

**SIS TRY Knox County  
Age Group Results  
June 9, 2013**

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	2 Jodi Knepp	35	3	5:44.7	1.47	1	0:51.3	1	37:44.2	20.4	3	0:39.3	2	22:42.9	7:19	1:07:42.4
2	3 Katie Stuckey	29	1	4:50.5	1.74	3	1:44.7	3	41:30.6	18.5	1	0:21.8	1	20:29.5	6:36	1:08:57.1
3	4 Autumn Strawn	31	2	5:01.0	1.67	2	0:55.0	2	38:57.7	19.7	2	0:33.2	3	24:03.5	7:45	1:09:30.4

**Last To Try**

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	Sabrina Atkinson-Dornhoefer															

**Female 1 to 19**

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	76 Kenna Longabaugh	18	1	5:21.5	1.57	1	3:49.1	1	58:50.9	13.1	1	0:52.6	1	34:41.7	11:11	1:43:35.9

**Female 20 to 24**

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	48 Randi Conrad	22	2	5:27.2	1.54	3	2:02.1	3	53:54.4	14.2	1	0:53.2	1	29:42.5	9:35	1:31:59.5
2	57 Chelsea Baum	22	4	7:20.7	1.15	4	2:03.7	1	51:42.1	14.9	3	0:58.3	2	33:17.1	10:44	1:35:21.9
3	63 Mallory Niehaus	20	1	5:26.8	1.55	2	1:58.3	2	53:40.8	14.3	4	0:58.7	3	35:23.6	11:25	1:37:28.3
4	87 Emily Bloebaum	21	3	5:58.8	1.41	1	1:56.6	4	57:15.3	13.4	2	0:55.6	4	40:24.6	13:02	1:46:31.1

**Female 25 to 29**

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	8 Rachel Owens	28	5	5:41.0	1.48	5	2:24.5	1	42:34.2	18.0	4	0:51.2	1	23:08.9	7:28	1:14:40.0
2	26 Andrea Holscher	29	1	5:03.0	1.66	2	1:34.2	2	49:19.9	15.6	2	0:43.5	2	28:21.6	9:09	1:25:02.2
3	35 Shay Glass	28	4	5:30.2	1.53	3	1:51.4	3	50:02.9	15.3	3	0:50.1	3	28:33.1	9:13	1:26:47.8
4	39 Renee Richardville	29	3	5:26.0	1.55	1	1:27.0	4	50:40.8	15.2	1	0:25.6	4	30:55.2	9:58	1:28:54.7
5	64 Jenna Fisher	27	6	6:52.6	1.22	6	2:25.8	7	55:04.7	13.9	5	0:59.2	6	32:33.7	10:30	1:37:56.1
6	67 Elizabeth Peters	27	9	8:18.4	1.01	7	2:30.5	5	53:57.3	14.2	8	1:21.6	7	32:41.9	10:33	1:38:49.7
7	68 Ashley Fish	29	2	5:21.5	1.57	10	3:18.3	6	54:47.4	14.0	10	2:30.1	8	33:28.6	10:48	1:39:26.0
8	88 Kate Hammelman	26	8	7:49.7	1.07	9	3:02.9	9	1:03:07.1	12.2	6	0:59.5	5	31:36.8	10:12	1:46:36.1
9	93 Christe Jarvis	25	7	7:15.8	1.16	4	1:52.2	8	59:46.5	12.8	7	1:04.7	9	39:45.1	12:49	1:49:44.5
10	116 Katrina Memering	29	10	10:28.0	0.80	8	2:50.9	10	1:04:34.6	11.9	9	1:28.8	10	55:32.8	17:55	2:14:55.1

