Nags Head, NC, 27959,
Toll Free: 800-832-3474 ext. 6



MILITARY APPRECIATION DAY

WEDNESDAY, OCTOBER 18

featuring a military appreciation parade, special exhibits, programs, music and more!

DAILY DISCOUNT

JOIN US

Active-duty service members, reservists, retirees, National Guardsmen and their dependents (ages 13-64) pay only \$6 daily at the gate. That's a 44% discount! Additionally, veterans are offered the same discount for themselves, plus one discounted ticket for a guest or dependent, for a total of two tickets at the reduced rate.

This offer is not available online or in advance. You must present proper identification at the ticket window to receive this discount.

Identification accepted for discount:

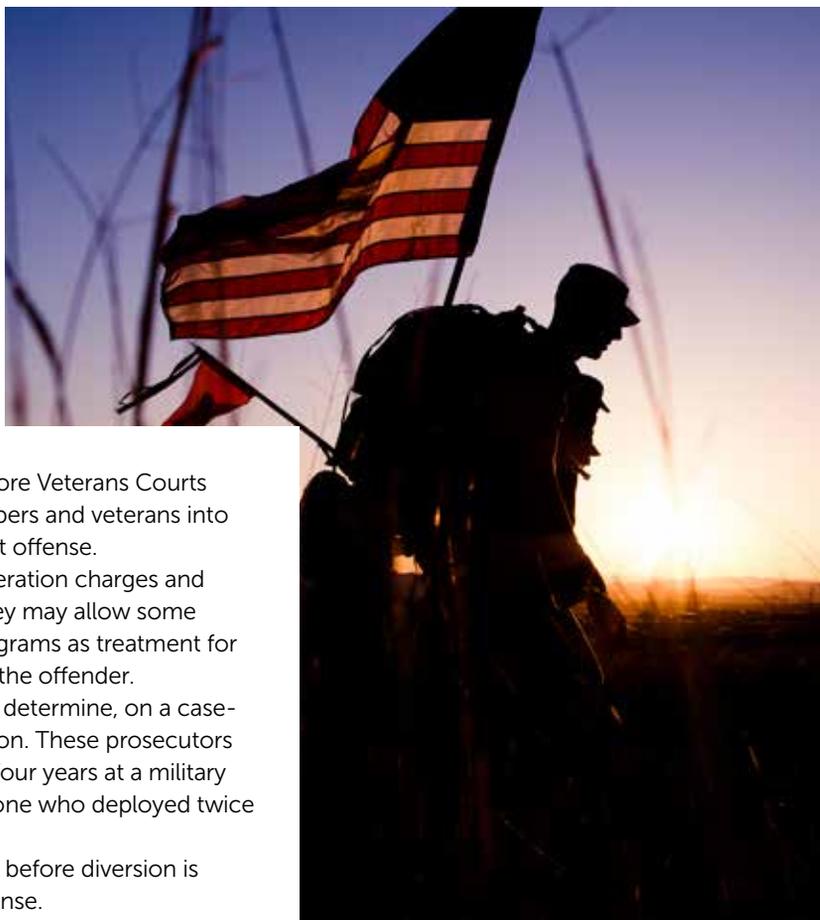
- Valid Uniformed Services ID
- Valid North Carolina Driver's License with Veteran Designation
- Photocopy of valid DD-214 Form

- Valid Common Access Card (CAC)
- Valid Veteran's Affairs Health Identification Card
- Photocopy of valid NGB-22 Form

OCTOBER 12-22

www.ncstatefair.org

INCARCERATED VETERANS BENEFITS



VETERANS COURTS

There is a growing effort in North Carolina to institute more Veterans Courts or dockets to allow district attorneys to send military members and veterans into treatment, rather than jail, when they commit a non-violent offense.

These courts are staffed by people who take into consideration charges and challenges facing veterans who return home from war. They may allow some military members to enter into mental health diversion programs as treatment for non-violent infractions as opposed to automatically jailing the offender.

The law relies on the judgment of a prosecutor, who will determine, on a case-by-case basis, which defendants may be eligible for diversion. These prosecutors must consider, for example, whether a veteran who spent four years at a military base should be offered the same diversion opportunity as one who deployed twice to combat situations in Afghanistan or Iraq.

Prosecutors must decide how serious the crime must be before diversion is taken off the table and must consider the victim of the offense.

THE VETERANS JUSTICE OUTREACH (VJO) PROGRAM

VJO offers outreach and case management to veterans involved in law enforcement encounters, overseen by treatment courts, and incarcerated in local jails.

INCARCERATED VETERANS BENEFITS

VA benefits are affected if a beneficiary is convicted of a felony and imprisoned for more than 60 days. Disability compensation paid to an incarcerated veteran rated 20 percent or more disabled is limited to the 10 percent rate.

Payments are not reduced for participants in work-release programs, residing in halfway houses or under community control.

Failure to notify VA of a veteran's incarceration can result in overpayment of benefits and the subsequent loss of all VA financial benefits until the overpay-

ment is recovered. VA benefits will not be provided to any veteran or dependent wanted for an outstanding felony warrant.

VA may be able to take a portion of the amount that an incarcerated veteran is not receiving and pay it to his or her dependents, if they can show need.

When a veteran is released from prison, his or her compensation or pension benefits may be restored.

Depending upon the type of disability, the VA may schedule a medical examination to see if the veteran's disability has improved or worsened.

THE HEALTH CARE FOR REENTRY VETERANS PROGRAM

This program offers outreach to veterans incarcerated in state and federal prisons, and referrals and short-term case management assistance upon release from prison.

KNOW A VET IN JAIL?

Lucas Vrbsky GED, MSW, LCSW
Incarcerated Veterans Reentry Specialist

Salisbury VA Medical Center
1601 Brenner Avenue, Rm: 122
Salisbury, NC Carolina 28144

Office: 800-469-8262 x5521
Mobile: 704-267-9565
Fax: 704-638-3437
Email: lucas.vrbsky@va.gov

DID YOU KNOW?

NORTH CAROLINA HAS THE 3RD LARGEST ACTIVE DUTY MILITARY PRESENCE IN THE UNITED STATES

NORTH CAROLINA CENTRAL UNIVERSITY VETERANS LAW CLINIC

The North Carolina Central University School of Law operates a Veterans Law Clinic that provides legal advice to veterans in the community and throughout the state. Under extensive supervision, law students assist veterans and their families with the complexities and technical aspects of filing their claims with the US Department of Veterans Affairs Regional Offices nationwide, the Board of Veterans Appeals, and the US Court of Appeals for Veterans Claims. This service is provided to veterans throughout North Carolina through partnerships with UNC Campuses located in other regions of the State.

The Veterans Law Clinic is handling all types of claims at all stages of the Veterans Affairs claims adjudication process including judicial review.

The Veterans Law Clinic is one of the leading advocates for eligible active duty personnel, veterans, or their survivors. The Clinic accepts cases year-round but cannot accept all cases. To determine eligibility, contact the Supervising Attorney, Craig Kabatchnick, 919-530-6605.

NCVETSLEGAL.ORG

NC Veterans Pro Bono Network is a collaboration of over thirty stakeholders seeking to provide a structure and sharing of information among service providers, law schools, legal aid organizations, public defenders, veterans service organizations, VJOs and others interested in expanding pro bono representation to veterans throughout the state of North Carolina through public-private partnerships and recruitment of private bar members.

CORRECTION OF ERRORS OR INJUSTICES ON MILITARY RECORDS

Requests to have military records corrected are handled through each branch of service's Boards for Correction of Military Records.

All requests to correct an error to military records must be filed within three years of discovery of the error and contain evidence, such as signed statements from you and other witnesses or copies of records that support your case. It is not enough to provide the names of the witnesses.

Applying for a correction is a simple process; however, it is recommended you use the services of a VSO.

APPLYING FOR REVIEW OF DISCHARGE

You must make your application for discharge upgrade within 15 years of discharge. If your discharge is older than 15 years, you must apply for a change to your military records using the process detailed above.

Form DD 293 (Application for the Review of Discharge or Dismissal from the Armed Forces) can be obtained from NCDVA or a local VSO. See pages 6-13 for contact information.

LEGAL AID SOCIETY OF NORTH CAROLINA

Legal Aid of North Carolina is a state-wide, nonprofit law firm that provides free legal services in civil matters to low-income people in order to ensure equal access to justice and to remove barriers to economic opportunity.

www.legalaidnc.org

VETERANS TREATMENT COURTS

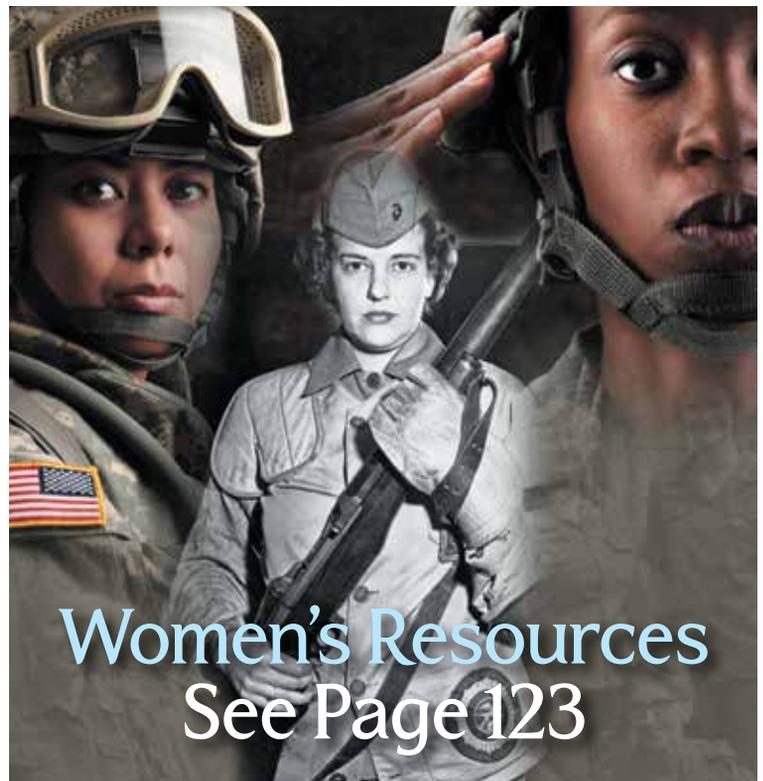
The court provides a means to divert veterans from the traditional criminal justice system and provide them the support they need to lead productive and law-abiding lives through referrals for treatment, education and vocational programs, and community resources, all while being judicially monitored.

