

JEFFERSON FOREST TRI-MEETForest, VA
Gravelly Hill

Wednesday, March 24, 2021

**OFFICIAL MEET REPORT**
printed: 3/24/2021 6:09 PM**Race #1**
MEN • 5 Kilometers (3.11 Miles)**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Spread
1 E.C. Glass	25	3-4-5-6-7(8)(9)	1:36:47	0:39.0
2 Jefferson Forest	36	1-2-10-11-12(13)(14)	1:38:10	3:35.4

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 JONZEN, Lance	SR	Jefferson Forest	1	17:28.0	---	5:37.0	3:29.6
2 ARTHUR, Buck	SR	Jefferson Forest	2	18:50.5	1:23.5	6:03.5	3:46.1
3 BARNETT, Benjamin	SR	E.C. Glass	3	19:00.6	1:33.6	6:06.7	3:48.1
4 MYAING, Dylan	SR	E.C. Glass	4	19:04.5	1:37.5	6:08.0	3:48.9
5 PLOCH, Wolfgang	SR	E.C. Glass	5	19:27.5	2:00.5	6:15.4	3:53.5
6 HUNT, Liam	9	E.C. Glass	6	19:35.2	2:08.2	6:17.8	3:55.0
7 AHRENS, Noah	SR	E.C. Glass	7	19:39.5	2:12.5	6:19.2	3:55.9
8 PITZER, Preston	SR	E.C. Glass	(8)	19:41.0	2:13.0	6:19.7	3:56.2
9 TROST, Randy	SR	E.C. Glass	(9)	19:43.7	2:16.7	6:20.6	3:56.7
10 GALLAGHER, Ryan	SR	E.C. Glass	-	19:43.8	2:16.8	6:20.6	3:56.8
11 PALYS, Luke	JR	E.C. Glass	-	19:52.2	2:25.2	6:23.3	3:58.4
12 GIVENS, Graham	JR	Jefferson Forest	10	20:15.3	2:48.3	6:30.7	4:03.0
13 ROBERTS, Daniel	SR	Jefferson Forest	11	20:32.2	3:05.2	6:36.2	4:06.4
14 MORRIS, Kasey	JR	E.C. Glass	-	20:50.9	3:23.9	6:42.2	4:10.2
15 THARP, Teddy	9	E.C. Glass	-	21:02.9	3:35.9	6:46.1	4:12.6
16 JOHNSON, Andrew	8	Jefferson Forest	12	21:03.4	3:36.4	6:46.2	4:12.7
17 MOWRY, Bennett	FR	Liberty Christian Ac	-	21:14.8	3:47.8	6:49.9	4:15.0
18 BRESTEL, William	SO	E.C. Glass	-	24:00.1	6:33.1	7:43.0	4:48.0
19 WILLIAMS, Mason	FR	Jefferson Forest	(13)	24:13.7	6:46.7	7:47.4	4:50.7
20 RENNYSON, Brady	SO	E.C. Glass	-	25:22.5	7:55.5	8:09.5	5:04.5
21 MANN, Garrett	SR	E.C. Glass	-	26:42.9	9:15.9	8:35.4	5:20.6
22 CHAMPNEY, Conner	SR	Jefferson Forest	(14)	32:12.4	14:45.4	10:21.3	6:26.5

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Gravelly Hill

Wednesday, March 24, 2021

**OFFICIAL MEET REPORT**
printed: 3/24/2021 6:09 PM**Race #2**
WOMEN • 5 Kilometers (3.11 Miles)**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Spread
1 Jefferson Forest	21	1-3-4-6-7(8)(11)	1:57:45	2:55.2
2 E.C. Glass	38	2-5-9-10-12(13)	2:05:04	4:51.0

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 ANDREWS, Heidi	SR	Liberty Christian Ac	-	21:50.1	---	7:01.3	4:22.0
2 KNIGHT, Maegan	SR	Jefferson Forest	1	21:58.1	8.0	7:03.8	4:23.6
3 HANDEL, Sarah	SR	E.C. Glass	2	22:28.7	38.6	7:13.6	4:29.7
4 WILLIAMSON, Molly	SR	Jefferson Forest	3	22:46.6	56.5	7:19.4	4:33.3
5 PLASTER, Alexis	8	Jefferson Forest	4	23:15.2	1:25.1	7:28.6	4:39.0
6 OWNBY, Katie	SR	E.C. Glass	5	24:34.8	2:44.7	7:54.2	4:55.0
7 SMITH, Kaitlin	9	Jefferson Forest	6	24:51.5	3:01.4	7:59.6	4:58.3
8 BEARD, Adalynn	SR	Jefferson Forest	7	24:53.3	3:03.2	8:00.2	4:58.7
9 SNEAD, Dalyn	9	Jefferson Forest	(8)	24:55.4	3:05.3	8:00.8	4:59.1
10 LANE, Ella	9	E.C. Glass	9	24:57.0	3:05.9	8:01.3	4:59.4
11 TYREE, Lexi	SR	Liberty Christian Ac	-	25:12.9	3:22.8	8:06.4	5:02.6
12 NESS, Hannah	SR	E.C. Glass	10	25:43.3	3:53.2	8:16.2	5:08.6
13 ALLEN, Caroline	9	Jefferson Forest	(11)	25:57.5	4:07.4	8:20.8	5:11.5
14 LEWIS, Kaitlyn	9	Jefferson Forest	-	26:54.9	5:04.8	8:39.3	5:23.0
15 MARRACCINI, Camille	SO	E.C. Glass	12	27:19.6	5:29.5	8:47.2	5:27.9
16 POTTS, Kiara	SO	E.C. Glass	(13)	28:56.8	7:06.7	9:18.4	5:47.4
17 HOUGHTON, Grace	9	Jefferson Forest	-	31:01.1	9:11.0	9:58.4	6:12.2
18 COOPER, Emma	SO	Jefferson Forest	-	32:25.3	10:35.2	10:25.5	6:29.1