**Female 30 to 34**

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	5 Laura Thompson	31	10	6:33.1	1.28	1	0:50.0	1	39:42.9	19.3	7	0:43.7	1	26:00.4	8:23	1:13:50.2
2	13 Erica Story	33	1	5:12.5	1.62	2	1:24.3	2	44:18.8	17.3	1	0:26.6	2	26:01.8	8:24	1:17:24.1
3	19 Stephanie Young	31	7	6:14.1	1.35	3	1:34.5	3	45:52.8	16.7	5	0:41.2	3	27:17.0	8:48	1:21:39.8
4	25 Brittany Farmer	32	4	5:46.0	1.46	6	2:09.6	4	46:21.6	16.6	11	0:55.4	6	29:44.4	9:35	1:24:57.1
5	30 Athena Benson	34	3	5:45.7	1.46	8	2:21.8	6	47:29.1	16.2	3	0:35.1	5	29:28.2	9:30	1:25:40.0
6	40 Crystal McBride	30	11	6:58.2	1.21	4	2:00.0	9	51:03.8	15.0	10	0:54.1	4	28:12.7	9:06	1:29:09.0
7	41 Jill Mann	31	5	5:58.9	1.41	10	2:52.6	7	49:16.2	15.6	2	0:33.1	8	30:39.8	9:53	1:29:20.8
8	50 Rachel Ferguson	34	9	6:24.6	1.31	13	3:20.3	10	51:11.8	15.0	12	1:11.9	7	29:52.5	9:38	1:32:01.2
9	52 Lisa Longabaugh	34	13	7:46.2	1.08	11	3:05.5	5	47:18.2	16.2	9	0:51.4	10	33:34.4	10:50	1:32:35.9
10	55 Melissa True	33	12	7:03.4	1.19	9	2:29.7	8	49:37.8	15.5	8	0:50.4	12	34:47.5	11:13	1:34:48.9
11	62 Jessica Albright	33	6	5:59.2	1.40	14	3:31.9	11	52:48.1	14.5	13	2:10.7	9	32:57.8	10:38	1:37:27.8
12	70 Amberley Klein	30	2	5:21.4	1.57	7	2:18.7	13	57:45.1	13.3	6	0:42.5	11	34:16.4	11:03	1:40:24.2
13	79 Stacey Marchino	34	8	6:20.0	1.33	5	2:03.4	12	54:19.4	14.1	4	0:36.9	13	40:27.8	13:03	1:43:47.7
14	95 Ashley Stoelb	30	14	10:55.3	0.77	12	3:08.7	14	58:14.6	13.2			14	1:36:05.5	31:00	1:49:49.6

## Female 35 to 39

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	7 Kate Patterson	35	1	4:20.1	1.94	2	0:59.6	1	43:07.9	17.8	3	0:41.0	2	25:08.1	8:06	1:14:16.8
2	11 Suzanne Ballengee	39	2	5:14.9	1.61	3	2:09.3	2	43:42.9	17.6	2	0:33.7	1	24:46.6	7:59	1:16:27.5
3	36 Trish Osburn	38	7	6:28.0	1.30	1	0:51.9	3	47:50.0	16.1	1	0:27.7	7	31:21.0	10:07	1:26:58.7
4	42 Jennifer Martin	35	5	6:13.9	1.35	7	3:04.7	6	51:15.1	15.0	5	1:12.7	4	28:27.4	9:11	1:30:13.9
5	44 Carrie Loheider	35	8	7:28.7	1.13	6	2:57.3	4	50:32.3	15.2	9	1:44.6	3	27:57.3	9:01	1:30:40.4
6	49 Jennifer Moore	35	6	6:15.1	1.34	9	3:55.6	5	51:12.1	15.0	6	1:12.9	5	29:24.7	9:29	1:32:00.5
7	60 Brandi Jittjumnongk	36	4	6:01.9	1.40	5	2:37.3	7	57:06.0	13.5	4	0:47.4	6	29:43.6	9:35	1:36:16.4
8	98 April Ellermann	37	9	7:43.6	1.09	4	2:35.1	8	58:15.7	13.2	7	1:18.0	9	40:22.8	13:01	1:50:15.4
9	104 Joan Noblitt	38	3	5:42.2	1.47	8	3:06.4	9	1:04:46.6	11.9	8	1:30.7	8	40:12.2	12:58	1:55:18.3