Mark A. Teachey
Veterans Court Coordinator
District 11A
Harnett County Courthouse
301 West Cornelius Harnett Blvd., Suite 101
Lillington, NC 27546
910-814-4515 (Office)

Craig V. Shore
Veterans Court Coordinator
District 12
Cumberland County
117 Dick St
Fayetteville, NC 28301
910-475-3243

Ricky L. Haralson
Veterans Court Coordinator
District 28
Buncombe County
60 Court Plaza
Asheville, NC 28801
828-259-6601

Joan R. Kammer Horton with rifle, 1956; Joan R. Kammer Horton Papers (WV0155.6.004); Betty H. Carter Women Veterans Historical Project, Martha Hodges Special Collections and University Archives, University Libraries, University of North Carolina at Greensboro.





GOVERNOR'S WORKING GROUP ON VETERANS, SERVICE MEMBERS, AND THEIR FAMILIES

THE GOVERNOR'S WORKING GROUP LEADERSHIP:

LARRY HALL, Chairman
Secretary
NC Dept of Military and Veterans Affairs

FLO STEIN, Vice-Chair
Deputy Director
Division of Mental Health, Developmental Disabilities and Substance Abuse Services,
NC Dept of Health and Human Services

WILL COLLINS, Vice-Chair
Executive Director
NC Works
NC Dept of Commerce

MARK BILOSZ, Vice-Chair
Director
Veterans Benefits Administration,
Winston-Salem Regional Office
US Dept of Veterans Affairs

JOSEPH P. EDGER, Vice-Chair
Deputy Network Director (VISN-6)
VA Mid-Atlantic Health Care Network

JAMES PROSSER, Vice-Chair
Director of Veterans Affairs
NC Dept of Military and Veterans Affairs

LEARN MORE ONLINE:
ncveteransworkinggroup.org

MISSION

Founded by clinical Health Professionals in 2006 as the Governor's Focus Group on Veterans, Servicemembers and their Families, in partnership with the Governor's Institute on Substance Abuse, today the GOVERNOR'S WORKING GROUP on Veterans, Servicemembers and their Families has grown to become a nationally recognized forum. This real-time referral and collaboration network cuts red tape; linking decision makers, service providers, and military members (current and former) together in a best-practices sharing environment.

Charged with facilitating collaboration and coordination among ALL the Federal, State, Local and Non-Profit partners who work with North Carolina's nearly 775,000 Veterans and their families, monthly sessions highlight:

- Health and Wellness
- Transitional Services
- Veterans Benefits and Claims
- Housing Resources
- Education and GI Bill
- Job Creation and Workforce Enrichment
- Legal and Financial Services





MORE NONPROFITS YOU SHOULD KNOW, OR THAT MIGHT BE ABLE TO HELP YOU!



www.mymvrc.org

A community collaborative of organizations support-

ing military service members, veterans and their families in Wake County and the Triangle area.

Email: contact@mymvrc.org

Military and Veterans Resource Coalition on Facebook



www.greenberetfoundation.org

The Green Beret Foundation provides unconventional resources to facilitate the special needs of our wounded, ill and injured and imparts unique support to the Special Forces community

in order to strengthen readiness and uphold Green Beret traditions and values. Learn more about who we are and what we do or support our cause by donating today.



1.800.FRA.1924

www.fra.org

Fleet Reserve Association is a non-profit organization representing the interests of U.S. Navy, Marine Corps, and Coast Guard personnel with regard to pay, health care, benefits, and other quality of life programs.



www.stepupforsoldiers.org

Step Up For Soldiers: An All-Volunteer Group Providing Renovations, Recreation, and Recognition for Recently Disabled Veterans.

Mission Statement: To provide

disabled veterans who experienced loss of limb and mobility problems with the resources necessary to adjust in a post-war environment. As a result of the events and fundraisers, sponsored by Step Up For Soldiers, we strive to not only enhance their lives and those of their families but also help to restore their confidence and positive self-image.



www.familyendeavors.org

Fayetteville

(910) 672-6166
2125 Valleygate Dr.
Ste. 101
Fayetteville, NC
28304

Charlotte

(704) 780-4950
5700 Executive
Center Dr.
Ste. 105
Charlotte, NC
28212

Jacksonville

(910) 459-4320
120 Henderson Dr.
Ste. B
Jacksonville, NC
28540



www.semperfund.org

The Semper Fi Fund, and its program America's Fund, provide immediate financial assistance and lifetime support to post 9/11 wounded, critically ill and injured members,

and their families of all branches of the U.S. Armed Forces, ensuring that they have the resources they need during their recovery and transition back to their communities. Since establishing the Semper Fi Fund in 2004, we have issued more than 76,500 grants, totaling more than \$94 million in assistance to over 12,000 of our heroes and their families.



www.ncheroes.org

The mission of the North Carolina Heroes' Fund is to improve the quality of life for

the military men and women of North Carolina and their families who are experiencing financial hardships as a result of their service, often times from overseas deployment.



www.ncobs.org/veterans

Outward Bound for Veterans helps thousands of returning service members and recent veterans readjust to life at home through powerful wilderness courses that draw on the healing

benefit of teamwork and challenge through use of the natural world.



CHARLOTTE BRIDGE HOME

2200 E. 7th Street, Charlotte NC 28205
704-332-8802 www.charlottebridgehome.org

Our Mission:

Charlotte Bridge Home helps Charlotte veterans successfully transition home after military service by identifying their education, employment and healthcare needs and connecting them to available community, state and federal resources.

MILITARY & VETERAN ID CARDS

If you are an Active Duty, Reserve or National Guard service member, dependent, or retiree, you can get a Military ID at any DEERS location within North Carolina. Veterans receiving VA benefits may be able to get an ID card (medical benefits card) at VA Medical Centers or Community Based Outpatient Clinics (CBOC). If you are not receiving benefits, you can choose to place your veteran status on your North Carolina Drivers License.



MILITARY ID (DEERS) LOCATIONS

MARINE CORPS AIR STATION- NEW RIVER

Appointments & Walk-ins
Monday – Friday 7:30-11:30;
12:30-4:30
Jacksonville, NC
910-449-6354

NC AIR NATIONAL GUARD

Appointments Only
Monday - Friday 8:00 – 3:00
Charlotte, NC
704-398-4782

NAVY – MARINE CORPS RECRUITING CENTER

Appointments Only
Thursday Only 9-11; 1-3
Charlotte, NC
704-598-0447

NC NATIONAL GUARD HQ, RALEIGH

Appointments & Walk-ins
Monday – Friday 8:00 - 4:00
Raleigh, NC
919-664-6250

ELIZABETH CITY US COAST GUARD STATION

Appointments: M/T/Th/F 8:00-3:00
Walkins: Wednesday 8:00 - 11:15
Elizabeth City, NC
252-335-6228

DEPT. HOMELAND SECURITY

Appointments: M/T/Th/F 8:00-3:00
Walkins: Wednesday Only 8:00-11:15
Elizabeth City, NC
252-335-6228

FORT BRAGG, SOLDIER SUPPORT CENTER ID Card Facility

Appointments & Walk-ins:
Mon-Fri: 9-5 Thursdays 9-7;
Extended hours and weekends
available for groups with
Commander's Request and
appointment
Fayetteville, NC
910-396-9339

SUNNY POINT, MILITARY OPERATION TERMINAL

Appointments Only
Thursdays Only 8:30 – 3:00
Southport, NC
910-457-8000 ext. 230

SEYMOUR JOHNSON AIR FORCE BASE

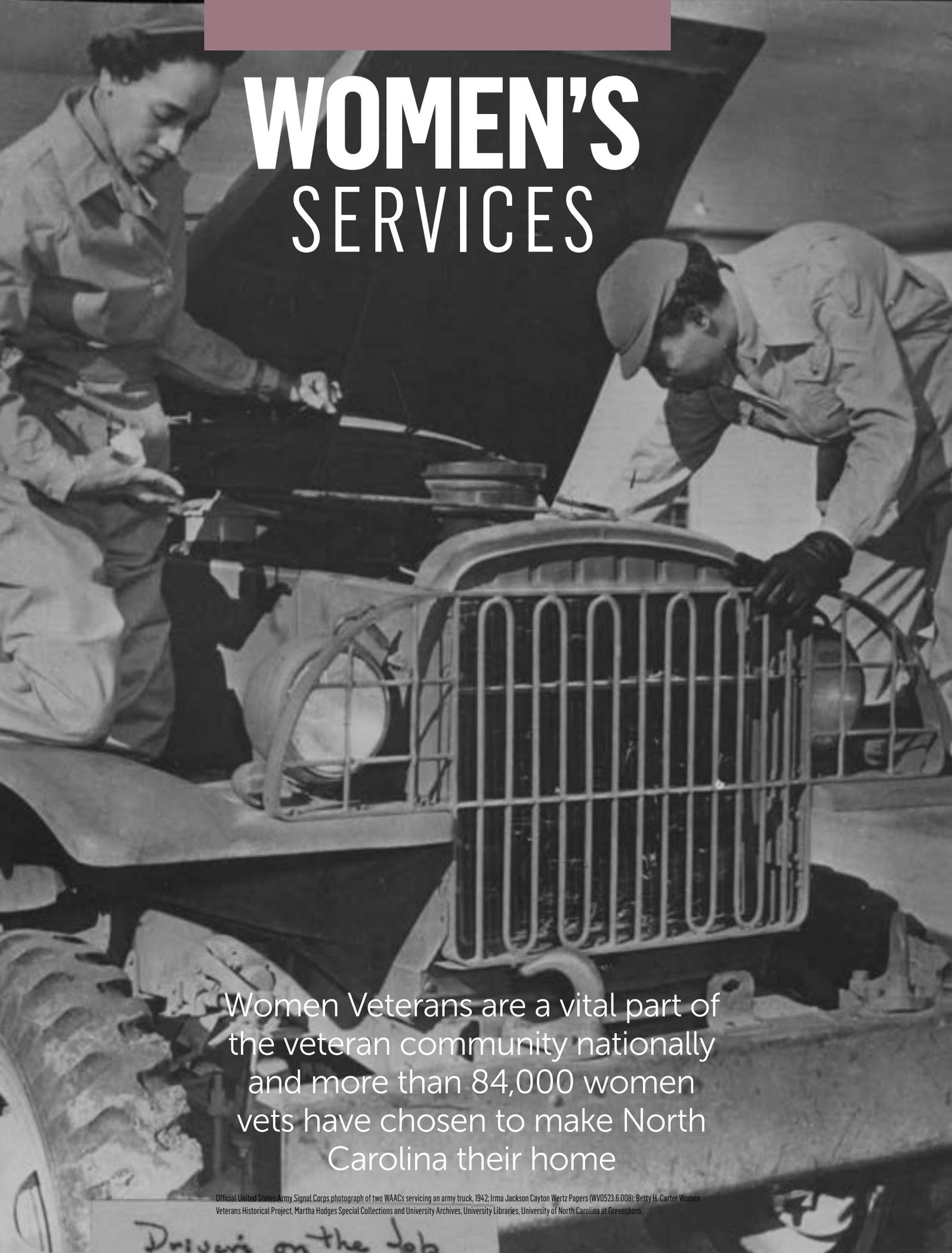
Walk-ins Monday – Friday
8:30 – 4:00
Goldsboro, NC
919-722-8702

US NAVAL RESERVE CENTER

Appointments Only
Thursday's Only
Wilmington, NC
910-762-9676

ARMED FORCES RESERVE CENTER

Appointments Only
Wednesday & Thursday 8:00 – 11:30;
1:00 – 3:30
Greensboro, NC
336-668-0053 Ext 26



WOMEN'S SERVICES

Women Veterans are a vital part of the veteran community nationally and more than 84,000 women vets have chosen to make North Carolina their home

Official United States Army Signal Corps photograph of two WAACs servicing an army truck, 1942; Irma Jackson Cayton Wertz Papers (WV0523.6.008); Betty H. Carter Women Veterans Historical Project, Martha Hodges Special Collections and University Archives, University Libraries, University of North Carolina at Greensboro.

Drivers on the Job

NORTH CAROLINA WOMEN VETERANS

In 2014, North Carolina ranked 6th in the United States in its population of women veterans while ranking 8th in veterans population overall. The women veterans population is the fastest growing segment of vets nationally and in North Carolina.



According to the National Center for Veterans Analysis and Statistics, while the overall veteran population of the United States is expected to decrease significantly in the future, the percentage of women veterans is projected to nearly double in the next 30 years. In 2015, North Carolina ranked 5th in the nation in the number of veteran women-owned employer firms by numbers employed.

NATIONAL GROWTH IN WOMEN VETERAN-OWNED BUSINESSES SINCE 2012:

- 35.9 percent of U.S. business owners are women
- 383,302 veteran women-owned businesses exist – an increase of 294.7% over the 2007 Census data
- Veteran women-owned businesses and firms with no employees generated a total of \$17.9 billion in receipts (businesses with employees generated \$10.9 billion)

Women veterans are a vital part of the veteran community nationally and more than 84,000 women vets have chosen to make North Carolina their home.

A study released by Disabled American Veterans in November 2014 found that women veterans continue to experience “stubbornly high” unemployment rates, a known precursor to poverty. Women veterans are the fastest growing segment of the homeless veteran population, and are at higher risk for homelessness than their male counterparts and female nonveterans.

A 2010 study conducted by the United States Department of Veterans Affairs found that 31 percent of female veterans did not believe they were eligible for VA benefits, mainly due to a perception that they were not a veteran unless

they had served in combat. We here in North Carolina are working to change that misperception, and we need your help to spread the word. Under Federal law, a veteran is any person who has served honorably on active duty in the armed forces of the United States and was discharged or released under conditions other than dishonorable.

The North Carolina Department of Military and Veterans Affairs (NCDMVA) is committed to providing information, advocacy, outreach and support to all women veterans and their families in the state. The NCDMVA also seeks to ensure that women veterans are aware of their federal and state benefits so they can obtain the unique care and assistance that is available to them.

Outreach efforts are expanding every year to aid women veterans in improving access to support and services from public and private organizations that specifically address the needs of women veterans, but we are not content to stop there, we want to do more! Let us know how by visiting NC4VETS.com

Diane Kay Corcoran, Vietnam; Diane Kay Corcoran Papers (WV0526.6.008); Betty H. Carter Women Veterans Historical Project, Martha Hodges Special Collections and University Archives, University Libraries, University of North Carolina at Greensboro.



THE DMVA wants all women veterans to know about their available veteran benefits, services and resources. Many women veterans are not aware of all the benefits and programs they qualify for or are eligible to receive.

Women Veterans seeking assistance may call DMVA at any time by dialing 844-NC4-VETS (1-844-624-8387) or can visit the website at milvets.nc.gov.

NORTH CAROLINA WOMEN VETERANS SUMMIT AND EXPO

The North Carolina Women Veterans Summit and Expo is a biennial event whose purpose is to empower women veterans to live healthy, happy lives, become successful leaders in their communities, and to advocate on behalf of other women veterans. Women veterans throughout the state participate in this event to share their stories and exchange ideas about business, entrepreneurship, educational and career opportunities, and health and wellness. The event features state, local and federal exhibitors, a speaking program, and a series of networking and breakout sessions. NC WVSE (women.nc4vets.com)

NORTH CAROLINA DEPARTMENT OF COMMERCE

The NC Division of Workforce Solutions provides job seeker services for veterans, transitioning service members, and eligible spouses. Women veterans can visit their local NCWorks Career Center and take advantage of no-cost services, including career assessments, job interview preparation, resume and cover letter assistance, access to computers and free internet service, and help with applying to local and federal employment and training opportunities. Some veterans face significant barriers that make it difficult for them to find suitable employment. Most offices have specialized staff—all of whom are veterans—who work closely with employers to create more opportunities for these veterans and provide them with referrals to supportive services including vocational rehabilitation, transportation, elder care, food and nutrition services, and non-profit organizations that address homelessness.

NCWorks Veteran Services (www.nccommerce.com/workforce/job-seekers/veterans) and NCDWS Veterans Services Facebook (www.facebook.com/NCvets)



UNITED STATES DEPARTMENT OF VETERANS AFFAIRS (VA)

The Women Veterans Call Center (WVCC) answers questions and responds to concerns from women veterans, their families, and caregivers across the nation about VA services and resources. The call is free, and women veterans can call as often as they need until they have the answers to their questions. Hours of operation are Monday through Friday 8:00 a.m. to 10:00 p.m. ET and Saturday, 8:00 a.m. to 6:30 p.m. ET. WVCC: 1-855-VA-WOMEN (1-855-829-6636)

The VA is taking steps to improve and expand services for women veterans who are homeless or at risk of becoming homeless. Many women veterans face challenges when returning to civilian life that are different from those of their male counterparts, including raising children on their own or dealing with the psychological after effects of events such as military sexual trauma. These issues, without intervention, can put women veterans at greater risk of becoming homeless.

VA Homeless Women Veteran Resources (www.va.gov/homeless_for_women_veterans.asp)

VA VETERANS HEALTH ADMINISTRATION (VHA)

The Veterans Health Care Act of 1992 authorized new and expanded services for women veterans. These services include: counseling for trauma related to sexual assault; specific health care services such as Pap smears, mammography, and general reproductive health care at VA facilities; and mental health services that include substance abuse counseling, evaluation and treatment of Military Sexual Trauma (MST) and post-traumatic stress disorder (PTSD).

The VHA encourages all women between ages 50 and 75 to get mammograms every two years. If your health care provider recommends a mammogram outside of this age range, the VA will still provide it.