## Female 40 to 44

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	27 Stephanie Carter	44	6	7:18.9	1.15	5	2:17.3	2	46:42.6	16.4	3	0:55.2	1	27:58.8	9:01	1:25:13.0
2	31 Libby Jones	43	5	7:01.0	1.20	3	2:05.3	1	45:24.5	16.9	9	1:26.4	2	30:24.0	9:48	1:26:21.2
3	47 Susan Miller	43	2	6:19.3	1.33	1	1:43.6	3	47:49.8	16.1	1	0:21.6	6	35:14.3	11:22	1:31:28.7
4	59 Maria Earley	41	1	5:52.4	1.43	6	2:29.6	6	53:51.8	14.3	5	1:00.7	4	32:54.6	10:37	1:36:09.2
5	72 Laura Michael	44	8	8:10.5	1.03	10	3:51.4	7	55:38.0	13.8	7	1:21.7	3	32:51.3	10:36	1:41:53.0
6	78 Lilliana A. Miller	44	3	6:58.1	1.21	7	2:53.5	4	51:56.8	14.8	8	1:22.6	7	40:35.0	13:05	1:43:46.2
7	92 Michelle Dellinger	40	4	6:59.9	1.20	8	3:17.5	9	1:02:53.6	12.2	6	1:02.6	5	33:32.1	10:49	1:47:45.8
8	106 Windsong McCoy	42	10	11:03.3	0.76	4	2:07.6	5	52:25.9	14.7	10	2:03.6	9	48:09.2	15:32	1:55:49.7
9	108 Heather Goodhue	42	7	7:36.8	1.11	9	3:18.5	10	1:03:23.5	12.1	2	0:44.4	8	43:51.8	14:09	1:58:55.2
10	111 Melody Catt	40	9	10:44.2	0.78	2	1:47.5	8	1:02:40.0	12.3	4	0:58.0	10	48:58.1	15:48	2:05:07.8

## Female 45 to 49

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	16 Deeanna Haynes	47	3	5:41.7	1.48	2	1:27.2	3	43:55.7	17.5	4	0:45.2	1	29:02.6	9:22	1:20:52.6
2	18 Jody Schulze	48	7	6:55.6	1.21	3	1:33.1	2	42:46.7	18.0	5	0:46.7	2	29:19.5	9:27	1:21:21.7
3	20 Tammy Parker	45	5	6:01.7	1.40	1	1:09.4	1	42:11.9	18.2	7	1:03.3	5	32:24.9	10:27	1:22:51.3
4	33 Kim Black	48	1	4:54.4	1.71	8	2:29.6	5	46:38.3	16.5	2	0:39.4	3	31:53.4	10:17	1:26:35.2
5	34 Lisa Frey	46	2	5:16.5	1.59	4	1:51.6	4	45:44.5	16.8	9	1:37.4	4	32:05.5	10:21	1:26:35.7
6	75 Dawn Conrad	49	11	8:35.4	0.98	5	2:02.1	8	53:35.8	14.3	8	1:14.4	6	37:36.2	12:08	1:43:04.1
7	83 Jennifer Goodrich	49	8	7:06.1	1.18	6	2:14.4	9	53:56.7	14.2	3	0:43.7	8	40:53.4	13:11	1:44:54.4
8	86 Karen Farris	46	6	6:27.7	1.30	7	2:19.4	10	56:22.8	13.6	1	0:33.9	7	40:38.7	13:06	1:46:22.6
9	90 Sara Julian	48	9	7:15.6	1.16	11	4:26.6	6	50:58.8	15.1	11	2:13.7	9	42:23.8	13:40	1:47:18.6
10	91 Denice Smith	46	4	5:52.8	1.43	9	3:30.6	7	53:21.8	14.4	6	0:56.3	10	43:47.0	14:07	1:47:28.6
11	110 Cheryl Wall	48	10	7:41.8	1.09	10	3:40.4	11	1:03:13.7	12.1	10	1:43.8	11	46:14.9	14:55	2:02:34.6