The Department of Veterans Affairs Mobile Mammography Unit provides access to mammography screening at selected VA Health Care Centers in North Carolina, and is one of only two regional mobile radiology units in the US. The Mobile Mammography Unit features digital mammography technology; all-female technologists; a private changing room with separate clinical exam room; and the privacy and comfort of a traditional screening center with the convenience of a fully functioning mobile unit.

The Women Veterans Health Program promotes the health, welfare, and dignity of women veterans and their families by ensuring equitable access to timely, sensitive, and quality healthcare. There is a full-time Women Veteran Program Manager at every VA Medical Center, a Women's Liaison at every community-based outpatient clinic, and a Women Veterans Coordinator at every regional office. VA Women Veterans Health Care (www.womenshealth.va.gov)



North Carolina Council for Women

ncadmin.nc.gov/about-doa/divisions/council-for-women

North Carolina Coalition Against Sexual Assault (NCCASA)

www.nccasa.org

Dress for Success Triangle

trianglerc.dressforsuccess.org

Dress for Success Charlotte

charlotte.dressforsuccess.org

Dress for Success Winston-Salem

winstonsalem.dressforsuccess.org

Women Veterans Support Services

wvss-nc.org

The Aura Home for Homeless Women

VeteransAsheville.aurahomewomenvets.org

University of North Carolina at Greensboro Women Veterans Historical Project

libcdm1.uncg.edu/cdm/landingpage/collection/WVHP

Steadfast House Women's Shelter and Support Program Asheville

www.abccm.org/steadfast-house



Dress for Success

www.dressforsuccess.org

VA Office of Diversity and Inclusion (ODI)

www.diversity.va.gov

Women in Military Service for America (WIMSA) Memorial

www.womensmemorial.org

American Women Veterans

americanwomenveterans.org

National Association of Black Military Women

www.nabmw.com

U.S Army Women's Foundation

armywomensfoundation.org

The Vietnam Women's Memorial Foundation

vietnamwomensmemorial.org

Women Marines Association

www.womenmarines.org

Women's Army Corps Veterans Association

www.armywomen.org

Women of the WAVES

womenofthewaves.com

Service Women's Action Network

www.servicewomen.org

Department of Defense Sexual Assault Prevention and Response with Safe Helpline

www.sapr.mil

Alliance for National Defense

www.4militarywomen.org

VETERANS BENEFITS ADMINISTRATION (VBA)

The VA's Women Veterans Coordinators can assist women veterans with the development and handling of claims for gender-specific conditions, including trauma from sexual harassment and assault. A PDF document has been created that addresses women veterans' 25 most frequently asked questions about their benefits, and it can be found along with many other resources on the VA's Center for Women Veterans (CWV) website. VA CWV Resources (www.va.gov/womenvet)

UNITED STATES SMALL BUSINESS ADMINISTRATION (SBA)

In March 2016, the SBA's Office of Veterans Business Development (OVBD) and Office of Women's Business Ownership (OWBO) submitted a report to Congress increasing attention on women veteran-owned small businesses. The report compiles and disseminates information on women veterans, and makes recommendations to improve outreach to women veterans, providing them with greater access to procurement, lending, and affordable capital.

SBA Women Veterans Business Resources (www.sba.gov/offices/headquarters/ovbd/spotlight)

Veteran Women Igniting the Spirit of Entrepreneurship (VWISE) is an entrepreneurial training program for female veterans of all service eras and branches with a passion for and interest in either starting a new small business or growing an existing one. VWISE enables female veterans to learn business-savvy skills in order to turn their ideas or businesses into growth ventures while recognizing entrepreneurship as an important part of economic growth nationwide. This unique training program was designed specifically by Syracuse University with the Office of Veterans Business Development, SBA, to encourage and support female veterans with an interest in exploring career opportunities in small business ownership.

SBA and Syracuse University VWISE (whitman.syr.edu/vwise)

UNITED STATES CHAMBER OF COMMERCE

The US Chamber of Commerce is working with the Business and Professional Women's (BPW) Foundation and Military Spouse Employment Partnership in an effort to help women veterans and military spouses find meaningful employment in the private sector. The US Chamber of Commerce hosts tailored events and champions specific forums to address some of the unique challenges these two groups have in obtaining employment.

Hiring our Heroes (www.uschamberfoundation.org/hiring-our-heroes) and the Center for Women in Business (www.uschamberfoundation.org/center-women-business)

UNITED STATES DEPT. OF LABOR (DOL)

Women veterans, who comprise 10 percent of the veteran population, but only 2 percent of all working women in America, are a critical segment of today's workforce. Job-hunting can be difficult for anyone, and transitioning veterans may experience culture shock, difficulty translating skills, unfamiliarity with the civilian job search process, and more. Unlike their male veteran peers, women veterans may also experience unique challenges common among nonveteran working women.

Free employment services are available to women veterans nationwide from the DOL Veterans' Employment and Training Service (VETS) Women Veteran Program – these services are targeted to be particularly helpful to women veterans.

As a part of the VETS program, the DOL also funds The Homeless Female Veterans' and Homeless Veterans with Families Program. The program provides supportive services to eligible homeless female veterans and female veterans who are at risk of becoming homeless. The program provides direct services through a case management approach that leverages Federal, State and local resources. Eligible veterans are connected with appropriate employment and life skills support to ensure a successful integration into the workforce.

DOL VETS Women Veteran Program (www.dol.gov/vets/womenveterans)



INDIGO *Consortium™*

We advocate for and walk with women veterans. We engage with them in the process of obtaining the services and benefits they seek. Services offered are based on individual needs, and customized solutions are sought. Through our partnerships and programs, we are committed to supporting women as they transition back into family life. We help to identify employment opportunities and focus on personal goals. We are here to listen, guide, and support as women veterans establish plans and set out to achieve them.

e-mail: contact@indigoconsortium.org
Phone: (919) 808-1814



DRESS FOR SUCCESS® TRIANGLE NC

THE MISSION OF DRESS FOR SUCCESS IS TO EMPOWER WOMEN TO ACHIEVE ECONOMIC INDEPENDENCE BY PROVIDING A NETWORK OF SUPPORT, PROFESSIONAL ATTIRE AND THE DEVELOPMENT TOOLS TO HELP WOMEN THRIVE IN WORK AND IN LIFE.

TRIANGLENC.DRESSFORSUCCESS.ORG

Women Veterans Support Services

Women Veterans Support Services, Inc. provides compassionate care to women veterans in the Triangle in times of crises, ensuring they receive the benefits to which they and their families are entitled, while connecting them to community support services.

Existing local agencies alone cannot address the unique needs of women veterans and their families, WVSS understands these challenges, assisting women veterans in:

- Finding short-term emergency housing, with or without children.
- Post Traumatic Stress Disorder (PTSD) claims, helping them through the process.
- Receiving support services for Military Sexual Trauma & Domestic Violence.
- Providing referral services for federal, state and local programs that assist women veteran, including rehabilitation and jobs.

Contact Us

www.wvss-nc.org

(919) 894-1012

NORTH CAROLINA HOSPITALS AND VA MEDICAL CENTERS



ASHEVILLE VAMC

1100 Tunnel Road
Asheville, NC 28805
828-298-7911



Women's Health Clinic

DURHAM VAMC

508 Fulton Street
Durham, NC 27705
919-286-0411
888-878-6890



Women's Health Clinic

FAYETTEVILLE VAMC

2300 Ramsey Street
Fayetteville, NC 28301
910-488-2120
800-771-6106



Women's Health Clinic

SALISBURY VAMC

1601 Brenner Avenue
Salisbury, NC 28144
704-638-9000
800-469-8262



Women's Health Clinic

MILITARY SEXUAL TRAUMA

Military Sexual Trauma (MST) is the term that the U.S. Department of Veterans Affairs uses to refer to sexual harassment that occurred while the veteran was in the military. It includes any sexual activity where someone is involved against his or her will—he or she may have been pressured into sexual activities (for example, with threats of negative consequences for refusing to be sexually cooperative, implied faster promotions, or better treatment in exchange for sex), and may have been unable to consent to sexual activities (for example, when intoxicated), or may have been physically forced into sexual activities.

Other experiences that fall into the category of MST include unwanted sexual touching or grabbing; threatening, offensive remarks about a person's body or sexual activities; and/or threatening or unwelcome sexual advances.

Both women and men can experience MST during their service. All veterans seen at

Veterans Health Administrations facilities are asked about experiences of sexual trauma because they know that any type of trauma can affect a person's physical and mental health, even many years later. People can recover from trauma and the VA has free services to help veterans do this.

You do not need to have a VA disability (service connected) rating to receive these services and may be able to receive services even if you are not eligible for other VA care. You do not need to have reported the incident(s) when they happened or have other documentation that they occurred.

For more information, veterans can speak with a VA healthcare provider, contact the MST Coordinator at their nearest VA Medical Center, or contact their local Vet Center. More MST information can be found at mentalhealth.va.gov.

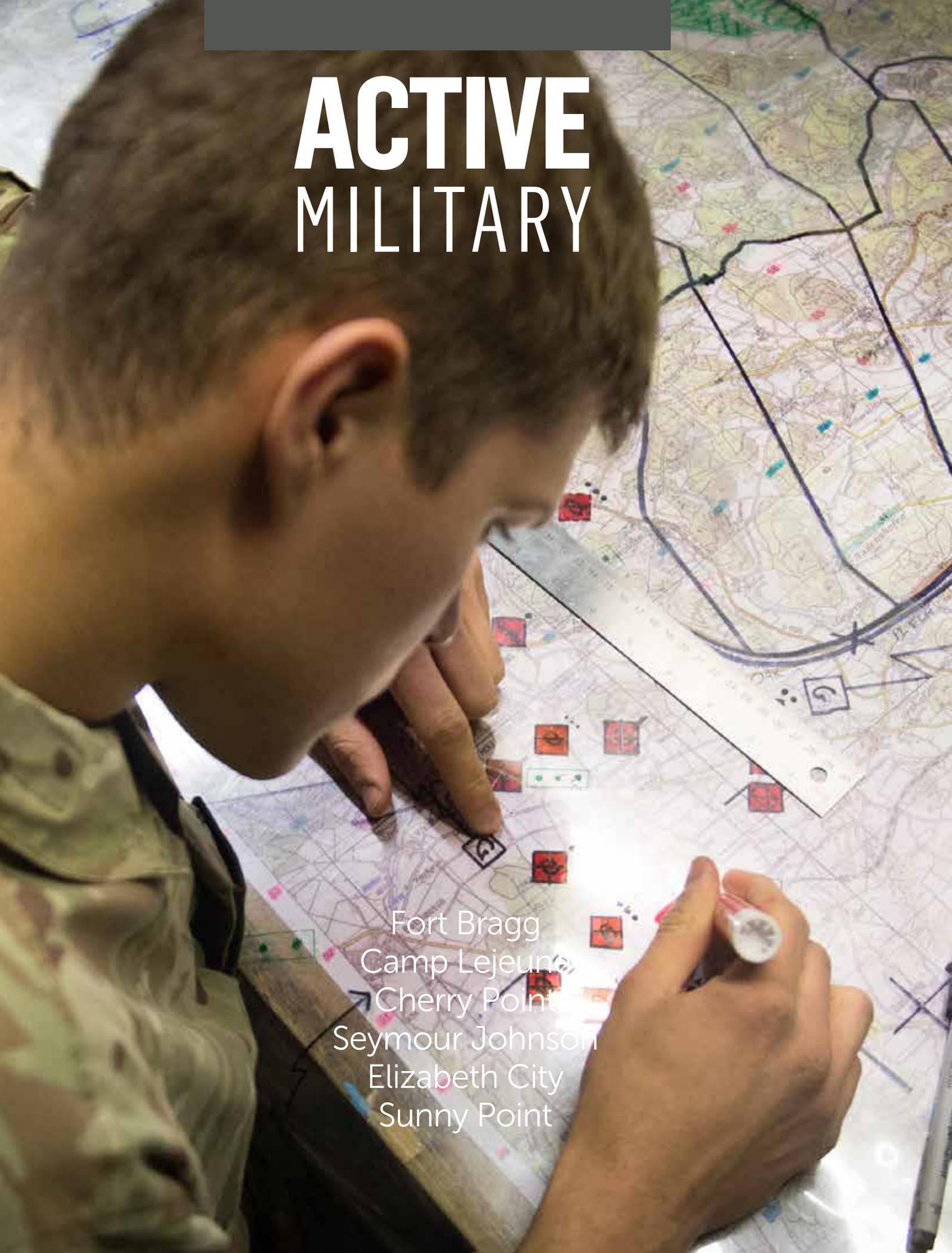
WOMEN VETERANS HEALTH CARE 1-855-VA-WOMEN [1-855-829-6636]



Women veterans are eligible for the same VA benefits as male veterans. Comprehensive health services are available to women veterans including primary care, mental health care and reproductive health care services. VA provides management of acute and chronic illnesses, preventive care, contraceptive services, menopause management, and cancer screenings, including pap smear, and mammograms, and gynecology.

- Maternity care is covered in the medical benefits package to include care for newborn children of women veterans for up to 7 days after birth. VA is also mandated to implement pilot programs to provide child care to women veterans receiving medical care, and to provide readjustment services to women veterans. Infertility evaluation and limited treatments also are available.
- Women Veterans Program Managers are available at all VA facilities to help veterans seeking treatment and benefits.

ACTIVE MILITARY



Fort Bragg
Camp Lejeune
Cherry Point
Seymour Johnson
Elizabeth City
Sunny Point

NORTH CAROLINA ACTIVE MILITARY



NORTH CAROLINA IS HOME TO THE 4TH LARGEST MILITARY POPULATION IN THE UNITED STATES.

Six major installations and several critical defense support activities are located within the state. Our installations, missions, assets, and personnel are some of the finest in the Department of Defense. Its

superb ranges, amphibious landing sites, and dedicated airspace provide unique training opportunities for all services. Nothing compares with North Carolina's air, land, and sea resources.

There are nearly 600,000 defense-related jobs in North Carolina. Our DoD and Homeland Security sectors

have a \$66 Billion impact on our economy, representing 15% of North Carolina's gross state product. Defense is the 2nd largest economic engine in the state, just behind agriculture. Each installation in North Carolina provides critical capabilities that contribute to our state's livelihood and our nation's security.



CAMP LEJEUNE

Camp Lejeune is home to the largest concentration of Marines in the Marine Corps and also the largest amphibious base on the East Coast. II Marine Expeditionary Force, Marine Special Operations Command, and Marine Corps Installations East provide the Nation's Rapid Response Team.

Camp Lejeune includes a 156,000-acre training base, with 11 miles of beach capable for supporting amphibious operations, and 50 tactical landing zones. The Base community is home to over 45,000 Servicemembers and civilian employees.

RELOCATION:

Distribution Management Office (TMO)
Bldg 1011, Camp Lejeune (910) 451-2377

Inns of the Corps Lejeune
www.mccslejeune.com/inns
910-451-3041

Atlantic Marine Corps Communities
www.atlanticmcc.com 866-509-2424

Military Installations
www.militaryinstallations.dod.mil

Per Diem, Travel & Transportation Allowance Committee
www.defensetravel.dod.mil

Navy Housing: www.housing.navy.mil

Home Rentals/Sales
Jacksonville Board of Realtors
www.jbornc.com

Carteret County Assoc. of Realtors
www.ccrealtors.org

Duplin-Sampson Assoc. of REALTORS
www.duplinsampsonrealtors.com

Neuse River Region Assoc. of REALTORS
www.nrrar.com

EDUCATION:

Onslow County Public Schools
www.onslow.k12.nc.us
(910) 455-2211

Camp Lejeune DoDea Schools
www.am.dodea.edu/lejeune/clds/
(910) 451-2461

About.com: Private Schools
www.privateschool.about.com

GreatSchools: www.greatschools.net

Military Child Education Coalition
www.militarychild.org

Home School Legal Defense Association
www.hslda.org

EMPLOYMENT:

Army: cpol.army.mil
USAJOBS: www.usajobs.gov
MCCS: www.mccslejeune-newriver.com/jobs
Navy: www.navy.mil

Employment Security Commission
www.ncesc.com - (910) 347-2121

NCWorks Online
www.ncworks.gov

North Carolina for Military Employment
www.nc4me.org

Family Member Employment Assistance Program (FMEAP)
www.mccslejeune-newriver.com/fmeap

EMERGENCY:

Red Cross Office
www.redcross.org (910) 451-2182/5159
(after hours 877-272-7337)

Navy Marine Corps Relief Society
www.nmcrs.org
(910) 451-5346/5584

Military One Source
www.militaryonesource.mil

Family Preparedness
www.ready.gov

The National Weather Service
www.weather.gov

North Carolina Road Conditions
www.ncdot.org/traffictravel

NC Dept of Insurance
www.ncdoi.com

NC Crime Control and Public Safety
www.nccrimecontrol.org

Travel Warnings
www.travel.state.gov

FAMILY RESOURCES:

Marine Corps Community Services
www.mccslejeune-newriver.com

Department of Social Services
www.onslowcountync.gov/DSS
Food Stamps, etc., (910) 455-4145

Women, Infants, and Children Program
www.fns.usda.gov/wic (910) 353-0022

Military Youth on the Move
www.defenselink.mil/mtom

DStress Line: www.dstressline.com/

Child and Youth Program
www.mccslejeune-newriver.com/cytp

Onslow County Partnership for Children
www.onslowkids.org (910) 938-0336

Tragedy Assistance Program
www.taps.org

National Military Family Association
www.militaryfamily.org

New Parent Support Program
www.mccslejeune-newriver.com/npsp

Exceptional Family Member Program
www.mccslejeune-newriver.com/efmp

Counseling Services
www.mccslejeune-newriver.com/counseling

Military & Family Life Counselors
www.mccslejeune-newriver.com/mflc

Marine Corps Family Team Building
www.mccslejeune-newriver.com/mcftb

Behavioral Health Info Network (BHIN)
www.bhin.usmc-mccs.org

CHERRY POINT

Cherry Point is the largest Marine Corps Air Station in the world. It is the headquarters of the 2nd Marine Aircraft Wing, the aviation component of II Marine Expeditionary Force. Cherry Point is home to the AV-8B Harrier, and will eventually be the largest F-35B Joint Strike Fighter base in the Nation.

Cherry Point has 4 runways over 8,000 feet and over 29,000 acres of land! Bombing ranges and outlying fields are used by Marine Corps, Navy, and Air Force aviators for training. Nearly 14,000 Servicemembers and civilians work at Cherry Point.