## Female 50 to 54

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	37 Beth Jenkins	51	11	8:14.7	1.02	1	1:25.2	1	44:32.4	17.2	14	1:42.2	3	31:15.7	10:05	1:27:10.3
2	46 Debbi Rensing	50	2	6:40.8	1.26	7	2:21.1	8	51:50.7	14.8	5	0:50.6	2	29:36.3	9:33	1:31:19.6
3	54 Carmen Horton	53	17	9:33.3	0.88	16	3:52.7	2	45:22.0	16.9	8	1:00.0	5	34:14.1	11:03	1:34:02.2
4	56 Cendy Joslin	54	5	7:04.3	1.19	2	1:39.0	3	47:58.5	16.0	6	0:53.3	8	37:37.4	12:08	1:35:12.6
5	58 Laura Debrock	50	1	6:34.6	1.28	11	2:37.8	12	54:51.6	14.0	17	2:47.7	1	28:46.9	9:17	1:35:38.7
6	61 Janice Cunningham	52	7	7:18.7	1.15	14	3:04.7	9	54:05.2	14.2	12	1:14.6	4	31:30.7	10:10	1:37:13.9
7	66 Beth Meyer	52	8	7:24.3	1.14	6	1:57.5	4	49:30.2	15.5	3	0:50.5	10	39:02.3	12:35	1:38:44.9
8	69 Carla Young	53	15	9:16.1	0.91	4	1:52.8	6	51:08.2	15.0	9	1:01.8	6	36:18.8	11:43	1:39:37.9
9	71 Beth Shan	51	4	6:52.8	1.22	9	2:25.4	10	54:17.9	14.1	1	0:32.7	7	36:41.8	11:50	1:40:50.7
10	74 Theresa Pahmeier	53	9	7:43.3	1.09	3	1:50.7	11	54:40.3	14.0	2	0:39.4	9	37:41.8	12:09	1:42:35.7
11	84 Shari Seyer	53	16	9:29.1	0.89	12	2:54.9	7	51:22.8	15.0	10	1:04.4	12	41:22.3	13:21	1:46:13.6
12	89 Rita Adams	52	10	8:02.4	1.05	8	2:22.2	5	49:57.6	15.4	16	1:54.1	15	44:35.0	14:23	1:46:51.4
13	100 Elizabeth Riggs	50	13	8:30.3	0.99	5	1:57.1	15	1:00:36.2	12.7	7	0:58.2	11	41:11.1	13:17	1:53:13.0
14	101 Becky Bouchie	54	12	8:24.6	1.00	13	2:59.4	13	57:31.3	13.4	11	1:06.4	14	44:15.8	14:16	1:54:17.5
15	103 Debra Swain	50	14	9:07.7	0.92	10	2:32.8	14	58:45.2	13.1	4	0:50.6	13	43:50.2	14:08	1:55:06.6
16	112 Millissa Duffey	54	3	6:43.0	1.25	17	4:29.8	16	1:01:50.5	12.4	13	1:20.6	16	51:06.1	16:29	2:05:30.0
17	114 Cynthia Poland	50	6	7:09.7	1.17	15	3:18.8	17	1:01:54.4	12.4	15	1:46.7	17	54:08.0	17:28	2:08:17.8

## Female 55 to 59

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	65 Sue Vories	57	3	7:15.2	1.16	1	1:00.4	3	52:37.7	14.6	1	0:43.1	2	36:59.1	11:56	1:38:35.5
2	73 Mary Hazelman	56	6	8:25.6	1.00	3	2:29.0	6	54:48.2	14.0	3	0:46.9	1	36:00.9	11:37	1:42:30.7
3	80 Barbara Ellermann	58	4	7:23.5	1.14	2	2:04.1	5	54:40.4	14.0	4	0:48.9	3	39:01.6	12:35	1:43:58.6
4	81 Betsy Marchino	58	7	8:41.7	0.97	4	2:33.0	1	51:00.4	15.1	7	1:12.2	6	41:18.2	13:19	1:44:45.5
5	85 Jennifer Klueh	56	1	7:00.1	1.20	8	3:46.9	4	53:13.0	14.4	5	1:05.6	5	41:10.2	13:17	1:46:15.9
6	94 Laura Mikiska	59	2	7:04.1	1.19	5	2:53.9	2	52:34.6	14.6	8	1:24.6	8	45:47.7	14:46	1:49:45.0
7	107 Sheree Russell	57	8	9:07.6	0.92	6	3:06.3	7	1:00:29.2	12.7	2	0:46.4	7	44:59.2	14:31	1:58:28.8
8	115 Betty Farris	58	5	7:51.0	1.07	7	3:22.7	8	1:17:43.0	9.88	6	1:06.3	4	41:00.5	13:14	2:11:03.5

## Female 60 to 64

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	77 Dixie Purcell	60	3	10:29.2	0.80	1	1:23.5	2	54:16.5	14.2	3	1:00.5	2	36:30.6	11:46	1:43:40.4
2	82 Deborah Kolb	62	2	9:32.8	0.88	2	2:06.7	1	51:29.5	14.9	4	1:01.4	3	40:39.6	13:07	1:44:50.1
3	96 Elaine Workman	62	4	12:17.8	0.68	3	2:41.4	3	57:40.1	13.3	2	0:57.7	1	36:21.9	11:44	1:49:59.0
4	117 Dorothy Fish	62	1	8:54.8	0.94	4	3:39.7	4	1:22:42.7	9.29	1	0:50.0	4	51:32.2	16:37	2:27:39.4

## Female 65 to 69

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	102 Christine Blair	67	1	11:32.9	0.73	1	6:24.1	1	57:36.9	13.3	1	1:01.9	1	38:16.2	12:21	1:54:52.0