RELOCATION:

Relocation Services: 252-466-4201

Traffic Management Office (TMO)

Bldg 298 E St

MCAS Cherry Point NC 28533

(252) 466-2345

252-466-4455/3883 (Inbound Shipments)

Transient Officer Quarters (TOQ)

(252) 466-5169 / 3359

Transient Enlisted Quarters (TEQ)

(252) 466-3060

Atlantic Marine Corps Communities

cp.atlanticmcc.com 888-883-0980

Military Installations

www.militaryinstallations.dod.mil

Per Diem, Travel & Transportation Allowance Committee

www.defensetravel.dod.mil

Navy Housing: www.housing.navy.mil

Home Rentals/Sales:

Neuse River Region Association of

REALTORS: www.nrrar.com

Carteret County Association of Realtors

www.ccrealtors.org

EDUCATION:

Craven County Schools

www.craven.k12.nc.us

252-514-6300

Carteret County Schools

www.carteretcountyschools.org

(252) 728-4583

About.com: Private Schools

www.privateschool.about.com

GreatSchools: www.greatschools.net

Military Child Education Coalition

www.militarychild.org

Home School Legal Defense Association

www.hsllda.org

EMPLOYMENT:

Army: cpol.army.mil

USAJOBS: https://www.usajobs.gov

MCCS: mccscherrypoint.com/employment

Navy: www.navy.mil

Employment Security Commission

www.ncesc.com (910) 347-2121

NCWorks Online: www.ncworks.gov

North Carolina for Military Employment

www.nc4me.org

Family Member Employment Assistance Program (FMEAP)

usmc-mccs.org/employ/benefits/employee/eap.html

EMERGENCY:

Red Cross Office: www.redcross.org

(910) 451-2182/5159

(after hours 877-272-7337)

Navy Marine Corps Relief Society

www.nmcrs.org (910) 451-5346/5584

Military One Source

www.militaryonesource.mil

Family Preparedness: www.ready.gov

The National Weather Service

www.weather.gov

North Carolina Road Conditions

www.ncdot.org/traffictravel

NC Dept of Insurance: www.ncdoi.com

NC Crime Control and Public Safety

www.nccrimecontrol.org

Travel Warnings: www.travel.state.gov

FAMILY RESOURCES:

Marine Corps Community Services

mccscherrypoint.com

Dept. of Social Services – Craven County

www.cravencountync.gov/departments/dss.cfm

Food Stamps, etc., 252-636-4900

Social Services – Carteret County

www.carteretcountync.gov/144/Social-Services 252-728-8485

Women, Infants, and Children Program

mccscherrypoint.com/programs/family-care/wic 252-447-0123

Military Youth on the Move

www.defenselink.mil/mtom

DStress Line: www.dstressline.com

Child and Youth Program

mccscherrypoint.com/programs/family-care/children-youth

Craven Smart Start, Inc

www.cravensmartstart.org (252) 636-3198

Carteret County Partnership for Children

www.carteretkids.org

252-727-0440

Tragedy Assistance Program: www.taps.org

National Military Family Association

www.militaryfamily.org

New Parent Support Program:

252-466-3651

Exceptional Family Member Program

mccscherrypoint.com/programs/family-care/exceptional-family-member

252-466-7533

Marine & Family Programs

mccscherrypoint.com/programs



ELIZABETH CITY

Located in the heart of Northeastern North Carolina, the U.S. Coast Guard Base at Elizabeth City is a regional command center that provides logistics, engineering, administrative, financial, purchasing, and health care services to Coast Guard units throughout North Carolina.

Comprised of more than 880 acres and nearly 2,000 Servicemembers and civilian employees, the base is the Coast Guard's largest aviation facility, and the largest employer in Northeastern North Carolina. Elizabeth City is the hub for Coast Guard aviation support.

RELOCATION:

USCG Elizabeth City Welcome Aboard

www.uscg.mil/baseElizabethCity/welcomeaboard.asp

Area Housing Office at Base Portsmouth

(757) 686-4044

Rental Partnership Program, Leased Housing, Housing Releases and Community Housing Referrals/Listings

(757) 686-4047

Housing Referral Network, Leased Housing, Housing Releases and Community Housing Referrals/Listings

(757) 686-4081

Military Installations

www.militaryinstallations.dod.mil

Per Diem, Travel & Transportation Allowance Committee

www.defensetravel.dod.mil

Home Rentals/Sales:

Albemarle Area Association of REALTORS

www.ar-nc.com

EDUCATION:

Elizabeth City-Pasquotank County Schools

www.ecpps.k12.nc.us/pages/ECPPS
252.335.2981

GreatSchools

www.greatschools.net

Military Child Education Coalition

www.militarychild.org

Home School Legal Defense Association

www.hsllda.org

North Carolina Division of Non-Public Education

www.ncdnpe.org

EMPLOYMENT:

Coast Guard:

www.uscg.mil/civilian/careeropps.asp
www.uscg.mil/alc/jobs.asp

USAJOBS: www.usajobs.gov

Employment Readiness Program

3rd Fl., Bldg. 4-2843
910-396-2390

Spouse Employment Assistance

www.uscg.mil/worklife/spouse_employment.asp
202-475-5158

NCWorks Online: www.ncworks.gov

North Carolina for Military Employment

www.nc4me.org

EMERGENCY:

Red Cross Office: www.redcross.org

(910) 451-2182/5159
(after hours 877-272-7337)

Welcome to Coast Guard Mutual Assistance

www.cgmahq.org 800-881-2462

Military One Source

www.militaryonesource.mil

Family Preparedness

www.ready.gov

The National Weather Service

www.weather.gov

North Carolina Road Conditions

www.ncdot.org/traffictravel

NC Crime Control and Public Safety

www.nccrimecontrol.org

FAMILY RESOURCES:

USCG Elizabeth City MWR

www.uscg.mil/baseElizabethCity/mwr
ECITY-MWR@uscg.mil

Department of Social Services

www.co.pasquotank.nc.us/DSS
Food Stamps, etc., 252-338-2126

Women, Infants, and Children Program

www.fns.usda.gov/wic 800-367-2229

Military Youth on the Move

www.defenselink.mil/mtom

DStress Line: www.dstressline.com

Youth Program Center: 919-722-0502

Albemarle Smart Start Partnership

www.albemarlessp.org (252) 333-1233

Tragedy Assistance Program: www.taps.org

National Military Family Association

www.militaryfamily.org

USCG Special Needs Program

www.uscg.mil/worklife/special_needs.asp
757-686-4023

FACEBOOK:

U. S. Coast Guard Base, Elizabeth City, N.C.

www.facebook.com/BaseElizabethCity

U.S. Coast Guard Air Station Elizabeth City

facebook.com/uscoastguardairstationecity/

U.S. Coast Guard Mid-Atlantic

facebook.com/USCGMidAtlantic

GOVERNMENT:

City and County Tax Information

www.co.pasquotank.nc.us/Tax.htm
252-338-5169

Department of Motor Vehicles

1164 US 17 South
Elizabeth City, 27909
252-331-4776

FORT BRAGG

With over 65,000 Servicemembers and civilian employees, Fort Bragg has the highest population of any U.S. Army installation. The base is home to the Army's Rapid Response Force, consisting of Special Operations and Airborne Soldiers.

On its 161,000 acres, Fort Bragg also houses the U.S. Army Airborne Forces, Joint Special Operations Command, Special Operations Command, Army Forces Command, and the Army Reserve Command.

RELOCATION:

Installation Transportation Office (ITO)

1st Floor, Bldg. 4-2843
Inbound 910-396-2903/6790

IHG Army Hotels on Fort Bragg

www.ihg.com/armyhotels/hotels/us/en/reservation
910-396-7700

Housing Referral Service Office

6th Floor, Bldg. 4-2843 910-396-1022

Military Installations

www.militaryinstallations.dod.mil

Per Diem, Travel & Transportation Allowance Committee

www.defensetravel.dod.mil

Home Rentals/Sales:

Fayetteville Regional Association of REALTORS: www.fayettevillencrealtors.com

Cumberland County Board of REALTORS
www.ccbor.com/

EDUCATION:

Cumberland County Public Schools

ccs.k12.nc.us 910-678-2300

Fort Bragg DoDea Schools

www.dodea.edu/Americas/NC-FortBragg
910-907-0200

About.com: Private Schools

www.privateschool.about.com

GreatSchools: www.greatschools.net

Military Child Education Coalition

www.militarychild.org

Home School Legal Defense Association

www.hslda.org

EMPLOYMENT:

Army: cpol.army.mil

USAJOBS: www.usajobs.gov

Employment Readiness Program

3rd Fl., Bldg. 4-2843 910-396-2390

Employment Security Commission

www.ncesc.com (910) 347-2121

NCWorks Online: www.ncworks.gov

North Carolina for Military Employment

www.nc4me.org

EMERGENCY:

Red Cross Office: www.redcross.org

(910) 451-2182/5159
(after hours 877-272-7337)

Army Emergency Relief

www.aerhq.org/dnn563 866-878-6378

Military One Source

www.militaryonesource.mil

Family Preparedness: www.ready.gov

The National Weather Service

www.weather.gov

North Carolina Road Conditions

www.ncdot.org/traffictravel

NC Dept of Insurance: www.ncdoi.com

NC Crime Control and Public Safety

www.nccrimecontrol.org

Travel Warnings: www.travel.state.gov

FAMILY RESOURCES:

Army Community Service (ACS)

www.fortbraggmwr.com/acs

Department of Social Services

www.dss.co.cumberland.nc.us
Food Stamps, etc., 910-323-1540

Women, Infants, and Children Program

www.fns.usda.gov/wic 800-367-2229

Military Youth on the Move

www.defenselink.mil/mtom

DStress Line: www.dstressline.com

Child and Youth Program

mccscherrypoint.com/programs/family-care/children-youth

Partnership for Children of Cumberland

County: ccpfc.org; (910) 867-9700

Tragedy Assistance Program: www.taps.org

National Military Family Association

www.militaryfamily.org

New Parent Support Program

www.mccslejeune-newriver.com/npsp

Exceptional Family Member Program

bragg.armymwr.com/us/bragg/programs/efmp

Counseling Options

bragg.armymwr.com/us/bragg/programs/counseling-options

FACEBOOK PAGES:

Fort Bragg: facebook.com/fortbraggnc

Bragg Training and Education Center:

facebook.com/BraggTrainingAndEducationCenter

Fort Bragg Family and MWR:

facebook.com/fortbraggmwr/

Ft. Bragg Housing Services Office:

facebook.com/pages/Ft-Bragg-Housing-Services-Office/217629734944267

Fort Bragg Army Wellness Center:

facebook.com/pages/Fort-Bragg-Army-Wellness-Center/212313675513024

Fort Bragg Community Health Promotion:

facebook.com/BraggCHP

Fort Bragg VETCEN:

facebook.com/ft.bragg.vetcen

Fort Bragg Wildlife Branch:

facebook.com/fortbraggwildlife

GOVERNMENT:

City and County Tax Information

www.co.cumberland.nc.us/tax.aspx
910-678-7507

Department of Motor Vehicles

www.ncdot.org/DMV
910-678-7507



SEYMOUR JOHNSON

Seymour Johnson Air Force Base, with a population of approximately 6,000 Servicemembers and civilian employees, is home to the Air Combat Command's 4th Fighter Wing. With 2 training and 2 operational squadrons.

Seymour Johnson represents the entire U.S. Air Force training capability for the F-15E Strike Eagle. The 916th Air Refueling Wing is the preferred alternative for the first Reserve-led KC-46A Pegasus main operating base.

RELOCATION:

Travel Management Office

1280 Humphrey St
919-722-5458

Temporary Lodging – Southern Pines Inn

www.sjfs.com/lodging/lodging.html
919-722-0385

Housing Management Office

1500 Vermont Garrison St, Bldg 3801
919-722-0363

Military Installations

www.militaryinstallations.dod.mil

Per Diem, Travel & Transportation Allowance Committee

www.defensetravel.dod.mil

Home Rentals/Sales:

Goldsboro Wayne County Association of REALTORS

www.usaml.net/goldsboro

EDUCATION:

Wayne County Public Schools

www.waynecountyschools.org
919-731-5900

Private Schools:

Arendell Parrott Academy, TK-12:

www.parrottacademy.org

Faith Christian Academy, PK-12:

www.fcagoldsboro.com

Saint Mary School, PK- 8:

www.smsgoldsboro.org

Wayne Christian School, Daycare-12:

www.waynechristian.org

Wayne Country Day School, K-12:

www.waynecountryday.com

GreatSchools

www.greatschools.net

Military Child Education Coalition

www.militarychild.org

Home School Legal Defense Association

www.hslda.org

North Carolina Division of Non-Public Education

www.ncdnpe.org

EMPLOYMENT:

Air Force: afciviliancareers.com

USAJOBS: www.usajobs.gov

Employment Readiness Program

3rd Fl., Bldg. 4-2843
910-396-2390

Employment Security Commission

www.ncesc.com (910) 347-2121

NCWorks Online

www.ncworks.gov

North Carolina for Military Employment

www.nc4me.org

EMERGENCY:

Red Cross Office: www.redcross.org

(910) 451-2182/5159

(after hours 877-272-7337)

Air Force Aid Society

www.afas.org/703-972-2650

Military One Source

www.militaryonesource.mil

Family Preparedness

www.ready.gov

The National Weather Service

www.weather.gov

North Carolina Road Conditions

www.ncdot.org/traffictravel

NC Crime Control and Public Safety

www.nccrimecontrol.org

FAMILY RESOURCES:

Airman & Family Readiness Center

919-722-1123

Department of Social Services

www.waynegov.com/domain/44
Food Stamps, etc., 919-580-4034

Women, Infants, and Children Program

www.fns.usda.gov/wic 800-367-2229

Military Youth on the Move

www.defenselink.mil/mtom

DStress Line: www.dstressline.com

Youth Program Center: 919-722-0502

Partnership for Children of Wayne County

pfcw.org 919-735-3371

Tragedy Assistance Program:

www.taps.org

National Military Family Association

www.militaryfamily.org

Exceptional Family Member Program

919-722-1123

FACEBOOK PAGES:

Seymour Johnson AFB

facebook.com/SeymourJohnsonAirForceBase

Seymour Johnson AFB Airman & Family

Readiness Center: facebook.com/sjafrc

Seymour Johnson AFB Passenger Terminal

facebook.com/seymourjohnsonpax

Exceptional Family Members Program –

Seymour Johnson AFB: facebook.com/sjefmp

Seymour Johnson AFB Military Family Housing

facebook.com/seymourjohnsonhousing

Health Promotions Program-Seymour Johnson AFB

facebook.com/Health-Promotions-Program-Seymour-Johnson-AFB-107513789304823

GOVERNMENT

City and County Tax Information

www.waynegov.com/463/Tax
919-731-1461

Department of Motor Vehicles

701 West Grantham Street

Goldsboro, 27530

919-731-7963



Women Veterans Summit & Expo

Save-the-Date May 2, 2018

NCSU - McKimmon Center

VISIT: women.nc4vets.com for updates

**DON'T WAIT UNTIL YOU'RE
IN CRISIS TO GET HELP.**



Contact us before you're in crisis. We're veterans helping veterans and their families. We understand the struggles. The fears. The hard transition home. We're here with more than 600 resources to help you no matter what you're facing.

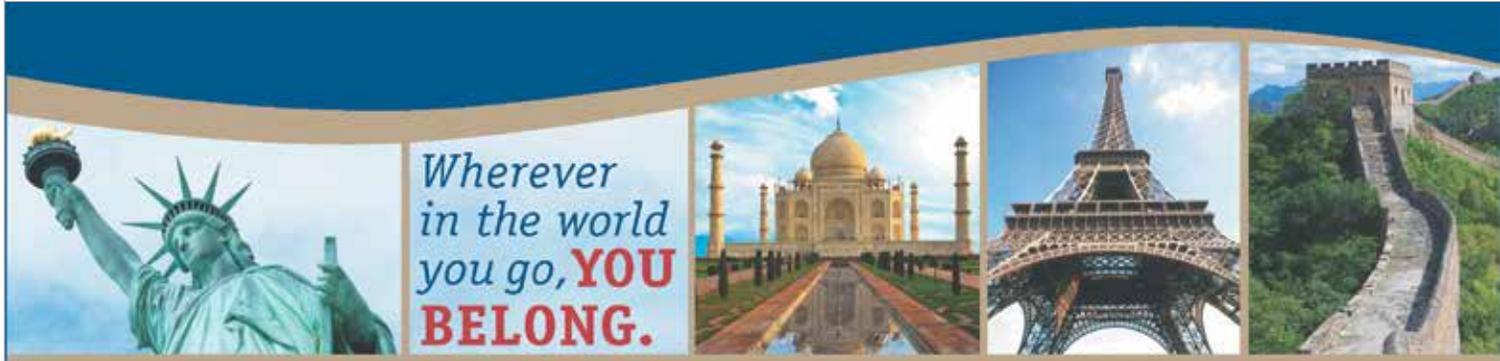
- free mental health counseling
- financial needs
- housing/homelessness
- legal
- any stressor weighing you down

*PLEASE FILL OUT A CONTACT FORM
ON OUR WEBSITE AND WE WILL
RESPOND WITHIN 24 HOURS.*



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Membership in the **THE MARINES' MEMORIAL ASSOCIATION** gives you access to over 200 private clubs in 41 states and 29 countries around the globe. When visiting San Francisco, the historic Marines' Memorial Club & Hotel is your home away from home. ★ Open to ALL US Military Veterans ★ Annual donation of only \$150 includes full member privileges for you and your spouse. Guest memberships available for immediate family ★ **Your membership supports programs that help us to ensure the public never forgets the sacrifices of our nation's Veterans.**



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Marines' Memorial Association 609 Sutter Street San Francisco, CA 94102
All donations to the Marines' Memorial Association are fully tax-deductible. The Marines' Memorial Association is a 501(c)(19) Veterans Organization.



OUR MISSION

Operation Homefront provides emergency financial and other assistance to the families of our service members and wounded warriors.

★ **EMERGENCY ASSISTANCE:**
Grants to address unforeseen budget shortfalls for basic needs like rent, utilities, and food, with a focus on relieving financial crisis and putting military families on a path to long-term financial sustainability.

★ **FAMILY SUPPORT:**
Programs designed to provide material and morale support that strengthens and uplifts military families.

★ **HOUSING:**
Rent-free apartment communities for wounded warriors and their families transitioning from the military, and permanent mortgage-free homes for military and veteran families, accompanied by a wide spectrum of services and support.