## Female 70 to 74

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	97 Nancy Hensel	71	2	9:06.3	0.92	1	3:04.7	1	59:10.5	13.0	2	2:15.4	1	36:27.6	11:45	1:50:04.6
2	109 Marsha Price	70	1	8:19.5	1.01	2	3:15.6	2	1:05:14.0	11.8	1	1:28.6	2	43:53.5	14:09	2:02:11.3

## Male Open Winners

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	1 Zachary Rawles	20	1	4:32.1	1.85	1	0:55.0	1	34:14.4	22.4	1	0:22.7	1	18:59.2	6:07	59:03.5
2	6 Greg Newkirk	31	3	7:52.1	1.07	3	2:15.8	2	40:48.7	18.8	3	1:17.2	2	21:47.8	7:02	1:14:01.7
3	9 Richard Snider	50	2	5:40.2	1.48	2	1:01.1	3	41:41.8	18.4	2	0:33.9	3	26:32.3	8:34	1:15:29.4

## Male 1 to 19

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	21 Adam Elkins	18	1	4:49.3	1.74	1	2:16.0	1	50:28.8	15.2	1	0:37.5	1	25:01.6	8:04	1:23:13.4

## Male 20 to 24

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	17 Josh Magruder	24	1	4:48.7	1.75	1	1:34.9	2	48:03.8	16.0	1	0:45.6	3	26:00.3	8:23	1:21:13.5
2	29 Jordan Brasseur	21	3	10:41.8	0.79	2	4:05.7	1	45:54.1	16.7	3	2:15.7	1	22:27.0	7:15	1:25:24.4
3	45 Jashin Patel	20	2	9:42.9	0.87	3	5:00.2	3	50:23.6	15.2	2	1:33.6	2	24:38.3	7:57	1:31:18.7

## Male 25 to 29

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	51 Jared Warren	25	1	6:49.6	1.23	1	2:39.1	1	48:39.7	15.8	1	1:21.4	1	32:37.9	10:31	1:32:07.9

## Male 30 to 34

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	10 Michael Carter	32	1	4:53.7	1.72	1	2:20.1	1	41:52.2	18.3	1	0:45.9	1	25:40.9	8:17	1:15:32.9

## Male 35 to 39

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	15 David Farmer	35	1	4:57.1	1.70	2	2:18.9	1	43:06.5	17.8	1	1:11.6	2	29:07.9	9:24	1:20:42.1
2	23 Stephen Patterson	37	3	7:23.8	1.14	1	1:04.2	2	48:04.1	16.0	2	1:20.0	1	25:38.6	8:16	1:23:30.8
3	53 Brian Smith	39	2	5:36.7	1.50	3	4:27.3	3	48:24.1	15.9	3	1:53.5	3	32:40.2	10:32	1:33:01.9

## Male 40 to 44

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	14 Rob Murawski	42	1	4:09.0	2.02	1	0:49.5	1	41:49.7	18.4	1	1:01.2	1	29:46.2	9:36	1:17:35.7

## Male 45 to 49

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	22 Dan Yochum	46	3	7:46.5	1.08	2	1:38.9	2	46:19.3	16.6	1	0:29.7	2	27:00.4	8:43	1:23:14.9
2	24 Kevin Waltz	46	4	8:35.4	0.98	3	2:55.2	3	46:43.4	16.4	2	0:32.7	1	25:04.5	8:05	1:23:51.4
3	32 Larry McCoy	46	1	6:42.1	1.25	1	1:09.2	1	42:41.0	18.0	3	1:04.0	3	34:46.7	11:13	1:26:23.1
4	99 David Waltz	48	5	8:52.3	0.95	5	3:42.6	4	1:01:24.7	12.5	4	1:16.8	4	37:51.2	12:13	1:53:07.7
5	113 Kevin Poland	48	2	7:04.0	1.19	4	3:23.2	5	1:01:39.1	12.5	5	1:46.6	5	53:19.0	17:12	2:07:12.0

## Male 50 to 54

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	12 Mark Goodrich	51	1	5:30.2	1.53	2	2:11.3	1	42:58.2	17.9	1	1:08.5	1	25:07.4	8:06	1:16:55.7
2	28 Brent Stevens	53	2	8:06.0	1.04	1	1:38.0	2	46:49.6	16.4	2	1:37.3	2	27:02.6	8:43	1:25:13.6

## Male 55 to 59

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	43 Kenny Meek	56	1	14:14.1	0.59	1	3:37.0	1	43:25.4	17.7	1	2:43.4	1	26:31.8	8:33	1:30:31.8