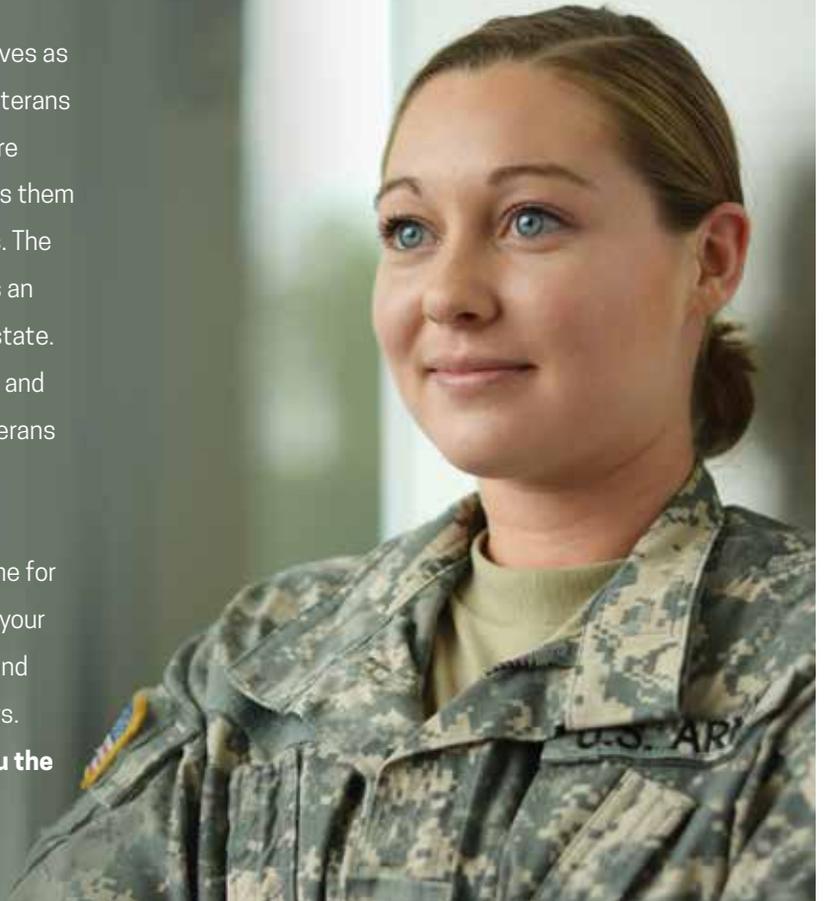
OperationHomefront.net | Call toll free 1.800.722.6098

NORTH CAROLINA NATIONAL GUARD EDUCATION & EMPLOYMENT CENTER

The NCNG Education & Employment Center serves as an one-stop-shop for all employment needs. Veterans sign up with the EEC through our website and are assigned an employment counselor that assists them through every step of the employment process. The EEC has continued expanding and currently has an employment counselor for every region of the state. Our counselors prepare veterans for interviews and network with local employers to give those veterans the best shot at a civilian career.

If your resume has not produced results, it's time for a change. Local HR representatives have given your employment counselor the tricks of the trade and they have the connections to get you interviews.

We can't give you the job but we can give you the tools to be successful.



OUR SERVICES INCLUDE

- Resume Preparation
- Career Counseling
- Interview Prep
- Military Work Translations
- Vast Employer Network
- Access to Hiring Events
- State Wide Employment Assistance



Sign up online at ncngeec.com or contact us at (984) 664-6463.

ONWARD TO OPPORTUNITY

IN PARTNERSHIP WITH:
VCTP
VETERANS CAREER
TRANSITION PROGRAM



NAVIGATING YOUR TRANSITION TO **CIVILIAN EMPLOYMENT**

ABOUT ONWARD TO OPPORTUNITY

Onward to Opportunity (O2O) serves as a catalyst to transitioning Service Members and their families by providing a program that trains, certifies, and connects program participants to high value employment through the Department of Defense Skill Bridge Program.

LOCATIONS/CONTACT INFORMATION:

CAMP LEJEUNE

Shane Murray
910.545.1775

FORT BRAGG

Veronica Sarantes
910.429.5454

ELIGIBILITY CRITERIA

SERVICE MEMBERS: any active component service member within 6 months of separation, selected

RESERVE: at least 180 days in service

SPOUSE: active duty and selected reserve, regardless of component and point of service

VETERANS: post 9/11 veterans with an honorable discharge

CERTIFICATION TRAINING TRACKS



**INFORMATION
TECHNOLOGY**

**DIRECT TO
EMPLOYMENT**



**CUSTOMER
SERVICE EXCELLENCE**

**BUSINESS
MANAGEMENT**

O2O IS
BROUGHT
TO YOU BY

SCHULTZ
FAMILY
FOUNDATION

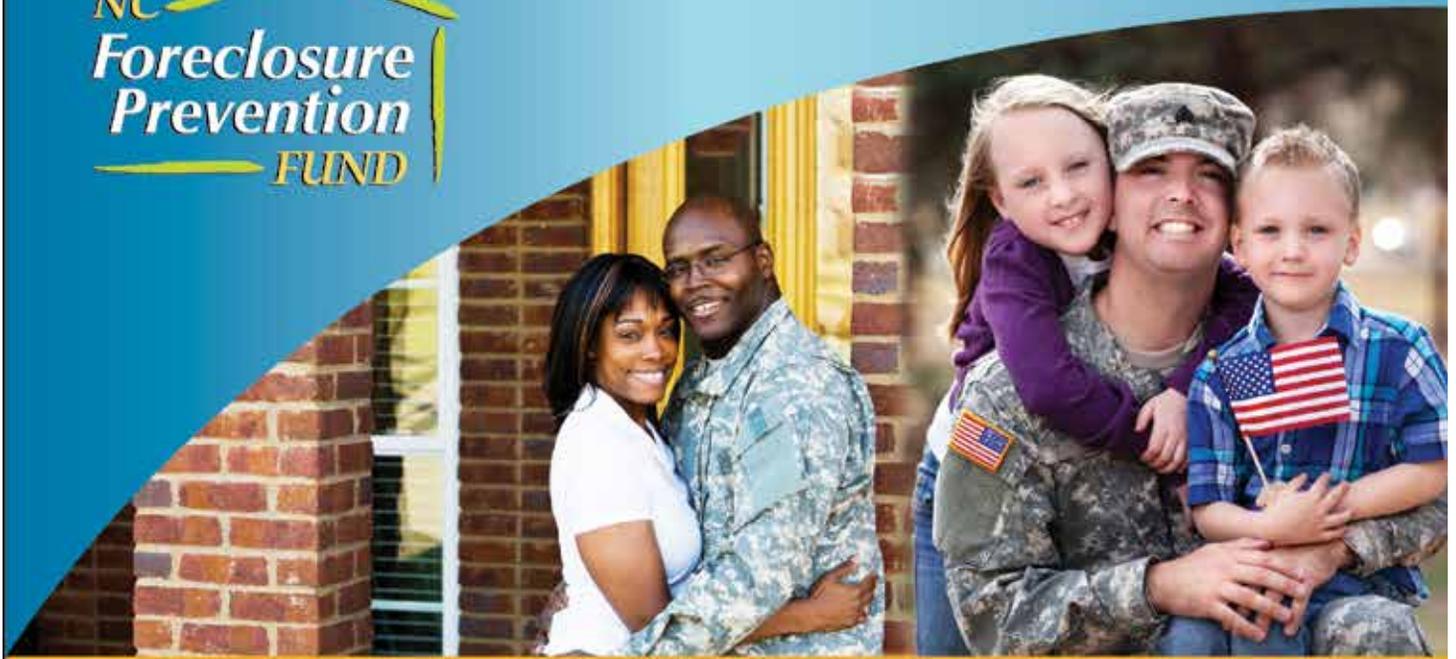
ZVME
SYRACUSE UNIVERSITY

INSTITUTE FOR
VETERANS AND
MILITARY FAMILIES
JPMorgan Chase & Co., Founding Partner

HIRE HEROES

onward2opportunity.org

NC
Foreclosure
Prevention
FUND



You Protected Us Let Us Help Protect Your Home

*The transition to civilian life can be challenging.
If you're struggling with your mortgage, we can help while you
look for work or attend school on the GI Bill.*

*The N.C. Foreclosure Prevention Fund can pay your mortgage
for up to 3 years (\$36,000).*



*Offered by the N.C. Housing Finance Agency, a self-supporting
public agency, using funds from the U.S. Treasury. For homes
in North Carolina.*

*Find out if you're eligible.
1-888-623-8631
NCForeclosurePrevention.gov*



MARINE FOR LIFE NETWORK

ONCE A MARINE, ALWAYS A MARINE

Marine For Life Network connects transitioning Marines and their family members to education resources, employment opportunities, and other Veterans services that aid in their career and life goals outside of military service.



Making Marines, Winning our Nation's Battles, Returning Quality Citizens

Through the development of robust networks of Marine For Life representatives, Veterans, employers, educators and mentors, Marine For Life Network provides continuity and assistance to those transitioning from active duty to ensure new Veterans successfully reintegrate and add value to our Nation's communities as they pursue their lifelong goals.

We offer assistance in...



Education

We partner with educational resources to build a network of military friendly schools to increase Veteran's assistance in the admissions process and educational pursuits.



Employment

We manage a database of employment resources, job fairs, and hiring events, as well as partner with federal agencies, national Veterans Service Organizations and top tier companies.



Resources

We offer a collection of valuable, and relevant education, employment, Veteran, and community resources.



Join Our Network!

Contact us or visit us online to learn how you can join the Marine For Life Network and help connect Marines with opportunities.

[✉ m4lops@usmc.mil](mailto:m4lops@usmc.mil) | [☎ 866-645-8762](tel:866-645-8762) | [🌐 marineforlife.org](http://marineforlife.org) | [📱 company/marine-for-life-network](https://www.linkedin.com/company/marine-for-life-network)



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