## Male 60 to 64

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	38 Robert Turner	63	1	7:34.0	1.11	1	2:34.3	1	42:42.3	18.0	2	1:50.1	1	34:11.7	11:02	1:28:52.5
2	105 Mark Hill	60	2	8:58.0	0.94	2	2:36.4	2	1:06:03.6	11.6	1	0:59.3	2	37:00.5	11:56	1:55:37.9

## Female Team

## Female 0-99

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	1 Sandy Dunham	40	4	6:54.4	1.22	1	0:31.4	2	46:25.6	16.5	1	0:18.9	2	26:30.8	8:33	1:20:41.3
2	2 Jolie Delisle	32	1	5:57.3	1.41	10	1:04.8	1	44:52.9	17.1	3	0:20.8	10	35:37.4	11:29	1:27:53.3
3	3 Karen Stevenson	53	7	7:16.7	1.16	7	0:49.5	3	49:51.9	15.4	9	0:51.8	5	29:40.1	9:34	1:28:30.1
4	4 Molly Weiss	40	5	7:02.6	1.19	5	0:44.0	4	54:00.1	14.2	6	0:35.3	3	27:17.5	8:48	1:29:39.6
5	5 Christine Waddell	40	2	6:17.8	1.34	6	0:47.2	8	58:41.0	13.1	11	1:35.2	4	27:49.7	8:58	1:35:11.0
6	6 Mistene Halter	43	8	7:21.1	1.14	2	0:32.1	5	55:38.7	13.8	5	0:22.0	7	32:53.6	10:36	1:36:47.6
7	7 Kristi Safranek	47	6	7:05.7	1.19	4	0:39.7	6	55:54.3	13.7	2	0:19.3	9	35:20.5	11:24	1:39:19.6
8	8 Diana Marchino	53	10	8:12.0	1.02	9	0:57.8	7	56:06.4	13.7	7	0:45.3	11	41:38.9	13:26	1:47:40.5
9	9 Joyce Villwock	61	3	6:27.9	1.30	8	0:50.5	9	1:15:34.6	10.2	4	0:21.6	8	33:29.6	10:48	1:56:44.3
10	10 Morgan Morris	16	9	7:27.3	1.13	11	5:29.4	11	1:27:33.9	8.77	8	0:47.3	1	25:10.2	8:07	2:06:28.2
11	11 Beverly Carie	57	11	11:36.1	0.72	3	0:35.0	10	1:27:32.3	8.77	10	1:06.7	6	30:58.8	9:59	2:11:49.0

## Male Team

## Male 0-99

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	1 Richard Lacy	61	2	6:16.2	1.34	2	0:54.3	1	40:25.9	19.0	1	0:28.8	2	32:36.7	10:31	1:20:42.0
2	2 Rick Marshall	57	1	6:15.4	1.34	1	0:43.8	2	57:25.9	13.4	2	2:07.5	1	20:02.4	6:28	1:26:35.1

## Mixed Team

## Mixed 0-99

Place	Overall Plc Name	Age	Swim Rnk	Swim Time	Swim Rate	T1 Rnk	T1 Time	Bike Rnk	Bike Time	Bike Rate	T2 Rnk	T2 Time	Run Rnk	Run Time	Run Pace	Total Time
1	1 Katie Klym	24	1	4:17.2	1.96	1	0:20.6	3	37:29.9	20.5	1	0:12.4	1	21:13.6	6:51	1:03:33.7
2	2 Karen Lane	44	2	5:22.3	1.57	4	0:31.8	1	34:21.6	22.4	2	0:17.0	2	23:27.8	7:34	1:04:00.6
3	3 Tonya Beard	55	4	6:31.2	1.29	6	0:37.4	5	47:42.6	16.1	4	0:23.3	3	24:46.2	7:59	1:20:00.7
4	4 Rita Wampler	58	5	9:06.1	0.92	2	0:29.3	4	45:38.8	16.8	5	0:30.7	5	40:27.1	13:03	1:36:12.1
5	5 Jenny Thompson	37	3	6:17.4	1.34	5	0:35.3	6	53:08.1	14.5	3	0:22.4	4	37:24.7	12:04	1:37:48.0
6	6 Victoria Mack	20	6	28:22.7	0.30	3	0:30.1	2	36:19.8	21.1	6	0:39.3	6	45:16.3	14:36	1:51:08.4